



A Dash of Derby Details

The first Saturday in May hosts the longest-running sporting event in the country, the Kentucky Derby. Since 1875, jockeys and their horses have been gathering at the Churchill Downs racecourse in Louisville for a 1 1/4-mile dash to the finish line. Saddle up for these fun facts about the competition:

- Thoroughbreds that enter the race must be 3 years old.
- A blanket of roses is draped over the winner, providing the race's famous nickname "The Run for the Roses." Made of more than 400 roses, the blanket weighs about 40 pounds.
- Because of the typical time it takes a horse to run the course, another moniker for the race is "The Most Exciting Two Minutes in Sports."
- Secretariat, who won the race in 1973, still holds the record for the fastest Derby finish at 1:59.4. The 2010 film "Secretariat" tells the inspiring tale about the horse and his owner, Penny Chenery.
- Horse names cannot exceed 18 characters or contain horse terms, such as "filly" or "stallion."
- The current purse for the Derby is \$3 million, with \$1.86 million going to the first-place winner.
- Starting lanes No. 5 and No. 10 are the luckiest. Riders in these posts have won more times than those in other lanes.
- The mid-1960s brought a new tradition for women attending the event—wearing large, fancy hats.
- The 1892 Kentucky Derby only saw three horses race; today, 20 horses compete.
- The official drink of the Derby is the mint julep.



MAY 2025



Horse Racing With Rhonda!

Don't miss out on the fun—place your bets and let the races begin!

In celebration of the Kentucky Derby, Rhonda Bedrick, Community Manager with BrightStar Care of Flower Mound, invites you to join the excitement of Horse Racing with Rhonda! Save your quarters and get ready to bet on your favorite horse! A door prize raffle will be held at the conclusion of the races. Dress to impress! Wear your Derby hats and colorful suits for the occasion. Enjoy mint juleps and small appetizers while cheering on your picks! Don't miss out on the fun—place your bets and let the races begin!

Upcoming Races:

Kickoff May 2 and June 20

Rhonda returns the first Friday of each month beginning again in August!

✱ ✱ ✱ Just For ✱ ✱ ✱
✱ ✱ ✱ **Fun** ✱ ✱ ✱

INDEPENDENT LIVING

MAY 2025

Locations

Parking Lot	PL
Bistro	B
Community Room	CR
Dining Room	DR
Fitness Room	FR
Garden	G
Library	LL
Lobby	L
Outing	O
Route 66	R66
Theater	TH

Monday, 10AM (Grocery Stores)
Tuesday & Thursday, 10AM (Walmart)
Wednesday, 10AM (Post Office/Bank)
Thursday, 2:30PM (Misc. Errands)
Friday, 9:30AM

May Birthdays

4	Leo Bunderson
7	Willa Hagood
8	Bob Vale
11	Dottie Wheeler
27	Gene Wilkins
30	Nancy J. Jones

Sweet and Silly

Q: What kind of bouquet did the little boy give to his mom?
A: Son-flowers.

“May is the month of expectation, the month of wishes, the month of hope.”
—Emily Bronte

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>1</div> <div>9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O)🚌 10:30 Trash Dice (B) 1:30 Decorating hats for the Kentucky Derby and Mother's Day Tea 2:30 Misc. Errands (O)🚌 3:00 HH w/Linda Winfrow (CR)</div>	<div>2</div> <div>9:00 Coffee and crosswords (L) ☕ 10:00 Bible Study Rev Laymon (CR) 1:30 Trash Dice (B) 2:00 Hand & Foot (FR) 3:00 Horse Racing w/Rhonda (CR)</div>	<div>3</div> <div>9:00 Coffee and crosswords (L) ☕ 9:00 Country Store 9:15-10:15 9:30 Sole Mates Walking club (L)🚶🚶 10:00 Rummykub (FR) 3:00 Bingo With Laurie (CR) 3:00 Five Crowns (FR)</div>
<div>4</div> <div>9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L)🚶🚶 10:00 Community Church 1:30 Bridge 2:00 It's a Grand Night for singing the Songs of Broadway Tickets \$10.00 3:00 Card Game Mania</div>	<div>5</div> <div>Cinco De Mayo 9:00 Coffee and crosswords (L) ☕ 10:00 Exercise (CR) 11:00 Morning Devotional (CR)† 11:30 Cinco De Mayo Celebration (DR) one seating 2:00 Spades (B) 3:30 Uno (B) 6:30 Nickles (B)</div>	<div>6</div> <div>9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O)🚌 10:00 Catholic Communion (B) 10:00 Exercise (CR) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 Uno (B)</div>	<div>7</div> <div>9:00 Coffee and crosswords (L) ☕ 10:00 🇺🇸 Blood Pressure Clinic w/ Legacy (CR) 10:00 Post Office/Bank (O) 🚌 10:00 Strength Class w/ Legacy (CR)🚶🚶 10:30 Bible study W/Linda Abel (CR)† 11:30 Lunch Buddies Mama's Daughters' Diner†† 2:00 Bingo (CR) 🎲🎲 3:00 Mexican Train (CR) 3:30 Uno (B)</div>	<div>8</div> <div>9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O)🚌 10:30 Trash Dice (B) 2:30 Misc. Errands (O)🚌 3:00 HH w/Dennis Coble</div>	<div>9</div> <div>9:00 Coffee and crosswords (L) ☕ 10:00 Bible Study Rev Laymon (CR) 10:00 Mini massages w/Legacy (B) sign up front desk 1:30 Trash Dice (B) 2:00 Hand & Foot (FR) 3:00 Mother's Day Tea w/entertainment</div>	<div>10</div> <div>9:00 Coffee and crosswords (L) ☕ 9:00 Country Store 9:15-10:15 9:30 Sole Mates Walking club (L)🚶🚶 10:00 Rummykub (FR) 3:00 Bingo With Laurie (CR) 3:00 Five Crowns (FR)</div>
<div>11</div> <div>Mother's Day 9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L)🚶🚶 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania</div>	<div>12</div> <div>9:00 Coffee and crosswords (L) ☕ 10:00 Exercise (CR) 11:00 Morning Devotional (CR)† 2:00 Spades (B) 3:00 Craft and Chat (CR)🗣️ 3:30 Uno (B) 6:30 Nickles (B)</div>	<div>13</div> <div>9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O)🚌 10:00 Catholic Communion (B) 10:00 Exercise (CR) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 Uno (B) 2:30 Town Hall Meeting (CR) 3:00 Meet the New Residents (CR)</div>	<div>14</div> <div>9:00 Coffee and crosswords (L) ☕ 9:00 Private function CR ending at 10 am 10:00 🇺🇸 Blood Pressure Clinic w/ Legacy (CR) 10:00 Post Office/Bank (O) 🚌 10:00 Strength Class w/ Legacy (CR)🚶🚶 10:30 Bible study W/Linda Abel (CR)† 11:30 Lunch Buddies Marty B's (O) †† 2:00 Bingo (CR) 🎲🎲 3:00 Mexican Train (CR) 3:30 Uno (B)</div>	<div>15</div> <div>9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O)🚌 10:30 Trash Dice (B) 2:30 Misc. Errands (O)🚌 3:00 Happy Hour w/entertainer</div>	<div>16</div> <div>9:00 Coffee and crosswords (L) ☕ 10:00 Bible Study Rev Laymon (CR) 1:30 How to avoid being scammed for Seniors seminar (B) 2:00 Hand & Foot (FR)</div>	<div>17</div> <div>9:00 Coffee and crosswords (L) ☕ 9:00 Country Store 9:15-10:15 9:30 Sole Mates Walking club (L)🚶🚶 10:00 Rummykub (FR) 3:00 Bingo With Laurie (CR) 3:00 Five Crowns (FR)</div>
<div>18</div> <div>9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L)🚶🚶 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania</div>	<div>19</div> <div>9:00 Coffee and crosswords (L) ☕ 10:00 Exercise (CR) 11:00 Morning Devotional (CR)† 11:00 Zooey Pop-up Boutique (B) 2:00 Spades (B) 3:30 Uno (B) 6:30 Nickles (B)</div>	<div>20</div> <div>9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O)🚌 10:00 Catholic Communion (B) 10:00 Exercise (CR) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 Uno (B)</div>	<div>21</div> <div>9:00 Coffee and crosswords (L) ☕ 9:00 Men's Breakfast @Mama's Daughters'🚌 10:00 🇺🇸 Blood Pressure Clinic w/ Legacy (CR) 10:00 Post Office/Bank (O) 🚌 10:00 Strength Class w/ Legacy (CR)🚶🚶 10:30 Bible study W/Linda Abel (CR)† 11:30 Lunch Buddies Braum's (O) †† 2:00 Bingo (CR) 🎲🎲 3:00 Mexican Train (CR) 3:30 Uno (B)</div>	<div>22</div> <div>9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O)🚌 10:30 Trash Dice (B) 2:30 Misc. Errands (O)🚌 3:00 Dominoes 42 (B)</div>	<div>23</div> <div>9:00 Coffee and crosswords (L) ☕ 10:00 Bible Study Rev Laymon (CR) 1:30 Trash Dice (B) 2:00 Hand & Foot (FR) 2:00 HH w/True Creek 3:00 General meeting for those considering going on a cruise!!</div>	<div>24</div> <div>9:00 Coffee and crosswords (L) ☕ 9:00 Country Store 9:15-10:15 9:30 Sole Mates Walking club (L)🚶🚶 10:00 Rummykub (FR) 3:00 Bingo With Laurie (CR) 3:00 Five Crowns (FR)</div>
<div>25</div> <div>9:00 Coffee and crosswords (L) ☕ 9:30 Sole Mates Walking club (L)🚶🚶 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania</div>	<div>26</div> <div>Memorial Day 9:00 Coffee and crosswords (L) ☕ 10:00 Exercise (CR) 11:00 Morning Devotional (CR)† 12:00 Craft and Chat (CR) 2:00 Spades (B) 3:30 Uno (B) 6:30 Nickles (B)</div>	<div>27</div> <div>9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O)🚌 10:00 Catholic Communion (B) 10:00 Exercise (CR) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 Uno (B)</div>	<div>28</div> <div>9:00 Coffee and crosswords (L) ☕ 10:00 🇺🇸 Blood Pressure Clinic w/ Legacy (CR) 10:00 Post Office/Bank (O) 🚌 10:00 Strength Class w/ Legacy (CR)🚶🚶 10:30 Bible study W/Linda Abel (CR)† 11:30 Lunch Buddies Cotton Patch (O) †† 2:00 Bingo (CR) 🎲🎲 3:00 Mexican Train (CR) 3:30 Uno (B)</div>	<div>29</div> <div>9:00 Coffee and crosswords (L) ☕ 9:35 Walmart Shopping (O)🚌 10:30 Trash Dice (B) 2:00 HH w/Chris Journey 2:30 Misc. Errands (O)🚌 3:00 Dominoes (B)</div>	<div>30</div> <div>9:00 Coffee and crosswords (L) ☕ 10:00 Bible Study Rev Laymon (CR) 1:30 Trash Dice (B) 2:00 Hand & Foot (FR)</div>	<div>31</div> <div>9:00 Coffee and crosswords (L) ☕ 9:00 Country Store 9:15-10:15 9:30 Sole Mates Walking club (L)🚶🚶 10:00 Rummykub (FR) 3:00 Bingo With Laurie (CR) 3:00 Five Crowns (FR)</div>

St. Patrick's Day Fun

St. Patrick's Day was a blast this year as our residents and staff dressed in their finest green attire to celebrate! The festive spirit was in full swing as we welcomed **Mr. Accordion**, who filled the air with lively Irish tunes, setting the perfect mood for the day. We treated ourselves to a delicious spread, featuring **Caprese salad** and the ever-popular **Shamrock Shakes**, which were a big hit!

Adding to the excitement, we held a special **raffle**, where five lucky winners took home beautiful **gift baskets** filled with goodies, generously donated by **Homestone Health**. The suspense and joy of the raffle made for a thrilling highlight of the day!

