



Residents, Families, And Friends

As the Fall season begins around us, we must look to nature for guidance. Like the trees let go of their leaves in order to grow even more beautiful in the spring, we must also let go of all of the worries that burden us in order to be the best versions of ourselves. Wear your favorite sweater that you have been waiting to put on all year, start your morning off right with a pumpkin spice latte, get cozy and watch your favorite Halloween movie with your loved ones. We had a wonderful September this year! Be on the lookout for our spirit days that are happening every Friday in preparation for Halloween. Make sure to get your most spook-tacular costume ready for our Halloween costume contest in order to win some sweet prizes. Sign up to go out on our outings this month to try some delicious food from local restaurants. I am so grateful for all of our residents, family members, and staff. Each one of you plays a vital part in making Lewisville Estates the amazing community that it is, and I look forward to spending this fall with all of you. Thank you so much for being a part of our Lewisville Estates family.

Smitha Krishnan
Executive Director



OCTOBER 2022

Employee of the Month!

Ladies and Gentlemen, Lewisville Estates would like to recognize Elbia Cantor as our Employee of the Month for October! Elbia is extremely dedicated with an exemplary work ethic. She is always going the extra mile for our residents and bringing a smile to their faces. Elbia, you're an inspiration to us all! We'd like to congratulate and acknowledge the tremendous success you've achieved. Thanks for being a part of Lewisville Estates!



OCTOBER 2022

Locations

Parking Lot	PL
Bistro	B
Community Room	CR
Dining Room	DR
Fitness Room	FR
Garden	G
Library	LL
Lobby	L
Outing	O
Route 66	R66
Theater	TH

Transportation Schedule:

Monday, 10AM (Grocery Stores)
Tuesday & Thursday, 10AM (Walmart)
Wednesday, 10AM (Post Office/Bank)
Thursday, 2:30PM (Misc. Errands)
Friday, 9:30AM (Express Errands)
Friday, TBA(Field Trips/Outings)

Happy Birthday!

1-Bill Hirneise
2-Carl Windsor
2-Denise Mitchell
9-Elenore Murray
10-Philip Ratliff
17-Danny Wilcox
26-Madelean Arnold
27-Corrine Clark
29-Tom Brady
"If everyone started off the day singing, just think how happy they'd be."
—Lauren Miracle

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<div>Garage Sale Day! 1</div> <div>8:00 Garage Sale and Craft Fair!</div> <div>10:30 The Coffee Club</div> <div>11:00 Puzzle Mania</div> <div>2:00 Skip-Bo Crew</div> <div>2:30 Afternoon Movie: Halloween Movie</div>
<div>2</div> <div>8:30 “In Search of The Lord’s Way” (KDFID Channel 7)</div> <div>10:00 Community Church</div> <div>12:00 Cowboys VS. Washington (Fox)</div> <div>1:30 Bridge</div> <div>3:00 Card Game Mania</div>	<div>3</div> <div>9:45 Dollar General</div> <div>10:00 “Walk This Weigh” by Jada</div> <div>11:00 Morning Devotional</div> <div>12:00 “Country Store Is Open”</div> <div>2:00 Pokeno</div> <div>3:30 Hand & Foot</div>	<div>4</div> <div>9:00 Coffee and Cross Words</div> <div>10:00 Balance Class w/ Legacy(CR)</div> <div>10:00 Catholic Communion (Bistro)</div> <div>10:00 Walmart Shopping (O)</div> <div>11:00 Adult Coloring Club</div> <div>12:00 Puzzle Mania</div> <div>2:00 “Lunch & Learn” Presentation by Pamela Taylor</div> <div>3:30 Uno, Friends & Ice Cream</div>	<div>5</div> <div>10:00 Bible Study by Richard N. (theater)</div> <div>10:00 Post Office/Bank</div> <div>10:00 Walk This Weigh w/ Jada</div> <div>10:30 County Store</div> <div>11:00 Morning Devotional</div> <div>12:00 Puzzle Mania</div> <div>1:00 Rounds of Cornhole</div> <div>3:00 Dominos Club</div>	<div>6</div> <div>9:00 Men’s Coffee Table</div> <div>9:45 Blood Pressure Clinic w/ Legacy</div> <div>10:00 Strength Class w/ Legacy</div> <div>10:00 Walmart Shopping (O)</div> <div>11:00 Take a Walk Around L.E.</div> <div>12:00 Knitting & Crotchet Class</div> <div>1:00 Rounds of Cornhole</div> <div>2:30 Misc. Errands</div> <div>3:00 “Lima Bean Auction” (Halloween Edition)</div>	<div>7</div> <div>10:00 Bible Study</div> <div>10:00 Men’s Coffee Table</div> <div>10:30 Cracker Barrel</div> <div>11:00 Spades</div> <div>12:00 Puzzle Mania</div> <div>1:30 Wahoo Board Game</div> <div>2:00 Uno & Friends</div> <div>3:30 “Get Your Wine On” Happy Hour</div>	<div>8</div> <div>10:30 The Coffee Club</div> <div>11:00 Puzzle Mania</div> <div>2:00 Skip-Bo Crew</div> <div>2:30 Afternoon Movie: Halloween Movie</div>
<div>9</div> <div>8:30 “In Search of The Lord’s Way” (KDFID Channel 7)</div> <div>10:00 Community Church</div> <div>1:30 Bridge</div> <div>3:00 Card Game Mania</div> <div>3:25 Cowboys VS. LA Rams (Fox)</div>	<div>10</div> <div>Halloween Door Contest Starts!</div> <div>9:45 Tom Thumb</div> <div>10:00 “Walk This Weigh” by Jada</div> <div>10:00 Morning Devotional</div> <div>11:00 Morning Devotional</div> <div>12:00 “Country Store Is Open”</div> <div>2:00 Pokeno</div> <div>3:30 Hand & Foot</div>	<div>11</div> <div>10:00 Balance Class w/ Legacy(CR)</div> <div>10:00 Holy Communion</div> <div>10:00 Walmart Shopping (O)</div> <div>11:00 Adult Coloring Club</div> <div>12:00 Puzzle Mania</div> <div>2:30 Town Hall Meeting</div> <div>3:30 Epic Fish Bowl Game</div>	<div>12</div> <div>10:00 Bible Study by Richard N. (theater)</div> <div>10:00 Post Office/Bank</div> <div>10:00 Walk This Weigh w/ Jada</div> <div>10:30 County Store</div> <div>11:00 Epic Ring Toss</div> <div>12:00 Puzzle Mania</div> <div>2:00 Halloween Word Scramble</div> <div>3:00 Dominos Club</div>	<div>13</div> <div>9:45 Blood Pressure Clinic w/ Legacy</div> <div>10:00 Strength Class w/ Legacy</div> <div>10:00 Walmart Shopping (O)</div> <div>11:00 Knitting & Crotchet Class</div> <div>12:00 Puzzle Mania</div> <div>1:00 Skip-Bo Click</div> <div>2:00 “Let’s Give ’em Pumpkin to Talk About” Arts & Crafts</div> <div>2:30 Misc. Errands</div> <div>3:30 Uno, Friends & Ice Cream</div>	<div>14</div> <div>10:00 Bible Study</div> <div>10:00 Men’s Coffee Table</div> <div>10:30 “Walk This Weigh” Exercise w/ Jada</div> <div>11:00 Spades</div> <div>1:30 Wahoo Board Game</div> <div>2:00 Uno & Friends</div> <div>3:30 “Games & Goodies” Social</div>	<div>15</div> <div>10:30 The Coffee Club</div> <div>11:00 Puzzle Mania</div> <div>2:00 Skip-Bo Crew</div> <div>2:30 Afternoon Movie: Halloween Movie</div>
<div>16</div> <div>8:30 “In Search of The Lord’s Way” (KDFID Channel 7)</div> <div>10:00 Community Church</div> <div>1:30 Bridge</div> <div>3:00 Card Game Mania</div> <div>7:20 Cowboys VS. Philadelphia (NBC)</div>	<div>17</div> <div>9:45 Dollar Tree</div> <div>10:00 “Walk This Weigh” by Jada</div> <div>11:00 Morning Devotional</div> <div>12:00 “Country Store Is Open”</div> <div>2:00 Pokeno</div> <div>3:30 Hand & Foot</div>	<div>18</div> <div>10:00 Balance Class w/ Legacy(CR)</div> <div>10:00 Catholic Communion (Bistro)</div> <div>10:00 Walmart Shopping (O)</div> <div>12:00 Puzzle Mania</div> <div>1:00 Outburst Game</div> <div>2:00 Rounds of Cornhole</div> <div>3:00 “Doubles Or Nothin” (Tennis)</div> <div>4:00 Cotton Patch</div>	<div>19</div> <div>10:00 Bible Study by Richard N. (theater)</div> <div>10:00 Post Office/Bank</div> <div>10:00 Walk This Weigh w/ Jada</div> <div>10:30 County Store</div> <div>11:00 Morning Devotional</div> <div>12:00 Puzzle Mania</div> <div>1:00 Spades Class</div> <div>2:00 Skip-Bo Click (B)</div> <div>3:00 Dominos Club</div>	<div>20</div> <div>9:45 Blood Pressure Clinic w/ Legacy</div> <div>10:00 Strength Class w/ Legacy</div> <div>10:00 Walmart Shopping (O)</div> <div>11:00 Knitting & Crotchet Class</div> <div>12:00 Spades Class</div> <div>1:00 Chicken Foot</div> <div>2:00 Puzzle Mania</div> <div>2:30 Misc. Errands</div> <div>3:00 German Feast & Beer Tasting (Main Event)</div>	<div>21</div> <div>9:45 Men’s Coffee Table</div> <div>10:00 Bible Study</div> <div>10:00 Feet Massage</div> <div>11:00 Spades</div> <div>1:30 Wahoo Board Game</div> <div>2:00 Uno & Friends</div> <div>3:30 Wine & Dine Happy Hour</div>	<div>22</div> <div>10:30 The Coffee Club</div> <div>11:00 Puzzle Mania</div> <div>2:00 Skip-Bo Crew</div> <div>2:30 Afternoon Movie: Halloween Movie</div>
<div>23</div> <div>8:30 “In Search of The Lord’s Way” (KDFID Channel 7)</div> <div>10:00 Community Church</div> <div>12:00 Cowboys VS. Detroit (CBS)</div> <div>1:30 Bridge</div> <div>3:00 Card Game Mania</div>	<div>24</div> <div>9:45 Kroger</div> <div>10:00 “Walk This Weigh” by Jada</div> <div>11:00 Morning Devotional</div> <div>12:00 “Country Store Is Open”</div> <div>2:00 Pokeno</div> <div>3:30 Hand & Foot</div>	<div>25</div> <div>10:00 Balance Class w/ Legacy(CR)</div> <div>10:00 Walmart Shopping (O)</div> <div>11:00 Nails & Make Up by: Jada & Lucinda</div> <div>12:00 Puzzle Mania</div> <div>1:30 Skip-Bo Squad</div> <div>2:30 Chicken Foot</div> <div>3:30 Mini Golf</div>	<div>26</div> <div>10:00 Bible Study by Richard N. (theater)</div> <div>10:00 Post Office/Bank</div> <div>10:00 Walk This Weigh w/ Jada</div> <div>10:30 County Store</div> <div>11:00 Morning Devotional</div> <div>12:00 Puzzle Mania</div> <div>1:00 Beach Volleyball</div> <div>2:00 Food Forum</div> <div>3:00 Dominos Club</div>	<div>27</div> <div>9:00 Coffee and Cross Words</div> <div>9:45 Blood Pressure Clinic w/ Legacy</div> <div>10:00 Strength Class w/ Legacy</div> <div>10:00 Walmart Shopping (O)</div> <div>11:00 Knitting & Crotchet Class</div> <div>12:00 Take a Walk Around L.E.</div> <div>1:00 Adult Coloring Club</div> <div>2:00 Dollar \$ Bingo</div> <div>2:30 Misc. Errands</div> <div>3:00 Uno, Friends & Ice Cream</div>	<div>28</div> <div>9:45 Men’s Coffee Table</div> <div>10:00 Bible Study</div> <div>10:30 Walk This Weigh Exercise w/ Jada</div> <div>11:00 Spades</div> <div>1:30 Wahoo Board Game</div> <div>2:00 Uno & Friends</div> <div>3:30 Halloween Preview Social Hour</div>	<div>29</div> <div>10:30 The Coffee Club</div> <div>11:00 Puzzle Mania</div> <div>2:00 Skip-Bo Crew</div> <div>2:30 Afternoon Movie: Halloween Movie</div>
<div>30</div> <div>8:30 “In Search of The Lord’s Way” (KDFID Channel 7)</div> <div>10:00 Community Church</div> <div>12:00 Cowboys VS. Chicago (Fox)</div> <div>1:30 Bridge</div> <div>3:00 Card Game Mania</div>	<div>31</div> <div>9:45 Aldi Shopping</div> <div>10:00 “Walk This Weigh” by Jada</div> <div>11:00 Morning Devotional</div> <div>12:00 “Country Store Is Open”</div> <div>2:00 Pokeno</div> <div>3:30 Hand & Foot</div>					

Scaring Up Some Fun

We've asked the mini ghosts and goblins from our area to join us for a truly spook-tacular time this Halloween. Now, we invite you, our residents, to join the fun by donning your most ghoulish attire and having plenty of treats available for the witches and wizards who may sweep through our community. Afterward, you'll have the opportunity to bedazzle your friends at our Halloween party. We'll have magical potions to quench your thirst and plenty of tasty goodies for you to enjoy. We hope that everyone will join us for our Halloween event. After all, it would be a frightful shame if you missed the fun!



Silly, Spooky Snacks

No tricks, just treats! Celebrate the spooky season with these fun recipes:

Freaky flapjacks. Prepare pancake batter from a box or your own recipe, then pour into a gallon-size zip-close food storage bag. Seal the bag, then snip off a bottom corner. On a hot griddle or skillet, add 1 teaspoon oil, then squeeze the batter from the bag and make a spiderweb shape. Cook 1 to 2 minutes, then flip and cook another minute. Repeat with rest of batter.

Monster smiles. Slice an apple, any variety, into wedges. Spread nut butter on one side of each wedge. On one wedge, with nut butter side up, arrange mini marshmallows in a row to look like teeth. Place another wedge on top, nut butter side down. Repeat with remaining slices.

Yummy mummies. Roll out refrigerated pizza dough and cut dough into strips. Wrap strips around hot dogs. Place wrapped hot dogs on a greased cookie sheet and bake for 15 minutes at 350° F. Remove from oven and let cool, then dot on eyes with mustard, ketchup or pizza sauce. Serve with additional sauce or condiments for dipping.

Batty bites. Unwrap a peanut butter cup and place in front of you. Separate a chocolate sandwich cookie and break one of the wafers in half to create two wing shapes. The Best Halloween Treats around!

