



Oktoberfest!



Get ready for an afternoon of Bavarian fun as we celebrate Oktoberfest at Lewisville Estates on **Thursday, October 8th, at noon!**

Join your friends and neighbors for a delicious Bavarian-inspired

luncheon featuring traditional German favorites, hearty food and refreshing beer. Our celebration will also include a strolling accordion player, filling the room with lively polkas and festive German music.

Embrace the spirit of Oktoberfest by dressing in your favorite Bavarian-inspired costume. Whether you choose lederhosen, a dirndl or simply something festive, come ready to celebrate! We may even find ourselves joining in a polka or two — and, of course, no Oktoberfest celebration would be complete without a little Chicken Dance fun! Bring your appetite, your dancing shoes and your best “Prost!” for an afternoon filled with great food, music, laughter and good company.



OCTOBER 2026

Outing: Greek Food & Fun Fest!



The cooler weather of October provides the perfect excuse to get out and enjoy something new! Join us for a delicious adventure at the **Mid-Cities Greek FoodFest**, held at St. John the Baptist Greek Orthodox Church.

This popular festival offers something for everyone, including homemade Greek food, shopping, live music, traditional dancing and much more! Sample delicious favorites like Santorini lamb chops, gyro sandwiches, saganaki (flaming cheese) and authentic Greek desserts, including the famous baklava.

Please note that this is a **cashless event**, so be sure to bring your credit or debit card for all purchases. The bus will leave Lewisville Estates at **11:30 a.m. on Friday, October 2nd**. You'll have plenty of time to sample amazing foods, enjoy the music and dancing, do a little shopping and even take a tour of the impressive Byzantine church.

So, bring your appetite and your dancing shoes for a fun-filled day of Greek food, culture and friendship! OPA!



Locations

Bistro	B
Community Room	CR
Dining Room	DR
Fitness Room	FR
Garden	G
Library	LL
Lobby	L
Outing	O
Route 66	R66
Theater	TH
Sign-Up Required	SU
Patio	P

Resident Birthdays

Ray Henderson	2nd
Phyllis Douglas	4th
Jackie Tucker	4th
Pat Lee	8th
Won Davis	15th
Linda Westall	23rd
Corrine Clark	27th

Staff Birthdays

Rey Mendez	3rd
Cecilia Mejia-Suarez	13th
Valerie Melgoza	24th

“The horizon leans forward,
offering you space to place
new steps of change.”
—Maya Angelou

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 4 10:00 Community Church (CR) 1:00 Dallas Cowboys vs. Houston Texans 1:30 Bridge Club (B) 2:00 Movie: See Monthly Schedule (TH) 3:00 Resident Choice Card Games (B) 4:00 Puzzle Club (R66)	 5 10:30 Friends in Faith Devotional (CR) 11:30 Make-Up JULIET Ladies' Lunch @ Prairie House (O-SU) 2:00 Aldi (O-SU) 2:00 Misc. Errands (O) 2:00 Spades (B) 3:00 Handicrafter Hangout! (L) 3:30 Happy Hour: State Fair Foods & Piano Pleasures w/ Dominique on Piano 4:00 Country Store Open 4PM-5PM	 6 9:00 Flu Shot Clinic (B) (SU+Forms) 9:20 Walmart / PopShelf (O) 10:00 Catholic Communion (B) 10:00 Fun & Fit w/ Angee (CR) 10:00 GriefShare (TH) 11:30 AVON (L) 12:00 Craft: Enchanted Garden Mushrooms & Snails Halloween Decor (CR) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 UNO (B) 6:30 The Winning Hand: Casino Cards (CR)	 7 9:45 Blood Pressure Checks (CR) 10:00 Fitness: Strength Class w/ Legacy (CR) 10:00 Post Office / Bank/ Library (O) 10:30 Art Among Us: Sandy Reese Showcase & Sale (L) 10:30 Bible Study (CR) 3:00 Bingo (CR) 3:00 Mexican Train (B) 4:00 Bingo Bonus! (CR) 4:00 Country Store Open 4PM-5PM	1 9:20 Walmart / PopShelf (O) 10:00 Fun & Fit w/ Angee (CR) 1:45 Afternoon Fun & Games: BUNCO (DR) 3:30 A Splash of Color! (LL)	2 10:00 Bible Study with Reverend Dr. Laymon (CR) 11:30 Outing: Greek Festival (O+SU) 1:30 Book Club (LL) 2:00 Good Volley, Miss Molly! Seated Beach Ball Volleyball w/ Friends from Flower Mound (CR) 3:30 Friday Fun: 42 & Dominoes (B)	3 10:00 Movie: See Monthly Schedule (TH) 10:00 Rummikub (FR) 1:30 Euchre 2:00 Billiards (R66) 2:00 Cool, Calm and Colorful (B) 3:00 Bingo (B) 4:00 Uno (B)
11 10:00 Community Church (CR) 1:30 Bridge Club (B) 2:00 Movie: See Monthly Schedule (TH) 3:00 Resident Choice Card Games (B) 4:00 Puzzle Club (R66)	12 Pumpkin Contest Entries Due 10:00 Quick Craft: Halloween Fun (B) 10:30 Friends in Faith Devotional (CR) 2:00 Misc. Errands (O) 2:00 Spades (B) 2:00 Walmart Neighborhood Market (O-SU) 2:30 Sips & Snacks: Surprise Treats & Fun (P) 4:00 Country Store Open 4PM-5PM	13 9:20 Walmart / PopShelf (O) 10:00 Catholic Communion (B) 10:00 Fun & Fit w/ Angee (CR) 10:00 GriefShare (TH) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 UNO (B) 2:30 Town Hall Meeting (CR) 3:00 Jeopardy! 6:30 The Winning Hand: Casino Cards (CR)	14 9:30 Road Trip: Winstar Casino (O-SU) 9:45 Blood Pressure Checks (CR) 10:00 Fitness: Strength Class w/ Legacy (CR) 10:00 Post Office / Bank/ Library (O) 10:30 Bible Study (CR) 3:00 Bingo (CR) 3:00 Mexican Train (B) 4:00 Bingo Bonus! (CR) 4:00 Country Store Open 4PM-5PM	15 9:20 Walmart / PopShelf (O) 10:00 Fun & Fit w/ Angee (CR) 3:30 Fall Harvest Party & Pumpkin Contest Winners Revealed 5:00 Dining Out: TBD	16 10:00 Bible Study with Reverend Dr. Laymon (CR) 11:00 Vendor: Cindy's Quilts & More (L) 3:30 Friday Fun: 42 & Dominoes (B)	17 10:00 Movie: See Monthly Schedule (TH) 10:00 Rummikub (FR) 2:00 Billiards (R66) 2:00 Brownie Troop # 3235 Pumpkin Painting w/ Residents (CR) 3:00 Bingo (B) 4:00 Uno (B)
18 10:00 Community Church (CR) 1:30 Bridge Club (B) 2:00 Movie: See Monthly Schedule (TH) 3:00 Resident Choice Card Games (B) 4:00 Puzzle Club (R66) 8:00 Dallas Cowboys vs. Green Bay Packers (R66)	19 10:30 Friends in Faith Devotional (CR) 11:30 JULIET Club Ladies' Lunch @ Salerno's Italian Restaurant (O+SU) 2:00 Dollar Tree & Goodwill (O-SU) 2:00 Misc. Errands (O) 2:00 Spades (B) 3:00 Handicrafter Hangout! (L) 4:00 Country Store Open 4PM-5PM	20 9:20 Walmart / PopShelf (O) 10:00 Catholic Communion (B) 10:00 Fun & Fit w/ Angee (CR) 10:00 GriefShare (TH) 1:30 Fall Prevention Clinic w/ Legacy (CR) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 UNO (B) 3:00 Fruit, Cheese & Wine Pairing Fun (CR) 6:30 The Winning Hand: Casino Cards (CR)	21 9:45 Blood Pressure Checks (CR) 10:00 Fitness: Strength Class w/ Legacy (CR) 10:00 Post Office / Bank/ Library (O) 10:30 Bible Study (CR) 2:30 Food Committee w/ Chef Ray (DR) 3:00 Bingo (CR) 3:00 Mexican Train (B) 3:30 Live Entertainment: Vocal Expressions 4:00 Country Store Open 4PM-5PM	22 9:20 Walmart / PopShelf (O) 10:00 Fun & Fit w/ Angee (CR) 1:30 Shopping Outing: The Marketplace at Highland Village (O-SU) 2:30 A Splash of Color (B)	23 10:00 Bible Study with Reverend Dr. Laymon (CR) 3:30 Friday Fun: 42 & Dominoes (B) 3:30 Happy Hour w/ Music by David Washburn (L)	24 10:00 Rummikub (FR) 1:30 Euchre 2:00 Billiards (R66) 2:00 Cool, Calm and Colorful (B) 2:00 Movie: Special Presentation (TH) 3:00 Bingo (B) 4:00 Uno (B)
25 10:00 Community Church (CR) 1:30 Bridge Club (B) 2:00 Movie: See Monthly Schedule (TH) 3:00 Resident Choice Card Games (B) 4:00 Puzzle Club (R66)	26 10:00 Monday Quick Craft: Halloween Ghost Trick-or-Treat Cup (B) (B) 10:30 Friends in Faith Devotional (CR) 11:30 ROMEO Club Men's Lunch @ Supreme Boil (O+SU) 2:00 Fiesta / Cato Fashions (O-SU) 2:00 Misc. Errands (O) 2:00 Spades (B) 3:30 Name That Tune & Happy Hour! (L) 4:00 Country Store Open 4PM-5PM 8:00 Dallas Cowboys VS. Philadelphia Eagles (R66)	27 9:20 Walmart / PopShelf (O) 10:00 Catholic Communion (B) 10:00 Fun & Fit w/ Angee (CR) 10:00 GriefShare (TH) 1:30 Hand and Foot (FR) 2:00 It's Never Too Soon: Christmas Craft (CR) 2:00 Spades (B) 2:00 UNO (B) 6:30 The Winning Hand: Casino Cards (CR)	28 Door Decorating Judging 9:45 Blood Pressure Checks (CR) 10:00 Fitness: Strength Class w/ Legacy (CR) 10:00 Post Office / Bank/ Library (O) 10:30 Bible Study (CR) 3:00 Bingo (CR) 3:00 Mexican Train (B) 4:00 Bingo Bonus! (CR) 4:00 Country Store Open 4PM-5PM 6:30 Casino Game Night (B)	29 9:20 Walmart / PopShelf (O) 10:00 Fun & Fit w/ Angee (CR) 2:30 Sips & Snacks: Surprise Treats & Fun (P) 3:30 Game Show: Wheel of Fortune (L)	30 10:00 Bible Study with Reverend Dr. Laymon (CR) 3:30 Friday Fun: 42 & Dominoes (B) 3:30 Halloween Party and Door Decorating Contest Winners Revealed 6:00 Halloween Hosts: Kids' Trick-or-Treat Night	31 10:00 Movie: See Monthly Schedule (TH) 10:00 Rummikub (FR) 1:30 Euchre 2:00 Billiards (R66) 2:00 Cool, Calm and Colorful (B) 3:00 Bingo (B) 4:00 Uno (B)

GriefShare: Finding Hope After Loss



GriefShare is a welcoming support group for those grieving the death of a family member or friend. Each meeting combines guidance from grief experts with honest conversations and encouragement from others who understand what you're going through. There's no pressure to have the right words or to "move on." Instead, you'll find a safe place to

share your story — when and if you're ready, listen when you need to, ask questions and discover helpful tools for navigating life after loss, one step at a time. Each week, you'll watch a 30-minute video on a grief-related topic featuring insights from counselors, pastors and others who have experienced the loss of a loved one. Following the video, the group will discuss the topic and how it relates to your own experiences. You'll also receive a workbook with helpful tips and exercises for personal support throughout the week.

Beginning Tuesday, October 6, at 10:00 a.m., Lewisville Estates is honored to host this meaningful grief support program for our residents and members of the surrounding community. Thanks to the generosity of a benefactor, all costs associated with this highly respected support group have been covered. **There is no cost to attend — just a welcoming, supportive place to connect with others who understand.**

Whether your loss is recent or happened years ago, GriefShare — and your Lewisville Estates family — are here to walk alongside you as you find hope for the road ahead.

Pumpkin Decorating Contest

Show off your creativity and give your pumpkin some personality! Decorate a pumpkin any way you like and enter it in our **Pumpkin Decorating Contest**. **Pumpkins are due Monday, October 12.** Winner(s) will receive Meal Tickets + Laundry + Country Store Coupons! Let the pumpkin fun begin!

Door Decorating Contest

Get creative and give your door a spooktacular makeover! Decorate your door for Halloween and show off your festive spirit.

Judging will take place Wednesday, October 28, with winners announced and awards presented at our **Halloween Party on Friday, October 30.**

Start dreaming up your spookiest, silliest or most creative design!



On-Site Flu Shot Clinic

Our on-site flu shot clinic will be held on **Tuesday, October 6, beginning at 9am.** Other vaccinations will also be available. Please see the patient form at the front desk for a complete list of available vaccines. Residents must sign up for an appointment time and complete the required paperwork. Both are available at the front desk.



Lewisville Playhouse: The 25th Annual Putnam County Spelling Bee

Join your neighbors for a fun evening at the **Lewisville Playhouse** to see *The 25th Annual Putnam County Spelling Bee*! This hilarious musical comedy is filled with quirky characters, unexpected twists and plenty of laughs. It's sure to be a wonderful night of live theater and community fun. Non-refundable tickets are 25 dollars due when you sign up to reserve your seat.