

Current Events

1/2 – Lunch @ Tierney's Café
Time: 10:30am
Where: Outing

1/14 – Men's Breakfast
Time: 7am
Where: Outing

1/14 – Town Hall Meeting
Time: 3pm
Where: Lobby

1/16 – Lunch @ TGI Fridays
Time: 10:30am

Where: Outing
1/19 – Legacy Health Talk
Time: 3pm
Where: Library

1/30 – Lunch @ Dairy Queen
Time: 10:30am
Where: Outing

1/30 – Backwards Day Social featuring Cowboy Bob
Time: 2:00pm
Where: Lobby

Hunka Hunka Burning Love

Elvis will be in the building as we honor him this month!! At the AL, our big monthly extravaganza will be Friday, January 16th, at 2pm!! We're going to have music, games, and fun! Put on your Blue Suede Shoes, Viva Las Vegas, get your Clambake and Girl Happy, and get out to join us for Fun in Acapulco! Also, don't forget about the "Mad-Hatter" Tea Party on January 9th, and Backwards Day on the 30th!! We'll also be throwing fruitcakes on Friday the 2nd!! Come join us!!

Management Team Members

Executive Director	Jessica Hazelton
AL Director	Katie Lee
AL Activities	Philip Jones
Business Office Director	Erin Montgomery
Resident Programming	Patty Skinner
Plant Operations	Steve Jarema
Dining Director	Monte Melugin

Hello Residents of Lewisville Estates!

As we start the New Year, we take time to reflect on the past and make plans towards the future. Some of the top New Year's resolutions are to spend more time with family and friends, focus on health and fitness, and lose weight. Participating in exercise classes can facilitate meeting these goals through spending time with friends and increasing overall health and fitness. Maintaining strength, cardiovascular health, and balance while socializing with friends will help you start the year on the right foot.

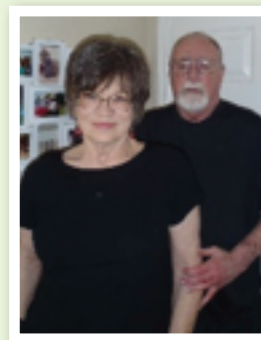
Our balance class we hold in IL every Thursday at 10:00 and exercise class at the AL every Thursday at 1:30, allows our Legacy staff to get to know our residents while promoting wellness. It also benefits all of our resident's strength, range of motion, balance, endurance and socialization.

Please let us know if we can assist you with anything. We are here to serve you and help you age in place.

Tiffany Littlepage and the Legacy Healthcare Team
Suite 336, 972-420-8543

Resident of the Month

Our L.E.A.P (Life Enrichment Activities Program) would like to recognize Mr. and Mrs. Richard Payne. Richard and Kathy have been here at Lewisville Estates for a little while now and are definitely a staple in our community. Kathy is still highly active in the community and Richard is always there to share what he thinks. They are a great couple to start off the New Year in LEAP.



Happy New Year!

Welcome 2015! I hope everyone had a wonderful holiday season. As we welcome the New Year we will now have start working on our new year resolutions and hitting the gym! :) All Staff would like to say thank you to all the residents and family members that donated to the Christmas Fund, it truly made a joyous holiday. January will be an active month where we will be having a Mad Hatter Tea Party and our Big Event showcasing Elvis: Hunka Hunka Burning Love! We will also be enjoying a few different outings this month to enjoy lunch please check the calendar for dates and times, the more the merrier!

With a warm heart,

Katie Lee, LVN

A BIG THANK YOU!

Thank you to all the carolers and performers who came out to entertain us in December. Carol and the Piano helped really bring the Festival of Trees to life! Thank you to all of our awesome vendors who blessed us with the 12 Days of Christmas!!



Happy Birthday!

Just want to wish you a Happy Birthday, Hope your day is filled with lots of love, joy, and happiness. Come and join us for our Birthday Bash celebration on **Friday, January 30th at 3:30pm**

Resident Birthdays

1/11 Kathy Payne
1/18 Louise Hill
1/19 Bessie McCullough
1/21 Marjorie Mahoney

Employee Birthdays

1/23 Perineka England



January 2015

Activity Room - <i>AR</i> AL Parking Lot - <i>ALPL</i> Assisted Living Court Yard - <i>ALCY</i> Bistro - <i>B</i>	Country Store - <i>CS</i> Dining Room - <i>DR</i> IL Dining Room - <i>ILDR</i> Library - <i>LL</i>	IL Lobby - <i>ILL</i> Lobby - <i>L</i> Outing - <i>O</i> Private Dining Room - <i>PDR</i>	Room to room, <i>RR</i> Spa - <i>SPA</i> Theater - <i>TH</i> Lobby - <i>L</i>
----------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1 ☐ New Year's Day 10am New Year's Wordsearch, <i>AR</i> 10am Outback Bowl, <i>ESPN2</i> 10:30am Cotton Bowl, <i>ESPN</i> 3:00pm Rose Bowl, <i>ESPN</i> 3pm Trivia w/ Staff, <i>AR</i> 6:30pm Sugar Bowl, <i>ESPN</i></p>	<p>2 ☐ Fruitcake Tossing Day 9:30am Exercise Extreme, <i>AR</i> 10:30am Lunch Outing to Tierney's Cafi, <i>O</i> 2pm Fruitcake Tossing Social featuring Bill Cobb, <i>L</i> 3:00pm Clue: The Board Game, <i>AR</i> 4:00pm Fruitcake Hangman Challenge, <i>L</i></p>	<p>3 9:30am Sit Down & Tone Up, <i>L</i> 10:30am Word Find Challenge, <i>AR</i> 1:30pm Games with the Staff, <i>AR</i> 2pm Dominoes, <i>AR</i> 3pm Fun Flicks, <i>L</i></p>
<p>4 8:30am Baptist Church, <i>L</i> 9:30am Sit and Be Fit, <i>L</i> 10:30am Bible Word Search, <i>AR</i> 1pm Games with Friends, <i>AR</i> 2pm Bible Study w/ Rob Harrison, <i>L</i> 3pm Dominoes, <i>AR</i></p>	<p>5 9:30am Exercise Extreme, <i>AR</i> 10am Shopping at Albertsons, <i>O</i> 10:15am Morning Walk, <i>LL</i> 1:30pm Tai Chi w/ Erin, <i>AR</i> 2:00pm Coffee & Snacks, <i>L</i> 2:30pm Trivia Pursuit, <i>L</i> 3:30pm Bingo for Chocolate, <i>AR</i></p>	<p>6 ☐ Cuddle Up Day 9:30am Catholic Communion, <i>RR</i> 9:30am Stretch & Grow w/ Philip, <i>AR</i> 10am Shopping at Wal-Mart, <i>O</i> 10am New Resolution Crafts, <i>AR</i> 1:30pm UNO Card Games, <i>B</i> 2:30pm Movie: "French Kiss" & Popcorn, <i>L</i></p>	<p>7 9:30am Tone those Bones w/ Erin, <i>AR</i> 10am Coffee & Snack Social, <i>L</i> 10am Post Office/ Bank, <i>O</i> 10:30am Hi/Lo Games, <i>B</i> 3:00pm Walk-In-Talk History, <i>LL</i> 3:30pm Bingo for Chocolate, <i>AR</i></p>	<p>8 ☐ Elvis Presley's Birthday 8am-5pm Beauty Salon, <i>BS</i> 10am Rev. Christal Fisher, <i>AR</i> 10am Miscellaneous Errands, <i>O</i> 1:30pm Legacy Exercises w/ Michael, <i>AR</i> 2pm Shopping at Wal-Mart, <i>O</i> 3pm Blackjack 21 w/ Philip, <i>AR</i></p>	<p>9 ☐ Tea Party Day 9:30am Exercise Extreme, <i>AR</i> 10:00am Farkel Fridays, <i>B</i> 2pm Mad Hatter Tea Party, <i>L</i> 2:30pm Movie: "Alice in Wonderland", <i>L</i> 3pm Monopoly Madness, <i>AR</i></p>	<p>10 9:30am Sit Down & Tone Up, <i>L</i> 10:30am Word Find Challenge, <i>AR</i> 1:30pm Games with Staff, <i>AR</i> 2pm Dominoes, <i>AR</i> 3pm Fun Flicks, <i>L</i></p>
<p>11 8:30am Baptist Church, <i>L</i> 9:30am Sit and Be Fit, <i>L</i> 10:30am Bible Word Search, <i>AR</i> 1pm Games with Friends, <i>AR</i> 3pm Dominoes, <i>AR</i></p>	<p>12 9:30am Exercise Extreme, <i>AR</i> 10am Shopping at Albertsons, <i>O</i> 10:15am Morning Walk, <i>LL</i> 1:30pm Tai Chi w/ Erin, <i>AR</i> 2:00pm Coffee & Snacks, <i>L</i> 2:30pm Trivia Pursuit, <i>L</i> 3:30pm Bingo for Chocolate, <i>AR</i></p>	<p>13 ☐ Make Your Dream Come True Day 9:30am Catholic Communion, <i>RR</i> 9:30am Stretch & Grow w/ Philip, <i>AR</i> 10am Shopping at Wal-Mart, <i>O</i> 10am Dream Catcher Crafts, <i>AR</i> 1:30pm UNO Card Games, <i>B</i> 2:30pm Movie: "Sahara" & Popcorn, <i>L</i></p>	<p>14 7am Men's Breakfast, <i>O</i> 9:30am Tone those Bones w/ Erin, <i>AR</i> 10am Coffee & Snack Social, <i>L</i> 10am Post Office/ Bank, <i>O</i> 10:30am Hi/Lo Games, <i>B</i> 3pm Town Hall Meeting, <i>L</i> 3:30pm Bingo for Chocolate, <i>AR</i></p>	<p>15 8am-5pm Beauty Salon, <i>BS</i> 10am Rev. Christal Fisher, <i>AR</i> 10am Miscellaneous Errands, <i>O</i> 1:30pm Legacy Exercises w/ Michael, <i>AR</i> 2pm Shopping at Wal-Mart, <i>O</i> 3pm Blackjack 21 w/ Philip, <i>AR</i></p>	<p>16 ☐ Hunka Hunka Elvis Day 9:30am Exercise Extreme, <i>AR</i> 10:30am Lunch Outing to TGI Fridays, <i>O</i> 2:30pm Hunka Hunka Burning Love Social, <i>L</i> 3:30pm Elvis Trivia and Did-U-Knows, <i>L</i></p>	<p>17 9:30am Sit Down & Tone Up, <i>L</i> 10:30am Word Find Challenge, <i>AR</i> 1:30pm Games with Staff, <i>AR</i> 2pm Dominoes, <i>AR</i> 3pm Fun Flicks, <i>L</i></p>
<p>18 8:30am Baptist Church, <i>L</i> 9:30am Sit and Be Fit, <i>L</i> 10:30am Bible Word Search, <i>AR</i> 1pm Games with Friends, <i>AR</i> 3pm Dominoes, <i>AR</i></p>	<p>19 ☐ Martin Luther King Jr. Day 9:30am Exercise Extreme, <i>AR</i> 10am Shopping at Albertsons, <i>O</i> 10:15am Morning Walk, <i>LL</i> 1:30pm Tai Chi w/ Erin, <i>AR</i> 2:00pm Coffee & Snacks, <i>L</i> 2:30pm Trivia Pursuit, <i>L</i> 3:00pm Legacy Health Talk, <i>AR</i> 3:30pm Bingo for Chocolate, <i>AR</i></p>	<p>20 ☐ Penguin Awareness Day 9:30am Catholic Communion, <i>RR</i> 9:30am Stretch & Grow w/ Philip, <i>AR</i> 10am Shopping at Wal-Mart, <i>O</i> 10am Penguin Crafts, <i>AR</i> 1:30pm UNO Card Games, <i>B</i> 2:30pm Movie: "Mr. Popper's Penguins" & Popcorn, <i>L</i></p>	<p>21 9:30am Tone those Bones w/ Erin, <i>AR</i> 10am Coffee & Snack Social, <i>L</i> 10am Post Office/ Bank, <i>O</i> 10:30am Hi/Lo Games, <i>B</i> 3:00pm Walk-In-Talk History, <i>LL</i> 3:30pm Bingo for Chocolate, <i>AR</i></p>	<p>22 8am-5pm Beauty Salon, <i>BS</i> 10am Rev. Christal Fisher, <i>AR</i> 10am Miscellaneous Errands, <i>O</i> 1:30pm Legacy Exercises w/ Michael, <i>AR</i> 2pm Shopping at Wal-Mart, <i>O</i> 3pm Blackjack 21 w/ Philip, <i>AR</i></p>	<p>23 ☐ National Pie Day 9:30am Exercise Extreme, <i>AR</i> 10:00 am Farkel Fridays, <i>B</i> 2pm Pie in the Face Social, <i>L</i> 3:00pm Clue: The Board Game, <i>AR</i> 4:00pm Fruitcake Hangman Challenge, <i>L</i></p>	<p>24 9:30am Sit Down & Tone Up, <i>L</i> 10:30am Word Find Challenge, <i>AR</i> 1:30pm Games with Staff, <i>AR</i> 2pm Dominoes, <i>AR</i> 3pm Fun Flicks, <i>L</i></p>
<p>25 8:30am Baptist Church, <i>L</i> 9:30am Sit and Be Fit, <i>L</i> 10:30am Bible Word Search, <i>AR</i> 1pm Games with Friends, <i>AR</i> 2pm Bible Study w/ Rob Harrison, <i>L</i> 3pm Dominoes, <i>AR</i></p>	<p>26 9:30am Exercise Extreme, <i>AR</i> 10am Shopping at Albertsons, <i>O</i> 10:15am Morning Walk, <i>LL</i> 1:30pm Tai Chi w/ Erin, <i>AR</i> 2:00pm Coffee & Snacks, <i>L</i> 2:30pm Trivia Pursuit, <i>L</i> 3:30pm Bingo for Chocolate, <i>AR</i></p>	<p>27 ☐ Chocolate Cake Day 9:30am Catholic Communion, <i>RR</i> 9:30am Stretch & Grow w/ Philip, <i>AR</i> 10am Shopping at Wal-Mart, <i>O</i> 10am Cupcake Decorating, <i>AR</i> 1:30pm UNO Card Games, <i>B</i> 2:30pm Movie: "Charlie & the Chocolate Factory" & Chocolate Cake, <i>L</i></p>	<p>28 9:30am Tone those Bones w/ Erin, <i>AR</i> 10am Coffee & Snack Social, <i>L</i> 10am Post Office/ Bank, <i>O</i> 10:30am Hi/Lo Games, <i>B</i> 3:00pm Walk-In-Talk History, <i>LL</i> 3:30pm Bingo for Chocolate, <i>AR</i></p>	<p>29 8am-5pm Beauty Salon, <i>BS</i> 10am Rev. Christal Fisher, <i>AR</i> 10am Miscellaneous Errands, <i>O</i> 1:30pm Legacy Exercises w/ Michael, <i>AR</i> 2pm Shopping at Wal-Mart, <i>O</i> 3pm Blackjack 21 w/ Philip, <i>AR</i></p>	<p>30 ☐ Backwards Day 9:30am Exercise Extreme, <i>AR</i> 10:30am Lunch Outing to Dairy Queen, <i>O</i> 2pm Backwards Day Social featuring Cowboy Bob, <i>L</i> 3:00pm Movie: "Freaky Friday", <i>L</i></p>	<p>31 9:30am Sit Down & Tone Up, <i>L</i> 10:30am Word Find Challenge, <i>AR</i> 1:30pm Games with Staff, <i>AR</i> 2pm Dominoes, <i>AR</i> 3pm Fun Flicks, <i>L</i></p>