How the World Celebrates the New Year

In the U.S., the New Year is often ushered in with parties, fireworks and a midnight kiss. The rest of the world revels in a variety of traditions.

Spain — At the stroke of midnight, people in Spain eat 12 grapes, one for each month of the year ahead, for good luck.

Russia — In the country's region of

Siberia, divers plunge into icy lakes to place a New Year tree, or "yolka," beneath the water's surface, symbolizing a new beginning.

Germany — Germans give a sweet greeting to Jan. 1 by eating the jelly doughnut known as a "Berliner," "Pfannkuchen" or "Krapfen."

Japan — All across this Asian nation, the sound of cities ringing in the New Year can be heard at midnight, when bells chime 108 times as a cleansing ritual.

Colombia — Those hoping for travel adventures in the coming year will carry an empty suitcase with them, a custom in Colombia and other Latin American countries.

Greece — Symbolizing renewal, onions are hung on doorways as a good luck token.

Brazil — To bring prosperity and good luck, Brazilians wear white on New Year's Eve and toss white flowers and candles into the ocean.

Turkey — At midnight, people here sprinkle salt on their doorsteps, which is believed to bring peace and good fortune.

Finland — A crafty custom in Finland is to melt down some tin and then pour it into cold water. When the metal hardens, the shape it forms gives a prediction for the year to come.

Romania — For protection in the new year, many dress up as bears and perform a dance to scare away bad luck.



Trailblazing Book Club

From beauty samples to meal kits, you can get just about anything delivered to your door by way of a monthly subscription service. One of this trend's earliest trailblazers was the Book of the Month Club.

In 1916, adman Harry Scherman and his business partners launched the Little Leather Library Corporation, a mail-order service that offered small leather-bound copies of classic novels to subscribers. When that venture ended, Scherman banked on the same idea and co-founded the Book of the Month Club in 1926.

Since many people did not have easy access to new books, the club provided members the convenience of receiving a hardcover book each month by mail. These Book of the Month selections were often from up-and-coming authors. The first year, Ernest Hemingway's "The Sun Also Rises" was featured.

In time, the Book of the Month Club brand gained literary prestige. Many of its selections went on to become Pulitzer Prize winners, including Margaret Mitchell's 1936 novel "Gone With the Wind." By 1966, the club's membership had grown to 1 million subscribers.

Today, the club is a web-based subscription service, and members have the added perk of discussing their reads with fellow members, the selection committee and authors in the club's online forums. G



800 College Parkway • Lewisville, TX 75077 • 972-434-1727 • www.lewisvilleseniorliving.com

Main Events





December was a lovely month full of holiday activities. Many school groups caroled throughout our community; what a festive month with all the trees throughout the community! A special thank you to all the vendors who participated in the holiday spirit. January will also be a busy month filled with many outings in the community and our Midnight Masquerade (Main Event) Jan. 17, at 6:15 p.m. A very sincere thanks to each family and resident who donated to our Employee Appreciation Fund. Donations were beyond our expectations. We held a fun-filled Party where employees received your gifts, and our staff was and is very appreciative. As we begin 2019, may we remain thankful for all that we do together to enhance the lives of those who are so precious to us. We are dedicated to enhancing quality of life for all our

residents. May 2019 be the best year yet!

JANUARY 2019

Dear Residents, Families, and **Friends**

Happy New Year, 2019! Gratitude is a word that comes to mind when reviewing this month's activities. As we hope to live a life of grace and gratefulness, it is important to thank those who have been so good to us! It is also with gratitude that we thank you



for entrusting your loved ones to us as a partnership in care. We are much more successful in bringing love and joy to those we serve when we join together.

Erin Montgomery, Executive Director





Birthdays

Don Caims, 1st Victoria Jackson, 1st (Employee) Hortencia Reyes, 3rd (Employee) Laverne Eckley, 5th Khadeeja Bah, 6th John Mark West, 8th Edna Fields, 11th Helen Mercatante, 14th Joy Pilgrim, 15th Terrie Nicholson, 15th Janis Howell, 16th Shirley Spoon, 19th Jo Andres, 19th Socorro "Coco" Ruiz, 21st (Employee) Mary Lou Taylor, 23rd Lois Powers, 26th

Transportation Schedule

Monday, 10 a.m. Grocery Stores

Tuesday, 10 a.m. Walmart

Wednesday, 10 a.m. Post Office/Bank Thursday, 10 a.m.

Walmart

Thursday, 2:30 p.m Misc. Errands

Friday, 9:30 a.m. Express Errands

Friday, TBA Field Trips/Outing

"The beginning is the most important part of any work."

-Pl	ato
-----	-----

	SUNDAY		MONDAY		TUESDAY	١	VEDNESDAY		THURSDAY
				NEW YE	AR'S DAY 1	9:30	Exercise w/Jacque 2		3
	Loca	tions					of A.R.T., CR	9:30	Balance Class w/Legacy, CR
Al	. Parking Lot, ALPL		Garden, G	10:00	Rose Bowl	10:00		10:00	Shopping at Walmart, O
	Bistro, B		Library, LL		Parade, R66	10:00	Current Events Coffee & Snack	10:00	Blood Pressure Check
Co	mmunity Room, CR		Lobby, L	10:30	New Year's Wonder		Wednesday Social, L		w/Legacy, CR
Ι	Dining Room, DR		Outing, O		Word Search, L	10:30	Blood Pressure	10:15	Bible Study w/ Pastor Frances, CR
	Dog Park, DG		Route 66, R66	4:00	Rose Bowl		Checks w/A.R.T., CR	12:30	Singalong, O
	Fitness Room, F		Theater, TH		Game, R66	2:00 6:00	Sassy Senior \$1 Bingo, CR Card Games, B	1:00	Bridge Club, CR
	Flagpole, FP			6:00	Card Games, B	6:45	Bring a Friend	2:30	Misc. Errands, O
							Movie Night, TH	6:00	Card Games, B
Goldon	Globes 6	9:30	Exercise w/Jacque 7	Elvis Bi	rthday Week 8	Apprecia	ition Day 9	9:30	Balance Class w/ 10
	The Truth in Love (TV	10:00	of A.R.T., CR Coffee & Snacks	9:30	Chair Zumba Class		Exercise w/Jacque	10.00	Legacy, CR
7.50	Channel 7), R66		Monday Social, L		w/Patty, CR	10:00	of A.R.T., CR Post Office/Bank, O	10:00 10:00	Shopping at Walmart, O Blood Pressure Check
8:30	In Search of the	10:00 10:30	Dollar Tree, O Blood Pressure Checks	10:00	Shopping at	10:00	Current Events Coffee &	10.00	w/Legacy, CR
	Lord's Way (TV KTXA	10.50	w/A.R.T., CR	10:00	Walmart, O Catholic Communion, B	10:30	Snack Wednesday Social, L Blood Pressure Checks	10:15	Bible Study w/
	Channel 12), R66	1:00 2:00	Bridge Club, CR Pokeno for Prizes, CR	10:30	Rosary Service, B	10.50	w/A.R.T., CR		Pastor Frances, CR
9:00	Bible Study, CR	2:30	Singalong w/Karen, L	2:30	Town Hall Meeting, CR	2:00 3:30	,	12:30 1:00	Singalong, O Bridge Club, CR
1:15	Chicken Foot, LL	3:15	Trivia Club, B	3:15	New Year's Resolution	5:50	Cards, CR	2:30	Misc. Errands, O
3:00 6:30	Resident Choice Game Resident Card Games, B	3:30	Lewisville Estates Golden Globes Awards Social, L		Social w/Sunshine, B	6:00	Card Games, B	2:30	Busy Hand Club, R66
0.50	Resident Card Games, D	6:00	Card Games, B	6:00	Card Games, B	6:45	Bring a Friend Movie Night, TH	6:00	Card Games, B
	13	9:30	Exercise w/Jacque 14	9:30	Chair Zumba 15	9:30	10	9:30	Balance Class w/ 17
7:30	The Truth in Love (TV	10.00	of A.R.T., CR Coffee & Snacks		Class w/Patty, CR	10:00	of A.R.T., CR Post Office/Bank, O	10:00	Legacy, CR Shopping at Walmart, O
0.20	Channel 7), R66	10.00	Monday Social, L	10:00	Shopping at	10:00	Current Events Coffee &	10:00	Blood Pressure Check
8:30	In Search of the Lord's Way (TV KTXA	10:00	Big Lots, O		Walmart, O	10.20	Snack Wednesday Social, L	10:15	w/Legacy, CR Bible Study w/Pastor
	Channel 12), R66	10:30	Blood Pressure	10:00	Catholic	10:30	Blood Pressure Checks w/A.R.T., CR		Frances, CR
9:00	Bible Study, CR	1:00	Checks w/A.R.T., CR		Communion, B	2:00		12:30 1:00	Singalong, O Bridge Club, CR
1:15	Chicken Foot, LL	2:00	Bridge Club, CR Pokeno for Prizes, CR	10:30	Rosary Service, B	3:30		2:30	Misc. Errands, O
3:00	Resident Choice Game		Singalong w/Karen, L		Gift Galore (Vendor), L	6:00	Club, LL Card Games, B	3:30 6:00	Social Hour w/Legacy, B Card Games, B
6:30	Resident Card Games, B		Trivia Club, B	6:00	Art Expression, CR Card Games, B		Bring a Friend		Midnight Masquerade
			Card Games, B	0.00			Movie Night, TH		(Main Event), DR
	-		LUTHER KING JR. DAY 21 Exercise w/Jacque	9:30	Chair Zumba ²²	9:30	Exercise w/Jacque 23	9:30	Balance Class w/ 24 Legacy, CR
7:30	The Truth in Love (TV	5.50	of A.R.T., CR		Class w/Patty, CR	10:00	of A.R.T., CR Post Office/Bank, O	10:00	Shopping at Walmart, O
8.30	Channel 7), R66 In Search of the	10:00	Coffee & Snacks	10:00	Shopping at	10:00	-	10:00	Blood Pressure Check w/Legacy, CR
0.50	Lord's Way (TV KTXA	10:00	Monday Social, L Dollar Tree, O		Walmart, O		Coffee & Snack	10:15	Bible Study w/Pastor
	Channel 12), R66	10:30	Blood Pressure Checks	10:00	Catholic	10.00	Wednesday Social, L	12:30	Frances, CR Singalong, O
9:00	Bible Study, CR	1.00	w/A.R.T., CR		Communion, B	10:30	Blood Pressure Checks w/A.R.T., CR	1:00	Bridge Club, CR
1:15	Chicken Foot, LL	1:00 2:00	Bridge Club, CR Pokeno for Prizes, CR	10:30	-	2:00		2:30	Misc. Errands, O
3:00	Resident Choice Game	2:30		2:30	Art Expression, CR	6:00	Card Games, B	2:30 3:30	Busy Hand Club, R66 Compliments and Ideas
6:30	Resident Card Games, B	3:00	Star Kids Musical, L Card Games, B	6:00	Card Games, B	6:45	Bring a Friend Movie Night, TH		Social w/Patty, B Card Games, B
	27		Exercise w/Jacque 28		Chair Zumba 29	0.20	Exercise w/Jacque 30	6:00	Card Games, B
7.30	The Truth in Love (TV	9.50	of A.R.T., CR	9:30	Chair Zumba	9:50	of A.R.T., CR	9:30	Balance Class
7.50	Channel 7), R66	10:00	Coffee & Snacks		Class w/Patty, CR	10:00		10.00	w/Legacy, CR Shopping at Walmart, O
8:30	In Search of the		Monday Social, L	10:00	Shopping at	10:00	Current Events Coffee & Snack Wednesday Social, L	10:00 10:00	Blood Pressure Check
	Lord's Way (TV KTXA	10:00	· · · · · · · · · · · · · · · · · · ·	10:00	Walmart, O Catholic	10:30		10.00	w/Legacy, CR
	Channel 12), R66	10:30	Blood Pressure Checks w/A.R.T., CR	10.00	Communion, B		w/A.R.T., CR	10:15	Bible Study w/
9:00	Bible Study, CR	1:00	Bridge Club, CR	10:30	Rosary Service, B	2:00 4:30	Sassy Senior \$1 Bingo, CR Out for Dinner	10.00	Pastor Frances, CR
1:15	Chicken Foot, LL	2:00	Pokeno for Prizes, CR	2:30	Art Expression, CR	4:50	Angelina's, O	12:30 1:00	Singalong, O Bridge Club, CR
3:00	Resident Choice Game	2:30	Singalong w/Karen, L	2:30	Scrapbooking Club, CR	6:00	Card Games, B	2:30	Misc. Errands, O
6:30	Resident Card Games, B	3:15	Trivia Club, B	6:00	Card Games, B	6:45	Bring a Friend Movie Night TH	6:00	Card Games, B
		6:00	Card Games, B				Movie Night, TH		

		FRIDAY		SATURDAY
3	Nation	al Trivia Day 4	0.20	Walking Warriers 5
	9:30	Walking Warriors, B		
t, 0	9:30	Express Errands, O	10:30	
	10:00	Coffee & Snacks		Conversation, L
		Friday Social, L		Trivia Pursuit, LL
	10:30	Live Well Strength	1:30	Card Games, B
	2.00	w/Legacy, CR Wonder Word Challenge	2:30	Fun Flicks and
	2:00 3:30	Trivia w/a Twist		Popcorn, TH
	5.50	Happy Hour, L	3:30	Billiards (Pool)
	6:00	Card Games, B	7:00	Crazy Card Game, B
10	9:30	Walking Warriors, B 11	0.20	Mallin a Maria 12
	9:30	Express Errands, O	9:30	Walking Warriors
t, 0	10:00	Coffee & Snacks	10:30	Coffee &
		Friday Social, L	4.00	Conversation, L
	10:30	Live Well Strength	1:00	,
		w/Legacy, CR		Card Games, B
		Out to Olive Garden, O Wonder Word Challenge	2:30	
	3:30	Jail House Rock		Popcorn, TH
	0.00	Happy Hour, L	3:30	Billiards (Pool)
•	6:00	Card Games, B	7:00	Crazy Card Game, B
17	9:30	Walking Warriors, B 18	0.20	19
	9:30	Express Errands, O	9:30	Walking Warriors
	10:00	Coffee & Snacks	10:30	
		Friday Social, L	1.00	Conversation, L
	10:30	Live Well Strength		Trivia Pursuit, LL
	2:00	w/Legacy, CR Wonder Word	1:30 2:30	,
	2.00	Challenge	2:30	Popcorn, TH
	3:30	What Is Popping	3:30	Billiards (Pool)
		Happy Hour, L	7:00	Crazy Card Game, B
	6:00	Card Games, B	7.00	Clazy Calu Game, b
24	9:30	Walking Warriors, B 25	0.20	26 Walking Warriors
	9:30	Express Errands, O		3
	10:00	Coffee & Snacks	10:30	Conversation, L
		Friday Social, L	1.00	
	10:30	Live Well Strength w/Legacy, CR		Trivia Pursuit, LL
	11:00	W/Legacy, CR Out to Pizza Inn, O		Card Games, B Fun Flicks and
		Wonder Word	2:30	
	2.00	Challenge	2.20	Popcorn, TH
	3:30	Birthday Bash, L	3:30	· · · ·
	6:00	Card Games, B	7:00	Crazy Card Game, B
	13 Stanlart in	2714年 新兴市动业员、建筑建筑工具投资和建筑工具	ASSOCIATE STATES	