



## Your Executive Director

Dear Residents, Families, and Team,  
As we welcome the month of November, we are reminded of the beauty this season brings. The cool autumn breeze and colorful fall foliage create a wonderful atmosphere for reflection and gratitude. Along with the seasonal shift, don't forget we've just experienced the fall back time change, giving us an extra hour of rest as the days grow shorter and the nights longer. Let's take this opportunity to slow down, enjoy the crisp air, and appreciate the coziness of the season. One of the highlights of November is, of course, Thanksgiving. It's a time when we come together as a community to express our gratitude for the wonderful moments and people we have in our lives. I am excited to announce that we will be hosting our Thanksgiving Luncheon later this month, featuring all of the traditional favorites that make this holiday so special. We look forward to gathering with everyone to share in a delicious meal and create more cherished memories.

Once again, thank you all for your continued support, care, and kindness within our community. As the days grow cooler, may your hearts remain warm. Let's make this November one to remember!

Warm regards,

**Kendra Simpson**

Executive Director



## NOVEMBER 2024

### Serving Excellence: Josue Carrion

Ladies and Gentlemen, we would like to announce Josue Carrion as our Employee of the Month! As an excellent server, Josue has consistently demonstrated outstanding service and dedication, making him a valued member of our team. Josue's commitment to excellence is evident in every shift he works. He approaches his role with professionalism, ensuring that every guest receives attentive and friendly service. His ability to anticipate needs and provide thoughtful recommendations truly enhances the dining experience for everyone. Professionalism isn't the only thing Josue brings. He has a sense of humor that sparks it up. Additionally, his respectful demeanor toward the residents is commendable. He treats everyone with kindness and dignity, fostering a positive environment that encourages teamwork and camaraderie. Congratulations, Josue, on being named Employee of the Month! Thank you for your exceptional service and for making a difference every day!





INDEPENDENT LIVING

NOVEMBER  
2024

Locations

- Parking Lot ..... PL
- Bistro ..... B
- Community Room ..... CR
- Dining Room ..... DR
- Fitness Room ..... FR
- Garden ..... G
- Library ..... LL
- Lobby ..... L
- Outing ..... O
- Route 66 ..... R66
- Theater ..... TH



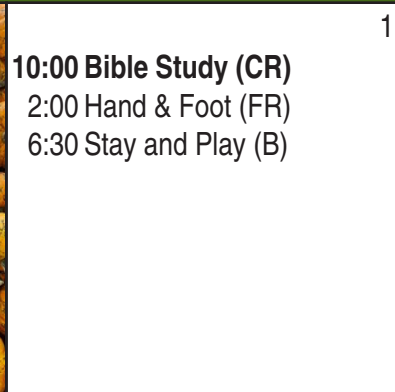
**Monday, 10AM** (Grocery Stores)  
**Tuesday & Thursday, 10AM** (Walmart)  
**Wednesday, 10AM** (Post Office/Bank)  
**Thursday, 2:30PM** (Misc. Errands)  
**Friday, 9:30AM**

Happy  
Birthday!

- 1-Barbara Moore
- 1-Lyda Shannon
- 3-Judy Kuhn
- 3-Brenda Patterson
- 5-Larry Howald
- 6-Jim Shannon
- 13-Geneva Johnson
- 18-Jesse Martinez
- 25-Jennifer Stockhausen
- 26-Patrick McLatcher
- 27-Sigrid Dockter
- 28-Kathleen Roach
- 29-Carol Brooks

“Many people will walk in  
and out of your life, but only  
true friends will leave  
footprints in your heart.”  
—Eleanor Roosevelt

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<div>10:00 Community Church 1:30 Bridge 3:00 Card Game Mania 6:30 Stay and Play (B)</div> <div>3</div>	<div>11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Spades 6:30 Stay and Play (B)</div> <div>4</div>	<div>9:35 Walmart Shopping (O) 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 2:00 “Thankful Bowl Game” 2:00 Hand &amp; Foot (FR) 6:30 Stay and Play (B)</div> <div>5</div>	<div>10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Blood Pressure Clinic w/ Grace (B) 2:00 Billion Dollar Bingo (B) 3:00 Dominoes/42/Mexican Train (CR) 3:30 Uno, Scoops, &amp; Friends 6:30 Stay and Play (B)</div> <div>6</div>	<div>Margarita Day! 9:35 Walmart Shopping (O) 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 2:00 Euchre (B) 2:30 Misc. Errands (O) 2:30 Music &amp; Margaritas (B) 6:30 Stay and Play (B)</div> <div>7</div>	<div>10:00 Bible Study (CR) 2:00 Hand &amp; Foot (FR) 6:30 Stay and Play (B)</div> <div>1</div>	<div>6:30 Stay and Play (B)</div> <div>2</div>
<div>10:00 Community Church 1:30 Bridge 3:00 Card Game Mania 6:30 Stay and Play (B)</div> <div>10</div>	<div>Veterans Day 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Honoring Veterans (CR) 2:00 Spades 3:00 Craft N Chat (CR) 6:30 Stay and Play (B)</div> <div>11</div>	<div>9:35 Walmart Shopping (O) 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 2:00 Hand &amp; Foot (FR) 2:30 Town Hall Meeting (CR) 6:30 Stay and Play (B)</div> <div>12</div>	<div>10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Billion Dollar Bingo (B) 3:00 Dominoes/42/Mexican Train (CR) 3:30 Uno, Scoops, &amp; Friends 6:30 Stay and Play (B)</div> <div>13</div>	<div>Banana Split Day! 9:35 Walmart Shopping (O) 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 2:00 Euchre (B) 2:00 What are you thankful for? (CR) 2:30 Misc. Errands (O) 3:30 Thursday entertainment from Linda Renfro &amp; Banana Splits (L) 6:30 Stay and Play (B)</div> <div>14</div>	<div>10:00 Bible Study (CR) 2:00 Hand &amp; Foot (FR) 3:30 Lima Bean Auction (Christmas Edition &amp; More) (CR) 6:30 Stay and Play (B)</div> <div>15</div>	<div>6:30 Stay and Play (B) 11:45 Thanksgiving Luncheon!</div> <div>16</div>
<div>10:00 Community Church 1:30 Bridge 3:00 Card Game Mania 6:30 Stay and Play (B)</div> <div>17</div>	<div>11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Spades 6:30 Stay and Play (B)</div> <div>18</div>	<div>9:35 Walmart Shopping (O) 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 2:00 Hand &amp; Foot (FR) 2:30 Thanksgiving Trivia (B) 6:30 Stay and Play (B)</div> <div>19</div>	<div>10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Billion Dollar Bingo (B) 3:00 Dominoes/42/Mexican Train (CR) 3:30 Uno, Scoops, &amp; Friends 6:30 Stay and Play (B)</div> <div>20</div>	<div>9:35 Walmart Shopping (O) 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 2:00 Euchre (B) 2:30 Misc. Errands (O) 6:30 Stay and Play (B)</div> <div>21</div>	<div>10:00 Bible Study (CR) 11:00 Dallas Arboretum and Lunch 2:00 Hand &amp; Foot (FR) 6:30 Stay and Play (B)</div> <div>22</div>	<div>6:30 Stay and Play (B)</div> <div>23</div>
<div>10:00 Community Church 1:30 Bridge 3:00 Card Game Mania 6:30 Stay and Play (B)</div> <div>24</div>	<div>11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Spades 3:00 Craft &amp; Chat (CR) 3:30 Monday Happy hour w/ David (L) 6:30 Stay and Play (B)</div> <div>25</div>	<div>9:35 Walmart Shopping (O) 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 2:00 Hand &amp; Foot (FR) 6:30 Stay and Play (B)</div> <div>26</div>	<div>10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Billion Dollar Bingo (B) 2:30 Food Forum/Food Demo (DR) 3:00 Dominoes/42/Mexican Train (CR) 3:30 Uno, Scoops, &amp; Friends 6:30 Stay and Play (B)</div> <div>27</div>	<div>Thanksgiving 9:35 Walmart Shopping (O) 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 2:00 Euchre (B) 2:30 Misc. Errands (O) 6:30 Stay and Play (B)</div> <div>28</div>	<div>10:00 Bible Study (CR) 2:00 Hand &amp; Foot (FR) 6:30 Stay and Play (B)</div> <div>29</div>	<div>6:30 Stay and Play (B)</div> <div>30</div>



# Community Food Drive: November 1st-20th

We are excited to announce our upcoming Food Drive, which will take place from November 1st-November 20th. This is a wonderful opportunity to come together as a community and support those in need.

A donation box will be available in the lobby throughout the drive. We encourage everyone to contribute non-perishable food items such as canned goods, pasta, rice, and boxed meals. Every donation, no matter how small, will make a difference for families in our area.

Let's work together to make this season a little brighter for those who need it most. Thank you for your generosity and support! We are so grateful for the incredible generosity shown by our community year after year. Together, we can make a difference in the lives of those who are less fortunate, ensuring that everyone has the opportunity to enjoy a meal and share in the joy of the season.



## A Thanksgiving Tradition

The Macy's Thanksgiving Day Parade in New York City has been a holiday tradition since 1924. Line up for some facts about the annual spectacle:

- Along with floats, brass bands and entertainers, the early parades included animals from the Central Park Zoo.
- Giant helium balloons replaced the live animals in 1927. Felix the Cat, a dinosaur and a dog were among the first characters.
- In the early years, balloons were simply released into the air after the parade instead of being deflated. Macy's offered rewards to those who found a balloon and returned it to the store.
- The parade was halted for three years during World War II, and Macy's donated 650 pounds of balloon rubber to the war effort.
- Macy's is the second-largest consumer of helium in the world, after the U.S. government.
- Each balloon takes about 90 minutes to inflate, and about 90 handlers are needed to control its guide ropes during the parade.
- Directing each balloon's handlers is a "pilot," who must walk backward during the entire 2.5-mile route.
- There are more than 8,000 parade participants, including Macy's employees, marching bands, celebrity singers, Broadway performers and the Radio City Rockettes.

