

How the World Celebrates the New Year

In the U.S., the New Year is often ushered in with parties, fireworks and a midnight kiss. The rest of the world revels in a variety of traditions.



Spain — At the stroke of midnight, people in Spain eat 12 grapes, one for each month of the year ahead, for good luck.

Russia — In the country's region of Siberia, divers plunge into icy lakes to place a New Year tree, or "yolka," beneath the water's surface, symbolizing a new beginning.

Germany — Germans give a sweet greeting to Jan. 1 by eating the jelly doughnut known as a "Berliner," "Pfannkuchen" or "Krapfen."

Japan — All across this Asian nation, the sound of cities ringing in the New Year can be heard at midnight, when bells chime 108 times as a cleansing ritual.

Colombia — Those hoping for travel adventures in the coming year will carry an empty suitcase with them, a custom in Colombia and other Latin American countries.

Greece — Symbolizing renewal, onions are hung on doorways as a good luck token.

Brazil — To bring prosperity and good luck, Brazilians wear white on New Year's Eve and toss white flowers and candles into the ocean.

Turkey — At midnight, people here sprinkle salt on their doorsteps, which is believed to bring peace and good fortune.

Finland — A crafty custom in Finland is to melt down some tin and then pour it into cold water. When the metal hardens, the shape it forms gives a prediction for the year to come.

Romania — For protection in the new year, many dress up as bears and perform a dance to scare away bad luck.



Word Search Success

A fun way to exercise the brain, expand one's vocabulary or just pass the time, word searches are one of the most popular types of puzzles.

The earliest puzzle resembling a word search can be found in "Everybody's Illustrated Book of Puzzles," published in 1890 in London. Titled "Proverbs Within a Maze," the puzzle featured a grid of letters, and readers were instructed to wind their way through the puzzle to find hidden sayings.

The American word search as we now know it first appeared in 1968, when Norman E. Gibat created a puzzle for a want-ad digest that he published for businesses in Norman, Okla. Calling it an "Oklahoma anagram," he designed a grid of jumbled letters containing the names of 34 towns. The game was an instant hit, with readers demanding more and local teachers using it as a student activity.

Gibat's puzzle design eventually spread across the country. Known by various names such as word find, word seek and search-a-word, word searches became a staple in newspapers, magazines, puzzle books and classrooms.

In addition to traditional printed versions, today you can solve the puzzles online or by using a smartphone app.



Main Events!



Dear Residents, Friends and Family,

Happy New Year, 2019! Gratitude is a word that comes to mind when reviewing this month's activities. As we hope to live a life of grace and gratefulness, it is important to thank those who have been so good to us! It is also with gratitude that we thank you for entrusting your loved ones to us as a partnership in care. We are much more successful in bringing love and joy to those we serve when we join together.

December was a lovely month full of holiday activities. Many school groups caroled throughout our community; what a festive month with all the trees throughout the community! A special thank you to all the vendors who participated in the holiday spirit. January will also be a busy month filled with many outings in the community and our Midnight Masquerade (Main Event) Jan. 8, at 6 p.m.

A very sincere thanks to each family and resident who donated to our Employee Appreciation Fund. Donations were beyond our expectations. We held a fun-filled Party where employees received your gifts, and our staff was and is very appreciative.



As we begin 2019, may we remain thankful for all we do together to enhance the lives of those who are so precious to us. We are dedicated to enhancing the quality of life for all our residents. May 2019 be the best year yet!

Erin Montgomery, Executive Director





ASSISTED LIVING
AL#010063

JANUARY 2019

Locations

- Activity Room, AR
- AL Courtyard, ALC
- AL Parking Lot, ALPL
- Bistro, B
- Dining Room, DR
- Library, LL
- Lobby, L
- Outing, O
- Spa, Spa

Birthdays

- Evelyn Cody, 6th
- Shawnee Nicholson, 8th (Employee)
- John Oswald, 9th
- Pauline Morrow, 12th
- Michelle Louro, 15th
- Melinda Najdek, 23rd (Employee)
- Neka England, 23rd (Employee)

Transportation Schedule

- Monday, 10 a.m.**
Grocery Stores
- Tuesday, 10 a.m.**
Walmart
- Wednesday, 10 a.m.**
Post Office/Bank
- Thursday, 10 a.m.**
Walmart
- Friday, TBA**
Field Trips/Outing

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		NEW YEAR'S DAY 1					
		10:00 Rose Bowl Parade, L 10:30 New Year Wonder Word Search, L 1:00 Movie & Snack, L 4:00 Rose Bowl Game, L		9:30 Tone Those Bones, AR 2 10:00 Post Office/Bank, O 10:15 Word of the Day!, L 1:30 Card Club, AR 2:00 Snack Attack Bingo, AR 4:00 Trivia, L	9:00 Senior Fitness, L 3 9:45 Christian Service w/Rev. Mark, L 10:00 Shopping at Walmart, O 1:00 Storytelling Club, L 2:30 Art Expression, AR 4:00 Rowdy Ring Toss, L	National Trivia Day 4 9:30 Senior Fitness, AR 10:30 Wonder Word Search, AR 11:00 Out to Olive Garden, O 1:00 Bible Study w/Laura 2:00 Trivia w/a Twist Social Hour, L 4:00 Name Your Game!, AR	9:30 Word of the Day! 5 9:30 Beauty Salon Is Open 9:30 Chair Exercise, L 10:30 Wonder Word Search, AR 2:00 Saturday Bingo, AR 3:30 Resident Choice of Game, L
7:30 The Truth in Love (TV Channel 7), L 6 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/Rob Harrison, L 3:00 Cinema Sundays, L	Elvis Birthday Week 7 9:30 Exercise w/Legacy, AR 10:00 The Prize is Right and Snack Social, L 10:00 Dollar Tree, O 2:00 Sassy Senior Bingo w/Lifeway, AR 4:00 Adult Coloring Club, AR	9:30 Beauty Salon Is Open 8 9:30 Parachuting, L 9:45 Blood Pressure Clinic w/Life Way Hospice, L 10:00 Shopping at Walmart, O 10:30 Catholic Communion 1:00 Popcorn/Movie, L 3:00 Game of Choice, L 6:00 Midnight Masquerade (Main Event), L	9:30 Beauty Salon Is Open 9 9:30 Parachuting, L 9:45 Blood Pressure Clinic w/Life Way Hospice, L 10:00 Shopping at Walmart, O 10:30 Catholic Communion 1:00 Popcorn/Movie, L 3:00 Game of Choice, L 6:00 Midnight Masquerade (Main Event), L	Appreciation Day 10 9:30 Tone Those Bones, AR 10:00 Post Office/Bank, O 10:15 Spelling Bee, L 1:00 Chicken Foot (Dominoes), AR 1:30 Card Club, AR 2:00 Snack Attack Bingo, AR 4:00 Fun Time Event, L	9:00 Senior Fitness, L 11 9:45 Christian Service w/Rev. Mark, L 10:00 Shopping at Walmart, O 1:00 Karaoke Time, AR 2:30 Art Expression, AR 3:30 Ring Toss of Fire, L	9:30 Word of the Day! 12 9:30 Beauty Salon Is Open 9:30 Chair Exercise, L 10:30 Wonder Word Search, AR 2:00 Saturday Bingo, AR 3:30 Resident Choice of Game, L	
7:30 The Truth in Love (TV Channel 7), L 13 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/Rob Harrison, L 3:00 Cinema Sundays, L	9:30 Exercise w/Legacy, AR 14 10:00 The Prize is Right and Snack Social, L 10:00 Shopping at Big Lots, O 2:00 Sassy Senior Bingo w/Lifeway, AR 4:00 Wonder Word Search, AR	9:30 Beauty Salon Is Open 15 9:30 Parachuting, L 10:00 Shopping at Walmart, O 10:30 Catholic Communion 1:00 Movie & Snack, L 2:00 Fancy Nails & Hand Massage, AR 3:00 Game of Choice, L	9:30 Beauty Salon Is Open 16 9:30 Parachuting, L 10:00 Shopping at Walmart, O 10:30 Catholic Communion 1:00 Movie & Snack, L 2:00 Fancy Nails & Hand Massage, AR 3:00 Game of Choice, L	9:30 Tone Those Bones, AR 17 10:00 Post Office/Bank, O 10:15 Word of the Day!, L 1:30 Card Club, AR 2:00 Snack Attack Bingo, AR 4:00 Trivia, L	9:00 Senior Fitness, L 18 9:45 Christian Service w/Rev. Mark, L 10:00 Shopping at Walmart, O 1:00 Storytelling Club, L 2:30 Art Expression, AR 4:00 Rowdy Ring Toss, L	9:30 Word of the Day! 19 9:30 Beauty Salon Is Open 9:30 Chair Exercise, L 10:30 Wonder Word Search, AR 2:00 Saturday Bingo, AR 3:30 Resident Choice of Game, L	
7:30 The Truth in Love (TV Channel 7), L 20 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/Rob Harrison, L 3:00 Cinema Sundays, L	MARTIN LUTHER KING JR. DAY 21 9:30 Exercise w/Legacy, AR 10:00 The Prize is Right and Snack Social, L 10:00 Dollar Tree, O 2:00 Sassy Senior Bingo w/Lifeway, AR 2:00 Star Kids Musical, L 3:15 Sassy Bingo w/Lifeway, L 4:00 Adult Coloring Club, AR	9:30 Beauty Salon Is Open 22 9:30 Parachuting, L 10:00 Shopping at Walmart, O 10:30 Catholic Communion 1:00 Popcorn/Movie, L 3:00 Game of Choice, L	9:30 Beauty Salon Is Open 23 9:30 Parachuting, L 10:00 Shopping at Walmart, O 10:30 Catholic Communion 1:00 Popcorn/Movie, L 3:00 Game of Choice, L	9:30 Tone Those Bones, AR 24 10:00 Post Office/Bank, O 10:15 Spelling Bee, L 1:30 Card Club, AR 2:00 Snack Attack Bingo, AR 4:00 Fun Time Event, L	9:00 Senior Fitness, L 25 9:45 Christian Service w/Rev. Mark, L 10:00 Shopping at Walmart, O 1:00 Karaoke Time, AR 2:30 Art Expression, AR 3:30 Ring Toss of Fire, L	9:30 Word of the Day! 26 9:30 Beauty Salon Is Open 9:30 Chair Exercise, L 10:30 Wonder Word Search, AR 2:00 Saturday Bingo, AR 3:30 Resident Choice of Game, L	
7:30 The Truth in Love (TV Channel 7), L 27 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Church Service w/Rob Harrison, L 3:00 Cinema Sundays, L	9:30 Exercise w/Legacy, AR 28 10:00 The Prize is Right and Snack Social, L 10:00 Out to Tom Thumb, O 2:00 Sassy Senior Bingo w/Lifeway, AR 4:00 Wonder Word Search, AR	9:30 Beauty Salon Is Open 29 9:30 Parachuting, L 10:00 Shopping at Walmart, O 10:30 Catholic Communion 1:30 Movie & Popcorn Social, L 2:00 Fancy Nails and Hand Massage, AR 3:00 Game of Choice, L	9:30 Beauty Salon Is Open 30 9:30 Parachuting, L 10:00 Shopping at Walmart, O 10:30 Catholic Communion 1:30 Movie & Popcorn Social, L 2:00 Fancy Nails and Hand Massage, AR 3:00 Game of Choice, L	9:30 Tone Those Bones, AR 31 10:00 Post Office/Bank, O 10:15 Word of the Day, L 1:30 Card Club, AR 2:00 Snack Attack Bingo, AR 3:30 Baby It's Cold Outside Social, L	9:00 Senior Fitness, L 31 9:45 Christian Service w/Rev. Mark, L 10:00 Shopping at Walmart, O 1:30 Scrapbooking Club, AR 2:30 Art Expression, AR		