

Fun and Festive Fashions

Festive designs with clashing colors and lots of embellishments ... That's the idea behind the ugly holiday sweater tradition.

Holiday-patterned knitted pullovers first became popular after World War II. Called jingle bell sweaters, they featured winter scenes such as snowflakes and reindeer. In the 1980s, several TV and movie characters sported updated styles of the nostalgic sweaters as well as new ones with bold, colorful patterns, which were fashionable at the time.

A new tongue-in-cheek trend was sparked in 2001, when two friends in Canada threw a party and asked their guests to wear ugly holiday sweaters.

The gathering grew into an annual event, and others joined in the festive practice. People began scouring thrift stores for vintage sweaters while brand-new ugly sweaters showed up in department stores and on fashion runways. Getting decked out in the novelty garments has become a jolly way to celebrate the season.

When it comes to ugly sweaters, the flashier, the better! Holiday patterns are often adorned with sequins, pompoms, bows, garland and even lights. At this time of year, many parties feature ugly sweater contests, with participants competing for the title of tackiest design.



Mr. New Year's Eve

When the clock strikes midnight on New Year's Eve, countless revelers will burst into a chorus of "Auld Lang Syne." The Scottish folk song has become a holiday tradition thanks largely to one man, bandleader Guy Lombardo, nicknamed "Mr. New Year's Eve."

Born in Ontario to a musical family, Lombardo, his three brothers and several friends formed the Royal Canadians in 1924. Five years later, the band performed a live radio broadcast from New York City's Roosevelt Hotel on Dec. 31. They bid farewell to the old year by playing "Auld Lang Syne," which the Lombardos knew from their childhood and often used as a show finale.

The group's annual radio show continued until 1956, when it made the switch to TV. Viewers tuned in each holiday to watch Lombardo and his Royal Canadians, which grew into a 16-piece orchestra, play popular and classic tunes, and see the crowds gathered in Times Square.

After nearly 50 years of festivities, Lombardo led his last show in 1976. But his legacy lives on as his rendition of "Auld Lang Syne" is the first song played after the ball drops in Times Square.



Dear Residents, Families and Friends

Lewisville Estates feels radiant with the warmth of family, visitors, and increasing holiday cheer as we wait for Christmas to get here! Please pay special attention to our December calendar, so you will understand all that is done to make the season bright. Please know that we have many wonderful events leading up to the nights before Christmas: Deck the Halls door decorating contest, van excursion light tour, weekly Happy Hours, holiday crafts and special vendors. We will be hosting our Family and Resident Christmas Tree Forest on Dec. 12, at 6 p.m.

Happy December,
Erin Montgomery
Executive Director

Indulging in Eggnog

Rich, creamy, sweet and spicy, eggnog is a favorite holiday treat.

Before evolving into the drink we know today, eggnog began as a medieval English punch called posset, which was served hot. Since its ingredients of milk, eggs, some type of alcohol, and spices were expensive, posset was reserved for special occasions and used when toasting to prosperity and good fortune.

In the 1700s, settlers brought their posset recipes with them to Colonial America. Historians believe the name "eggnog" emerged around this time and may derive from the word "noggin," the term for a wooden cup used to serve drinks like posset, or "grog," an alcoholic beverage.

Before the days of refrigeration, eggnog was more likely to be whipped up during the winter months. This led to it becoming a staple beverage served at holiday parties.

Along with homemade versions, more than 15 million gallons of commercially made eggnog are sold in the U.S. each year. The drink's popularity has inspired a range of eggnog-flavored products, such as coffee, ice cream and baked goods. Dairy-free varieties of eggnog are also available.





ASSISTED LIVING
AL#010063

DECEMBER 2019

Locations

- Activity Room, AR
- AL Courtyard, ALC
- AL Parking Lot, ALPL
- Bistro, B
- Dining Room, DR
- Library, LL
- Lobby, L
- Outing, O
- Spa, Spa

Birthdays

- Kathryn Adams, 10th
- Cliff McCutcheon, 14th
- Gail Beathard, 14th
- Harold Lang, 15th
- Eleanor Gardner, 21st
- Crystal Leeks, 24th (Employee)
- Lillian Urbach, 28th
- Karen McCutcheon, 30th

Transportation Schedule

- Monday, 10 a.m.**
Grocery Stores
- Tuesday, 10 a.m.**
Walmart
- Wednesday, 10 a.m.**
Post Office/Bank
- Thursday, 10 a.m.**
Walmart
- Friday, TBA**
Field Trips/Outing

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Deck the Halls 1 Decorating Contest Begins 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/ Rob Harrison, L 3:00 Cinema Sundays, L	2 9:30 Exercise w/Legacy, AR 10:00 "The Prize Is Right" and Snack Social, L 10:00 Dollar Tree, O 10:30 Word of the Day, L 2:00 Sassy Senior Bingo w/ the Yellow Rose, AR 4:00 Adult Coloring Club, AR	3 9:30 Senior Fitness, AR 9:30 Beauty Salon Is Open 10:00 Shopping at Walmart, O 10:30 Catholic Communion 10:45 Guess Who? 12:00 Krafts by Kay (Mini Mall Experience) 1:30 Christmas Movie & Snack, L 1:45 Pampering Session w/Mary Kay, AR 2:30 Puzzle Mania, AR 3:30 Trivia, L	4 National Cookie Day 9:30 Tone Those Bones, AR 10:00 Bible Study w/ the Yellow Rose Hospice, L 10:30 Puzzle Mania, AR 1:30 Card Club, AR 2:00 Snack Attack Bingo, L 3:30 White Board Game of Choice, L	5 9:30 Chair Exercise, L 10:00 Christian Service w/Rev. Mark, L 10:00 Shopping at Walmart, O 10:15 1:1 Session w/Sarah 1:30 Memories and Music, L 2:30 Art Expression, AR 2:30 Special Christmas Crafts w/Melinda, L 4:00 Jingle Bell Toss, L 7:25 Cowboys vs. Chicago, L	6 St. Nicholas Day Wear Christmas Socks Day 9:30 Senior Fitness, AR 11:00 Out to Mama's Daughter Diner, O 12:45 Bible Study w/Laura 1:30 Wonder Word Search, AR 2:00 Dear Santa I Can Explain Social Hour, L 4:00 Name Your Game!, AR 5:15 Christmas Songs w/ Girls Scouts, DR	7 National Pearl Harbor Remembrance Day 9:30 Beauty Salon Is Open 9:30 Chair Exercise, L 10:30 Word of the Day 1:00 Fancy Nails 2:00 Saturday Bingo, AR 3:30 Roll the Dice, L
8:30 New Covenant Baptist Church, L 8 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/ Rob Harrison, L 3:00 Cinema Sundays, L	9 9:30 Exercise w/Legacy, AR 10:00 "The Prize Is Right" and Snack Social, L 10:00 Shopping at Big Lots, O 10:30 Word of the Day, L 2:00 Sassy Senior Bingo w/ the Yellow Rose, AR 4:00 Wonder Word Search, AR	10 9:30 Senior Fitness, AR 9:30 Beauty Salon Is Open 9:45 Blood Pressure Clinic w/the Yellow Rose Hospice, L 10:00 Shopping at Walmart, O 10:30 Catholic Communion 10:45 Roll the Dice, L 1:30 Popcorn/Movie, L 2:00 Fancy Nails & Hand Massage, AR 3:00 Stocking Decorations, L	11 9:30 Tone Those Bones, AR 10:00 Bible Study w/ the Yellow Rose Hospice, L 10:30 Chicken Foot, AR 1:30 Card Club, AR 2:00 Snack Attack Bingo, L 3:00 Town Hall Meeting, L 4:00 Candy Cane Toss, L	12 National Cocoa Day Gingerbread House Day 9:30 Chair Exercise, L 10:00 Christian Service w/Rev. Mark, L 10:00 Shopping at Walmart, O 10:15 1:1 Session w/Sarah 2:30 Art Expression, AR 3:30 Hot Cocoa and Trivia Game, L 6:00 Forest of Trees (Main Event), L	13 Wear Jingle Bells Day 12 Days of Christmas Begins 9:30 Senior Fitness, AR 10:15 Coffee and Checkers, L 12:45 Bible Study w/Laura 1:30 Wonder Word Search, AR 2:00 Jingle Bell Rocks Social Hour, L 4:00 Name Your Game!, AR	14 9:30 Beauty Salon Is Open 9:30 Chair Exercise, L 10:30 Word of the Day 1:00 Fancy Nails 2:00 Saturday Bingo, AR 3:30 Roll the Dice, L
8:30 New Covenant Baptist Church, L 15 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/ Rob Harrison, L 3:00 Cinema Sundays, L 3:35 Cowboys vs. LA Rams, L	16 9:30 Exercise w/Legacy, AR 10:00 "The Prize Is Right" and Snack Social, L 10:00 Dollar Tree, O 10:30 Word of the Day, L 2:00 Sassy Senior Bingo w/ the Yellow Rose, AR 4:00 Adult Coloring Club, AR	17 A Christmas Carol Story Day 9:30 Senior Fitness, AR 9:30 Beauty Salon Is Open 10:00 Shopping at Walmart, O 10:30 Catholic Communion 10:45 Guess Who? 1:30 Christmas Movie & Snack, L 2:30 Puzzle Mania, AR 3:30 Trivia, L 6:00 Christmas Light Tour, O	18 9:30 Tone Those Bones, AR 10:00 Post Office/Bank, O 10:00 Bible Study w/ the Yellow Rose Hospice, L 10:30 Puzzle Mania, AR 1:30 Card Club, AR 2:00 Snack Attack Bingo, L 3:30 Lima Bean Auction, L	19 9:30 Chair Exercise, L 10:00 Christian Service w/Rev. Mark, L 10:00 Shopping at Walmart, O 10:15 1:1 Session w/Sarah 1:30 Memories and Music, L 2:30 Art Expression, AR 4:00 Jingle Bell Toss, L	20 Christmas Sweater Day 9:30 Senior Fitness, AR 11:00 Out to Cotton Patch Cafe, O 12:45 Bible Study w/Laura 1:30 Wonder Word Search, AR 2:00 A Christmas Wish Birthday Bash, L 4:00 Name Your Game!, AR	21 WINTER BEGINS Humbug Day 9:30 Beauty Salon Is Open 9:30 Chair Exercise, L 10:30 Word of the Day 1:00 Fancy Nails 2:00 Humbug Bingo, L 3:30 Roll the Dice, L
HANUKKAH BEGINS AT SUNSET 22 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/ Rob Harrison, L 3:00 Cinema Sundays, L 3:25 Cowboys vs. Philadelphia, L	23 9:30 Exercise w/Legacy, AR 10:00 "The Prize Is Right" and Snack Social, L 10:00 Tom Thumb, O 10:30 Word of the Day, L 2:00 Sassy Senior Bingo w/ the Yellow Rose, AR 3:00 Star Kids Musical, L 4:00 Wonder Word Search, AR	24 Christmas Eve Wear Christmas Hat Day Eggnog Day 9:30 Senior Fitness, AR 9:30 Beauty Salon Is Open 10:00 Shopping at Walmart, O 10:30 Catholic Communion 10:45 Roll the Dice, L 1:30 Popcorn/Movie, L 2:00 Fancy Nails & Hand Massage, AR 2:00 Christmas Eve and Eggnog Social, L 3:30 Trivia, L	25 CHRISTMAS DAY 9:30 Tone Those Bones, AR 10:30 Christmas Wonder Word Search, L 1:30 Card Club, AR 2:30 Christmas Movie, L	26 9:30 Chair Exercise, L 10:00 Christian Service w/Rev. Mark, L 10:00 Shopping at Walmart, O 10:15 1:1 Session w/Sarah 12:45 General Store, L 2:30 Art Expression, AR 3:00 Activity Meeting and Hot Cocoa Social w/Sarah, L	27 9:30 Senior Fitness, AR 10:15 Coffee and Checkers, L 12:45 Bible Study w/Laura 1:30 Wonder Word Search, AR 2:00 A Toast of Celebration Social Hour, L 4:00 Name Your Game!, AR	28 9:30 Beauty Salon Is Open 9:30 Chair Exercise, L 10:30 Word of the Day 1:00 Fancy Nails 2:00 Saturday Bingo, AR 3:30 Roll the Dice, L
8:30 New Covenant Baptist Church, L 29 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 12:00 Cowboys vs. Washington, L 2:00 Church Service w/ Rob Harrison, L 3:00 Cinema Sundays, L	30 Kroger, O 9:30 Exercise w/Legacy, AR 10:00 "The Prize Is Right" and Snack Social, L 10:30 Word of the Day, L 2:00 Sassy Senior Bingo w/the Yellow Rose, AR	31 NEW YEAR'S EVE 9:30 Senior Fitness, AR 9:30 Beauty Salon Is Open 10:00 Shopping at Walmart, O 10:30 Catholic Communion 2:30 New Year's Toast, L 3:30 Trivia, L				