Current Events

12/5 Outing to **Gaylor Texan**

Time: 10:00am Place: Outing

12/9 Town Hall Meeting

Time: 3:30pm

Place: Community Room

12/10 Men's Breakfast

Time: 7:00am Place: Outing

12/11 Festival of Trees

Time: 6:00pm Place: Dining Room 12/12 Out To Winstar

Time: 8:30am Place: Outing

12/18 White Elephant **Gift Party**

Time: 2:00pm

Place: Community Room

12/26 Out to Olive Garden

Time: 11:00am Place: Outing

Veteran's Luncheon

Lewisville Estates would like to say "THANK YOU!" to the City of Highland Village for hosting this awesome event.



Arts and Crafts Class

Lewisville Estates Pink Day during Breast Cancer Awarness Month!!!







Chef Corner

Fruitcake: Holiday Tradition or Joke?

"The worst Christmas gift is fruitcake," cracked Johnny Carson on the Tonight Show. "There is only one fruitcake in the entire world, and people keep sending it to each other, year after year."

We've all heard this and other fruitcake jokes, but the epitome of them all has to be the Great Fruitcake Toss held each year in Manitou Springs, Colorado, where people pitch them, launch them, toss them – everything but eat them. And if you don't have your own fruitcake they'll rent you one for a dollar.

Some of you may ask the question, "Does anyone really eat fruitcake?" According to one survey, less than one-third of the people admit to eating it, except in the South. It seems Southerners are a bit fonder of fruitcake – over 40 percent say they not only eat fruitcake during the holidays, but actually enjoy it.

But in spite of the surveys, it's apparent a lot of people everywhere eat fruitcake. After all, annual fruitcake sales in this country alone exceed \$100 million. That's equal to more than 20 million cakes. Even the Great Fruitcake Toss can't dispose of that many cakes.

And for those of you who hate fruitcake, sit back, have a double shot of eggnog, and hope Aunt Millie doesn't give you another doorstop this year.

> This excerpt was taken from the article of the same name by Chef Monte Melugin, GrubAmerican.com.







Happy Holiday!

Dear Folks,

Happy Holidays from all our families to you and yours! As you can see the calendar this month will be filled with cheerfulness and joy. We are so grateful to all who will be providing volunteer, programs, and treating us! I would like to personally Thank each of you for your kind contributions to the Lewisville Estates Resident council employee Christmas fund (for all hourly employees). What a difference your contributions have made to our hourly staff members!

With a warm heart,

Jessica Hazelton, IL Director

Come join us **every Tuesday** for our Arts and Crafts class and our big event every Month, fun time guarantee!



Happy Birthday!

Just want to wish you a Happy Birthday, Hope your day is filled with lots of love, joy, and happiness. Come and join us for our Birthday Bash celebration on Friday, Dec. 19th at 3:30PM

Resident Birthdays

12/01 Virginia Stiff 12/05 Mary Wingo 12/06 Floyd McCoy 12/08 Joe Gebron 12/09 Darlene Schatzman

12/16 Nancy Reveal 12/21 Charles Butters 12/22 Sharlet Lee 12/22 Robert Magley 12/27 Marie Griffin 12/28 Nellie Slawson

Employees Birthdays

12/03 Erin Montgomery 12/07 Lauren Stark

12/21 Casey Ringo 12/24 Noel Lapesigne

12/29 Julia Garner

Resident of the Month

Our L.E.A.P (Life Enrichment Activities Program) would like to Recognize Mrs. Laura Budlong. Laura is always participating in different activities and also helping with our big events and anywhere she can. Thank you Laura Budlong for making

a difference with your Charismatic personality and great smile to light up the day of other residents and our new residents. We are so glad to have you as a part of our family here at Lewisville Estates.





December 2014

Location Key

Activity Room - AR
AL Parking Lot - ALPL
Bistro - B
Community Room - CR

Dining Room - DR Fitness Room - FR Flagpole - FP Garden - G Library - LL Lobby - L AL Lobby - ALL Outing - O

Route 66 - R66 Theater - TH

					ny Room - CA Garden - G Outing	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Deck the Halls Decorating Contest Begin 9:30am Exercise w/ Jacque of A.R.T, CR 10am Albertson's, O 10am Coffee & Snack Monday Social, L 10:30am Blood Pressure Checks w/ A.R.T, CR 1pm Bridge, B 2pm Pokeno for Prizes, AR 4pm Rowdy Ring Toss, B 6pm Card Games, B	The Elf on the Shelf Begins 9:30am Chair Yoga Class, CR 10am Walmart, O 10am Catholic Communion, B 10:15am Rosary Service, B 10:30am Facials w/ Mary Kay, AR 1:45 pm Spanish Class w/ Patty, AR 2:30pm Art Expression (Stocking Decoration, AR 6pm Card Games, B	9:30am Exercise w/ Jacque of A.R.T, CR 10am Post Office/Bank, O 10am Coffee & Snack Social, L 10:30am Blood Pressure Checks w A.R.T, CR 2pm Sassy Senior Bingo, CR 3pm Wii Golf Tournament, FR 3:30pm Holiday Blues, Stress Reliever Management with A.R.T. 6pm Card Games, B 6:45pm Bring a Friend Movie Night, TH	10am Miscellaneous Errands, O 10am Balance Class w/ Legacy, CR 10am Gift Galore (Vendor) 11am Blood Pressure Check w/ Legacy, CR 2pm Walmart, O 2:30pm Line Dance w/ Geri, CR 4pm Bean Bag Toss, B 6pm Card Games, B 6pm 42, AR 7:25pm Cowboys Game, R66	Santa Day 9:30am Walking Warriors 10am Coffee & Snack Social, L 10am Out to Gaylord Texan, O 10:30am Santa's Wonderword Challenge, B 2pm Express Errands, O 2:15pm Hearing Aid Clinic w/ Dr. Stewart, B 3:30pm Santa's List Happy Hour, L 6pm Card Games, B	9:30am Coffee and Conversation, <i>L</i> 1pm Residents Choice Games, <i>AR</i> 1:30pm Trivia Pursuit, <i>LL</i> 2:45pm Fun Flicks and Popcorn, <i>TH</i> 3:30pm Billiards/Pool 7pm Crazy Card Games, <i>B</i>
7 10:30am Bible Study, L 1pm-3pm Cookie Party & White Elephant gift exchange, CR 3pm Matinee Movie, TH 3:30pm Worship Songs, L 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L	9:30am Exercise w/ Jacque of A.R.T, CR 10am Albertson's, O 10am Coffee & Snack Monday Social, L 10:30am Blood Pressure Checks w/ A.R.T, CR 1pm Bridge, B 2pm Pokeno for Prizes, AR 3:30pm Legacy Health Chat, B 6pm Card Games, B	Deck the Halls Contest Winner Announcement 9:30am Chair Yoga Class, CR 10am Walmart, O 10:15am Rosary Service, B 10:30am Dress Up Nails w/ Avon, R66 2:30pm Town Hall Meeting, CR 4pm Ring Toss of Fire, B 6pm Card Games, B	7am Men's Breakfast, O 9:30am Exercise w/ Jacque of A.R.T, CR 10am Post Office/Bank, O 10am Coffee & Snack Social, L 10:30am Blood Pressure Checks w A.R.T, CR 2pm Sassy Senior Bingo, CR 3pm Wii Golf Practice w/ Max, FR 3:30pm Tic Tac Toss, B 6pm Card Games, B 6:45pm Bring a Friend Movie Night, TH	10am Miscellaneous Errands, O 10am Blits & Glits (Vendor), L 10am Balance Class w/ Legacy, CR 11am Blood Pressure Check w/ Legacy, CR 2 pm Walmart, O 2:00pm Christmas Candy w/ Legacy, AR 6pm Festival of Trees Event, DR, IL & AL 6pm Card Games, B	Fruitcake Friday Wear Pajama Day 8:30 Out to Winstar Casino, O 9:30am Walking Warriors 10am Coffee & Snack Social, L 10:30am Wonderword Challenge w/ Fruitcake, B 1pm Bridge, B 2pm Express Errands, O 3:30pm Pajama & Hot Cocoa Happy Hour, L 6pm Card Games, B	13 12 Days of Christmas Begins 9:30am Coffee and Conversation, L 1pm Dominoes, B 1:30pm Trivia Pursuit, LL 2:45pm Fun Flicks and Popcorn, TH 3:30pm Billiards/Pool 7pm Crazy Card Games, B
14 10:30am Bible Study, B 2:30pm Bells with first Methodist Church, L 3pm Matinee Movie, R66 3:30pm Residents Choice Game, B 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L 7:30pm Cowboys Football, R66	9:30am Exercise w/ Jacque of A.R.T, CR 10am Albertson's, O 10am Coffee & Snack Monday Social, L 10:30am Blood Pressure Checks w/ A.R.T, CR 1pm Bridge, B 2pm Pokeno for Prizes, AR 3:30pm Legacy Health Chat, B 6pm Card Games, B 6pm Christmas Lights Tour, O	Chocolate Cover Anything Day 9:30am Chair Yoga Class, CR 10am Corner Store (Vendor) 10am Walmart, O 10am Catholic Communion, B 10:15am Rosary Service, B 1:45 pm Spanish Class w/ Patty, AR 2:30pm Art Expression , AR 6pm Card Games, B	9:30am Exercise w/ Jacque of A.R.T, CR 10am Post Office/Bank, O 10am Coffee & Snack Social, w/ Lucy Trivia L 10:30am Blood Pressure Checks w A.R.T, CR 2pm Sassy Senior Bingo, CR 3pm Wii Golf Practice w/ Max, FR 3:30pm Tic Tac Toss, B 6pm Card Games, B 6:45pm Bring a Friend Movie Night, TH	National Re-Gifting Day 10am Miscellaneous Errands, O 10am Bible Study/Sing A Long, ALL 10am Balance Class w/ Legacy, CR 11am Blood Pressure Check w/ Legacy, CR 2pm Walmart, O 2:30pm \$5 White Elephant Gift Party, CR 3:30pm Art Drawing Class w/ Bobby, B 6pm Card Games, B 6pm 42, AR	Wear Christmas Hat Day 9:30am Walking Warriors 10am Coffee & Snack Social, L 10am Blood Pressure Check w/ Otilia, AR 10:30am Wonderword Challenge, B 1pm Bridge, B 2pm Express Errands, O 3:30pm Birthday Bash w/ Sherrill Douglas, L 6pm Card Games, B	Gift Wrapping Day 9:30am Coffee and Conversation, L 1pm Residents Choice Games, AR 1:30pm Trivia Pursuit, LL 2pm Elf helpers gift wrapping, AR 2:45pm Fun Flicks and Popcorn, TH 3:30pm Billiards/Pool 7pm Crazy Card Games, B
Winter Begins 10:30am Bible Study, B 3:25pm Cowboys Football, R66 3:30pm Residents Choice Game, B 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L	9:30am Exercise w/ Jacque of A.R.T, CR 10am Albertson's, O 10am Coffee & Snack Monday Social, L 10:30am Blood Pressure Checks w/ A.R.T, CR 1pm Bridge, B 2pm Pokeno for Prizes, AR 4pm Bucket Bonanza, B 6pm Card Games, B 6pm Christmas Lights Tour, O	Creative Candy Cane Day 9:30am Chair Yoga Class, CR 10am Walmart, O 10am Catholic Communion, B 10:15am Rosary Service, B 1:45 pm Spanish Class w/ Patty, AR 2:30pm Art Expression Candy Canes, AR 6pm Card Games, B	Egg Nog Day 9:30am Exercise w/ Jacque of A.R.T, CR 10am Post Office/Bank, O 10am Coffee & Snack Social, L 10:30am Blood Pressure Checks w A.R.T, CR 2pm Sassy Senior Bingo, CR 3:15pm Christmas Eve Social, B 6pm Card Games, B 6:45pm Bring a Friend Movie Night, TH	Christmas Day 10:30pm Christmas Word Search, B 3pm Matinee Movie –Christmas Shoes, TH 3:30pm Dominoes, B 6pm Card Games, B 6pm 42, AR	National Thank you Note Day 9:30am Walking Warriors 10am Coffee & Snack Social, L 11:00am Out to Olive Garden, O 10:30am Wonderword Challenge, B 1pm Bridge, B 2pm Express Errands, O 3:30pm Thank you Note Happy Hour, L 6pm Card Games, B	Scrabble Day 9:30am Coffee and Conversation, L 1pm Scrabble Game, AR 1:30pm Trivia Pursuit, LL 2:45pm Fun Flicks and Popcorn, TH 3:30pm Billiards/Pool 7pm Crazy Card Games, B
10:30am Bible Study, B 12pm Cowboys Football, R66 2pm Matinee Movie, TH 3pm Write a nice note to your, B 4pm Resident Meet & Greet, L	9:30am Exercise w/ Jacque of A.R.T, CR 10am Albertson's, O 10am Coffee & Snack Monday Social, L 10:30am Blood Pressure Checks w A.R.T, CR 1pm Bridge, B 2pm Pokeno for Prizes, AR 4pm Rowdy Ring Toss, B 6pm Card Games, B	Have a Cup of Coffee Day 9:30am Chair Yoga Class, CR 10am Walmart, O 10am Catholic Communion, B 10am Rosary Service, B 1:30pm Spanish Class fun Homework, FD 2:30pm Art Expression, AR 4pm Bean Bag Toss w/ a cup of coffee, B 6pm Card Games, B	New Year's Eve 9:30am Exercise w/ Jacque of A.R.T, CR 10am Post Office/Bank, O 10am Coffee & Snack Social, L 10:30am Blood Pressure Checks w A.R.T, CR 2pm Black Out Sassy Senior Bingo, CR 3:15pm New Year's Eve Party, L 6pm Card Games, B 6:45pm Bring a Friend Movie Night, TH 10pm New Year's Toast, R66		MERRY CHRISTMAS	