Piece by Piece

Anyone who has stayed up late to work a jigsaw puzzle knows how easy it is to say "just one more piece." Both relaxing and a good workout for the brain, puzzles are a favorite pastime of many, from preschoolers to centenarians.

British mapmaker John Spilsbury created the first jigsaw puzzles in 1767 to help children learn geography. He pasted maps onto wood and, using a fine saw, cut them into small pieces for children to assemble, calling his creations "dissected maps." Throughout the 18th and 19th centuries, these games served as educational tools.

Hobby puzzles for adults evolved around 1900. Made of wood and handcut one piece at a time, the intricate creations were expensive and served as entertainment for wealthy.

In the 1930s, die-cut cardboard puzzles began to be mass-produced, reducing the cost and making the games an affordable escape for millions during the Depression. Many drugstores and libraries rented puzzles, and some stores used them as advertising, offering free puzzles with purchases.

Today, jigsaw puzzles come in all shapes and sizes, ranging from a few pieces to 1,000 or more. Three-dimensional structures, pieces with double-sided designs and online jigsaws are recent puzzle trends.



Resident of the Month!

Our Life Enrichment Activity Program would like to recognize Mary Unverszagt. Mary likes to participate in different activities like socials, arts & crafts, pokeno and also being part of our big events. Thank you, Mary, for your fun personality and sweet smile. We are so glad to have you here at Lewisville Estates.





Tell Your Story

Everyone has a story many stories, in fact! All the pieces of your life weave a unique and interesting narrative, so why not preserve your stories for future generations? Collecting a few tales can be easy and fun, and your loved ones will cherish the precious memories. Here are a few ideas to get you started:

Put pen to paper: Write

down some memorable moments, achievements, family traditions or life lessons you have learned. Share a favorite tale or two from each decade, or tell where you were during major world and national events.

Create a scrapbook: Round up photos and mementos and place them in an album or scrapbook. Include notes identifying special memories associated with each item.

Record your stories: What was your life like growing up? Who was your role model? What was your first job? Share these stories and more while someone records you.

Veterans History Project: Veterans can share personal accounts of their military service in an oral history program through the Library of Congress. Details can be found at www.LOC.gov/vets.





Arts & Crafts!

Come and join us every Tuesday afternoon for a fun arts and crafts class.





Dear Residents, Family and Friends,

Happy fall y'all! We've had a busy and productive October. Thank you to all who participated in our Fashion Show, Halloween Party and Socials. I know the trip to Winstar Casino was extra special! Please check your calendar for all that is happening this month!

November is all about celebrating what we are grateful for. Let us spend this month thinking about all



the people who have made a difference in our lives. What did they do that created an extraordinary life experience? As a community, we can enhance others' quality of life by donating a canned food item to the box at the front entryway. Items will be donated to our local food pantry and will be available in the lobby until Nov. 22.

Get ready, the Turkey is on the way! Please join us in celebration: Thanksgiving Buffet Luncheon on Saturday, Nov. 12, at 11:30 a.m. Reservations must be made in advance no later than Monday, Nov. 13.

I hope this month brings you warm memories of family, food and football.

Regards,

Jessica Hazelton, Executive Director









INDEPENDENT LIVING

NOVEMBER 2017

Locations

AL Parking Lot, ALPL Bistro, B Community Room, CR Dining Room, DR Dog Park, DG Fitness Room, F Flagpole, FP Garden, G Library, LL Lobby, L Outing, O

Transportation Schedule

Route 66, R66

Theater, TH

Monday 10 a.m **Grocery Stores**

> Tuesday 10 a.m. Walmart

Wednesday 10 a.m

Post Office/Bank

Thursday 2 p.m. Walmart Friday

TBA Field Trips/Outing

Birthdays

Marie Shea, 5th Joe Yanuke, 6th Camine Rueli, 26th (Employee) Max Jones, 29th

SUNDAY			MONDAY	DAY TUESDAY	
DAYLIG	HT SAVING ENDS 5	9:30	Exercise W/sacque	-	TION DAY 7
7:30	The Truth in Love (TV	10:00	of A.R.T., CR Coffee & Snacks	9:30	O Chair Zumba Class w/Patty, CR
0.20	Channel 7), R66	10.00	Monday Social, L	10.0	O Shopping at
8:30	In Search of the Lord's Way (TV KTXA Channel 12), R66		Winco, O	10.0	Walmart, O
9:00	Bible Study, CR	10:30	Blood Pressure Checks w/A.R.T., CR	10.00	0 Catholic
1:15		1:00	Bridge Club, CR	10.0	Communion, B
3:00 3:25	Resident Choice Game Cowboys Vs. Kansas	2:00	Pokeno for Prizes, CR	10.30	0 Rosary Service, B
5125	City, R66	3:15	· · · · · · ·	2:30	•
6:30	Resident Card Games, B	4:00 6:00	Rowdy Ring Toss, B Card Games, B	6:00	•
	40		·		,
7:30	The Truth in Love 12	9:30	Exercise w/Jacque 13 of A.R.T., CR	9:3	O Chair Zumba 14
0.20	(TV Channel 7), R66	10:00	Big Lots, O	10.0	Class w/Patty, CR
8:30	In Search of the Lord's Way (TV KTXA		Coffee & Snacks	10:0	O Shopping at Walmart, O
	Channel 12), R66		Monday Social, L	10:0	0 Catholic Communion, B
9:00	Bible Study, CR	10:30	Blood Pressure		0 Rosary Service, B
1:15	Chicken Foot, LL	1.00	Checks w/A.R.T., CR Bridge Club, CR		0 Gift Galore (Vendor), L
3:00			Pokeno for Prizes, CR	2:3	0 Town Hall Meeting, CR
3:25		3:30	•	3:3	3
6.20	Atlanta, R66		(Bladder Awareness), B		Social w/Sunshine
6:30		6:00			O Card Games, B
7:30	The Truth in Love 19	9:30	Exercise w/ 20	9:30	0 Chair Zumba

1.15	CHICKETT OOL, LL		
3:00	Resident Choice Game		
3:25	Cowboys Vs.		
	Atlanta, R66		
6:30	Resident Card Games, B		
7:30	The Truth in Love 19		
	(TV Channel 7), R66		
8:30	In Search of the		
	Lord's Way (TV KTXA		
	Channel 12), R66		
9:00	Bible Study, CR		
1:15	Chicken Foot, LL		
3:00	Resident Choice Game		
6:30	Resident Card Games, B		
7:30	Cowboys Vs.		
	Philadelphia, R66		

	26
7:30	The Truth in Love (TV
	Channel 7), R66
8:30	In Search of the
	Lord's Way (TV KTXA
	Channel 12), R66
9:00	Bible Study, CR
1:15	Chicken Foot, LL
3:00	Resident Choice Game
6:30	Resident Card Games, B

	•
6:00	Card Games, B
9:30	Exercise w/
	Jacque of A.R.T., CR
10:00	Coffee & Snacks
	Monday Social, L
10:00	Dollar Tree, O
10:30	Blood Pressure
	Checks w/A.R.T., CR
1:00	Bridge Club, CR
2:00	Pokeno for Prizes, CR
3:15	Trivia Club, B
4:00	Rowdy Ring Toss, B
6:00	Card Games, B
Cyber N	/londay

9:30 Exercise w/

Jacque of A.R.T., CR

10:00 Shopping at Aldi, O

Monday Social, L

Checks w/A.R.T., CR

10:00 Coffee & Snacks

10:30 Blood Pressure

1:00 Bridge Club, CR

3:15 Trivia Club, B

6:00 Card Games, B

2:00 Pokeno for Prizes, CR

27	9:30	Chair Zumba ²⁸ Class w/Patty, CR	
	6:00	Card Games, B	
	2:30	Art Expression, CR	
	10:30	Rosary Service, B	
		Communion, B	
	10:00	Catholic	
		Walmart, O	
	10:00	Shopping at	
	9:30	Chair Zumba Class w/Patty, CR	
20		21	
	6:00	Card Games, B	

10:00 Shopping at

10:00 Catholic

Walmart, O

10:30 Rosary Service, B

6:00 Card Games, B

2:30 Art Expression, CR

Communion, B

		Wednesday Social, L	
	10:30	Blood Pressure Checks	
		w/A.R.T., CR	
	2:00	Sassy Senior \$1 Bingo, CR	
	3:00	Wii Games w/Max, F	
	3:15	Bible Study, TH	
	3:30	Cake Walk w/Legacy, CR	
	6:00	Card Games, B	
	6:45	Bring a Friend Movie Night,	TH
		3 ,	
28	0.30	Evensies w/	29
28	9:30	Exercise w/	29
28		Jacque of A.R.T., CR	29
28	10:00	Jacque of A.R.T., CR Post Office/Bank, O	29
28		Jacque of A.R.T., CR Post Office/Bank, O Coffee & Snack	29
28	10:00 10:00	Jacque of A.R.T., CR Post Office/Bank, O Coffee & Snack Wednesday Social, L	29
28	10:00	Jacque of A.R.T., CR Post Office/Bank, O Coffee & Snack Wednesday Social, L Blood Pressure Checks	29
28	10:00 10:00	Jacque of A.R.T., CR Post Office/Bank, O Coffee & Snack Wednesday Social, L	29

3:00 Wii Games w/Max, F

6:45 Bring a Friend Movie Night, TH

3:15 Bible Study, TH

3:30 Book Club, LL

6:00 Card Games, B

WEDNESDAY

Fall Decoration Contest Begins

9:30 Exercise w/Jacque

of A.R.T., CR

Coffee & Snack

w/A.R.T., CR

3:00 Wii Games w/Max, F

3:15 Bible Study, TH

6:00 Card Games, B

National Teachers Day

9:30 Exercise w/

Wednesday Social, L

Post Office/Bank, O

2:00 Sassy Senior \$1 Bingo, CR

Blood Pressure Checks

6:45 Bring a Friend Movie Night, TH

Jacque of A.R.T., CR

Wednesday Social, L

10:00 Post Office/Bank, O

10:30 Blood Pressure Checks w/A.R.T., CR

3:00 Wii Games w/Max, F

3:15 Bible Study, TH

3:30 Celebrating Our Teachers Social, B

6:00 Card Games, B

9:30 Exercise w/

10:00 Coffee & Snack

2:00 Sassy Senior \$1 Bingo, CR

6:45 Bring a Friend Movie Night, TH

Jacque of A.R.T., CR

Wednesday Social, L

6:45 Bring a Friend Movie Night, TH

Jacque of A.R.T., CR

10:00 Post Office/Bank, O

10:30 Blood Pressure Checks

w/A.R.T., CR 2:00 Sassy Senior \$1 Bingo, CR

3:00 Wii Games w/Max, F

3:15 Bible Study, TH

6:00 Card Games, B

9:30 Exercise w/

10:00 Coffee & Snack

4:00 Pumpkin Toss, B

10:00 Post Office/Bank, O

10:00 Coffee & Snack

8	9:30	Balance Class	9:3
	9:30	w/Legacy, CR	10:0
	10:00	Misc. Errands, O	10:0
	10:00	Blood Pressure Check	10:3
	10.00	w/Legacy, CR	10:3
	10:15	Bible Study w/	10:3
	10.15	Pastor Frances, CR	11:0
	12:30	Singalong, O	1:0
	2:00	Shopping at Walmart, O	
	2:30	Busy Hand Club, B	3:3
		•	
Ή	6:00	Card Games, B	6:0
15	9:30	Balance Class 16	
		w/Legacy, CR	9:3
	10:00	Misc. Errands, O	10:0
	10:00	Blood Pressure Check	
		w/Legacy, CR	10:3
	10:15	Bible Study w/	
		Pastor Frances, CR	10:3
	12:30	Singalong, O	
	2:00	Shopping at Walmart, O	1:0
	3:15	Turkey Adult	3:3
		Coloring Club, F	6:0
t, TH	6:00	Card Games, B	0:0
22	THANK	SGIVING DAY 23	Out t

8:00 Macy's Day Parade

2:30 Busy Hand Club, B

Angeles, R66

w/Legacy, CR

10:00 Blood Pressure Check

w/Legacy, CR

Pastor Frances, CR

Washington, R66

2:00 Shopping at Walmart, O

3:30 Cowboys Vs. Los

6:00 Card Games, B

9:30 Balance Class

10:00 Misc. Errands, O

10:15 Bible Study w/

12:00 Cowboys Vs.

12:30 Singalong, O

6:00 Card Games, B

10:30 Thanksgiving

Celebration, R66

Wonderword Search, B

30

THURSDAY

National Diabetes Month

10:00 Misc. Errands, O

10:15 Bible Study w/

12:30 Singalong, O

6:00 Card Games, B

9:30 Balance Class w/

Legacy, CR

10:00 Blood Pressure Check

w/Legacy, CR

Pastor Frances, CR

2:00 Shopping at Walmart, O

6:00	Card Games, B	
9:30	Walking Warriors, B 10	ľ
10:00	Coffee & Snacks	
	Friday Social, L	
10:30	Wonderword Challenge	
10:30	Live Well Strength	
	w/Legacy, CR	
11:00	Out to Olive Garden, O	
1:00	Bridge, CR	
3:30	Tribute to Our Veterans	
	Happy Hour, L	
6:00	Card Games, B	
9:30	Walking Warriors, B	
10:00	Coffee & Snacks	
10.00	Friday Social, L	
10:30	Wonderword	
10.50	Challenge	
10:30	Live Well Strength	
10.50	w/Legacy, CR	
1:00	Bridge, CR	
	•	
3:30	Birthday Bash, L	
6:00	Card Games, B	
Out to l	- · · · · - ·	
	ters Diner, O	
9:30	Walking Warriors, B Coffee & Snacks	
10:00	Friday Social, L	
10:30	Wonderword Challenge	
10:30	Live Well Strength	
10.50	w/Legacy, CR	
1:00	Bridge, CR	
3:30	What Are You Thankful	
	For? Happy Hour	
6:00	Card Games, B	
	14 1 1 1 1 1 1 1 1 1	
	AND THE STREET	-

FRIDAY

Wear Your Favorite

Jersey Day

9:30	Walking Warriors, B	10:30	Coffee &
10:00	Coffee & Snacks		Conversation, L
	Friday Social, L	1:00	Trivia Pursuit, LL
10:30	Wonderword Challenge	1:30	Card Games, B
10:30	Live Well Strength w/Legacy, CR	2:30	
1:00	Bridge, CR		Popcorn, TH
3:30	Appreciation Day	3:30	-
	Happy Hour, L		, ,
6:00	Card Games, B	7:00	Crazy Card Game, B
9:30	Walking Warriors, B 10	VETERA	• •
10:00	-	9:30	Walking Warriors
	Friday Social, L	10:30	
10:30	Wonderword Challenge		Conversation, L
10:30	•	1:00	Trivia Pursuit, LL
	w/Legacy, CR	1:30	Card Games, B
	Out to Olive Garden, O	2:30	·
3:30	Bridge, CR Tribute to Our Veterans		Pastor Frances, TH
3.30	Happy Hour, L	3:30	•
6:00	Card Games, B	7:00	, ,
	17		
9:30	Walking Warriors, B	9:30	
10:00	Coffee & Snacks	10:30	Conversation, L
	Friday Social, L	11:30	Thanksgiving
10:30	Wonderword	11.50	Feast, DR
	Challenge	1:00	
10:30	Live Well Strength	1:30	,
1.00	w/Legacy, CR	2:30	Fun Flicks and
1:00	Bridge, CR		Popcorn, TH
3:30 6:00	Birthday Bash, L Card Games, B	3:30	Billiards (Pool)
0.00	Calu Gailles, b	7:00	Crazy Card Game, B
	Mama's 24	0.20	. 25
_	ters Diner, O	9:30	Walking Warriors
	Walking Warriors, B	10:30	Coffee &
10:00	Coffee & Snacks		Conversation, L
10:30	Friday Social, L Wonderword Challenge	1:00	,
10:30	Live Well Strength	1:30	,
	w/Legacy, CR	2:30	Fun Flicks and
1:00	Bridge, CR		Popcorn, TH
3:30	What Are You Thankful	3:30	Billiards (Pool)
	For? Happy Hour	7:00	Crazy Card Game, B
6:00	Card Games, B		
1	A PROPERTY OF THE PARTY OF THE		
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SATURDAY

9:30 Walking Warriors ⁴