

Current Events

11/11 Veterans Luncheon

Time: 10:00am
Place: Outing

11/11 Town Hall Meeting

Time: 3:30pm
Place: Community Room

11/12 Men's Breakfast

Time: 7:00am
Place: Outing

11/15 Thanksgiving Feast

Time: 12:30pm
Place: Dining Room

11/28 Cracker Barrel

Time: 8:30am
Place: Outing

Veteran's Day

November 11th is a special day to honor all the men and women who have ever served in the Armed Forces of these United States. We have many veterans living at Lewisville Estates and we want to express deep appreciation for all that they have given. It is wonderful living in a country where we have freedom. We know that freedom is never free; therefore, we must never forget all the men, women, and families that have sacrificed for us.



Arts and Crafts Class

Come a join us in our Arts and Crafts Class. Fun time guarantee!!!



Hello Residents of Lewisville Estates

Did you know that Legacy offers specialized therapy programs? Our most popular program is our safety in motion program. Through our safety in motion program, our therapist can improve residents' balance during all functional mobility making them less risk for falls. Some of the way therapist may improve balance are through strengthening, gait training, assistive device training, cognitive exercises, and compensatory training. Stop on by our therapy gym to learn more about all of our programs.

Our exercise class we hold in IL every Thursday at 10:00 and AL every Tuesday and Thursday at 1:30 is a great opportunity for our Legacy staff to get to know our residents while promoting wellness. It also benefits all of our resident's strength, range of motion, balance, endurance and socialization.

Please let us know if we can assist you with anything. We are here to serve you and help you age in place.

Beth Denson and the Legacy Healthcare Team
Suite 336, 972-420-8543

Active Aging Week

We had a great time in our Active Aging Week taking our Road Trip Around America. Thank you to all our sponsors for making this events a great success.



Happy Fall Y'all

Dear Folks,

Get ready, the Turkey is on the way! November is all about celebrating what we are grateful for. Let us spend this month thinking of all the people, family members, friends, and acquaintances that have made a difference in your lives. What did they do that created an extraordinary life experience for you? We all have so much to be happy about. Just to be alive in today's world and to know that we matter to someone else! So, in celebration of a month of Thankfulness, make a list of those simple things in life that allows us to be happy! I challenge each of you to come up with two per day for the month!

Our Thanksgiving Day Buffet luncheon will be **Saturday November 15th**, from **12:30-2PM**. Please make your reservations if you are planning on attending or inviting guests to join you! Tickets for guests are \$10.00 per person and must be purchased in advance of the meal so we can plan accordingly. Please RSVP by Monday 11/10.

We will be hosting a Can Food Drive. You may drop off canned food items in the box at the front entry. Items will be donated to Community Christian Action. We will also be serving lunch at the Food Pantry in Lewisville. If you would like to volunteer please contact activity assistant to reserve a spot or call concierge for more information.

With a Grateful Heart,

Jessica Hazelton, IL Director

Happy Birthday!

Wishing you all a birthday filled with sweet moments and wonderful memories to cherish always. Be sure to join us for cake and entertainment in the lobby, on **Friday, November 28th at 3:30PM**.

Resident Birthdays

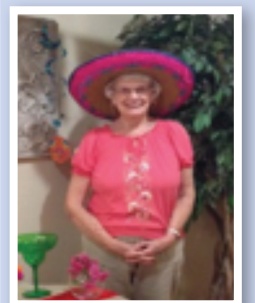
11/04 Jan Kirby
11/05 Mary A Manhart
11/09 June Ramsey
11/19 Richard Kunler
11/28 Joseph Freshnock

Employees Birthdays

11/15 Ralf Saucelo
11/24 Antonia Cuevas
11/26 Carmine Rueli

Resident of the Month

Our L.E.A.P (Life Enrichment Activities Program) would like to Recognize Mrs. Betty Davis. Betty is always participating in different activities Like bingo, Pokeno, arts and crafts and also helping with our Afternoon games. Thank you Betty Davis for making a difference with your great Smile and friendship to other residents and our new residents. We are proud to have you and be part of our family here at Lewisville Estates.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>2</p> <p>Daylight Savings Time Ends</p> <p>10:30am Bible Study, <i>L</i></p> <p>12pm Cowboys Football, <i>R66</i></p> <p>3pm Matinee Movie, <i>TH</i></p> <p>3:30pm Worship Songs, <i>L</i></p> <p>4pm Resident Meet & Greet, <i>L</i></p> <p>7pm Resident Comedy Hour, <i>L</i></p>	<p>3</p> <p>Fall Door Decorating Contest Begin</p> <p>9:30am Exercise w/ Jacque of A.R.T., <i>CR</i></p> <p>10am Albertson's, <i>O</i></p> <p>10am Coffee & Snack Monday Social, <i>L</i></p> <p>10:30am Blood Pressure Checks w/ A.R.T., <i>CR</i></p> <p>1pm Bridge, <i>B</i></p> <p>2pm Pokeno for Prizes, <i>AR</i></p> <p>4pm Rowdy Ring Toss, <i>B</i></p> <p>6pm Card Games, <i>B</i></p>	<p>4</p> <p>9:30am Chair Yoga Class, <i>CR</i></p> <p>10am Walmart, <i>O</i></p> <p>10am Catholic Communion, <i>B</i></p> <p>10:15am Rosary Service, <i>B</i></p> <p>10:30am Facials w/ Mary Kay, <i>AR</i></p> <p>1:45 pm Spanish Class w/ Patty, <i>AR</i></p> <p>2:30pm Art Expression, <i>AR</i></p> <p>6pm Card Games, <i>B</i></p>	<p>5</p> <p>Monopoly Day</p> <p>9:30am Exercise w/ Jacque of A.R.T., <i>CR</i></p> <p>10am Post Office/Bank, <i>O</i></p> <p>10am Wednesday Coffee & Snack Social, <i>L</i></p> <p>10:30am Blood Pressure Checks w A.R.T., <i>CR</i></p> <p>10:30am Monopoly word Search, <i>L</i></p> <p>2pm Sassy Senior Bingo, <i>CR</i></p> <p>3pm Wii Golf Practice w/ Geri, <i>FR</i></p> <p>4pm Dart Toss, <i>B</i></p> <p>7pm Bring a Friend Movie Night, <i>TH</i></p>	<p>6</p> <p>10am Miscellaneous Errands, <i>O</i></p> <p>10am Gift Galore (Vendor), <i>L</i></p> <p>10am Balance Class w/ Legacy, <i>CR</i></p> <p>11am Blood Pressure Check w/ Legacy, <i>CR</i></p> <p>2pm Walmart, <i>O</i></p> <p>2:30pm Line Dance w/ Geri, <i>CR</i></p> <p>4pm Bulls Eye Washers, <i>B</i></p> <p>6pm Card Games, <i>B</i></p> <p>6pm 42, <i>AR</i></p>	<p>7</p> <p>9:30am Walking Warriors</p> <p>10am Blood Pressure Check w/ Otilia, <i>AR</i></p> <p>10am Coffee & Snack Social, <i>L</i></p> <p>10:30am Wonderword Challenge, <i>B</i></p> <p>2pm Express Errands, <i>O</i></p> <p>2:15pm Scrapbooking Class, <i>AR</i></p> <p>3:30pm Railroad Happy Hour w/ Tonya, <i>L</i></p> <p>6pm Card Games, <i>B</i></p>	<p>8</p> <p>Domino Day</p> <p>9:30am Coffee and Conversation, <i>L</i></p> <p>10am Supplement & Drug Seminar w/ June w/ BlueCross BlueShield, <i>CR</i></p> <p>1:30pm Trivia Pursuit, <i>LL</i></p> <p>3pm Fun Flicks and Popcorn, <i>TH</i></p> <p>3:30pm Billiards/Pool</p> <p>7pm Crazy Card Games, <i>B</i></p>
<p>9</p> <p>10:30am Bible Study, <i>B</i></p> <p>12pm Cowboys Football, <i>TH</i></p> <p>3pm Matinee Movie, <i>R66</i></p> <p>3:30pm Residents Choice Game, <i>B</i></p> <p>4pm Resident Meet & Greet, <i>L</i></p> <p>7pm Resident Comedy Hour, <i>L</i></p>	<p>10</p> <p>Fall Door Decorating Contest Winner Announcement</p> <p>9:30am Exercise w/ Jacque of A.R.T., <i>CR</i></p> <p>10am Albertson's, <i>O</i></p> <p>10am Coffee & Snack Monday Social, <i>L</i></p> <p>10:30am Blood Pressure Checks w/ A.R.T., <i>CR</i></p> <p>1pm Bridge, <i>B</i></p> <p>2pm Pokeno for Prizes, <i>AR</i></p> <p>3:30pm Legacy Health Chat, <i>B</i></p> <p>4pm Rowdy Ring Toss, <i>B</i></p> <p>6pm Card Games, <i>B</i></p>	<p>11</p> <p>Veterans Day</p> <p>9:30am Chair Yoga Class, <i>CR</i></p> <p>10am Walmart, <i>O</i></p> <p>10:15am Rosary Service, <i>B</i></p> <p>10am 11th Annual Salute to Our Veterans Luncheon, <i>O</i></p> <p>10:30am Dress Up Nails w/ Avon, <i>R66</i></p> <p>2:30pm Town Hall Meeting, <i>CR</i></p> <p>3:30pm Ring Toss of Fire, <i>B</i></p> <p>6pm Card Games, <i>B</i></p>	<p>12</p> <p>7am Men's Breakfast, <i>O</i></p> <p>9:30am Exercise w/ Jacque of A.R.T., <i>CR</i></p> <p>10am Post Office/Bank, <i>O</i></p> <p>10am Coffee & Snack Social, w/ Lucy Trivia <i>L</i></p> <p>10:30am Blood Pressure Checks w A.R.T., <i>CR</i></p> <p>2pm Sassy Senior Bingo, <i>CR</i></p> <p>3pm Wii Golf Practice w/ Max, <i>FR</i></p> <p>3:30pm Tic Tac Toss, <i>B</i></p> <p>6pm Card Games, <i>B</i></p> <p>7pm Bring a Friend Movie Night, <i>TH</i></p>	<p>13</p> <p>World Kindness Day</p> <p>10am Miscellaneous Errands, <i>O</i></p> <p>10am Bible Study/Sing A Long, <i>ALL</i></p> <p>10am Balance Class w/ Legacy, <i>CR</i></p> <p>11am Blood Pressure Check w/ Legacy, <i>CR</i></p> <p>2pm Walmart, <i>O</i></p> <p>2:30pm Latin Dance w/ Patty, <i>CR</i></p> <p>3:30pm Art Drawing Class w/ Bobby, <i>B</i></p> <p>6pm Card Games, <i>B</i></p> <p>6pm 42, <i>AR</i></p>	<p>14</p> <p>Teddy Bear Day</p> <p>8:30am Out to Fossil Ranch Wildlife, <i>O</i></p> <p>9:30am Walking Warriors</p> <p>10am Coffee & Snack Social, <i>L</i></p> <p>10am Blood Pressure Check w/ Otilia, <i>AR</i></p> <p>10:30am Wonderword Challenge, <i>B</i></p> <p>1pm Bridge, <i>B</i></p> <p>2pm Express Errands, <i>O</i></p> <p>3:30pm Teddy Bear Rock Happy Hour, <i>L</i></p> <p>6pm Card Games, <i>B</i></p>	<p>15</p> <p>9:30am Coffee and Conversation, <i>L</i></p> <p>12:30am Thanksgiving Feast, <i>DR</i></p> <p>1pm Residents Choice Games, <i>AR</i></p> <p>1:30pm Trivia Pursuit, <i>LL</i></p> <p>3pm Fun Flicks and Popcorn, <i>TH</i></p> <p>3:30pm Billiards/Pool</p> <p>7pm Crazy Card Games, <i>B</i></p>
<p>16</p> <p>10:30am Bible Study, <i>B</i></p> <p>3:25pm Cowboys Football, <i>R66</i></p> <p>3:30pm Residents Choice Game, <i>B</i></p> <p>4pm Resident Meet & Greet, <i>L</i></p> <p>7pm Resident Comedy Hour, <i>L</i></p>	<p>17</p> <p>9:30am Exercise w/ Jacque of A.R.T., <i>CR</i></p> <p>10am Albertson's, <i>O</i></p> <p>10am Coffee & Snack Monday Social, <i>L</i></p> <p>10:30am Blood Pressure Checks w/ A.R.T., <i>CR</i></p> <p>1pm Bridge, <i>B</i></p> <p>2pm Pokeno for Prizes, <i>AR</i></p> <p>4pm Bucket Bonanza, <i>B</i></p> <p>6pm Card Games, <i>B</i></p>	<p>18</p> <p>9:30am Chair Yoga Class, <i>CR</i></p> <p>10am Corner Store (Vendor)</p> <p>10am Walmart, <i>O</i></p> <p>10am Catholic Communion, <i>B</i></p> <p>10:15am Rosary Service, <i>B</i></p> <p>1:45 pm Spanish Class w/ Patty, <i>AR</i></p> <p>2:30pm Art Expression, <i>AR</i></p> <p>6pm Card Games, <i>B</i></p>	<p>19</p> <p>9:30am Exercise w/ Jacque of A.R.T., <i>CR</i></p> <p>10am Post Office/Bank, <i>O</i></p> <p>10am Coffee & Snack Social, <i>L</i></p> <p>10:30am Blood Pressure Checks w A.R.T., <i>CR</i></p> <p>2pm Sassy Senior Bingo, <i>CR</i></p> <p>3pm Wii Golf Practice w/ Geri, <i>FR</i></p> <p>3:30pm Popcorn Toss w/ Popcorn, <i>B</i></p> <p>6pm Card Games, <i>B</i></p> <p>7pm Bring a Friend Movie Night, <i>TH</i></p>	<p>20</p> <p>10am Miscellaneous Errands, <i>O</i></p> <p>10am Balance Class w/ Legacy, <i>CR</i></p> <p>11am Blood Pressure Check w/ Legacy, <i>CR</i></p> <p>2pm Walmart, <i>O</i></p> <p>2:30pm Line Dance w/ Geri, <i>CR</i></p> <p>4pm Bean Bag Baseball, <i>B</i></p> <p>6pm Card Games, <i>B</i></p> <p>6pm 42, <i>AR</i></p>	<p>21</p> <p>9:30am Walking Warriors</p> <p>10am Blood Pressure Check w/ Otilia, <i>AR</i></p> <p>10am Texas Style Coffee & Snack Social, <i>L</i></p> <p>10:30am Wonderword Challenge, <i>B</i></p> <p>1pm Bridge, <i>B</i></p> <p>2pm Express Errands, <i>O</i></p> <p>2:15pm Scrapbooking Class, <i>AR</i></p> <p>3:30pm Be Thankful Happy Hour, <i>L</i></p> <p>6pm Card Games, <i>B</i></p>	<p>22</p> <p>9:30am Coffee and Conversation, <i>L</i></p> <p>1pm Residents Choice Games, <i>AR</i></p> <p>1:30pm Trivia Pursuit, <i>LL</i></p> <p>3pm Fun Flicks and Popcorn, <i>TH</i></p> <p>3:30pm Billiards/Pool</p> <p>7pm Crazy Card Games, <i>B</i></p>
<p>23</p> <p>Bible Study Sunday Day</p> <p>10:30am Bible Study, <i>B</i></p> <p>2pm Matinee Movie, <i>TH</i></p> <p>3pm Write a nice note to your, <i>B</i></p> <p>4pm Resident Meet & Greet, <i>L</i></p> <p>7:30pm Cowboys Football, <i>R66</i></p>	<p>24</p> <p>Celebrate your Talent Day</p> <p>9:30am Exercise w/ Jacque of A.R.T., <i>CR</i></p> <p>10am Albertson's, <i>O</i></p> <p>10am Coffee & Snack Monday Social, <i>L</i></p> <p>10:30am Blood Pressure Checks w A.R.T., <i>CR</i></p> <p>1pm Bridge, <i>B</i></p> <p>2pm Pokeno for Prizes, <i>AR</i></p> <p>3:30pm Talent Show, <i>B</i></p> <p>6pm Card Games, <i>B</i></p>	<p>25</p> <p>9:30am Chair Yoga Class, <i>CR</i></p> <p>10am Walmart, <i>O</i></p> <p>10am Catholic Communion, <i>B</i></p> <p>10am Rosary Service, <i>B</i></p> <p>1:30pm Spanish Class w/ Patty, <i>AR</i></p> <p>2:30pm Art Expression, <i>AR</i></p> <p>4pm Bean Bag Toss, <i>B</i></p> <p>6pm Card Games, <i>B</i></p>	<p>26</p> <p>The Price is Right Day</p> <p>9:30am Exercise w/ Jacque of A.R.T., <i>CR</i></p> <p>10am Post Office/Bank, <i>O</i></p> <p>10am Coffee & Snack Social, <i>L</i></p> <p>10:30am Blood Pressure Checks w A.R.T., <i>CR</i></p> <p>2pm Black Out Sassy Senior Bingo, <i>CR</i></p> <p>3pm Wii Golf Tournament, <i>FR</i></p> <p>4pm Bulls Eye Washers, <i>B</i></p> <p>6pm Card Games, <i>B</i></p> <p>7pm Bring a Friend Movie Night, <i>TH</i></p>	<p>27</p> <p>Thanksgiving</p> <p>10:30pm Thanksgiving Word Search, <i>B</i></p> <p>3pm Matinee Movie – Miracle on 34th Street, <i>TH</i></p> <p>3:30 Cowboys Football, <i>R66</i></p> <p>4pm Dominoes, <i>B</i></p> <p>6pm Card Games, <i>B</i></p> <p>6pm 42, <i>AR</i></p> 	<p>28</p> <p>9:30am Walking Warriors</p> <p>10am Coffee & Snack Social, <i>L</i></p> <p>10:30am Blood Pressure Check w/ Otilia, <i>AR</i></p> <p>10:30am Wonderword Challenge, <i>B</i></p> <p>11am Out to Lunch Cracker Barrel, <i>O</i></p> <p>2pm Express Errands, <i>O</i></p> <p>3:30pm Birthday Bash w/ Sherrill, <i>L</i></p> <p>6pm Card Games, <i>B</i></p>	<p>29</p> <p>9:30am Coffee and Conversation, <i>L</i></p> <p>1pm Residents Choice Games, <i>AR</i></p> <p>1:30pm Trivia Pursuit, <i>LL</i></p> <p>3pm Fun Flicks and Popcorn, <i>TH</i></p> <p>3:30pm Billiards/Pool</p> <p>7pm Crazy Card Games, <i>B</i></p>
<p>30</p> <p>9:30am Coffee and Conversation, <i>L</i></p> <p>1pm Residents Choice Games, <i>AR</i></p> <p>1:30pm Trivia Pursuit, <i>LL</i></p> <p>3pm Fun Flicks and Popcorn, <i>TH</i></p> <p>3:30pm Billiards/Pool</p> <p>7pm Crazy Card Games, <i>B</i></p>						