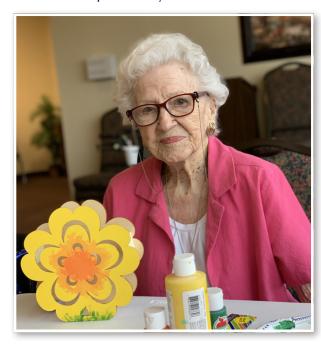
## **Dandy Candy Facts**

Whether chocolaty, chewy or crunchy, candy is a favorite treat. Indulge in these tidbits about some popular sweets.

- About 65% of American candy brands have been around for over 50 years.
- Candy corn was originally called "chicken feed," since it resembled the corn kernels fed to livestock.
- The Snickers bar was named after a racehorse that once belonged to the Mars family, whose company makes the candy bars.
- More than 60 million Tootsie Rolls are produced every day.
- M&M's are one of the most popular sweets requested by NASA astronauts.



- Milky Way candy bars are named for a popular 1920s malted milkshake, not for our home galaxy.
- When the 3 Musketeers bar debuted in 1932, it came in three pieces of flavored nougat — chocolate, vanilla and strawberry. Vanilla and strawberry were phased out due to World War II rationing.

### Who's Whooo of Owls

Symbols of wisdom and insight, owls are found throughout pop culture as characters who exhibit these qualities. Consider a few feathered favorites:

**Friend Owl** — He grumbles about noisy critters keeping him awake and warns about the dangers of getting "twitterpated," otherwise known as falling in love. But Friend Owl is a wise mentor to the forest animals in the 1942 Disney cartoon "Bambi."

Mr. Owl — This candy mascot was first seen in a 1970 TV commercial attempting to answer the ageold question, "How many licks does it take to get to the Tootsie Roll center of a Tootsie Pop?"

**Woodsy Owl** — Created in 1970 by the U.S. Forest Service, Woodsy taught youngsters to "Give a Hoot, Don't Pollute." He continues to make appearances to share his latest eco-friendly slogan: "Lend a Hand,"

Hoots the Owl — Since his debut on "Sesame Street" in 1985, this jazzy Muppet musician has played his saxophone alongside famous entertainers such as Little Richard, Wynton Marsalis and John Legend.

**Hedwig** — Given to Harry Potter for his 11th birthday, this snowy owl served her owner by delivering his messages. Hedwig's intelligence and loyalty also proved to be valuable assets during the boy wizard's magical adventures.









# Dear Residents, Family and Friends

Fall is in full swing around here, and I for one could not be happier! We had a great month of September celebrating the start of football season with our "Football Pool," soaking up the last few days of summer with an Ice Cream Social and a great night strolling down the strip at our Vegas Event. Be sure to check out your activity calendar and activity flyers to see what exciting outings, socials and events are scheduled for each month!

October has many fun and exciting things planned that include Trick or Treating for the family of our residents and staff, a lunch outing to Aw Shucks and our Main Event, "Oktoberfest." Be sure to invite your family and friends. We hope to see you all there! Also, remember to check out our Facebook and website for weekly picture updates.

Happy October! Erin Montgomery Executive Director





### **Activities for Breast Cancer Awareness Month**

Every October, people come together to support the fight against breast cancer, and there are numerous ways to get involved.

**Put on some pink** — The color pink is a global symbol of breast cancer awareness. Sporting a pink ribbon and other accessories is a simple way to spark conversation about the disease. Some workplaces, schools and other groups designate a Pink Out Day, when participants make a donation and dress in pink to raise money and awareness.

**Walk for a cure** — Communities often host a 5K race or walk-a-thon in honor of Breast Cancer Awareness Month. These fundraising events allow people to join together and show widespread support to those battling breast cancer.

**Go shopping** — Many national brands and local businesses run promotions during October, when proceeds from the sales of specific items are donated to breast cancer organizations. Whether buying clothing, beauty products or baked goods.

**Give back** — If you want to contribute money, choose charities that focus on patient support and/or research initiatives. To donate items such as blankets, hats and cards of encouragement, check with local hospitals and treatment centers to see if they accept donations for their breast cancer patients.







INDEPENDENT LIVING

#### **OCTOBER 2019**

#### Locations AL Parking Lot, ALPL

Bistro, B Community Room, CR Dining Room, DR Dog Park, DG Fitness Room, F Flagpole, FP Garden, G Library, LL Lobby, L Outing, O Route 66, R66 Theater, TH

#### **Transportation Schedule** Monday, 10 a.m.

**Grocery Stores** Walmart Wednesday, 10 a.m. Post Office/Bank

Thursday, 10 a.m. Walmart

Thursday, 2:30 p.m Misc. Errands

Friday, 9:30 a.m. **Express Errands** 

Friday, TBA

Field Trips/Outing

**TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY** 

9:00 Out to Winstar

1

|      | SUNDAY                 |                    | MONDAY                                   |
|------|------------------------|--------------------|--|
|      | Birth                  | days               |  |
|      | Betty Colby, 2nd       | •                  | /ill Powers, 18th                        |
|      | Earl Magby, 2nd        |                    | nge Reece, 23rd                          |
| 1    | Lorenzo Marines,       |                    | garet Thielen, 24th                      |
|      | 8th (Employee)         |                    | eth Munson, 24th                         |
| Flo  | eonore Murray, 9th     |                    | a Greenlaw, 25th                         |
|      | Philip Ratliff, 10th   |                    | onna Nelson, 25th                        |
|      | Nora Condra, 14th      |                    | n Alexander, 29th                        |
|      | Teresita Maffie,       | jea                | ii Alexandei, 23tii                      |
|      | 15th (Employee)        |                    |  |
|      | Total (Employee)       |                    |  |
|      | 6                      | 9:30               | Exercise w/Jacque                        |
| 8:30 | In Search of the       |                    | of A.R.T., CR                            |
|      | Lord's Way (TV KTXA    | 10:00              | Coffee & Snacks                          |
|      | Channel 12), R66       |                    | Monday Social, L                         |
| 9:00 | Bible Study, CR        | 10:00              | Dollar Tree, O                           |
| 1:15 | Chicken Foot, LL       | 10:30              | Blood Pressure                           |
| 3:00 | Resident Choice Game   |                    | Checks w/A.R.T., CR                      |
| 3:25 | Cowboys vs. Green      | 2:00               | Pokeno for Prizes, CR                    |
|      | Bay (Fox), R66         | 2:30               | Singalong w/Karen,                       |
| 6:00 | Chicken Foot           | 4:00               | Trivia Club, R66                         |
| 6:30 | Resident Card Games, B | 6:00               | Hand & Foot                              |
|      |                        |                    | Card Game, B                             |
| 8:30 | In Search of the       |                    | BUS DAY                                  |
| 0.50 | Lord's Way (TV KTXA    | Columbu<br>9:30    | s Day<br>Exercise w/Jacque               |
|      | Channel 12), R66       | 3.30               | of A.R.T., CR                            |
| 9:00 | Bible Study, CR        | 10:00              | Coffee & Snacks                          |
| 1:15 | •                      | 40.00              | Monday Social, L                         |
|      | Chicken Foot, LL       | <b>10:00</b> 10:30 | <b>Big Lots, O</b> Blood Pressure Checks |
| 3:00 | Resident Choice Game   | 10.30              | /A D.T. CD                               |

|          | De Killa Day                            |   | 9.00  | Out to willstal  |
|----------|---|---|---|--|
|          | Hallowe                                 | en Door   |   | Casino, O  |
|          | Decorating Contest Begin                |   | 9:30  | Exercise w/Jacque  |
|          | 9:30 Chair Zumba Class                  |   |   | of A.R.T., CR  |
|          |   | w/Patty, CR   | 10:00   | Post Office/Bank, O  |
|          | 10:00                                   |   | 10:00   |  |
|          | 10:00                                   | •   |   | Snack Wednesday Social,  |
|          | 10:30                                   |   | 10:30   | Blood Pressure Checks  |
|          |   | , , , .   |   | w/A.R.T., CR   |
|          | 1:00                                    | <i>J</i> ,  | 2:00  | Sassy Senior \$1 Bingo, CR   |
|          | 2:30                                    | •   | 6:00  | Nickel (Card Game), B  |
|          | 6:00                                    | Hand & Foot   | 6:45  | Bring a Friend   |
|          |   | Card Game, B  |   | Movie Night, TH  |
| 7        | YOM KIF                                 | PPUR BEGINS AT SUNSET 8   | Internati   | onal Beer and Pizza Day  |
|          |   |   |   |  |
|          | 9:30                                    | Chair Zumba Class   | 9:30  | Exercise w/Jacque  |
|          | 9:30                                    |   |   | •  |
|          | 7.55                                    | w/Patty, CR   |   | Exercise w/Jacque  |
|          | 9:30<br>10:00                           | w/Patty, CR<br>Shopping at  | 9:30  | exercise w/Jacque of A.R.T., CR Post Office/Bank, O Current Events Coffee &  |
|          | 10:00                                   | w/Patty, CR<br>Shopping at<br>Walmart, O  | 9:30<br>10:00<br>10:00                                  | exercise w/Jacque of A.R.T., CR Post Office/Bank, O Current Events Coffee & Snack Wednesday Social, L  |
|          | <b>10:00</b>                            | w/Patty, CR<br>Shopping at<br>Walmart, O<br>Catholic Communion, B   | 9:30<br>10:00   | Exercise w/Jacque of A.R.T., CR Post Office/Bank, O Current Events Coffee & Snack Wednesday Social, L Blood Pressure Checks  |
| ,        | 10:00                                   | w/Patty, CR<br>Shopping at<br>Walmart, O<br>Catholic Communion, B   | 9:30<br>10:00<br>10:00<br>10:30                         | exercise w/Jacque of A.R.T., CR Post Office/Bank, O Current Events Coffee & Snack Wednesday Social, L Blood Pressure Checks w/A.R.T., CR   |
| <b>?</b> | <b>10:00</b>                            | w/Patty, CR<br>Shopping at<br>Walmart, O<br>Catholic Communion, B   | 9:30<br>10:00<br>10:00<br>10:30<br>2:00                 | exercise w/Jacque of A.R.T., CR Post Office/Bank, O Current Events Coffee & Snack Wednesday Social, L Blood Pressure Checks w/A.R.T., CR Sassy Senior \$1 Bingo, CR  |
| ≀<br>,L  | 10:00<br>10:30                          | w/Patty, CR<br>Shopping at<br>Walmart, O<br>Catholic Communion, B<br>Rosary Service, B<br>Bridge Club, B                          | 9:30<br>10:00<br>10:00<br>10:30<br>2:00<br>3:30         | Exercise w/Jacque of A.R.T., CR Post Office/Bank, O Current Events Coffee & Snack Wednesday Social, L Blood Pressure Checks w/A.R.T., CR Sassy Senior \$1 Bingo, CR Beer and Pizza Social, B                       |
| }<br>,L  | 10:00<br>10:00<br>10:30<br>1:00<br>2:30 | w/Patty, CR<br>Shopping at<br>Walmart, O<br>Catholic Communion, B<br>Rosary Service, B<br>Bridge Club, B<br>Town Hall Meeting, CR | 9:30<br>10:00<br>10:00<br>10:30<br>2:00<br>3:30<br>6:00 | Exercise w/Jacque of A.R.T., CR Post Office/Bank, O Current Events Coffee & Snack Wednesday Social, L Blood Pressure Checks w/A.R.T., CR Sassy Senior \$1 Bingo, CR Beer and Pizza Social, B Nickel (Card Game), B |
| ≀<br>,L  | 10:00<br>10:00<br>10:30<br>1:00         | w/Patty, CR<br>Shopping at<br>Walmart, O<br>Catholic Communion, B<br>Rosary Service, B<br>Bridge Club, B                          | 9:30<br>10:00<br>10:00<br>10:30<br>2:00<br>3:30         | Exercise w/Jacque of A.R.T., CR Post Office/Bank, O Current Events Coffee & Snack Wednesday Social, L Blood Pressure Checks w/A.R.T., CR Sassy Senior \$1 Bingo, CR Beer and Pizza Social, B                       |

9:30 Chair Zumba Class

w/Patty, CR

10:30 Rosary Service, B

2:30 Art Expression, CR

3:15 Witches Gotta Stick

Sunshine, B

Together Social w/

6:00 Hand & Foot Card Game, B

1:00 Bridge Club, B

10:00 Catholic Communion, B

Shopping at Walmart, O

**Be Kind Day** 

14 | I Love Lucy Day

|    |       | ,   |  |
|----|-------|---|--|
|    | 9:30  | Exercise w/Jacque of A.R.T., CR                   |  |
|    | 10:00 | Post Office/Bank, O                               |  |
|    | 10:00 | Current Events Coffee & Snack Wednesday Social, L |  |
| В  | 10:30 | Blood Pressure Checks<br>w/A.R.T., CR             |  |
|    | 2:00  | Sassy Senior \$1 Bingo, CR                        |  |
| R  | 3:30  | Beer and Pizza Social, B                          |  |
| .n | 6:00  | Nickel (Card Game), B                             |  |
|    | 6:45  | Bring a Friend<br>Movie Night, TH                 |  |
| 15 | 9:30  | Exercise w/Jacque 16 of A.R.T., CR                |  |

w/A.R.T., CR

3:15 Halloween Party

3:30 Book Club: Music &

Musicians, LL

6:00 Nickel (Card Game), B

10:00 Post Office/Bank, O

9:30 Exercise w/

2:00 Sassy Senior \$1 Bingo, CR

w/M&M Costumes, B

6:45 Bring a Friend Movie Night, TH

Jacque of A.R.T., CR

23

| 10:30 | Blood Pressure Checks<br>w/A.R.T., CR | <b>10:15</b> | Frances, CR Singalong, O         |
|-------|---------------------------------------|--------------|----------------------------------|
| 2:00  | Sassy Senior \$1 Bingo, CR            | 2:00         | Busy Hand Club, R66              |
| 3:30  | Beer and Pizza Social, B              | 2:30         | Misc. Errands, O                 |
| 6:00  | Nickel (Card Game), B                 | 3:00         | Let's Get Wicked Socia           |
| 6:45  | Bring a Friend<br>Movie Night, TH     | 6:00         | w/Jacque, B<br>Mexican Train, LL |
| 9:30  | Exercise w/Jacque 16 of A.R.T., CR    | 9:30         | Balance Class w/<br>Legacy, CR   |
| 10:00 | Post Office/Bank, O                   | 10:00        | Shopping at Wal                  |
| 10:00 | Current Events Coffee &               | 10:00        | Blood Pressure Ch                |
|       | Snack Wednesday Social, L             | 10:00        |                                  |
| 10:30 | Blood Pressure Checks                 |              | w/Legacy, CR                     |

9:30 Balance Class

10:15 Bible Study w/

12:30 Singalong, O

9:00 Flu Shots, F

10:00 Health Fair, L

2:30 Misc. Errands, O

4:00 Trivia Club, R66

6:00 Mexican Train, LL

w/Legacy, CR

10:00 Blood Pressure Check

w/Legacy, CR

10:00 Shopping at Walmart, O

**Pastor Frances, CR** 

Balance Class w/Legacy, CR

Shopping at Walmart, O

Blood Pressure Check

w/Legacy, CR

| 10:00 | Shopping at Walmart  | , ( |
|-------|----------------------|-----|
| 10:00 | Blood Pressure Check |     |
|       | w/Legacy, CR         |     |
| 10:15 | Bible Study w/       |     |
|       | Pastor Frances, CR   |     |
| 12:30 | Singalong, O         |     |
| 2:30  | Misc. Errands, O     |     |
| 6:00  | Mexican Train, LL    |     |
| 6:15  | Oktoberfest (Main    |     |
|       | Event), DR           |     |
| 9:30  | Balance Class w/     | 2   |
|       |                      |     |

| 9:30  | Balance Class w/ 24<br>Legacy, CR |
|-------|-----------------------------------|
| 10:00 | Shopping at Walmart, O            |
| 10:00 | Blood Pressure Check              |
|       | w/Legacy, CR                      |
| 10:15 | Bible Study w/                    |
|       | Pastor Frances, CR                |
| 12:30 | Singalong, O                      |
| 2:00  | Busy Hand Club, R66               |
| 2:30  | Misc. Errands, O                  |
| 3:00  | Wicked Nails and                  |
|       | Hand Massage, B                   |
|       |                                   |

| 6:00         | Witches Hat Toss Game, B<br>Nickel (Card Game), B<br>Bring a Friend<br>Movie Night, TH | 2:30<br>3:00                         | Misc. Errands, O Wicked Nails and Hand Massage, B Mexican Train, LL         |    |   |
|--------------|--|--------------------------------------|---|----|---|
| 9:00<br>9:30 | Out to Arboretum, O 30 Exercise w/   | HALLOW<br>Hallowee                   |   | 31 |   |
| 10:00        | Jacque of A.R.T., CR<br>Current Events Coffee &<br>Snack Wednesday Social, L           | <b>9:30</b><br><b>10:00</b><br>10:00 | Balance Class w/Legacy, C<br>Shopping at Walmart, O<br>Blood Pressure Check | R  | 1 |

10:15

12:30

2:30 Misc. Errands, O

6:00 Mexican Train, LL

6:00 Trick or Treating, L

3:00 Activity Meeting and

Witches Water Social,

|      | 10:30    | Live Well Strength       |   |
|------|----------|--------------------------|---|
|      |          | w/Legacy, CR             |   |
|      | 1:00     | Bridge Club, B           |   |
|      | 2:00     | Wonder Word Challenge    |   |
|      | 3:30     | Let's Taco About         |   |
|      |          | Happy Hour, L            |   |
|      | 6:00     | Hand & Foot              |   |
|      |          | Card Game, B             |   |
| 10   | National | Bowling Day 11           |   |
| R    | 9:30     | Express Errands, O       | 1 |
|      | 10:00    | Coffee & Snacks          |   |
|      |          | Friday Social, L         |   |
|      | 10:30    | Live Well Strength       |   |
|      |          | w/Legacy, CR             |   |
|      | 11:00    | Out to Cici's Pizza, O   |   |
|      | 1:00     | Bridge Club, B           |   |
|      | 2:00     | Wonder Word Challenge    |   |
|      | 3:30     |                          |   |
|      |          | Happy Hour, L            |   |
|      | 6:00     | Hand & Foot Card Game, B |   |
| 17   | National | Chocolate 18             |   |
|      | Cupcake  |                          | 1 |
| t. O | 9.30     | Evnress Errands O        | ' |

3 National Taco Day

9:30 Express Errands, O

Friday Social, L

10:00 Coffee & Snacks

| lationa | l Bowling Day            | 9:30  |
|---------|--------------------------|-------|
| 9:30    | Express Errands, O       | 10:30 |
| 10:00   | Coffee & Snacks          |       |
|         | Friday Social, L         | 1:00  |
| 10:30   | Live Well Strength       |       |
|         | w/Legacy, CR             | 1:30  |
| 11:00   | Out to Cici's Pizza, O   | 2:30  |
| 1:00    | Bridge Club, B           |       |
| 2:00    | Wonder Word Challenge    | 3:30  |
| 3:30    | Bowl Your Way to         |       |
|         | Happy Hour, L            | 6:00  |
| 6:00    | Hand & Foot Card Game, B | 7:00  |
| lationa | l Chocolate 18           | 9:30  |
| upcake  | e Day                    | 10:30 |
| 9:30    | Express Errands, O       |       |
| 10:00   | Coffee & Snacks          | 1:00  |
|         | Friday Social, L         |       |
| 10:30   | Live Well Strength       | 1:30  |
|         | w/Legacy, CR             | 2:30  |
| 1:00    | Bridge Club, B           |       |
| 2:00    | Wonder Word Challenge    | 3:30  |
| 3:30    | Chocolate Cupcake        |       |
|         | Birthday Bash, L         | 6:00  |
| 6:00    | Hand & Foot Card Game, B | 7:00  |
| 9:30    | Express Errands, O 25    | 9:30  |

|   | Card Game, B  | 7:00   | Crazy Card Game, B  |
|---|---|--|---|
| Nationa   | l Bowling Day 11  | 9:30   | Walking Warriors 12   |
| 9:30  | Express Errands, O  | 10:30  | Coffee &  |
| 10:00   | Coffee & Snacks   |  | Conversation, L   |
| 10:30   | Friday Social, L<br>Live Well Strength  | 1:00   | Trivia Pursuit, LL  |
| 10.50   | w/Legacy, CR  |  | Card Games, B   |
| 11:00   | Out to Cici's Pizza, O  | 2:30   | Fun Flicks and  |
| 1:00  | Bridge Club, B  |  | Popcorn, TH   |
| 2:00  | Wonder Word Challenge   | 3:30   | •   |
| 3:30  | Bowl Your Way to<br>Happy Hour, L   |  | Chicken Foot  |
| 6:00  | Hand & Foot Card Game, B  | 7:00   |   |
|   | 10  |  |   |
|   | I Chocolate 18  | 9:30   | Walking Warriors 19   |
| Cupcake<br>9:30   | Express Errands, O  | 10:30  | Coffee &  |
| 10:00   | Coffee & Snacks   |  | Conversation, L   |
|   | Friday Social, L  | 1:00   | •   |
| 10:30   | Live Well Strength  | 1:30   | Card Games, B   |
| 1:00  | <b>w/Legacy, CR</b><br>Bridge Club, B   | 2:30   |   |
|   |   |  |   |
|   | _   |  | Popcorn, TH   |
|   | Wonder Word Challenge   | 3:30   |   |
| 2:00  | Wonder Word Challenge<br>Chocolate Cupcake<br>Birthday Bash, L  | 3:30<br>6:00   | Billiards (Pool)  |
| 2:00  | Wonder Word Challenge Chocolate Cupcake   |  | Billiards (Pool)<br>Chicken Foot  |
| 2:00<br><b>3:30</b><br>6:00                             | Wonder Word Challenge<br>Chocolate Cupcake<br>Birthday Bash, L<br>Hand & Foot Card Game, B  | 6:00   | Billiards (Pool)<br>Chicken Foot  |
| 2:00<br><b>3:30</b><br>6:00                             | Wonder Word Challenge Chocolate Cupcake Birthday Bash, L Hand & Foot Card Game, B  Express Errands, O  25   | 6:00<br>7:00   | Billiards (Pool)<br>Chicken Foot<br>Crazy Card Game, B  |
| 2:00<br><b>3:30</b><br>6:00                             | Wonder Word Challenge<br>Chocolate Cupcake<br>Birthday Bash, L<br>Hand & Foot Card Game, B  | 6:00<br>7:00<br>9:30   | Billiards (Pool) Chicken Foot Crazy Card Game, B Walking Warriors 26  |
| 2:00<br><b>3:30</b><br>6:00                             | Wonder Word Challenge Chocolate Cupcake Birthday Bash, L Hand & Foot Card Game, B  Express Errands, O Coffee & Snacks Friday Social, L Live Well Strength   | 6:00<br>7:00<br>9:30   | Billiards (Pool) Chicken Foot Crazy Card Game, B Walking Warriors 26 Coffee & Conversation, L   |
| 2:00<br>3:30<br>6:00<br>9:30<br>10:00                   | Wonder Word Challenge Chocolate Cupcake Birthday Bash, L Hand & Foot Card Game, B  Express Errands, O Coffee & Snacks Friday Social, L Live Well Strength w/Legacy, CR  | 6:00<br>7:00<br>9:30<br>10:30  | Billiards (Pool) Chicken Foot Crazy Card Game, B Walking Warriors 26 Coffee & Conversation, L   |
| 2:00<br>3:30<br>6:00<br>9:30<br>10:00<br>10:30          | Wonder Word Challenge Chocolate Cupcake Birthday Bash, L Hand & Foot Card Game, B  Express Errands, O Coffee & Snacks Friday Social, L Live Well Strength w/Legacy, CR Out to Aw Shucks, O  | 6:00<br>7:00<br>9:30<br>10:30<br>1:00<br>1:30                                | Billiards (Pool) Chicken Foot Crazy Card Game, B Walking Warriors 26 Coffee & Conversation, L Trivia Pursuit, LL Card Games, B  |
| 2:00<br>3:30<br>6:00<br>9:30<br>10:00<br>10:30<br>11:00 | Wonder Word Challenge Chocolate Cupcake Birthday Bash, L Hand & Foot Card Game, B  Express Errands, O Coffee & Snacks Friday Social, L Live Well Strength w/Legacy, CR Out to Aw Shucks, O Bridge Club, B   | 6:00<br>7:00<br>9:30<br>10:30  | Billiards (Pool) Chicken Foot Crazy Card Game, B Walking Warriors 26 Coffee & Conversation, L Trivia Pursuit, LL Card Games, B Fun Flicks and   |
| 2:00 3:30 6:00 9:30 10:00 10:30 11:00 1:00 2:00         | Wonder Word Challenge Chocolate Cupcake Birthday Bash, L Hand & Foot Card Game, B  Express Errands, O Coffee & Snacks Friday Social, L Live Well Strength w/Legacy, CR Out to Aw Shucks, O Bridge Club, B Wonder Word Challenge                                     | 6:00<br>7:00<br>9:30<br>10:30<br>1:00<br>1:30<br><b>2:30</b>                 | Billiards (Pool) Chicken Foot Crazy Card Game, B Walking Warriors 26 Coffee & Conversation, L Trivia Pursuit, LL Card Games, B Fun Flicks and Popcorn, TH                               |
| 2:00<br>3:30<br>6:00<br>9:30<br>10:00<br>10:30<br>11:00 | Wonder Word Challenge Chocolate Cupcake Birthday Bash, L Hand & Foot Card Game, B  Express Errands, O Coffee & Snacks Friday Social, L Live Well Strength w/Legacy, CR Out to Aw Shucks, O Bridge Club, B   | 6:00<br>7:00<br>9:30<br>10:30<br>1:00<br>1:30<br><b>2:30</b>                 | Billiards (Pool) Chicken Foot Crazy Card Game, B Walking Warriors 26 Coffee & Conversation, L Trivia Pursuit, LL Card Games, B Fun Flicks and Popcorn, TH Billiards (Pool)              |
| 2:00 3:30 6:00 9:30 10:00 10:30 11:00 2:00 3:30         | Wonder Word Challenge Chocolate Cupcake Birthday Bash, L Hand & Foot Card Game, B  Express Errands, O Coffee & Snacks Friday Social, L Live Well Strength w/Legacy, CR Out to Aw Shucks, O Bridge Club, B Wonder Word Challenge Boo Y'all Happy Hour, L             | 6:00<br>7:00<br>9:30<br>10:30<br>1:00<br>1:30<br><b>2:30</b><br>3:30<br>6:00 | Billiards (Pool) Chicken Foot Crazy Card Game, B Walking Warriors 26 Coffee & Conversation, L Trivia Pursuit, LL Card Games, B Fun Flicks and Popcorn, TH Billiards (Pool) Chicken Foot |
| 2:00 3:30 6:00 9:30 10:00 10:30 11:00 2:00 3:30         | Wonder Word Challenge Chocolate Cupcake Birthday Bash, L Hand & Foot Card Game, B  Express Errands, O Coffee & Snacks Friday Social, L Live Well Strength w/Legacy, CR Out to Aw Shucks, O Bridge Club, B Wonder Word Challenge Boo Y'all Happy Hour, L Hand & Foot | 6:00<br>7:00<br>9:30<br>10:30<br>1:00<br>1:30<br><b>2:30</b>                 | Billiards (Pool) Chicken Foot Crazy Card Game, B Walking Warriors 26 Coffee & Conversation, L Trivia Pursuit, LL Card Games, B Fun Flicks and Popcorn, TH Billiards (Pool) Chicken Foot |
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4 World Smile Day

1:30

9:30 Walking Warriors

1:00 Trivia Pursuit, LL

2:30 Fun Flicks and

3:30 Billiards (Pool)

6:00 Chicken Foot

Popcorn, TH

10:30 Coffee & Conversation, L

Card Games, B

2:00 Witches and Warlocks

**Pool Tournament, R66** 

#### Channel 12), R66 9:00 Bible Study, CR Tuesday, 10 a.m.

Chicken Foot, LL

Resident Choice Game

3:25 Cowboys vs.

NY Jets, R66

Chicken Foot

8:30 In Search of the

6:30 Resident Card Games, B

Lord's Way (TV KTXA

6:00 Chicken Foot

6:30 Resident Card Games, B 7:20 Cowboys vs.

3:00 Resident Choice

Game

6:00 Chicken Foot

6:30 Resident Card

Games, B

10:00 Coffee & Snacks Monday Social, L Dollar Tree, O 10:00 10:30 **Blood Pressure** Checks w/A.R.T., CR 2:00 Pokeno for Prizes, CR 2:30 Singalong w/Karen, L 3:30 Assistive Devices & ADL's Health Tak w/Legacy, B 6:00 Hand & Foot Card Game, B

w/A.R.T., CR

2:15 Star Kids Musical, L

9:30 Exercise w/

Pokeno for Prizes, CR

Singalong w/Karen, L

6:00 Hand & Foot Card Game, B

Minute to Win It Games, B

Jacque of A.R.T., CR

21

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| 9:30  | Chair Zumba<br>Class w/Patty, CR |
|-------|----------------------------------|
| 10:00 | Shopping at                      |
|       | Walmart, O                       |
| 10:00 | Catholic Communion, B            |
| 10:30 | Rosary Service, B                |
| 1:00  | Bridge Club, B                   |
| 2:30  | Art Expression, CR               |
| 6:00  | Hand & Foot                      |
|       | Card Game, B                     |

9:30 Chair Zumba

| 10:00 | Current Events Coffee &    |
|-------|----------------------------|
|       | Snack Wednesday Social, I  |
| 10:30 | Blood Pressure             |
|       | Checks w/A.R.T., CR        |
| 2:00  | Sassy Senior \$1 Bingo, CR |
| 4:00  | Witches Hat Toss Game, B   |
| 6:00  | Nickel (Card Game), B      |
| 6:45  | Bring a Friend             |
|       | Movie Night, TH            |
|       |                            |

| Mexican main, LL           |     |   |
|----------------------------|-----|---|
| /EEN 3                     | 1   |   |
| n                          |     |   |
| Balance Class w/Legacy, CR | ł I |   |
| Shopping at Walmart, O     |     |   |
| Blood Pressure Check       |     |   |
| w/Legacy, CR               |     |   |
| Bible Study w/Pastor       |     |   |
| Frances, CR                |     |   |
| Singalong, O               |     | 6 |

| 31            | AMA BULL |
|---------------|----------|
| cy, CR<br>, O |          |
|               |          |
|               |          |
| В             |          |
|               |          |



## Philadelphia, R66 8:30 In Search of the 27

Lord's Way (TV KTXA Channel 12), R66

9:00 Bible Study, CR 1:15 Chicken Foot, LL

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10:00 Coffee & Snacks Monday Social, L 10:00 Tom Thumb, O 10:30 Blood Pressure

Jacque of A.R.T., CR

9:30 Exercise w/

Checks w/A.R.T., CR Pokeno for Prizes, CR 2:30 Singalong w/Karen, L

1:00 Bridge Club, B 2:30 Art Expression, CR 4:00 Minute to Win It Games, B 6:00 Hand & Foot 4:00 Apple Toss Game, B Card Game, B 6:00 Hand & Foot Card Game, B

Class w/Patty, CR 10:00 Shopping at 10:00 Current Events Coffee & Walmart, O 10:30 Blood Pressure Checks 10:00 Catholic Communion, B 10:30 Rosary Service, B

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w/A.R.T., CR 2:00 Sassy Senior \$1 Bingo, CR 6:00 Nickel (Card Game), B

3:30 Ghouls Just Wanna Have Fun Social w/Jason, B

6:45 Bring a Friend Movie Night, TH

Activities Subject to Change