



Dear, Residents, Families and Friends,

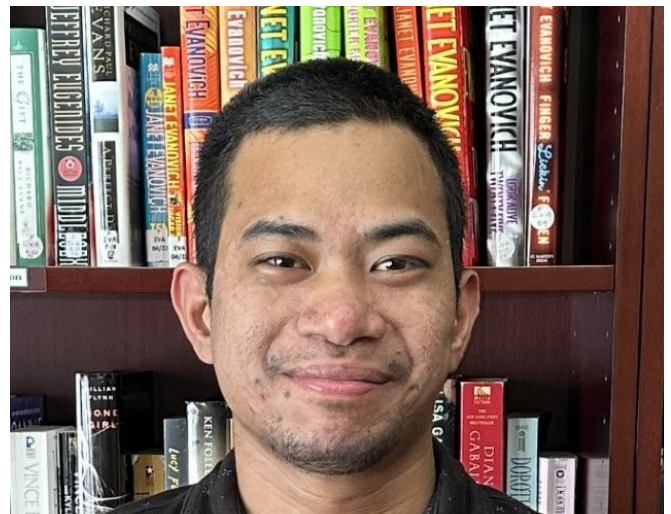
This is the season of joy. The season of sipping hot cocoa while we watch holiday classics. The season of decking the halls and going out to see the twinkling Christmas lights dance across the night sky. Bake some delicious cookies while you sing along to your favorite songs. Spend time with your loved ones and make sure to do the things that spark joy for you.

In November, we had such an amazing time with all our residents. I want to thank everyone who came out to our Thanksgiving lunch. It was so wonderful to see all of you, and I hope that everybody had a great experience. This December is going to be filled with festivities and merriment! We will be going out to see all the beautiful Christmas lights around town, as well as having outings to local restaurants, so make sure to sign up in the transportation book. Get your jingle bells ready for all the live music that we have planned for this month. Keep checking your calendar to make sure you don't miss out on any of the fun stuff we have coming up!

As always, I am so grateful to have all of you be a part of our community. Without the care and dedication of our residents, family members and staff, Lewisville Estates would not be the same exceptional place that it is.



DECEMBER 2023



Eduardo Limboc for Employee of the Year, 2023!

Ladies and Gentlemen, we would like to announce Eduardo Limboc for Employee of the Year, 2023! Eduardo is our Kitchen Helper and wears many other hats here. He's definitely a star in everything that he does and takes pride in it. Although Eduardo is very quiet, his hard work and dedication does all of the talking for him. He is very fast paced and makes everything he does look like a piece of cake. I have to say, picking Employee of the Year this time was beyond easy. There was absolutely no hesitation choosing Eduardo and we're beyond proud to have chosen him! Eduardo, thanks for everything you have done and are doing. We're happy that you're a part of the Lewisville Estates team and congratulations on being Employee of the Year!

INDEPENDENT LIVING

DECEMBER
2023

Locations

Parking Lot	PL
Bistro	B
Community Room	CR
Dining Room	DR
Fitness Room	FR
Garden	G
Library	LL
Lobby	L
Outing	O
Route 66	R66
Theater	TH

Transportation

Monday, 10AM (Grocery Stores)
Tuesday & Thursday, 10AM (Walmart)
Wednesday, 10AM (Post Office/Bank)
Thursday, 2:30PM (Misc. Errands)
Friday, 9:30AM

Happy
Birthday to
You All

8-Mieko Ortiz
9-Brenda Bolton
12-Ione Spencer
13-Marilyn Rose
15-Betty Elmor
22-Billie Jean Goldstein
25-Billy J. Elder
28-Jean Holmes

“Bells are music’s
laughter.”
—Thomas Hood

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				All Events Are Subject to Change	Christmas Door Decorating Contest Begins 10:00 Bible Study (CR) 11:00 Nails Only 11:00 Wake n Shake (Exercise w/ Jada) (CR) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 2:30 Fa La La Christmas Craft 3:00 Uno & Friends (B) 3:30 Welcome December with singer Krysta	10:00 Weekend Exercise 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo 2:00 Skip-Bo Crew 2:30 Afternoon Movie: The Last Holiday
8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	9:45 Big Lots Shopping (O) <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Spades	10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Table 2:00 Hand & Foot (B) 3:00 December Bingo 3:00 Medicare Open Enrollment Seminar with Reliant (B) 4:00 Uno w/ Budz	10:00 Bible Study by Richard N. (Theater) 10:00 Post Office/Bank (O) 10:00 Wake n Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Finish the Lyrics 3:00 Dominos/42/Mexican Train (CR) 4:00 Headbanz Challenge	9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 10:30 Help Decorate the Christmas Tree (L) 2:00 Euchre (CR) 2:30 Misc. Errands (O) 3:00 Outburst Game	10:00 Bible Study (CR) 11:00 Nails Only 11:00 Wake n Shake (Exercise w/ Jada) (CR) 12:00 Christmas Sale from Don (cash or check only) (L) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B)	10:00 Weekend Exercise 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo 2:00 Skip-Bo Crew 2:30 Afternoon Movie: The Polar Express
8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	9:45 Dollar Tree (O) <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Spades	10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Table 2:00 Hand & Foot (B) 2:30 Town Hall Meeting (CR) 3:30 December Fish Bowl Game	10:00 Bible Study by Richard N. (Theater) 10:00 Post Office/Bank (O) 10:00 Wake n Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Christmas Trivia 3:00 Dominos/42/Mexican Train (CR)	9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (CR) 2:30 Misc. Errands (O) 3:30 Gospel Violinist, Jason A. 7:00 Deer Field Christmas Lights Tour	10:00 Bible Study (CR) 11:00 Nails Only 11:00 Wake n Shake (Exercise w/ Jada) (CR) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B)	10:00 Weekend Exercise 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo 2:00 Skip-Bo Crew 2:30 Afternoon Movie: A Christmas Story
8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	Christmas Door Decorating Contest Ends 9:45 Target (O) <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Spades	10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Table 2:00 Hand & Foot (B) 3:00 Hot Chocolate Bar w/Cookies	10:00 Bible Study by Richard N. (Theater) 10:00 Post Office/Bank (O) 10:00 Wake n Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Cookies and Christmas Movies 3:00 Dominos/42/Mexican Train (CR)	9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (CR) 2:30 Misc. Errands (O) 3:00 Sorting Game	10:00 Bible Study (CR) 11:00 Jinbeh Hibachi Restaurant 11:00 Nails Only 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 Christmas Songs and All with David Donehoo	10:00 Weekend Exercise 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo 2:00 Skip-Bo Crew 2:30 Afternoon Movie: The Night Before Christmas
Christmas Eve 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania		10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Table 2:00 Hand & Foot (B) 3:00 Outburst Game	10:00 Bible Study by Richard N. (Theater) 10:00 Post Office/Bank (O) 10:00 Wake n Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Finish The Lyrics (’50s * ’60s Music) 3:00 Dominos/42/Mexican Train (CR)	9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (CR) 2:30 Misc. Errands (O) 3:00 Foot Massage Thursday	10:00 Bible Study (CR) 11:00 Nails Only 11:00 Wake n Shake (Exercise w/ Jada) (CR) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Shanna Divine is coming 3:00 Uno & Friends (B)	10:00 Weekend Exercise 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo 2:00 Skip-Bo Crew 2:30 Afternoon Movie: New Year’s Eve
8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania 7:00 New Year’s Eve Party!						



'Tis the Season To Save

The holiday season is approaching, but that doesn't mean it's time to overspend. Make this the year you set a budget and stick to it. Here are a few simple ways to accomplish that.

Head to the dollar store for greeting cards, gift bags, wrapping paper and bows. You may also find inexpensive decorations, seasonal candy, and tins and boxes for homemade presents.

Search online for store coupons. If you sign up for a retailer's email list, you will often receive an extra discount.

If you have a special skill, such as woodworking, sewing or decorating, give your talent as a present. Or offer to babysit, walk a dog or do some housecleaning.

Spend a day in your kitchen and make a whole batch of gifts. Homemade candy, cookies or trail mix can be presented in a canning jar decorated with a colorful ribbon.



Winter Weather

We want to remind residents that winter weather may affect some of our outings. If we do cancel any activities, we will let you know as early as possible.

