



OCTOBER 2026



Assisted Living Week Awards Ceremony
During Assisted Living Week, we had the pleasure of celebrating our wonderful residents with a special awards ceremony. It was a beautiful occasion filled with smiles, laughter and heartfelt appreciation.



Residents Get Creative with Tie-Dye!
Residents enjoyed a fun and colorful afternoon creating their own tie-dye for the upcoming '60s day during Assisted Living Week.



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Happy Birthday

Employee Birthdays

1-Yadira Hernandez

3-Ray Mendez

11-Samantha Franklin

13-Cecilia Mejia-Suarez

Resident Birthdays

11-Nada Howard

13-Joe Patterson

14-Leslie Davis

27-Jena O’neal

Halloween for All

For children with food allergies or sensory disorders, going trick-or-treating can be challenging. That’s why many households now provide non-food goodies along with candy, so everybody can participate in this fun holiday tradition. If you opt to participate, place a blue or teal pumpkin near the door so visiting families and children will recognize that your home has all-inclusive treats. It’s best to provide these items in a separate bucket from food items. Need ideas? Consider bouncy balls, stickers, plastic jewelry, and fun pencils, pens or erasers.

“The horizon leans forward, offering you space to place new steps of change.”

—Maya Angelou

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 4	 5	 6	 7	1 9:15 Walmart Shopping (O) 10:40 Good News Review 1:00 Memory Game 2:00 Surprising Sports Stories Trivia 3:00 Trail Mixology: Build Your Own Trail Mix 4:00 Dinner	2 Peanuts Day 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Feel-Good Friday Karaoke 2:00 Sassy Hookers Crochet Club 3:00 Kitchen Creations: Caramel Apple Cider Punch 4:00 Dinner	3 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Bingo 2:00 Mid Day Movie: Charlotte’s Web 4:30 Dinner
9:30 Bible Study w/Alecia 10:00 Inspirational Morning Movie 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Dallas Cowboys vs. Houston Texans 2:00 Puzzle Corner 3:30 Cranium Crunches	10:30 Rosary w/ Rena 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Chain Reaction w/Layne 3:00 Happy Hour: State Fair Foods & Piano Pleasures w/ Dominique 4:30 Dinner	9:15 Walmart Shopping (O) 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Bingo 2:00 Boo & Glue: Make Your Own Cute Ghost 2:30 Bingo Bonus: Who Am I? 4:30 Dinner	10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Wednesday Word In A Word 2:00 Mexican Train 3:30 Good Volley, Mrs. Molly! Seated Volleyball 4:30 Dinner	8 7:30 Omelette Station w/ Chef Ray 9:15 Walmart Shopping (O) 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 11:30 Lunch: Octoberfest Celebration 1:30 Craft: DIY Jewelry 3:00 Jeopardy Trivia 4:30 Dinner 8:00 Dallas Cowboys vs. Tampa Bay Buccaneers	9 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 11:30 Outing: Lunch Alforno’s Italian Restaurant 1:00 Feel-Good Friday Karaoke 2:00 Uno 3:00 Puzzle Party 4:30 Dinner	10 10:40 Good News Review 10:45 Pumpkin Painting 1:00 Bingo 2:00 Mid Day Movie: Residents’ Choice 4:30 Dinner
11 9:30 Bible Study w/Alecia 10:00 Inspirational Morning Movie 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Cranium Crunches 2:00 Puzzle Corner 3:30 Penny Pokeno! 4:30 Dinner	12 Pumpkin Contest Submissions Due 10:30 Rosary w/ Rena 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Password w/Layne 2:30 Live Entertainment: Music w/ Chris Journey 4:30 Dinner	13 9:15 Walmart Shopping (O) 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 12:30 Fall Prevention w/ Legacy 1:30 Bingo 2:30 Bingo Bonus: Who Am I? 3:00 Mind Your Memory 4:30 Dinner	14 9:00 Road Trip: Winstar Casino (Sign Up Required) 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Resident Council 1:30 Wednesday Word In A Word 2:30 A Splash Of Color 4:30 Dinner	15 9:15 Walmart Shopping (O) 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Music Therapy w/ Louisa 2:30 Fall Harvest Party & Pumpkin Contest Winners Reveal 4:30 Dinner	16 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Feel-Good Friday Karaoke 1:00 Sassy Hookers Crochet 2:00 Rummikub 3:00 Name Five 4:30 Dinner	17 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Bingo 3:30 Live Entertainment w/Norris Perry 4:30 Dinner
18 9:30 Bible Study w/Alecia 10:00 Inspirational Morning Movie 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Cranium Crunches 2:00 Puzzle Corner 4:30 Dinner 8:00 Dallas Cowboys vs. Green Bay Packers	19 10:30 Rosary w/ Rena 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 The Price Is Right w/Layne 3:00 Mind Benders 4:30 Dinner	20 9:15 Walmart Shopping (O) 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Bingo 2:00 Quick Craft: Crafty Little Pumpkins 2:30 Bingo Bonus: Who Am I? 4:30 Dinner	21 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Wednesday Word In A Word 2:30 Live Entertainment: Vocal Expressions 3:30 Good Volley, Mrs. Molly! Seated Volleyball 4:30 Dinner	22 9:15 Walmart Shopping (O) 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Game: Think And Wink 2:00 Cranium Crunches 3:00 Mind The Gap 4:30 Dinner	23 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Feel-Good Friday Karaoke 2:00 Live Entertainment: Music by David Washburn 3:00 Yahtzee 4:30 Dinner	24 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Bingo 2:00 Mid Day Movie: Hocus Pocus 4:30 Dinner
25 9:30 Bible Study w/Alecia 10:00 Inspirational Morning Movie 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Cranium Crunches 2:00 Puzzle Corner 4:30 Dinner	26 10:30 Rosary w/ Rena 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 12:00 Violin Music w/ Bailey from CarePatrol 2:45 Name That Tune! 4:30 Dinner 8:00 Monday Night Football: Cowboys vs. Eagles	27 9:15 Walmart Shopping (O) 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Bingo 2:00 Quick Craft: Fabric Art 2:30 Bingo Bonus: Who Am I? 4:30 Dinner	28 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Wednesday Word In A Word 2:00 Reminiscing w/ Friends 3:00 Memory Game 4:30 Dinner	29 9:15 Walmart Shopping (O) 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 UNO Remix Fun 2:00 Sips & Snacks: Surprise Treats 3:00 Craft: Birds of a Feather Feeder 4:30 Dinner	30 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Feel-Good Friday Karaoke 1:00 Yahtzee 2:00 Halloween Party: Enchanted Garden Theme 3:00 Puzzlers 4:00 Joke’s On You!: Give Us Your Best Knock Knock Jokes 4:30 Dinner 6:00 Halloween Hosts: Kids’ Trick or Treat Night	31 Halloween 10:40 Good News Review 10:45 Fitness: Sit, Stretch and Shine 1:00 Bingo 2:00 Mid Day Movie: Great Pumpkin Charlie Brown 4:30 Dinner



We are proud to recognize Yadira Hernandez as our Employee of the Month! She has consistently demonstrated dedication, professionalism and always keeps a positive attitude. Her hard work and commitment have made a meaningful difference to our team and our residents. Congratulations, Yadira!

Mini Pumpkin Picks

Cute and colorful, miniature pumpkins are a piece of fall fun that you can fit in the palm of your hand. The most popular mini variety is named the Jack Be Little, which is a solid orange color, but you'll also see varieties in solid white or a blend of orange and white. These small cousins of carving-sized pumpkins are typically used as decorations.