

## Fun Clubs

Come and join one of our fun clubs. See Patty for more details or if you would like to create a new club.



## A Pink Drink

Sipping a refreshing glass of pink lemonade is the perfect way to cool off when the temperature climbs. But have you ever wondered who invented the drink, and why it's tinted pink? Most historians have traced pink lemonade to 19th-century traveling circuses, where traditional lemonade was already a popular refreshment. Two stories of the origin of the pink version stand out. In one, Henry Allott, a teenager working at a circus concession stand, accidentally dropped red cinnamon-flavored candies into a batch of lemonade. He served the rosy-hued drink to his waiting customers, and it was a hit.

A second story claims circus worker Pete Conklin ran out of water while making lemonade. He grabbed a nearby tub of water that a performer had used to wash her pink tights, added it to his mixture, and sold it as "strawberry lemonade."

However the beverage came to be, it continues to be a popular thirst quencher. The pink lemonade sold today is usually tinted with fruit juices and extracts or red food dye.



## Resident of the Month

We would like to recognize Ann Francis. Ann likes to participate in different activities and events like bingo, arts and crafts, she is also part of our busy hand club and likes to be part of our main events. Thank you, Ann, for your fun personality and great smile. We are so happy you are part of our family here at Lewisville Estates.



## Dear Residents, Family and Friends:

There is much to celebrate this month. After a lovely Mother's Day Tea, we will celebrate fathers with a special meal created by our Dining Director, Carl Holston. During our Mother's Day Tea, residents and their guests were treated to entertainment — as he sang, toes were tapping and hands were clapping. Special thanks to our Activity Directors, Patty and Dawn, for always making Lewisville Estates special!

We have many events planned this month, and we look forward to your participation! On June 13, we will have doughnuts with Dad, and on June 15, we will have our Flamingle Luau party (Main Event), so make sure to plan ahead!

We are still seeking good neighbors to live at Lewisville Estates. If you have friends, neighbors, or family members who are interested in senior living, please have them contact Lauren or Cindy. Remember, you will receive a \$500 check if they move here (90 days after their move-in date). Check out our Facebook and website for weekly picture updates. Thanks for spreading the word.

Happy June,

*Erin Montgomery*

BUSINESS OFFICE DIRECTOR

## How Is Father's Day Celebrated?

People start the preparation of Father's Days in advance. Some prepare beautiful handmade cards with inspirational quotations to express their love towards their dearest dad. Those who stay away from their father feel like spending that day with their dad. Hence, Father's Day can also be termed as an occasion for reunion.

Generally, children present a bouquet of fresh flowers, a greeting card, a gift hamper, etc., to their father. This can be made better by accompanying with his favorite breakfast, lunch or dinner. After such a beautiful start of the day, children usually spend a full day with dad by going out for a picnic or for a treat in a restaurant. Some people also like to throw a great party on Father's Day and invite friends and relatives on this auspicious day.

Those who stay at home with their father try to assist them by completing pending works. To many children, this is the most special way of expressing affection for dad on Father's Day and to let him know how everything he does for the family is appreciated from the core of the heart.





## INDEPENDENT LIVING

### JUNE 2017

#### Locations

- Activity Room, AR
- AL Parking Lot, ALPL
- Bistro, B
- Community Room, CR
- Dining Room, DR
- Dog Park, DG
- Fitness Room, F
- Flagpole, FP
- Garden, G
- Library, LL
- Lobby, L
- Outing, O
- Route 66, R66
- Theater, TH

#### Transportation Schedule

- Monday  
10 a.m.  
Grocery Stores
- Tuesday  
10 a.m.  
Walmart
- Wednesday  
10 a.m.  
Post Office/Bank
- Thursday  
2 p.m.  
Walmart
- Friday  
TBA  
Field Trips/Outing

#### Birthdays

- Dolores Abbott, 4th
- Betty Turner, 7th
- Carolyn Tucker, 10th
- Sandra Williams, 13th (Employee)
- Anita Chaplin, 14th
- Anna Pipes, 16th
- Hazel Rickerson, 23rd
- Shirley Warren, 28th
- Jerry Kirby, 28th
- Faye Drechshel, 30th

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p>7:30 The Truth in Love (TV Channel 7), R66</p> <p>9:00 Bible Study, CR</p> <p>1:15 Chicken Foot, LL</p> <p>3:00 Resident Choice Game</p> <p>6:30 Resident Card Games, B</p>	<p>9:30 Exercise w/Jacque of A.R.T., CR</p> <p>10:00 Coffee &amp; Snacks Monday Social, L</p> <p>10:00 <b>Wingo, O</b></p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>1:00 Bridge Club, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>3:15 <b>Trivia Club, B</b></p> <p>4:00 Rowdy Ring Toss, B</p> <p>6:00 Card Games, B</p>	<p>9:30 <b>Chair Yoga Class, CR</b></p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B</p> <p>10:30 Rosary Service, B</p> <p>2:30 Art Expression, CR</p> <p>6:00 Card Games, B</p>	<p>9:30 Exercise w/Jacque of A.R.T., CR</p> <p>10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Coffee &amp; Snack Wednesday Social, L</p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>2:00 <i>Sassy Senior \$1 Bingo, CR</i></p> <p>3:00 Wii Games w/Max, F</p> <p>3:15 Bible Study, TH</p> <p>4:00 Tic Tac Toss, B</p> <p>6:00 Card Games, B</p> <p>6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b></p> <p>10:00 <b>Misc. Errands, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:15 <b>Bible Study w/Pastor Frances, CR</b></p> <p>12:30 <b>Singalong, O</b></p> <p>2:00 <b>Shopping at Walmart, O</b></p> <p>2:30 <b>Busy Hands Club, R66</b></p> <p>6:00 Card Games, B</p>	<p><b>Donut Day</b></p> <p>9:30 Walking Warriors, B</p> <p>10:00 Coffee &amp; Snacks Friday Social, L</p> <p>10:30 Wonderword Challenge</p> <p>10:30 <b>Live Well Strength w/Legacy, CR</b></p> <p>1:00 Bridge, CR</p> <p>2:00 <b>Express Errands, O</b></p> <p>3:30 <b>Donuts &amp; Lemonade Happy Hour, L</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors</p> <p>10:30 Coffee &amp; Conversation, L</p> <p>1:00 Trivia Pursuit, LL</p> <p>1:30 Card Games, B</p> <p>2:30 <b>Fun Flicks and Popcorn, TH</b></p> <p>3:30 Billiards (Pool)</p> <p>7:00 Crazy Card Game, B</p>
<p>7:30 The Truth in Love (TV Channel 7), R66</p> <p>9:00 Bible Study, CR</p> <p>1:15 Chicken Foot, LL</p> <p>3:00 Resident Choice Game</p> <p>6:30 Resident Card Games, B</p>	<p>9:30 Exercise w/Jacque of A.R.T., CR</p> <p>10:00 Coffee &amp; Snacks Monday Social, L</p> <p>10:00 <b>Tom Thumb, O</b></p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>1:00 Bridge Club, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>3:15 <b>Trivia Club, B</b></p> <p>6:00 Card Games, B</p>	<p>8:00 <b>Podiatry Visit, F</b></p> <p>9:30 <b>Donuts With Dad, CR</b></p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B</p> <p>10:30 Rosary Service, B</p> <p>2:30 <b>Town Hall Meeting, CR</b></p> <p>3:30 <b>Dad You Are My Hero Social w/Sunshine, CR</b></p> <p>6:00 Card Games, B</p>	<p>FLAG DAY</p> <p>8:00 <b>Out to Winstar Casino, O</b></p> <p>9:30 Exercise w/Jacque of A.R.T., CR</p> <p>10:00 Coffee &amp; Snack Wednesday Social, L</p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>2:00 <i>Sassy Senior \$1 Bingo, CR</i></p> <p>3:00 Wii Games w/Max, F</p> <p>3:15 <b>Dental Care Presentation, B</b></p> <p>3:15 Bible Study, TH</p> <p>6:00 Card Games, B</p> <p>6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b></p> <p>10:00 <b>Misc. Errands, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:15 <b>Bible Study w/Pastor Frances, CR</b></p> <p>12:30 <b>Singalong, O</b></p> <p>2:00 <b>Shopping at Walmart, O</b></p> <p>6:00 Card Games, B</p> <p>6:00 <b>Flaming Luau, DR</b></p>	<p>9:30 Walking Warriors, B</p> <p>10:00 Coffee &amp; Snacks Friday Social, L</p> <p>10:30 Wonderword Challenge</p> <p>10:30 <b>Blood Pressure Clinic w/Encompass</b></p> <p>10:30 <b>Live Well Strength w/Legacy, CR</b></p> <p>1:00 Bridge, CR</p> <p>2:00 <b>Express Errands, O</b></p> <p>3:30 <b>Father's Day Celebration, L</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors</p> <p>10:30 Coffee &amp; Conversation, L</p> <p>1:00 Trivia Pursuit, LL</p> <p>1:30 Card Games, B</p> <p>2:30 <b>Fun Flicks and Popcorn, TH</b></p> <p>3:30 Billiards (Pool)</p> <p>7:00 Crazy Card Game, B</p>
<p>FATHER'S DAY</p> <p>7:30 The Truth in Love (TV Channel 7), R66</p> <p>9:00 Bible Study, CR</p> <p>1:15 Chicken Foot, LL</p> <p>3:00 Resident Choice Game</p> <p>6:30 Resident Card Games, B</p>	<p>9:30 Exercise w/Jacque of A.R.T., CR</p> <p>10:00 Coffee &amp; Snacks Monday Social, L</p> <p>10:00 <b>Sprouts/Dollar Tree, O</b></p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>1:00 Bridge Club, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>3:30 <b>Legacy Health Chat, B</b></p> <p>6:00 Card Games, B</p>	<p>SUMMER BEGINS</p> <p>9:30 <b>Chair Yoga Class, CR</b></p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B</p> <p>10:30 Rosary Service, B</p> <p>2:30 Art Expression, CR</p> <p>6:00 Card Games, B</p>	<p>First Day of Summer</p> <p>9:30 Exercise w/Jacque of A.R.T., CR</p> <p>10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Coffee &amp; Snack Wednesday Social, L</p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>2:00 <i>Sassy Senior \$1 Bingo, CR</i></p> <p>3:00 Wii Games w/Max, F</p> <p>3:15 Bible Study, TH</p> <p>4:00 Tic Tac Toss, B</p> <p>6:00 Card Games, B</p> <p>6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b></p> <p>10:00 <b>Misc. Errands, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:15 <b>Bible Study w/Pastor Frances, CR</b></p> <p>12:30 <b>Singalong, O</b></p> <p>2:00 <b>Shopping at Walmart, O</b></p> <p>2:30 <b>Knitting Club Social, R66</b></p> <p>3:30 <b>Welcome New Residents, CR</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors, B</p> <p>10:00 Coffee &amp; Snacks Friday Social, L</p> <p>10:30 Wonderword Challenge</p> <p>10:30 <b>Live Well Strength w/Legacy, CR</b></p> <p>11:00 <b>Out to Cracker Barrel, O</b></p> <p>1:00 Bridge, CR</p> <p>2:00 <b>Express Errands, O</b></p> <p>3:30 <b>Summer Fun Happy Hour, L</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors</p> <p>10:30 Coffee &amp; Conversation, L</p> <p>1:00 Trivia Pursuit, LL</p> <p>1:30 Card Games, B</p> <p>2:30 <b>Fun Flicks and Popcorn, TH</b></p> <p>3:30 Billiards (Pool)</p> <p>7:00 Crazy Card Game, B</p>
<p>7:30 The Truth in Love (TV Channel 7), R66</p> <p>9:00 Bible Study, CR</p> <p>1:15 Chicken Foot, LL</p> <p>3:00 Resident Choice Game</p> <p>6:30 Resident Card Games, B</p>	<p>9:30 Exercise w/Jacque of A.R.T., CR</p> <p>10:00 Coffee &amp; Snacks Monday Social, L</p> <p>10:00 <b>Kroger, O</b></p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>1:00 Bridge Club, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>3:15 <b>Trivia Club, B</b></p> <p>4:00 Ring Toss of Fire, B</p> <p>6:00 Card Games, B</p>	<p>9:30 <b>Chair Yoga Class, CR</b></p> <p>10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B</p> <p>10:30 Rosary Service, B</p> <p>2:30 Scrapbooking Club, CR</p> <p>6:00 Card Games, B</p>	<p>9:30 Exercise w/Jacque of A.R.T., CR</p> <p>10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Coffee &amp; Snack Wednesday Social, L</p> <p>10:30 Blood Pressure Checks w/A.R.T., CR</p> <p>2:00 <i>Sassy Senior \$1 Bingo, CR</i></p> <p>3:00 Wii Games w/Max, F</p> <p>3:15 Bible Study, TH</p> <p>6:00 Card Games, B</p> <p>6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b></p> <p>10:00 <b>Misc. Errands, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:15 <b>Bible Study w/Pastor Frances, CR</b></p> <p>12:30 <b>Singalong, O</b></p> <p>2:00 <b>Shopping at Walmart, O</b></p> <p>3:30 <b>Mini Massage Clinic w/Legacy</b></p> <p>6:00 Card Games, B</p>	<p>9:30 Walking Warriors, B</p> <p>10:00 Coffee &amp; Snacks Friday Social, L</p> <p>10:30 Wonderword Challenge</p> <p>10:30 <b>Live Well Strength w/Legacy, CR</b></p> <p>1:00 Bridge, CR</p> <p>2:00 <b>Express Errands, O</b></p> <p>3:30 <b>Birthday Bash, L</b></p> <p>6:00 Card Games, B</p>	<p></p>