

Birthday Bash

11/4 Nella Shelton
11/5 Dock Stewart
11/9 June Ramsey
11/19 Richard Kunkler

11/20 David Gibson
11/29 Lois Hesser
11/29 Max Jones

Employee Birthdays

11/18 Maria Mendoza



Perfect Birthday

On your Birthday I wish you much Pleasure and joy; I hope all of your wishes come true.

May each hour and minute be filled with delight,
And your birthday be perfect for you!

By Joanna Fuchs

Current Events

11/8 Rosa's
Time: 10:30am
Place: Outing

11/14 Holiday Bazar
Time: 10am
Place: Lobby

11/8 Gifts Galore
Time: 11am
Place: Lobby

11/22 Babes Chicken
Time: 10:30am
Place: Outing

11/12 Vet Lunch Celebrations
Time: 10am
Place: Outing

11/23 Thanksgiving Feast
Time: 12pm
Place: Dining Room



Holiday Bazaar November 14th at 10am

Get your holiday shopping done early this year at our wonderful holiday bazaar filled with unique holiday gift giving ideas from a variety of vendors from crafty to non profit.

Whether its fun and festive or fulfills a mission and/or cause, we will have the gift you are looking for. Vendors will fill our community including; but not limited to, Mary Kay, TJ Designs & Jewelry, Crafts, Glitz Blitz, Nothing Bundt Cakes and the Alzheimer's Association.

Did You Know?

President Franklin D. Roosevelt attempted to change the traditional date of Thanksgiving from the last Thursday in November to the second to last Thursday in 1939, 1940 and 1941 in order to extend the Christmas shopping season. This effort to boost the economy did not go over so well with all of the states. Only about 1/2 of the states went along with the idea. Texas, on the other hand, decided to take both days as a holiday! Congress officially set the date in October of 1941 to go into effect in 1942.



Independent Living
800 College Parkway • Lewisville, TX 75077 • 972-434-1727 • www.lewisvillesseniorliving.com

November 2013

Lessons in Disguise

Happy November to all the residents, resident family members, staff, and friends. Thanksgiving brings warm memories of family, food, and football. I know for myself, it is the time of year I think most of my Grandma. Grandma was THE perfect Grandma in my eyes. Grandma always prepared the entire meal from scratch. Never was the family allowed to bring any food into her house for that day. She always had a certain way she liked things done on that particular day. For example, when the meal was cooked and complete, she would make us each carry a dish to the table. When it came to the seating arrangement around the table, Grandma always had a rule that you could not sit next to the person you sat next to the year prior. After the prayer, my father would always cut the turkey and everyone had their meal first before their dessert, but not my Grandma. She always insisted on eating pie first.

Growing up, I was not thinking about the impact Thanksgiving Day would have on my life. By having each one of us carry a dish to the table, it made us work together as a team which I have since brought forward into my a personal life as well as my work life. The different seating arrangement every year kept us close to those who we didn't communicate with as much which helped us to stay in touch without even realizing. As for Grandma eating her dessert first, something she still does to this day, this was the most important lesson learned from her. Life is uncertain and no one is given any promises as to

how long we have. It is important to appreciate the good things in life and not wait. Go ahead, take a chance, and eat your dessert first. Enjoy your life and be thankful for all the wonderful things you have been blessed with! Happy Thanksgiving to all of you.

Pamela Schmidt
Executive Director



“IT IS IMPORTANT TO APPRECIATE THE GOOD THINGS...”

November 2013

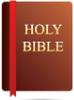
LOCATIONS KEY

Activity Room, AR
AL Parking Lot, ALPL
Bistro, B
Community Room, CR
Dining Room, IL

Fitness Room, FR
Flagpole, FP
Garden, G
Library, LL
Lobby, L

AL Lobby, ALL
Outing, O
Route 66, R66
Theater, TH

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					9:30am Walking Warriors 9:30am Sittercise, CR 10:30am Timeless Trivia, L 1pm Bridge, B 2pm Pinko Planko, L 2pm Express Errands, O 3:30pm Raise a Glass Happy Hour, L	 9:30am Coffee and Conversation, L 1pm Trivia Pursuit, LL 1pm Residents Choice Games, AR 2pm Fun Flicks and Popcorn, TH 3pm Billiards/Pool 7pm Crazy Card Games, B
3	4	5	6	7	8	9
 10:30am Bible Study, B 2pm Matinee Movie, TH 3pm Roll to Play, B 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L	 9:30am Exercise with Jacque, CR 9:30am Walking Warriors 10am Café Latte Monday Mind Games, L 10:30am Blood Pressure Checks, CR 2pm Pokeno for Prizes, AR 4pm Ring of Fire Darts, L	9:30am Walking Warriors 9:30am Tone Those Bones, CR 10am Walmart, O 10am Catholic Communion, B 10am Rosary Service, B 10:30am Farkel Fun, CR 1:30pm Spanish Class, AR 2pm Poker, B 4pm Rowdy Ring Toss, L	9:30am Exercise with Jacque, CR 10am Post Office/Bank, O 10:30am Happy Hangman, L 2pm Sassy Senior Bingo, CR 3pm Wii Games, FR 4pm Bounce Basketball, L	10am Miscellaneous Errands, O 10am Don't Quote Me, L 10am Bible Study/Sing A Long, ALL 2pm Art Expression, AR 2pm Walmart, O 4pm Lewisville Derby Horse Racing, L 7pm Bring a Friend Movie Night, TH 7pm Bereavement Support Group, ALL	9:30am Walking Warriors 9:30am Stretch n Grow, CR 10:30am Questions and Answers, L 10:30am Rosa's, O 2pm Rowdy Ring toss, L 2pm Express Errands, O 3:30pm Fine as Wine Happy Hour, L	 9:30am Coffee and Conversation, L 1pm Trivia Pursuit, LL 1pm Residents Choice Games, AR 2pm Fun Flicks and Popcorn, TH 3pm Billiards/Pool 7pm Crazy Card Games, B
10	11	12	13	14	15	16
 10:30am Bible Study, B 2pm Matinee Movie, TH 3pm Roll to Play, B 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L	 9:30am Exercise with Jaque, CR 9:30am Walking Warriors 10am Café Latte Monday Mind Games, L 10:30am Blood Pressure Checks, CR 2pm Pokeno for Prizes, AR 4pm Bucket Bonanza, L	9:30am Walking Warriors 9:30am Sit & Fit, CR 10am Walmart, O 10am Catholic Communion, B 10am Rosary Service, B 10:30am Quiz a mania, L 1:30pm Spanish Class, AR 2pm Poker, B 4pm Gutter Gang Bowling, L	9:30am Exercise with Jacque, CR 10am Post Office/Bank, O 10am Question and Answers, L 2pm Sassy Senior Bingo, CR 3pm Wii Games, FR 4pm Target Toss, L	10am Holiday Bazaar 10am Miscellaneous Errands, O 10am Word Scramble, L 10am Bible Study/Sing A Long, ALL 2pm Happy Horseshoe, L 2pm Walmart, O 4pm Lewisville Derby Horse Racing, L 7pm Bring a Friend Movie Night, TH	9:30am Walking Warriors 9:30am Sittercise, CR 10:30am Search and Find, L 1 pm Bridge, B 2pm Roll to Play, L 2pm Express Errands, O 3:30pm Sassy Senior Social Happy Hour, L	 9:30am Coffee and Conversation, L 1pm Trivia Pursuit, LL 1pm Residents Choice Games, AR 2pm Fun Flicks and Popcorn, TH 3pm Billiards/Pool 7pm Crazy Card Games, B
17	18	19	20	21	22	23
 10:30am Bible Study, B 2pm Matinee Movie, TH 3pm Roll to Play, B 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L	 9:30am Exercise with Jacque, CR 9:30am Walking Warriors 10am Café Latte Monday Mind Games, L 10:30am Blood Pressure Checks, CR 2pm Pokeno for Prizes, AR 4pm Ping Pong Plunk, L	9:30am Walking Warriors 9:30am Tone Those Bones, CR 10am Walmart, O 10am Catholic Communion, B 10am Rosary Service, B 10:30am Don't Quote Me, L 1:30pm Spanish Class, AR 2pm Poker, B 4pm Toss Across Bean Bags, L	9:30am Exercise with Jacque, CR 10am Post Office/Bank, O 10am Holiday Bazar, L 10:30am Pub Trivia, L 2pm Sassy Senior Bingo, CR 3pm Wii Games, FR 4pm Dice A Lot, L	10am Miscellaneous Errands, O 10am Don't Quote Me, L 10am Bible Study/Sing A Long, ALL 2pm Bucket Bonanza, L 2pm Walmart, O 4pm Lewisville Derby Horse Racing, L 7pm Bring a Friend Movie Night, TH 7pm Dementia and Memory Challenges Support Group, ALL	9:30am Walking Warriors 9:30am Stretch n Grow, CR 10am Happy Hangman, L 10:30am Babes Chicken, O 1pm Bridge, B 2pm Roll to Play, L 2pm Express Errands, O 3:30pm Sassy Senior Social Happy Hour, L	 9:30am Coffee and Conversation, L 1pm Trivia Pursuit, LL 1pm Residents Choice Games, AR 2pm Fun Flicks and Popcorn, TH 3pm Billiards/Pool 7pm Crazy Card Games, B
24	25	26	27	28	29	30
 10:30am Bible Study, B 2pm Matinee Movie, TH 3pm Roll to Play, B 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L	 9:30am Exercise with Jacque, CR 9:30am Walking Warriors 10am Café Latte Monday Mind Games, L 10:30am Blood Pressure Checks, CR 2pm Pokeno for Prizes, AR 4pm Ring of Fire Darts, L	9:30am Walking Warriors 9:30am Tone Those Bones, CR 10am Walmart, O 10am Catholic Communion, B 10am Rosary Service, B 10:30am Word Scramble, L 1:30pm Spanish Class, AR 2pm Poker, B 4pm Power Tower, L	9:30am Exercise with Jacque, CR 10am Post Office/Bank, O 10:30am Quiz a mania, L 2pm Sassy Senior Bingo, CR 3pm Wii Games, FR 4pm Ping Pong Plunk, L	10am Miscellaneous Errands, O 10am Pub Trivia, L 10am Bible Study/Sing A Long, ALL 2pm Toss Across, L 2pm Walmart, O 4pm Lewisville Derby Horse Racing, L 7pm Bring a Friend Movie Night, TH	9:30am Walking Warriors 9:30am Sittercise, CR 10:30am Happy Hangman, L 1pm Bridge, B 2pm Tic Tac Toe, L 2pm Express Errands, O 3:30pm Birthday Bash, L	 9:30am Coffee and Conversation, L 1pm Trivia Pursuit, LL 1pm Residents Choice Games, AR 2pm Fun Flicks and Popcorn, TH 3pm Billiards/Pool 7pm Crazy Card Games, B