

## Activity Updates!

Warmer weather and sunshine is bringing thoughts of happier times. Be sure to check the calendar for these fun events happening in April:

**April Fools' Day:** Learn about the history of the prankster holiday!

**Good Friday Easter Egg Hunt:** Residents and staff will have the opportunity to hunt Easter Eggs for prizes. You won't want to miss this childhood memory activity!

**It's Twinkie's Birthday:** This beloved snack cake is turning 91 years old today. Come learn about its history and enjoy a tasty Twinkie snack!

**National Scrabble Day:** Let's celebrate by learning its history and playing the game as a group!

**April's Birthday Party Celebration:** Celebrate all our April Birthdays in the lobby with cake and drinks!

**National Banana Day:** Ever wonder where the banana comes from? Come find out and enjoy chocolate-dipped bananas!

**Babe Ruth's Birthday:** Join us for trivia all about Babe Ruth and enjoy the candy bar that bears his name!



## Twinkie Talk

Much more than a sweet snack cake, the Twinkie is an American icon.

Like so many other innovations of the time, Twinkies were born out of necessity during the Great Depression. James Dewar, a manager at the Continental Baking Company just outside of Chicago, wanted a way to use shortcake baking pans after strawberry season had passed. His solution was a golden spongecake with a banana-flavored cream filling. He called the cakes Twinkies, after seeing a billboard advertising Twinkle Toe Shoes.

When World War II rationing limited the company's banana supply, it began filling Twinkies with vanilla cream, which became a top seller. Under the company's Hostess brand, Twinkies grew in popularity, especially with kids after commercials for the cakes aired on the TV show "Howdy Doody." In the following decades, Twinkies made appearances in comic books, as well as in blockbuster movies such as "Ghostbusters."



## Dear Residents, Families and Friends,

As we begin to celebrate the beauty of spring, the Lewisville Estates Team would like to take a moment to appreciate our staff. They are the heartbeat of our community, and without their dedication and devotion, Lewisville Estates would not be the amazing home our residents know and love. A special thank you to each of one of our Lewisville Estates team members for making this a wonderful place our residents can call home. To celebrate our wonderful team and residents, we will be celebrating community spirit month. Residents and staff will be joining in on the fun, so be on the lookout for more details!

*The Lewisville Estates Management Team*



## A Picture Is Worth 1,000 Words



INDEPENDENT LIVING  
**APRIL 2021**

**Locations**

- AL Parking Lot, ALPL
- Bistro, B
- Community Room, CR
- Dining Room, DR
- Dog Park, DG
- Fitness Room, F
- Flagpole, FP
- Garden, G
- Library, LL
- Lobby, L
- Outing, O
- Route 66, R66
- Theater, TH

**Transportation  
Schedule**

- Monday, 10 a.m.  
Grocery Stores
- Tuesday, 10 a.m.  
Walmart
- Wednesday, 10 a.m.  
Post Office/Bank
- Thursday, 10 a.m.  
Walmart
- Thursday, 2:30 p.m.  
Misc. Errands
- Friday, 9:30 a.m.  
Express Errands
- Friday, TBA  
Field Trips/Outing

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>Birthdays</b> Paul LeGalley, 2nd Norma Porterfield, 4th Trudy Dillon, 10th Clarice Shirley, 16th		<b>April Fools' Day</b> <sup>1</sup> 9:45 Blood Pressure Clinic w/Legacy, CR 10:00 <b>Strength Class w/Legacy, CR</b> 11:00 <b>Current Events Club, CR</b> 2:00 <b>Billion Dollar Bingo, CR</b> 3:30 <b>April Fools' Day History &amp; Trivia, L</b>		<b>GOOD FRIDAY</b> <sup>2</sup> <b>Wear Bunny Ears or Pastel Colors</b> 9:00 Men's Coffee Group, B 10:00 <b>Bible Study, CR</b> 2:00 Card Games, B 2:30 <b>Resident and Staff Easter Egg Hunt, G</b> 3:00 <b>Easter Celebration Happy Hour, G</b>
		<b>EASTER</b> <sup>4</sup> 8:30 In Search of the Lord's Way (KDFID Channel 7), R66 3:00 Resident Choice Game, B	10:00 <b>Chair Exercise, CR</b> <sup>5</sup> 10:30 Country Store 11:00 <b>Morning Devotional, CR</b> 1:00 Bridge, F 2:00 <b>Pokeno for Prizes, CR</b> 3:30 <b>Ambassadors Meeting, CR</b>	<b>National Twinkie Day</b> <sup>6</sup> 9:00 Walking Club, L 10:00 <b>Balance Class w/Legacy, CR</b> 11:00 <b>Current Events Club, CR</b> 2:30 <b>Twinkie History, Trivia &amp; Treats, TH</b> 4:00 <i>Walmart Grocery Orders, B</i>	<b>National Walking Day</b> <sup>7</sup> 10:00 <b>Chair Yoga &amp; Stretch, CR</b> 11:00 <b>Morning Devotional, CR</b> 1:00 Country Store 2:00 <b>Dominoes Club, B</b> 3:30 <b>Crafters Corner, CR</b> 7:00 Evening Movie, TH	9:45 Blood Pressure Clinic w/Legacy, CR <sup>8</sup> 10:00 <b>Strength Class w/Legacy, CR</b> 11:00 <b>Current Events Club, CR</b> 2:00 <b>Billion Dollar Bingo, CR</b> 3:30 <b>Ring Toss, L</b>
8:30 In Search of the Lord's Way (KDFID Channel 7), R66 <sup>11</sup> 10:00 <b>Bible Study w/Shaddy, CR</b> 3:00 Resident Choice Game, B	10:00 <b>Chair Exercise, CR</b> <sup>12</sup> 10:30 Country Store 11:00 <b>Morning Devotional, CR</b> 1:00 Bridge, F 2:00 <b>Pokeno for Prizes, CR</b> 3:30 <b>The Golden Readers: Fairy Tales, CR</b>	<b>National Scrabble Day</b> <sup>13</sup> 9:00 Walking Club, L 10:00 <b>Balance Class w/Legacy, CR</b> 11:00 <b>Current Events Club, CR</b> 2:30 <b>Scrabble History &amp; Game, B</b> 4:00 Roll the Dice	10:00 <b>Chair Yoga &amp; Stretch, CR</b> <sup>14</sup> 11:00 <b>Morning Devotional, CR</b> 1:00 Country Store 2:30 <b>Gardening Club, G</b> 3:30 <b>Team Game, CR</b> 7:00 Evening Movie, TH	9:45 Blood Pressure Clinic w/Legacy, CR <sup>15</sup> 10:00 <b>Strength Class w/Legacy, CR</b> 11:00 <b>Current Events Club, CR</b> 2:00 <b>Billion Dollar Bingo, CR</b> 3:15 <b>Singalong Group, CR</b>	<b>Camo Wear</b> <sup>16</sup> 9:00 Men's Coffee Group, B 10:00 <b>Bible Study, CR</b> 1:30 <b>Virtual Travel Tour: Prague, TH</b> 2:00 Card Games, B	9:30 Walking Club 10:30 Coffee Club, L 11:00 <b>Trivia in the Lobby, L</b> 2:30 Movies and Popcorn, TH
8:30 In Search of the Lord's Way (KDFID Channel 7), R66 <sup>18</sup> 10:00 <b>Bible Study w/Shaddy, CR</b> 3:00 Resident Choice Game, B	10:00 <b>Chair Exercise, CR</b> <sup>19</sup> 10:30 Country Store 11:00 <b>Morning Devotional, CR</b> 1:00 Bridge, F 2:00 <b>Pokeno for Prizes, CR</b> 3:30 <b>Lima Bean Auction, CR</b>	<b>National Banana Day</b> <sup>20</sup> 9:00 Walking Club, L 10:00 <b>Balance Class w/Legacy, CR</b> 11:00 <b>Current Events Club, CR</b> 2:30 <b>Chocolate Dipped Bananas &amp; Trivia, CR</b> 4:00 <i>Walmart Grocery Orders, B</i>	10:00 <b>Chair Yoga &amp; Stretch, CR</b> <sup>21</sup> 11:00 <b>Morning Devotional, CR</b> 1:00 Country Store 2:00 <b>Dominoes Club, B</b> 3:30 <b>Crafters Corner, CR</b> 7:00 Evening Movie, TH	<b>EARTH DAY</b> <sup>22</sup> 9:45 Blood Pressure Clinic w/Legacy, CR 10:00 <b>Strength Class w/Legacy, CR</b> 11:00 <b>Current Events Club, CR</b> 2:00 <b>Billion Dollar Bingo, CR</b> 3:30 <b>Ring Toss, L</b>	<b>Crazy Socks Day</b> <sup>23</sup> <b>National Humor Month</b> 9:00 Men's Coffee Group, B 10:00 <b>Bible Study, CR</b> 1:30 <b>Virtual Vacation Tour: Greek Islands, TH</b> 2:00 Card Games, B 3:00 <b>Comic Happy Hour, L</b>	9:30 Walking Club 10:30 Coffee Club, L 11:00 <b>Trivia in the Lobby, L</b> 2:30 Movies and Popcorn, TH
8:30 In Search of the Lord's Way (KDFID Channel 7), R66 <sup>25</sup> 10:00 <b>Bible Study w/Shaddy, CR</b> 3:00 Resident Choice Game, B	10:00 <b>Chair Exercise, CR</b> <sup>26</sup> 10:30 Country Store 11:00 <b>Morning Devotional, CR</b> 1:00 Bridge, F 2:00 <b>Pokeno for Prizes, CR</b> 3:30 <b>The Golden Readers Meeting, CR</b>	<b>Babe Ruth Day</b> <sup>27</sup> 9:00 Walking Club, L 10:00 <b>Balance Class w/Legacy, CR</b> 11:00 <b>Current Events Club, CR</b> 2:30 <b>Babe Ruth History, Trivia &amp; Treats, TH</b> 4:00 Roll the Dice	10:00 <b>Chair Yoga &amp; Stretch, CR</b> <sup>28</sup> 11:00 <b>Morning Devotional, CR</b> 1:00 Country Store 2:00 <b>Legacy Low Vision Health Talk, CR</b> 3:30 <b>Team Game, CR</b> 7:00 Evening Movie, TH	9:45 Blood Pressure Clinic w/Legacy, CR <sup>29</sup> 10:00 <b>Strength Class w/Legacy, CR</b> 11:00 <b>Current Events Club, CR</b> 2:00 <b>Billion Dollar Bingo, CR</b> 3:30 <b>Singalong Group, CR</b>	<b>Wear Superhero Shirt</b> <sup>30</sup> 9:00 Men's Coffee Group, B 10:00 <b>Bible Study, CR</b> 1:30 <b>Virtual Travel Tour: Mediterranean Cruise, TH</b> 2:00 Card Games, B 3:00 <b>Happy Hour, L</b> 3:00 <b>Birthday Bash, L</b>	