Fun and Festive Fashions

Festive designs with clashing colors and lots of embellishments ... That's the idea behind the ugly holiday sweater tradition.

Holiday-patterned knitted pullovers first became popular after World War II. Called jingle bell sweaters, they featured winter scenes such as snowflakes and reindeer. In the 1980s, several TV and movie characters sported updated styles of the nostalgic sweaters as well as new ones with bold, colorful patterns, which were fashionable at the time.

A new tonguein-cheek trend was sparked in 2001, when two friends in Canada threw a party and asked their guests to wear ugly holiday sweaters. The

gathering



grew into an annual event, and others joined in the festive practice. People began scouring thrift stores for vintage sweaters while brandnew ugly sweaters showed up in department stores and on fashion runways. Getting decked out in the novelty garments has become a jolly way to celebrate the season.

When it comes to ugly sweaters, the flashier, the better! Holiday patterns are often adorned with sequins, pompoms, bows, garland and even lights. At this time of year, many parties feature ugly sweater contests, with participants competing for the title of tackiest design.

Mr. New Year's Eve

When the clock strikes midnight on New Year's Eve, countless revelers will burst into a chorus of "Auld Lang Syne." The Scottish folk song has become a



holiday tradition thanks largely to one man, bandleader Guy Lombardo, nicknamed "Mr. New Year's Eve."

Born in Ontario to a musical family, Lombardo, his three brothers and several friends formed the Royal Canadians in 1924. Five years later, the band performed a live radio broadcast from New York City's Roosevelt Hotel on Dec. 31. They bid farewell to the old year by playing "Auld Lang Syne," which the Lombardos knew from their childhood and often used as a show finale.

The group's annual radio show continued until 1956, when it made the switch to TV. Viewers tuned in each holiday to watch Lombardo and his Royal Canadians, which grew into a 16-piece orchestra, play popular and classic tunes, and see the crowds gathered in Times Square.

After nearly 50 years of festivities, Lombardo led his last show in 1976. But his legacy lives on as his rendition of "Auld Lang Syne" is the first song played after the ball drops in Times Square.



Dear Residents, Families and Friends

Lewisville Estates feels radiant with the warmth of family, visitors, and increasing holiday cheer as we wait for Christmas to get here! Please pay special attention to our December calendar, so you will understand all that is done to make the season bright. Please know that we have many wonderful events leading up to the nights before Christmas: Deck the Halls door decorating contest, van excursion light tour, weekly Happy Hours, holiday crafts and special vendors. We will be hosting our Family and Resident Christmas Tree Forest on Dec. 12, at 6 p.m.

Happy December, Erin Montgomery Executive Director

Indulging in Eggnog

Rich, creamy, sweet and spicy, eggnog is a favorite holiday treat.

Before evolving into the drink we know today, eggnog began as a medieval English punch called posset, which was served hot. Since its ingredients of milk, eggs, some type of alcohol, and spices were expensive, posset was reserved for special occasions and used when toasting to prosperity and good fortune.

In the 1700s, settlers brought their posset recipes with them to Colonial America. Historians believe the name "eggnog" emerged around this time and may derive from the word "noggin," the term for a wooden cup used to serve drinks like posset, or "grog," an alcoholic beverage.

Before the days of refrigeration, eggnog was more likely to be whipped up during the winter months. This led to it becoming a staple beverage served at holiday parties.

Along with homemade versions, more than 15 million gallons of commercially made eggnog are sold in the U.S. each year. The drink's popularity has inspired a range of eggnog-flavored products, such as coffee, ice cream and baked goods. Dairy-free varieties of eggnog are also available.















ASSISTED LIVING AL#010063

DECEMBER 2019

Locations

Activity Room, AR AL Courtyard, ALC AL Parking Lot, ALPL Bistro, B Dining Room, DR Library, LL Lobby, L Outing, O Spa, Spa

Birthdays

Kathryn Adams, 10th Cliff McCutcheon, 14th Gail Beathard, 14th Harold Lang, 15th Eleanor Gardner, 21st Crystal Leeks, 24th (Employee) Lillian Urbach, 28th Karen McCutcheon, 30th

Transportation Schedule

Monday, 10 a.m. **Grocery Stores**

Tuesday, 10 a.m. Walmart

Wednesday, 10 a.m. Post Office/Bank

Thursday, 10 a.m. Walmart

Friday, TBA Field Trips/Outing

SUNDAY Deck the Halls Decorating Contest Begins 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/ Rob Harrison, L 3:00 Cinema Sundays, L 8:30 New Covenant **Baptist Church, L** 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/ Rob Harrison, L 3:00 Cinema Sundays, L 8:30 New Covenant 15 **Baptist Church, L** 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/ Rob Harrison, L 3:00 Cinema Sundays, L 3:35 Cowboys vs. LA Rams, HANUKKAH BEGINS **New Coven Baptist Chu** 8:30 In Search of Lord's Way (Channel 12 Church Ser **Rob Harriso** Cinema Su 3:00 3:25 Cowboys v **Philadelph** 8:30 New Cove **Baptist Cl** 8:30 In Search of the Lord's Way (TV KTXA

Channel 12), L

Washington, L

Rob Harrison, L

2:00 Church Service w/

3:00 Cinema Sundays, L

12:00 Cowboys vs.

, L		
AT SUNSET 22	9:30	Exercise w/
nant		Legacy, AR
urch, L	10:00	"The Prize Is Right"
f the		and Snack Social, L
(TV KTXA	10:00	Tom Thumb, O
), L	10:30	Word of the Day, L
rvice w/	2:00	Sassy Senior Bing
on, L		the Yellow Rose, A
ndays, L	3:00	Star Kids Musical,
'S.	4:00	Wonder Word
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	9:30	Exercise w/

9:30	Exercise w/	23	(
	Legacy, AR		١,
0:00	"The Prize Is Right"		ľ
	and Snack Social, L		
0:00	Tom Thumb, O		
0:30	Word of the Day, L		
2:00	Sassy Senior Bingo	w/	
	the Yellow Rose, AF	2	
3:00	Star Kids Musical, L		
4:00	Wonder Word		
	Search, AR		
	O	30	١
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Legacy, AR

10:00 "The Prize Is Right"

10:30 Word of the Day, L

Bingo w/the

Yellow Rose, AR

2:00 Sassy Senior

and Snack Social, L

MONDAY

9:30 Exercise w/Legacy, AR

"The Prize Is Right"

2:00 Sassy Senior Bingo w/

4:00 Adult Coloring Club, AR

and Snack Social, L

2:00 Sassy Senior Bingo w/

9:30 Exercise w/Legacy, AR

and Snack Social, L

the Yellow Rose, AR

the Yellow Rose, AR

the Yellow Rose, AR

10:00 Dollar Tree, O

9:30 Exercise w/

10:00 Shopping at

Legacy, AR

10:00 "The Prize Is Right"

Big Lots, O

10:30 Word of the Day, L

4:00 Wonder Word

Search, AR

10:00 "The Prize Is Right"

10:30 Word of the Day, L

2:00 Sassy Senior Bingo

4:00 Adult Coloring Club,

10:00 Dollar Tree, O

10:30 Word of the Day, L

and Snack Social, L

2

9:30

w/	1:30	Christmas Movie & Snack, L	
	2:30	Puzzle Mania, AR	
AR	3:30	Trivia, L	
	6:00	Christmas Light Tou	r, O
23	Christma	s Eve	24
	Wear Chr	istmas Hat Day	
	Eggnog [Day	
	9:30	Senior Fitness, AR	
	9:30	Beauty Salon Is Open	
	10:00	Shopping at Walmart, O	
	10:30	Catholic Communion	
	10:45	Roll the Dice, L	
w/	1:30	Popcorn/Movie, L	
	2:00		
		Massage, AR	
	2:00		
		Eggnog Social, L	
	3:30	Trivia, L	
30	NEW YE	AR'S EVE	31
	9:30	Senior Fitness, AR	

10:00 Shopping at

3:30 Trivia, L

Walmart, O

2:30 New Year's Toast, L

TUESDAY

Beauty Salon Is Open

Catholic Communion

Shopping at Walmart, O

9:30 Senior Fitness, AR

3

10:45	Guess Who?		the Yellow Rose	.
12:00	Krafts by Kay (Mini		Hospice, L	
	Mall Experience)	10:30	Puzzle Mania, AR	
1:30	Christmas Movie & Snack, L	1:30	Card Club, AR	
1:45	Pampering Session	2:00	*	
	w/Mary Kay, AR	3:30	White Board Game	
2:30	Puzzle Mania, AR	3.30	of Choice, L	
3:30	Trivia, L		of Choice, L	
	5		11	Na
9:30	Senior Fitness, AK	9:30	Tone Those	Gi
9:30	Beauty Salon Is Open Blood Pressure		Bones, AR	
9:45	Clinic w/the Yellow	10:00	Bible Study w/	1
	Rose Hospice, L		the Yellow Rose	│ '
10:00	Shopping at Walmart, O		Hospice, L	1
10:30	Catholic Communion	10:30	•	:
10:45	Roll the Dice, L		Card Club, AR	
1:30	Popcorn/Movie, L			
2:00	Fancy Nails & Hand		Snack Attack Bingo, L	
	Massage, AR	3:00	J ,	
3:00	Stocking Decorations, L	4:00	Candy Cane Toss, L	
	mas Caral Starry Day 17		18	9
A Christ	mas Caroi Story Day	9:30	Tone Those	1
9:30	Senior Fitness, AR		Bones, AR	10
9:30		10:00	Post Office/Bank, O	
10:00	11 5	10:00	Bible Study w/	10
10:30	Catholic Communion	10.00	the Yellow Rose	
10:45	Guess Who?		Hospice, L	1
1:30	Christmas Movie	10.20	-	'
	& Snack, L		Puzzle Mania, AR	'
2:30	Puzzle Mania, AR	1:30	· · ,	
3:30	Trivia, L	2:00	•	:
6:00	Christmas Light Tour, O	3:30	Lima Bean Auction, L	
Christma	s Eve 24	CHRIST	MAS DAY 25	
Wear Chr	istmas Hat Day		23	1
Eggnog [-	0.20	Tone Those	'
9:30	Senior Fitness, AR	9.30		
9:30			Bones, AR	1
10:00	Shopping at Walmart, O Catholic Communion	10:30	Christmas Wonder	
10:30 10:45	Roll the Dice, L		Word Search, L	1
1:30	Popcorn/Movie, L	1.20	•	1
2:00	Fancy Nails & Hand		Card Club, AR	
	Massage, AR	2:30	Christmas	
2:00	Christmas Eve and		Movie, L	
2.20	Eggnog Social, L			
3:30	Trivia, L			
NEW YE	AR'S EVE 31			

WEDNESDAY

9:30 Tone Those Bones, AR

National Cookie Day

10:00	Bible Study w/ the Yellow Rose Hospice, L	10:00 10:15	Shopping at Walmart, O 1:1 Session w/Sarah
10:30	Puzzle Mania, AR	1:30	Memories and Music, L
1:30	Card Club, AR	2:30 2:30	Art Expression, AR Special Christmas
2:00	Snack Attack Bingo, L	2:30	Crafts w/Melinda, L
3:30	White Board Game	4:00	Jingle Bell Toss, L
	of Choice, L	7:25	Cowboys vs. Chicago, L
	11	Nationa	ıl Cocoa Day 12
9:30	Tone Those	Gingerk	oread House Day
10.00	Bones, AR	9:30	
10:00	Bible Study w/ the Yellow Rose	10:00	Christian Service w/Rev. Mark, L
	Hospice, L	10:00	Shopping at Walmart, O
10:30	Chicken Foot, AR	10:15	
1:30	,	2:30	
2:00	Snack Attack Bingo, L	3:30	Hot Cocoa and
3:00	Town Hall Meeting, L	6:00	Trivia Game, L Forest of Trees
4:00	Candy Cane Toss, L	0.00	(Main Event), L
9:30	Tone Those	9:30	Chair Exercise, L 19
3.50	Bones, AR	10:00	Christian Service
10:00	Post Office/Bank, O		w/Rev. Mark, L
10:00	Bible Study w/	10:00	Shopping at
	the Yellow Rose		Walmart, O
	Hospice, L	10:15	1:1 Session w/Sarah
10:30	Puzzle Mania, AR	1:30	Memories and
1:30	Card Club, AR		Music, L
2:00	Snack Attack Bingo, L	2:30	Art Expression, AR
3:30	Lima Bean Auction, L	4:00	Jingle Bell Toss, L
CHRISTA	MAS DAY 25	9:30	Chair Exercise, L 26
		10:00	•
9:30	Tone Those		w/Rev. Mark, L
	Bones, AR	10:00	Shopping at
10:30	Christmas Wonder		Walmart, O
	Word Search, L	10:15	1:1 Session w/Sarah
1.30	Card Club, AR	12:45	· · · · · · · · · · · · · ·
	*	2:30	•
2:30	Christmas	3:00	
	Movie, L		and Hot Cocoa
			Social w/Sarah, L

	10:15	1:1 Session w/Sarah
	1:30	Memories and
		Music, L
	2:30	Art Expression, AR
	4:00	Jingle Bell Toss, L
5	9:30	Chair Exercise, L 26
	10:00	Christian Service
		w/Rev. Mark, L
	10:00	Shopping at
		Walmart, O
	10:15	1:1 Session w/Sarah
	12:45	General Store, L
	2:30	Art Expression, AR
	3:00	Activity Meeting
		and Hot Cocoa
		Social w/Sarah, L

THURSDAY

w/Rev. Mark, L

9:30 Chair Exercise, L

10:00 Christian Service

4:00	Name Your Game!, A
	2
9:30	Senior Fitness, AR
10:15	Coffee and
	Checkers, L
12:45	Bible Study w/Laura
1:30	Wonder Word
	Search, AR
2:00	A Toast of Celebration
	Social Hour, L
4:00	Name Your Game!, AR

2:00 A Christmas Wish

Birthday Bash, L

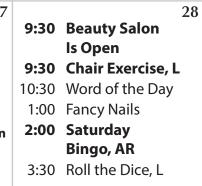
FRIDAY

5 St. Nicholas Day

		nristmas Socks Day	Remembrance Day		
	9:30 11:00	Senior Fitness, AR Out to Mama's	9:30	Beauty Salon	
t, O	11.00	Daughter Diner, O	7.50	Is Open	
., L	12:45	Bible Study w/Laura	9:30	•	
-, -	1:30			Word of the Day	
	2:00	Dear Santa I Can Explain Social Hour, L	1:00	•	
	4:00	Name Your Game!, AR	2:00	,	
), L	5:15	Christmas Songs w/ Girls Scouts, DR	3:30	Roll the Dice, L	
12	Wear Ji	ingle Bells Day 13		1	
	12 Day	s of Christmas Begins	9:30	Beauty Salon	
	9:30	Senior Fitness, AR		Is Open	
	10:15	Coffee and	9:30	Chair Exercise, L	
t, O		Checkers, L	10:30	Word of the Day	
	12:45	Bible Study w/Laura Wonder Word	1:00	Fancy Nails	
	1:30	Search, AR	2:00	•	
	2:00	Jingle Bell Rocks		Bingo, AR	
		Social Hour, L	3:30	Roll the Dice, L	
	4:00	Name Your Game!, AR			
19	Christr	mas Sweater Day 20	WINTER	BEGINS 2	
		Senior Fitness, AR	Humb	ug Day	
	11:00	Out to Cotton	9:30	Beauty Salon	
		Patch Cafe, O		Is Open	
	12:45	Bible Study w/Laura	9:30	Chair Exercise, L	
h	1:30	Wonder Word		Word of the Day	
		Search, AR	1:00	Fancy Nails	
	2.00	A Classication - NAC-1	1.00	i di icy i valio	

SATURDAY

National Pearl Harbor



2:00 Humbug Bingo, L

3:30 Roll the Dice, L

