

## Birthday Bash

It's December and we have a few special days coming up! Be sure to wish the following folks a great birthday!  
12/17 Virginia Gibson

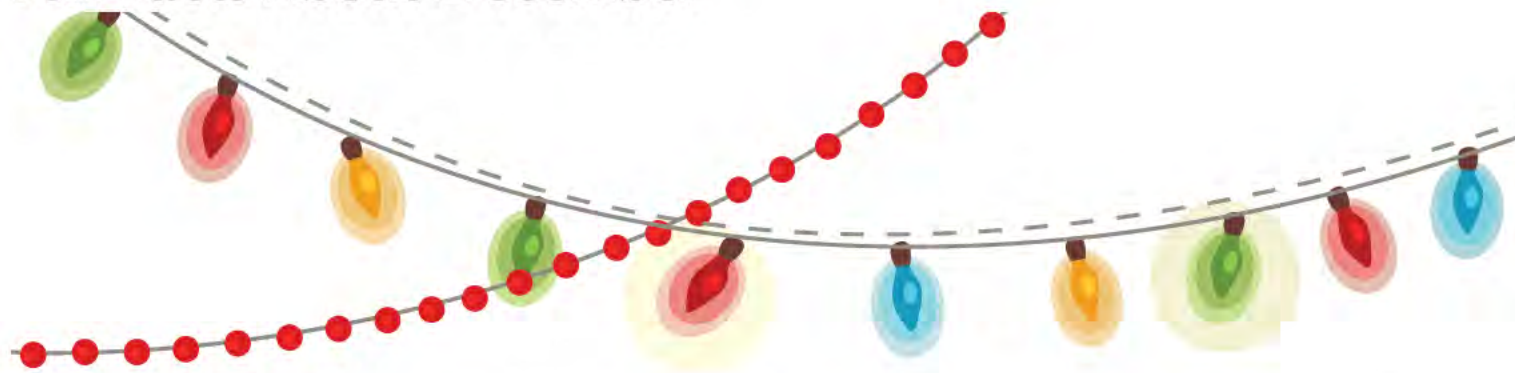
### Employee Birthdays:

12/3 Erin Montgomery  
12/18 Christy Argo  
12/21 Casey Ringo  
12/24 Crystal Leeks  
12/29 Julia Garner

May your birthday be filled with sunshine and smiles, laughter, love, and cheer!



## Fun Facts About December



1. An almanac prediction states that if snow falls on Christmas Day, Easter will be warm, green and sunny.
2. December 12th is Poinsettia Day.
3. "Jingle bells" was composed in 1857, and not for Christmas – it was meant to be a Thanksgiving song!
4. Spiders and spider webs are considered good luck on Christmas.
5. The first artificial Christmas tree was made in Germany, fashioned out of goose feathers that are dyed green!



December 2013

## A Warm Welcome to: Meg Sauser, Resident Program Assistant

Join me in welcoming Meg Sauser as the new Resident Program Assistant of Assisted Living.

We are excited to have Meg join our Lewisville Estate Team. Meg comes to us from the great state of New Jersey where she worked as a Medical Assistant. Meg is also the founder/organizer of the Somerset Stay-at Home Moms Club that was involved in getting new parents out of the home, building friendships and involved families and different and unique activities. Meg is looking forward to getting to

know each of you individually and your areas of interest. Please share with her your ideas and activities that you would like to see here at Lewisville Estates. Currently she is contacting local churches, schools and universities for additional activities and entertainment. Check your monthly calendar and join her in daily activities. Meg, welcome to Texas and to Lewisville Estates!

## Current Events

12/6 Fuddruckers  
Time: 10am  
Place: Outing

12/20 Festival of Trees,  
Entertainment by  
Servants Sounds  
Time: 6:30pm  
Place: Lobby

12/22 Music  
Starz Performance  
Time: 1pm  
Place: AL Lobby

12/11 Holiday Lights  
Time: 6pm  
Place: Outing



12/31 New Year's  
Eve Party  
Time: 2pm  
Place: AL Lobby



# December 2013

## LOCATIONS KEY

Activity Room - AR  
AL Parking Lot - ALPL  
Country Store - CS  
Dining Room - DR  
IL Dining Room - ILDR

Library - LL  
IL Lobby - ILL  
Outing - O  
Spa - Spa  
Theater - TH

Lobby - L

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>8:45am Baptist Church, L 9:30am Senior Exercise, AR 1pm Games People Play, AR 3pm Bingo Bonanza, AR</p> <p></p>	<p>9:30am Sit &amp; Be Fit, AR <b>10am Shopping: Albertsons, O</b> 10am Happy Hangman, L 11am Dominoes, AR 12pm Country Store Shopping, CS 1pm Sassy Senior Bingo, AR 2pm Tower of Power, L 3:30pm Jungle Race, AR</p>	<p><b>10am Walmart, O</b> 1pm Wii bowling, L 1:30pm Afternoon Exercise with Jacque, AR 2pm Target Golf, L 3pm Matinee Movie, L</p>	<p>9:30am Tone those Bones with Trisha, AR 10am Whatcha Got Cooking?, AR 1pm Bingo Bango, AR 2pm Happy Hour, L 3pm Town Hall Meeting, L 3:30pm Ping Pong Pluck, L</p>	<p>9am Let's Get Crafty!, AR 9:30am Beauty Salon, BS 10am Rev. Christal Fisher, L 1:30pm Sittercise, AR <b>2pm Walmart, O</b> <b>2pm Holiday Performance, L</b> 3pm Bible Study, L 3:30pm Jungle Racing, AR</p>	<p>9:30am Stretch &amp; Grow, AR <b>10am Lunch at Fuddruckers, O</b> 1pm Senior Volleyball, AR 2pm Just Joking, L 3pm, Sassy Senior Bingo, AR</p>	<p>9:30am Laugh for the Health of it, L 10am Brain Games, AR 2pm Sing-a-Long, AR 3pm Sassy Senior Bingo, AAR</p>
<p>8:45am Baptist Church, L 9:30am Senior Exercise, AR 1pm Games People Play, AR 3pm Bingo Bonanza, AR</p> <p></p>	<p>9:30am Sit &amp; Be Fit, AR 10am Holiday Minute to Win it, AR <b>10am Shopping: Albertsons, O</b> 12pm Country Store Shopping, CS 1pm Sassy Senior Bingo, AR 2pm Beach Ball Volley, AR 3:30pm Jungle Race, AR</p>	<p>9am Nails by Carmen, AR <b>10am Walmart, O</b> 10am Dominoes, AR 1pm Missing Pieces, Library 1:30pm Afternoon Exercise with Jacque, AR 2pm Hillbilly Golf, AR 3pm Holiday Matinee Movie, L</p>	<p><b>7am Men's Breakfast, O</b> 9:30am Tone those Bones with Trisha, AR 10am Whatcha Got Cooking, AR 1 pm Bingo Bango, AR 3:30pm Parachute Pop, AR <b>6pm Holiday Light Tour, O</b></p>	<p>9am Let's Get Crafty!, AR 9:30am Beauty Salon, BS 10am Rev. Christal Fisher, L 1:30pm Sittercise, AR <b>2pm Walmart, O</b> 2pm Roll to Play, AR 3pm Bible Study, L 3:30pm Tic Tac Toe, AR 7pm Choir Performance, L</p>	<p>9:30am Stretch &amp; Grow, AR 10am Bingo Bango, AR 1pm, Basketball Toss, L 2pm Sassy Social, L 3:30pm, Holiday Trivia, L</p>	<p>9:30am Laugh for the Health of it, L 10am Brain Games, AR 2pm Sing-a-Long, AR 3pm Sassy Senior Bingo, AAR</p>
<p>8:45am Baptist Church, L 9:30am Senior Exercise, AR 1pm Games People Play, AR 3pm Bingo Bonanza, AR</p> <p></p>	<p>9:30am Sit &amp; Be Fit, AR <b>10am Shopping: Albertsons, O</b> 10am Big Word Search, AR 12pm Country Store Shopping, CS 1pm Sassy Senior Bingo, AR 2pm Target Golf, L 3:30pm Jungle Race, AR</p>	<p><b>10am Walmart, O</b> 10am Dominoes, AR 1pm Just Joking, L 1:30pm Afternoon Exercise with Jacque, AR 2pm Target Toss, L 3pm Matinee Movie, L</p>	<p>9:30am Tone those Bones with Trisha, AR 10am Whatcha Got cooking?, AR 1pm Bingo Bango, AR 2pm Birthday Bash, L 3:30pm BlackJack, AR</p>	<p>9am Let's Get Crafty!, AR 9:30am Beauty Salon, BS 10am Rev. Christal Fisher, L 1:30pm Sittercise, AR <b>2pm Walmart, O</b> 2pm Roll to Play, AR 3pm Bible Study, L 3:30pm Ring of Fire Darts, L 7pm Dementia &amp; Other Memory Challenges Support Group, L</p>	<p>9:30am Stretch &amp; Grow, AR <b>10am Lunch at Rosas Cafe, O</b> 1pm Target Toss, L 2pm Sassy Social, L 3:30pm Hillbilly Golf, AR <b>6:30pm Festival of Trees, L</b></p>	<p>9:30am Laugh for the Health of it, L 10am Brain Games, AR 2pm Sing-a-Long, AR 3pm Sassy Senior Bingo, AAR</p>
<p>8:45am Baptist Church, L 9:30am Senior Exercise, AR 1pm Musical Holiday Performance, L 3pm Bingo Bonanza, AR</p> <p></p>	<p>9:30am Sit &amp; Be Fit, AR <b>10am Shopping: Albertsons, O</b> 10am Rainbow Tower, AR 12pm Country Store Shopping, CS 1pm Sassy Senior Bingo, AR 2pm Volley and Bounce, AR 3:30pm Jungle Race, AR 6pm Musical Performance by Hatton Family Singers</p>	<p><b>10am Walmart, O</b> 10am Dominoes, AR 1pm Wii Bowling, L 1:30pm Afternoon Exercise with Jacque, AR 2pm Happy Horseshoes, L 3pm Holiday Matinee Movie, L</p>	<p>9:30am Laugh for the Health of it, L 10am Brain Games, AR 11am Dominoes, AR 2pm Sing-a-Long, AR 3pm Sassy Senior Bingo, AAR</p> <p></p>	<p>9am Let's Get Crafty!, AR 9:30am Beauty Salon, BS 10am Rev. Christal Fisher, L 1:30pm Sittercise, AR 2pm Roll to Play, AR 3pm Bible Study, L 3:30pm Ping Pong Pluck, L</p>	<p>9:30am Stretch &amp; Grow, AR 10am Missing Pieces, Library 1pm Swat Ball, AR 2pm Sassy Social, L 3:30pm Family Feud, L</p>	<p>9:30am Laugh for the Health of it, L 10am Brain Games, AR 2pm Sing-a-Long, AR 3pm Sassy Senior Bingo, AAR</p>
<p>8:45am Baptist Church, L 9:30am Senior Exercise, AR 1pm Games People Play, AR 3pm Bingo Bonanza, AR</p> <p></p>	<p>9:30am Sit &amp; Be Fit, AR <b>10am Shopping: Albertsons, O</b> 12pm Country Store Shopping, CS 1pm Sassy Senior Bingo, AR 2pm Dominos, AR 3:30pm Jungle Race, AR</p>	<p>9:30am Happy Hangman, AR 10am Watcha Got Cooking?, AR 1pm Target Golf, AR <b>2pm New Year's Eve Party, L</b></p> <p></p>				