

Piece by Piece

Anyone who has stayed up late to work a jigsaw puzzle knows how easy it is to say “just one more piece.” Both relaxing and a good workout for the brain, puzzles are a favorite pastime of many, from preschoolers to centenarians.

British mapmaker John Spilsbury created the first jigsaw puzzles in 1767 to help children learn geography. He pasted maps onto wood and, using a fine saw, cut them into small pieces for children to assemble, calling his creations “dissected maps.” Throughout the 18th and 19th centuries, these games served as educational tools.

Hobby puzzles for adults evolved around 1900. Made of wood and hand-cut one piece at a time, the intricate creations were expensive and served as entertainment for wealthy.

In the 1930s, die-cut cardboard puzzles began to be mass-produced, reducing the cost and making the games an affordable escape for millions during the Depression. Many drugstores and libraries rented puzzles, and some stores used them as advertising, offering free puzzles with purchases.

Today, jigsaw puzzles come in all shapes and sizes, ranging from a few pieces to 1,000 or more. Three-dimensional structures, pieces with double-sided designs and online jigsaws are recent puzzle trends.



Resident of the Month!

Our Life Enrichment Activity Program would like to recognize Mary Unverszagt. Mary likes to participate in different activities like socials, arts & crafts, pokeno and also being part of our big events. Thank you, Mary, for your fun personality and sweet smile. We are so glad to have you here at Lewisville Estates.



Tell Your Story

Everyone has a story — many stories, in fact! All the pieces of your life weave a unique and interesting narrative, so why not preserve your stories for future generations? Collecting a few tales can be easy and fun, and your loved ones will cherish the precious memories. Here are a few ideas to get you started:

Put pen to paper: Write down some memorable moments, achievements, family traditions or life lessons you have learned. Share a favorite tale or two from each decade, or tell where you were during major world and national events.

Create a scrapbook: Round up photos and mementos and place them in an album or scrapbook. Include notes identifying special memories associated with each item.

Record your stories: What was your life like growing up? Who was your role model? What was your first job? Share these stories and more while someone records you.

Veterans History Project: Veterans can share personal accounts of their military service in an oral history program through the Library of Congress. Details can be found at www.LOC.gov/vets.



Arts & Crafts!

Come and join us every Tuesday afternoon for a fun arts and crafts class.



Dear Residents, Family and Friends,

Happy fall y'all! We've had a busy and productive October. Thank you to all who participated in our Fashion Show, Halloween Party and Socials. I know the trip to Winstar Casino was extra special! Please check your calendar for all that is happening this month!

November is all about celebrating what we are grateful for. Let us spend this month thinking about all the people who have made a difference in our lives. What did they do that created an extraordinary life experience? As a community, we can enhance others' quality of life by donating a canned food item to the box at the front entryway. Items will be donated to our local food pantry and will be available in the lobby until Nov. 22.

Get ready, the Turkey is on the way! Please join us in celebration: Thanksgiving Buffet Luncheon on Saturday, Nov. 12, at 11:30 a.m. Reservations must be made in advance no later than Monday, Nov. 13.

I hope this month brings you warm memories of family, food and football.

Regards,

Jessica Hazelton, Executive Director



Locations

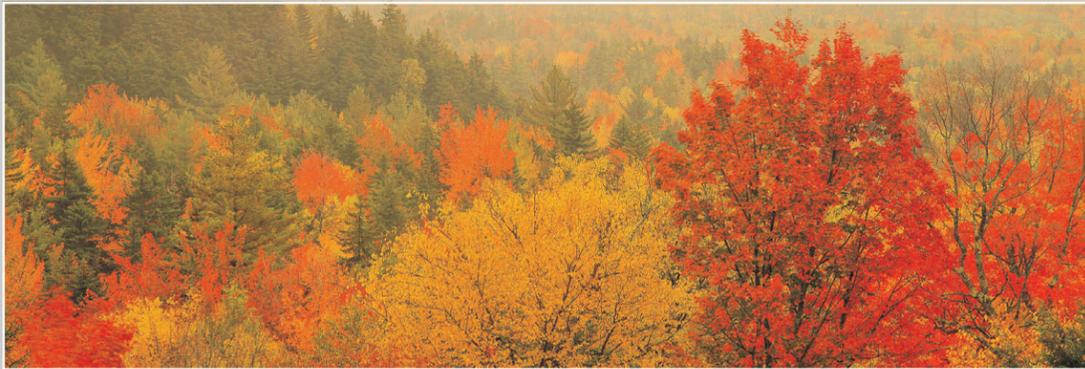
- AL Parking Lot, ALPL
- Bistro, B
- Community Room, CR
- Dining Room, DR
- Dog Park, DG
- Fitness Room, F
- Flagpole, FP
- Garden, G
- Library, LL
- Lobby, L
- Outing, O
- Route 66, R66
- Theater, TH

Transportation Schedule

- Monday
10 a.m.
Grocery Stores
- Tuesday
10 a.m.
Walmart
- Wednesday
10 a.m.
Post Office/Bank
- Thursday
2 p.m.
Walmart
- Friday
TBA
Field Trips/Outing

Birthdays

- Marie Shea, 5th
- Joe Yanuke, 6th
- Camine Rueli, 26th (Employee)
- Max Jones, 29th

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			Fall Decoration Contest Begins 1 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Coffee & Snack Wednesday Social, L 10:00 Post Office/Bank, O 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:00 Wii Games w/Max, F 3:15 Bible Study, TH 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	National Diabetes Month 2 9:30 Balance Class w/Legacy, CR 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:15 Bible Study w/Pastor Frances, CR 12:30 Singalong, O 2:00 Shopping at Walmart, O 6:00 Card Games, B	Wear Your Favorite Jersey Day 3 9:30 Walking Warriors, B 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 10:30 Live Well Strength w/Legacy, CR 1:00 Bridge, CR 3:30 Appreciation Day Happy Hour, L 6:00 Card Games, B	9:30 Walking Warriors 4 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B	
	DAYLIGHT SAVING ENDS 5 7:30 The Truth in Love (TV Channel 7), R66 8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 3:25 Cowboys Vs. Kansas City, R66 6:30 Resident Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 6 10:00 Coffee & Snacks Monday Social, L 10:00 Winco, O 10:30 Blood Pressure Checks w/A.R.T., CR 1:00 Bridge Club, CR 2:00 Pokeno for Prizes, CR 3:15 Trivia Club, B 4:00 Rowdy Ring Toss, B 6:00 Card Games, B	ELECTION DAY 7 9:30 Chair Zumba Class w/Patty, CR 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 2:30 Art Expression, CR 6:00 Card Games, B	National Teachers Day 8 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:00 Wii Games w/Max, F 3:15 Bible Study, TH 3:30 Celebrating Our Teachers Social, B 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	9:30 Balance Class w/Legacy, CR 9 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:15 Bible Study w/Pastor Frances, CR 12:30 Singalong, O 2:00 Shopping at Walmart, O 2:30 Busy Hand Club, B 6:00 Card Games, B	9:30 Walking Warriors, B 10 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 10:30 Live Well Strength w/Legacy, CR 11:00 Out to Olive Garden, O 1:00 Bridge, CR 3:30 Tribute to Our Veterans Happy Hour, L 6:00 Card Games, B	VETERANS DAY 11 9:30 Walking Warriors 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 Movie Time With Pastor Frances, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
	7:30 The Truth in Love (TV Channel 7), R66 12 8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 3:25 Cowboys Vs. Atlanta, R66 6:30 Resident Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 13 10:00 Big Lots, O 10:00 Coffee & Snacks Monday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 1:00 Bridge Club, CR 2:00 Pokeno for Prizes, CR 3:30 Legacy Health Chat (Bladder Awareness), B 6:00 Card Games, B	9:30 Chair Zumba Class w/Patty, CR 14 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 11:00 Gift Galore (Vendor), L 2:30 Town Hall Meeting, CR 3:30 Giving Thanks Social w/Sunshine 6:00 Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 15 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:00 Wii Games w/Max, F 3:15 Bible Study, TH 4:00 Pumpkin Toss, B 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	9:30 Balance Class w/Legacy, CR 16 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:15 Bible Study w/Pastor Frances, CR 12:30 Singalong, O 2:00 Shopping at Walmart, O 3:15 Turkey Adult Coloring Club, F 6:00 Card Games, B	9:30 Walking Warriors, B 17 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 10:30 Live Well Strength w/Legacy, CR 1:00 Bridge, CR 3:30 Birthday Bash, L 6:00 Card Games, B	9:30 Walking Warriors 18 10:30 Coffee & Conversation, L 11:30 Thanksgiving Feast, DR 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
	7:30 The Truth in Love (TV Channel 7), R66 19 8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:30 Resident Card Games, B 7:30 Cowboys Vs. Philadelphia, R66	9:30 Exercise w/Jacque of A.R.T., CR 20 10:00 Coffee & Snacks Monday Social, L 10:00 Dollar Tree, O 10:30 Blood Pressure Checks w/A.R.T., CR 1:00 Bridge Club, CR 2:00 Pokeno for Prizes, CR 3:15 Trivia Club, B 4:00 Rowdy Ring Toss, B 6:00 Card Games, B	9:30 Chair Zumba Class w/Patty, CR 21 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 2:30 Art Expression, CR 6:00 Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 22 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:00 Wii Games w/Max, F 3:15 Bible Study, TH 3:30 Cake Walk w/Legacy, CR 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	THANKSGIVING DAY 23 8:00 Macy's Day Parade Celebration, R66 10:30 Thanksgiving Wonderword Search, B 2:30 Busy Hand Club, B 3:30 Cowboys Vs. Los Angeles, R66 6:00 Card Games, B	Out to Mama's Daughters Diner, O 24 9:30 Walking Warriors, B 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 10:30 Live Well Strength w/Legacy, CR 1:00 Bridge, CR 3:30 What Are You Thankful For? Happy Hour 6:00 Card Games, B	9:30 Walking Warriors 25 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
	7:30 The Truth in Love (TV Channel 7), R66 26 8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:30 Resident Card Games, B	Cyber Monday 27 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Shopping at Aldi, O 10:00 Coffee & Snacks Monday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 1:00 Bridge Club, CR 2:00 Pokeno for Prizes, CR 3:15 Trivia Club, B 6:00 Card Games, B	9:30 Chair Zumba Class w/Patty, CR 28 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 2:30 Art Expression, CR 6:00 Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 29 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:00 Wii Games w/Max, F 3:15 Bible Study, TH 3:30 Book Club, LL 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	9:30 Balance Class w/Legacy, CR 30 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:15 Bible Study w/Pastor Frances, CR 12:00 Cowboys Vs. Washington, R66 12:30 Singalong, O 2:00 Shopping at Walmart, O 6:00 Card Games, B		