



Mid-Cities Greek FoodFest!

The cooler weather of October provides us the perfect excuse to get out and enjoy something new...the Mid-Cities Greek FoodFest! Held at St. John the Baptist Greek Orthodox Church in Euless, The Greek FoodFest features homemade food, shopping, live music, dancing, church tours and much more!

Sample the Santorini lamb chop, a gyro sandwich, or some saganaki (flaming cheese). Thirsty? Try the famous Ouzo slushy or a glass of Retsina wine. Complete the meal with some authentic Greek coffee and wonderful desserts including the famous baklava! Attend cooking demos showcasing many of the recipes used at the festival.

Please note: This is a cashless event, so bring your credit or debit card for all purchases.

The bus will leave Lewisville Estates at 11:30 am, on Friday, October 3rd. You will have plenty of time to sample all the amazing foods, enjoy the music and dancing, do a little shopping, and even join a tour of the impressive Byzantine Church.

So, bring your appetites and your dancing shoes for some great Greek food and fun that is certain to have you shouting OPA!!



Make a Difference Day

Even the smallest act of kindness can change someone's day. Do what you can on Make a Difference Day, the fourth Saturday in October.

OCTOBER 2025

State Fair Food & Fun

The State Fair of Texas comes to LE

Did you know the The State Fair of Texas can trace its origin back to 1886? And, that the first Texas vs. OU game was held at the State Fair in 1929? Now, fast forward to 2025 as we celebrate these Texas traditions! Join your friends and neighbors as we celebrate the State Fair of Texas & Texas/OU Weekend with some fair food and fun! We will gather on **Thursday, October 9th, at 5:00pm**, for a taste of the Fair. There will be **one dinner seating only** that evening. Enjoy classic fair foods, games, and prizes to get you in the festive spirit! Don't forget to wear your **UT or OU colors** and show us which team you're cheering for in the **Red River Rivalry!**



Hand-Washing Reminder

During cold and flu season, please remember that washing your hands frequently is important to help prevent the spread of germs. Lather your hands with plenty of soap and scrub for 20 seconds. Let's all do our part to stay healthy this season!

OCTOBER 2025

Locations

Parking Lot	PL
Bistro	B
Community Room	CR
Dining Room	DR
Fitness Room	FR
Garden	G
Library	LL
Lobby	L
Outing	O
Route 66	R66
Theater	TH
Sign-up Required	SU

Monday, 2:00PM (Misc. Errands)
Tuesday & Thursday, 9:20AM (Walmart)
Wednesday, 10AM (Post Office/Bank/Library)

HAPPY
BIRTHDAY

- 1 - Sandra White
2 - Raymond Henderson
4 - Phyllis Douglas
5 - Ruth Olinger
8 - Pat Lee
23 - Linda Westall
27 - Corrine Clark
29 - Tom Brady
- Staff**
3 - Rey Mendez
13 - Cecy Suarez
24 - Valerie Melgoza
26 - Rhonda Bitner

“To me, every hour of the day and night is an unspeakably perfect miracle.”
—Walt Whitman

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5 10:00 Community Church (CR) 12:00 Dallas Cowboys VS. New York Jets (R66) 1:30 Bridge Club (B) 2:00 Movie Matinee (TH) The Little Princess 3:00 Resident Choice Card Games (B) 4:00 Puzzle Club (R66)	 6 10:45 Monday Meditation (CR) 2:00 Misc. Errands (O) 2:00 Spades (B) 3:00 Handicrafters Hangout (CR) 3:00 Sequence (B) 4:00 Country Store Open 4PM-5PM	 7 9:20 Walmart Shopping (O)🚗 10:00 Catholic Communion (B) 10:00 Tai Chi (CR) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 UNO (B) 3:30 Tuesday Trivia (B)	1 9:45 Blood Pressure Checks (CR) 10:00 Post Office/Bank/Library (O) 10:00 Strength Class w/ Legacy (CR) 3:00 Bingo (B) 3:00 Mexican Train (CR) 4:00 Country Store Open 4PM-5PM	2 9:20 Walmart Shopping (O)🚗 10:30 Sequence (B) 1:30 Taste Testing: Apples 2:00 Dominoes / "42" (B) 3:00 Thursday Thinkers (B) Jeopardy! w/ Visiting Angels	3 10:00 Bible Study with Reverend Laymon (CR) 11:30 Mid-Cities Greek FoodFest! (O) 1:30 Book Club (LL) 3:00 Horse Races w/ Rhonda & BrightStar (B) 4:00 Drinks & Dominoes or "42" (B)	4 Make a Difference Day 10:00 Heroes of the Bible: The Book of Ruth (TH) 10:00 Rummikub (FR) 2:00 Billiards (R66) 2:00 Colorful Creations (B) 3:00 Bingo (B) 4:00 Uno (B)
12 10:00 Community Church (CR) 12:00 Dallas Cowboys VS. Carolina Panthers (R66) 1:30 Bridge Club (B) 2:00 Movie Matinee (TH) A Farewell to Arms 3:00 Resident Choice Card Games (B) 4:00 Puzzle Club (R66)	13 Columbus Day 10:45 Monday Meditation (CR) 1:30 Outing: Blooms Candy & Pop Shop (O) 2:00 Misc. Errands (O) 2:00 Spades (B) 3:00 Sequence (B) 4:00 Country Store Open 4PM-5PM	14 9:20 Walmart Shopping (O)🚗 10:00 Catholic Communion (B) 10:00 Tai Chi (CR) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 UNO (B) 2:30 Town Hall Meeting (CR) 3:00 Mix, Mingle & Music w/ Tonya R. (L)	15 9:45 Blood Pressure Checks (CR) 10:00 Post Office/Bank/Library (O) 10:00 Strength Class w/ Legacy (CR) 2:30 Food Committee w/ Chef Rey (DR) 3:00 Bingo (B) 3:00 Mexican Train (CR) 4:00 Country Store Open 4PM-5PM	16 9:20 Walmart Shopping (O)🚗 10:30 Sequence (B) 11:30 Lunch Outing: Cracker Barrel (O) 2:00 Dominoes / "42" (B) 3:00 Thursday Thinkers (B) Chain Reaction	17 10:00 Bible Study with Reverend Laymon (CR) 1:30 Book Club (LL) 2:00 Hand & Foot (FR) 3:30 Drinks & Dominoes or "42" (B)	18 10:00 Rummikub (FR) 10:00 Tim Conway & Harvey Korman Together Again (TH) 2:00 Billiards (R66) 2:00 Colorful Creations (B) 3:00 Bingo (B) 4:00 Uno (B)
19 10:00 Community Church (CR) 1:30 Bridge Club (B) 2:00 Movie Matinee (TH) Made For Each Other 3:00 Resident Choice Card Games (B) 3:25 Dallas Cowboys VS. Washington Commanders (r66) 4:00 Puzzle Club (R66)	20 10:00 Dollar Tree (O) 10:45 Monday Meditation (CR) 1:30 Tea & Travel: France (CR) 2:00 Misc. Errands (O) 2:00 Spades (B) 3:00 Handicrafters Hangout (CR) 3:00 Sequence (B) 4:00 Country Store Open 4PM-5PM	21 9:20 Walmart Shopping (O)🚗 10:00 Catholic Communion (B) 10:00 Tai Chi (CR) 10:00 You Are Beautiful Boutique (L) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 UNO (B) 3:00 Mix, Mingle, and Music w/ Toney Walsh (L)	22 9:45 Blood Pressure Checks (CR) 10:00 Post Office/Bank/Library (O) 10:00 Strength Class w/ Legacy (CR) 1:30 Casino Games (CR) 3:00 Bingo (B) 3:00 Mexican Train (CR) 4:00 Country Store Open 4PM-5PM 5:00 Dinner Outing: 54th Street (O)	23 9:20 Walmart Shopping (O)🚗 10:30 Sequence (B) 1:30 Sing-Along (CR) 2:00 Dominoes / "42" (B) 3:00 Thursday Thinkers (B) Word Games 6:30 BUNCO Party! (B)	24 10:00 Bible Study with Reverend Laymon (CR) 1:30 Craft: Easy Decoupage Pumpkins (B) 2:00 Hand & Foot (FR) 3:00 October Birthday Party w/ David Adams (L) 4:00 Drinks & Dominoes or "42" (B)	25 10:00 Rummikub (FR) 10:00 The Mummy (TH) 2:00 Billiards (R66) 2:00 Colorful Creations (B) 3:00 Bingo (B) 4:00 Uno (B)
26 10:00 Community Church (CR) 1:30 Bridge Club (B) 2:00 Movie Matinee (TH) An Affair to Remember 3:00 Resident Choice Card Games (B) 3:25 Dallas Cowboys VS Denver Broncos (R66) 4:00 Puzzle Club (R66)	27 10:45 Monday Meditation (CR) 1:30 Indoor Chair Volleyball (CR) 2:00 Misc. Errands (O) 2:00 Spades (B) 3:00 Sequence (B) 4:00 Country Store Open 4PM-5PM	28 9:20 Walmart Shopping (O)🚗 10:00 Catholic Communion (B) 10:00 Tai Chi (CR) 1:30 Hand and Foot (FR) 2:00 Spades (B) 2:00 UNO (B) 3:00 Fall Prevention Clinic w/ Legacy (CR)	29 9:45 Blood Pressure Checks (CR) 10:00 Post Office/Bank/Library (O) 10:00 Strength Class w/ Legacy (CR) 3:00 Mexican Train (CR) 3:00 Mix, Mingle, & Music w/ Andy Corridori (L) 4:00 Country Store Open 4PM-5PM	30 9:20 Walmart Shopping (O)🚗 10:30 Sequence (B) 1:00 Treasure Bingo w/ BrightStar (B) 2:00 Dominoes / "42" (B) 3:00 Thursday Thinkers (B) Name That Tune	31 10:00 Bible Study with Reverend Laymon (CR) 2:00 Hand & Foot (FR) 4:00 Halloween Happy Hour & Bingo Bash (L) 5:00 Halloween Dinner Party (one dinner seating @ 5pm) 6:00 Trick or Treating (L)	

Like a Kid in a Candy Store

When you think of October, what comes to mind first? It's probably Halloween. And when you think of Halloween, what's the first thing you think of? Kids and candy, right? Well, candy isn't just for kids, now, is it?

What began as a flower shop (Blooms on the Square) has morphed into a full-fledged old-fashioned candy & soda pop shop. The idea of adding some candy to the flower shop was just for fun, the owners had no idea it would become what it is today. We will visit the store on Monday, October 13th, where we will find over 800 different types of candy, over 50 different glass bottle root beers and 400 more hard to find, gourmet and nostalgic glass bottle sodas.

The bus will leave L.E. at 1:30pm for a short ride to Historic Downtown Carrollton, where we'll find the candy shop right on Main Street, right where a candy store belongs.

Halloween Fun at Lewisville Estates

Wear your costume and join your neighbors in the lobby on **Friday, October 31st @ 4pm** for some spooky fun at our Halloween Happy Hour and Bingo BASH! There will be fun music, food, special bingo games, and some tricks & treats along the way. Happy Hour will roll right into a fantastic dinner party at 5pm, complete with fun food and great entertainment! After dinner, we plan to carry on a Lewisville Estates' tradition of welcoming trick-or-treaters to our lobby on Halloween night beginning at 6pm. It is always so much fun to see children on Halloween, all dressed up and excited! Wear your costume and BYOBoC (Bring Your Own Bowl of Candy) to hand out to the trick-or-treaters! **Please donate a bag, or two, of candy to ensure we have enough candy for every child. Please bring candy donations to the front desk by October 28, 2025.**

Get Ready for the Annual Staff Pumpkin Decorating Contest

Our team is getting creative once again for the **Annual Staff Pumpkin Decorating Contest**, and we need **your help** to choose the winners! Keep an eye out for the decorated pumpkins around the community and get ready to **vote for your favorite**. Who will take the crown for the best pumpkin this year? **You be the judge!** Stay tuned for more details on when and where to cast your vote, and let the pumpkin fun begin!



We're proud to recognize **Eduardo** as our Employee of the Month for October! Eduardo is a hardworking team player who consistently goes above and beyond. Whether he's in the dish room, delivering food, or lending a hand to the waitstaff, Eduardo is always ready to help wherever he's needed. Thank you, for your dedication, positive attitude, and strong work ethic. We appreciate all that you do!

Plentiful Pumpkins

Carved, painted or simply sitting in decorative displays, pumpkins symbolize the fall season. From coast to coast, they're found in many sizes and colors, but the classic round, orange squash you'll find ripe for the picking at pumpkin patches and markets is the Connecticut field pumpkin. Of the 2 billion pounds of pumpkins grown in the U.S., most are processed into food products.

