



NOVEMBER 2023

Allison Stiles for Employee of the Month!

Ladies and Gentlemen, we would like to announce Allison Stiles as the Employee of the Month for November! Allison is our Activities Coordinator, and we wouldn't have it any other way. She's very helpful, kind and is a breath of fresh air. She's literally a ball of sunshine! Her laugh and energy are both contagious, and she is beyond creative and keeps the residents busy, so busy that they even forget about lunch and dinner time at times. Allison, we thank you beyond words and are very grateful to have you. Congratulations on being employee of the month!



Dear Residents, Families, And Friends

November is a time to reflect on all of the things that we are grateful for. Sometimes in the monotony of the everyday, we fail to appreciate all of the wonderful things that we have in our lives. Make sure to take some time to reflect on all of the things that bring you joy and that your loved ones know how much that you care for them. Last month in October, our residents had a scary-good time trick-or-treating and dressing up for our costume contest during our Halloween party. Our pink-out breast cancer awareness event also went very well, and we were so happy to see those who were able to make it out. This month in November, we are sure to have such an amazing time at all of the fun events and activities that we have planned. We are especially excited for our Thanksgiving luncheon for our lovely residents and families. With such amazing food, and even better people, it is sure to be a wonderful time. Make sure to keep an eye on the calendar and your email to ensure that you don't miss out on any important announcements or events. I am so grateful to have each and every one of you in my life!

NOVEMBER 2023

Assisted Living Locations..

- Activity Room AR
- AL Courtyard ALC
- AL Parking Lot ALPL
- Bistro B
- Independent Living IL
- Library LL
- Lobby L
- Outing O
- Spa Spa
- Garden G

Transportation Schedule..

- Monday, 10am
- Grocery Stores 9:45
- Tuesday, 10am
- Walmart 10am
- Wednesday, 10am
- Post Office/Bank
- Thursday, 10am
- Walmart 10am
- Friday, TBA
- Field Trips/Outings

Birthdays

- 5-Mary George
- 6-Alice Tooke
- 6-Emma Miller
- 14-Ruth Pons
- 16-Lois Jean Gilbert
- 20-Ethel Sebastian

"Savor the day and be good to yourself, love yourself, and then you can be good to others and be of service to others."
—Charlotte Rae

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 10:30 Art with Friends 1:30 Bible Study (AR) 3:30 Corn Hole Competition	2 10:00 Bowling 10:00 Walmart Shopping (O) 10:30 Who am I? 1:00 Puzzle Mania 2:00 Noodle Ball 3:00 Charades 4:00 Sing Along ('60s & '70s mix up)	3 10:00 Wake and Shake (Exercise with Elise) 10:30 Art w/Elise 1:00 Uno Crew 2:00 Sip and Snack Social 3:30 Balloon Volleyball 4:00 Sudoku Challenge	4 LSU vs. Alabama (Geaux Tigers!) 10:00 Body Mind and Soul (Exercise with Elise) 10:30 Morning Outburst! 1:00 Puzzle Mania (AR) 2:00 Weekend Bingo Fun w/ Elise (DR) 3:30 Miniature Golf
5 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	6 9:30 Men's & Women's Coffee Table DR 9:45 Big Lots (O) 10:00 Drum Fitness (L Exercise with Jada) 1:30 Bible Study w/ Yellow Rose (L) 2:30 Holiday Hangman 3:00 Roll A Topic (Dice) 3:30 Finish The Lyrics ('50s * '60s Music) 4:00 Polish Minutes before Dinner	7 9:30 Take a Walk Around L.E. (O) 10:00 Noodle Ball 10:00 Walmart Shopping (O) 10:30 Word in a Word Game 11:00 Sing Along 2:00 Bingo & Snacks w/ Allison (DR) 3:30 Mexican Train Crew	8 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 10:30 Art with Friends 1:30 Bible Study (AR) 2:30 Town Hall 3:00 What am I?	9 10:00 Fly Swatter Volleyball 10:00 Walmart Shopping (O) 10:30 What are you thankful for? 1:00 Mexican train Brigade! 2:00 Name That Tune! ('50s, '60s and '70s) 3:00 Bubbles and Music 4:00 Word Searches	10 Veterans Day (Observed) 10:00 Wake and Shake (Exercise with Elise) 10:30 Art w/Elise 1:00 Board Games 2:00 Snack and Chat Social 3:00 Turkey Races! 4:00 Wheelchair Races!	11 Veterans Day (Thank You for Your Service!) 10:00 Body Mind and Soul (Exercise with Elise) 1:00 Puzzle Mania (AR) 2:00 Weekend Bingo Fun w/ Elise (DR) 3:30 Trivia
12 Cowboys Vs New York Giants 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	13 9:30 Men's & Women's Coffee Table DR 9:45 Big Lots (O) 10:00 Drum Fitness (L Exercise with Jada) 1:30 Bible Study w/ Yellow Rose (L) 2:30 Thanksgiving "Finish My Phrase" 3:00 Turkey Charades! 3:30 Ring Toss 4:00 Foot/Hand massage Monday	14 9:30 Take a Walk Around L.E. (O) 10:00 Walmart Shopping (O) 10:30 Noodle Ball 11:00 Name 5 Game 2:00 Bingo & Snacks w/ Allison (DR) 3:30 Corn Hole Competition 4:00 Word Searches	15 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 10:30 Art with Friends 1:30 Bible Study (AR) 2:30 Pin the Thankful Tree 3:00 Giant Jenga 4:00 Crosswords	16 10:00 Shoot a Turkey! 10:00 Walmart Shopping (O) 10:30 Flower Arranging with Fall Colors 1:00 Uno Tournament 2:00 Spelling Bee! 3:00 Penny Pitching 4:00 Ad Libs	17 10:00 Wake and Shake (Exercise with Elise) 10:30 Art w/Elise 1:00 Uno Tournament 2:00 Movie and Popcorn 4:00 Holiday Sing Along!	18 Texas vs. ISU (Hook Em Horns!) 10:00 Body Mind and Soul (Exercise with Elise) 11:30 Thankful Thanksgiving Luncheon! 1:00 Puzzle Mania (AR) 2:00 Weekend Bingo Fun w/ Elise (DR) 3:30 ABC Game
19 Cowboys vs. Carolina 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	20 9:30 Men's & Women's Coffee Table DR 9:45 Big Lots (O) 10:00 Drum Fitness (L Exercise with Jada) 1:30 Bible Study w/ Yellow Rose (L) 2:30 Find Tom the Turkey (L) 3:00 Indoor Volleyball 3:30 Wheelchair Race	21 9:30 Take a Walk Around L.E. (O) 10:00 Noodle Ball 10:00 Walmart Shopping (O) 10:45 Hangman! 2:00 Bingo & Snacks w/ Allison (DR) 3:30 Uno Brigade! 4:00 Word Jumble	22 3:30 Amazing Mazes 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 10:30 Art with Friends 1:30 Bible Study (AR) 3:00 Corn Hole Competition 3:30 Amazing Mazes	23 	24 10:00 Wake and Shake (Exercise with Elise) 10:30 Art w/Elise 1:00 Congregate and Contemplate (Bring or find your favorite book.) 2:00 Holiday Preview Hot Chocolate Bar Social 3:00 Ring Toss 4:00 Amazing Mazes!	25 Colorado Vs. Utah 10:00 Body Mind and Soul (Exercise with Elise) 1:00 Puzzle Mania (AR) 2:00 Weekend Bingo Fun w/ Elise (DR) 3:30 Afternoon Outburst!
26 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	27 9:30 Men's & Women's Coffee Table DR 9:45 Big Lots (O) 10:00 Drum Fitness (L Exercise with Jada) 1:30 Bible Study w/ Yellow Rose (L) 2:30 "What's The Scoop" Monday Social 3:30 Christmas Wish List! 4:00 Dear Abby	28 9:30 Take a Walk Around L.E. (O) 10:00 Outside Time (Weather Permitting) 10:00 Walmart Shopping (O) 10:30 Ring Toss 2:00 Bingo & Snacks w/ Allison (DR) 3:30 Word in a word	29 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 10:30 Art with Friends 1:30 Bible Study (AR) 3:00 Indoor Golf 4:00 Sudoku	30 10:00 Adult Coloring Club Set to Classical Music 10:00 Walmart Shopping (O) 11:00 Indoor Golf 1:00 Clubs Rule (Card Game) 2:00 Sing Along 3:00 Ring Toss 3:30 Old Maid (Card Game)		



Happy Thanksgiving!

As we celebrate Thanksgiving with family and friends in November, we'll be thinking how grateful we are to have such wonderful neighbors. Thanks for making our community such a pleasant place to live. We wish you a safe and enjoyable Thanksgiving holiday!

This Thanksgiving, at tables across the country, friends and families will sit down and enjoy a bountiful meal together. Yet the holiday means more than having a delicious dinner. It's also a day to express thanks—to be thankful for our freedom, our loved ones and our lives, as well as mindful of the ways we are blessed, not just on Thanksgiving, but each and every day of the year.

Have a Great Holiday!

We would like to wish all of our residents and their families a happy Thanksgiving! We hope you have a joyous holiday.

CHANGE YOUR CLOCK CLOCKS

