

## Dandy Candy Facts

Whether chocolaty, chewy or crunchy, candy is a favorite treat. Indulge in these tidbits about some popular sweets.

- About 65% of American candy brands have been around for over 50 years.
- Candy corn was originally called “chicken feed,” since it resembled the corn kernels fed to livestock.
- The Snickers bar was named after a racehorse that once belonged to the Mars family, whose company makes the candy bars.
- More than 60 million Tootsie Rolls are produced every day.
- M&M’s are one of the most popular sweets requested by NASA astronauts.



- Milky Way candy bars are named for a popular 1920s malted milkshake, not for our home galaxy.
- When the 3 Musketeers bar debuted in 1932, it came in three pieces of flavored nougat — chocolate, vanilla and strawberry. Vanilla and strawberry were phased out due to World War II rationing.

## Who’s Whooo of Owls

Symbols of wisdom and insight, owls are found throughout pop culture as characters who exhibit these qualities. Consider a few feathered favorites:

**Friend Owl** — He grumbles about noisy critters keeping him awake and warns about the dangers of getting “twitterpated,” otherwise known as falling in love. But Friend Owl is a wise mentor to the forest animals in the 1942 Disney cartoon “Bambi.”

**Mr. Owl** — This candy mascot was first seen in a 1970 TV commercial attempting to answer the age-old question, “How many licks does it take to get to the Tootsie Roll center of a Tootsie Pop?”

**Woodsy Owl** — Created in 1970 by the U.S. Forest Service, Woodsy taught youngsters to “Give a Hoot, Don’t Pollute.” He continues to make appearances to share his latest eco-friendly slogan: “Lend a Hand, Care for the Land.”

**Hoots the Owl** — Since his debut on “Sesame Street” in 1985, this jazzy Muppet musician has played his saxophone alongside famous entertainers such as Little Richard, Wynton Marsalis and John Legend.

**Hedwig** — Given to Harry Potter for his 11th birthday, this snowy owl served her owner by delivering his messages. Hedwig’s intelligence and loyalty also proved to be valuable assets during the boy wizard’s magical adventures.



## Dear Residents, Family and Friends

Fall is in full swing around here, and I for one could not be happier! We had a great month of September celebrating the start of football season with our “Football Pool,” soaking up the last few days of summer with an Ice Cream Social and a great night strolling down the strip at our Vegas Event. Be sure to check out your activity calendar and activity flyers to see what exciting outings, socials and events are scheduled for each month!

October has many fun and exciting things planned that include Trick or Treating for the family of our residents and staff, a lunch outing to Aw Shucks and our Main Event, “Oktoberfest.” Be sure to invite your family and friends. We hope to see you all there! Also, remember to check out our Facebook and website for weekly picture updates.

Happy October!

Erin Montgomery  
Executive Director



## Activities for Breast Cancer Awareness Month

Every October, people come together to support the fight against breast cancer, and there are numerous ways to get involved.

**Put on some pink** — The color pink is a global symbol of breast cancer awareness. Sporting a pink ribbon and other accessories is a simple way to spark conversation about the disease. Some workplaces, schools and other groups designate a Pink Out Day, when participants make a donation and dress in pink to raise money and awareness.

**Walk for a cure** — Communities often host a 5K race or walk-a-thon in honor of Breast Cancer Awareness Month. These fundraising events allow people to join together and show widespread support to those battling breast cancer.

**Go shopping** — Many national brands and local businesses run promotions during October, when proceeds from the sales of specific items are donated to breast cancer organizations. Whether buying clothing, beauty products or baked goods.

**Give back** — If you want to contribute money, choose charities that focus on patient support and/or research initiatives. To donate items such as blankets, hats and cards of encouragement, check with local hospitals and treatment centers to see if they accept donations for their breast cancer patients.



### Locations

- AL Parking Lot, ALPL Bistro, B
- Community Room, CR
- Dining Room, DR
- Dog Park, DG
- Fitness Room, F
- Flagpole, FP
- Garden, G
- Library, LL
- Lobby, L
- Outing, O
- Route 66, R66
- Theater, TH

### Transportation Schedule

- Monday, 10 a.m.**  
Grocery Stores
- Tuesday, 10 a.m.**  
Walmart
- Wednesday, 10 a.m.**  
Post Office/Bank
- Thursday, 10 a.m.**  
Walmart
- Thursday, 2:30 p.m.**  
Misc. Errands
- Friday, 9:30 a.m.**  
Express Errands
- Friday, TBA**  
Field Trips/Outing

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Birthdays</b></p> <p>Betty Colby, 2nd Earl Magby, 2nd Lorenzo Marines, 8th (Employee) Eleonore Murray, 9th Philip Ratliff, 10th Nora Condra, 14th Teresita Maffie, 15th (Employee)</p>	<p>Will Powers, 18th Inge Reece, 23rd Margaret Thielen, 24th Lisbeth Munson, 24th Elsa Greenlaw, 25th Donna Nelson, 25th Jean Alexander, 29th</p>	<p><b>Be Kind Day</b> 1 <b>Halloween Door</b> <b>Decorating Contest Begin</b></p> <p>9:30 <b>Chair Zumba Class w/Patty, CR</b> 10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B 10:30 Rosary Service, B 1:00 Bridge Club, B 2:30 Art Expression, CR 6:00 Hand &amp; Foot Card Game, B</p>	<p>9:00 <b>Out to Winstar Casino, O</b> 2 9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Current Events Coffee &amp; Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 6:00 Nickel (Card Game), B 6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b> 3 10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR 10:15 <b>Bible Study w/Pastor Frances, CR</b> 12:30 Singalong, O 2:30 <b>Misc. Errands, O</b> 4:00 <b>Trivia Club, R66</b> 6:00 Mexican Train, LL</p>	<p><b>National Taco Day</b> 4 9:30 <b>Express Errands, O</b> 10:00 Coffee &amp; Snacks Friday Social, L 10:30 <b>Live Well Strength w/Legacy, CR</b> 1:00 Bridge Club, B 2:00 Wonder Word Challenge 3:30 <b>Let's Taco About Happy Hour, L</b> 6:00 Hand &amp; Foot Card Game, B</p>	<p><b>World Smile Day</b> 5 9:30 Walking Warriors 10:30 Coffee &amp; Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:00 <b>Witches and Warlocks Pool Tournament, R66</b> 2:30 <b>Fun Flicks and Popcorn, TH</b> 3:30 Billiards (Pool) 6:00 Chicken Foot 7:00 Crazy Card Game, B</p>
<p>8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 6 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 3:25 <b>Cowboys vs. Green Bay (Fox), R66</b> 6:00 Chicken Foot 6:30 Resident Card Games, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 7 10:00 Coffee &amp; Snacks Monday Social, L 10:00 <b>Dollar Tree, O</b> 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Pokeno for Prizes, CR 2:30 <b>Singalong w/Karen, L</b> 4:00 <b>Trivia Club, R66</b> 6:00 Hand &amp; Foot Card Game, B</p>	<p>YOM KIPPUR BEGINS AT SUNSET 8 9:30 <b>Chair Zumba Class w/Patty, CR</b> 10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B 10:30 Rosary Service, B 1:00 Bridge Club, B 2:30 <b>Town Hall Meeting, CR</b> 6:00 Hand &amp; Foot Card Game, B</p>	<p><b>International Beer and Pizza Day</b> 9 9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Current Events Coffee &amp; Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:30 Beer and Pizza Social, B 6:00 Nickel (Card Game), B 6:45 Bring a Friend Movie Night, TH</p>	<p>9:00 <b>Flu Shots, F</b> 10 9:30 <b>Balance Class w/Legacy, CR</b> 10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR 10:00 <b>Health Fair, L</b> 10:15 <b>Bible Study w/Pastor Frances, CR</b> 12:30 Singalong, O 2:00 <b>Busy Hand Club, R66</b> 2:30 <b>Misc. Errands, O</b> 3:00 <b>Let's Get Wicked Social w/Jacque, B</b> 6:00 Mexican Train, LL</p>	<p><b>National Bowling Day</b> 11 9:30 <b>Express Errands, O</b> 10:00 Coffee &amp; Snacks Friday Social, L 10:30 <b>Live Well Strength w/Legacy, CR</b> 11:00 <b>Out to Cici's Pizza, O</b> 1:00 Bridge Club, B 2:00 Wonder Word Challenge 3:30 <b>Bowl Your Way to Happy Hour, L</b> 6:00 Hand &amp; Foot Card Game, B</p>	<p>9:30 Walking Warriors 12 10:30 Coffee &amp; Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 <b>Fun Flicks and Popcorn, TH</b> 3:30 Billiards (Pool) 6:00 Chicken Foot 7:00 Crazy Card Game, B</p>
<p>8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 13 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 3:25 <b>Cowboys vs. NY Jets, R66</b> 6:00 Chicken Foot 6:30 Resident Card Games, B</p>	<p>COLUMBUS DAY 14 <b>Columbus Day</b> 9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 10:00 Coffee &amp; Snacks Monday Social, L 10:00 <b>Big Lots, O</b> 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Pokeno for Prizes, CR 2:15 <b>Star Kids Musical, L</b> 2:30 <b>Singalong w/Karen, L</b> 4:00 Minute to Win It Games, B 6:00 Hand &amp; Foot Card Game, B</p>	<p><b>I Love Lucy Day</b> 15 9:30 <b>Chair Zumba Class w/Patty, CR</b> 10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B 10:30 Rosary Service, B 1:00 Bridge Club, B 2:30 Art Expression, CR 3:15 <b>Witches Gotta Stick Together Social w/Sunshine, B</b> 6:00 Hand &amp; Foot Card Game, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 16 10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Current Events Coffee &amp; Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:15 <b>Halloween Party w/M&amp;M Costumes, B</b> 3:30 Book Club: Music &amp; Musicians, LL 6:00 Nickel (Card Game), B 6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b> 17 10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR 10:15 <b>Bible Study w/Pastor Frances, CR</b> 12:30 Singalong, O 2:30 <b>Misc. Errands, O</b> 6:00 Mexican Train, LL 6:15 Oktoberfest (Main Event), DR</p>	<p><b>National Chocolate Cupcake Day</b> 18 9:30 <b>Express Errands, O</b> 10:00 Coffee &amp; Snacks Friday Social, L 10:30 <b>Live Well Strength w/Legacy, CR</b> 1:00 Bridge Club, B 2:00 Wonder Word Challenge 3:30 <b>Chocolate Cupcake Birthday Bash, L</b> 6:00 Hand &amp; Foot Card Game, B</p>	<p>9:30 Walking Warriors 19 10:30 Coffee &amp; Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 <b>Fun Flicks and Popcorn, TH</b> 3:30 Billiards (Pool) 6:00 Chicken Foot 7:00 Crazy Card Game, B</p>
<p>8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 20 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:00 Chicken Foot 6:30 Resident Card Games, B 7:20 <b>Cowboys vs. Philadelphia, R66</b></p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 21 10:00 Coffee &amp; Snacks Monday Social, L 10:00 <b>Dollar Tree, O</b> 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Pokeno for Prizes, CR 2:30 <b>Singalong w/Karen, L</b> 3:30 <b>Assistive Devices &amp; ADL's Health Tak w/Legacy, B</b> 6:00 Hand &amp; Foot Card Game, B</p>	<p>9:30 <b>Chair Zumba Class w/Patty, CR</b> 22 10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B 10:30 Rosary Service, B 1:00 Bridge Club, B 2:30 Art Expression, CR 6:00 Hand &amp; Foot Card Game, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 23 10:00 <b>Post Office/Bank, O</b></p> <p>10:00 Current Events Coffee &amp; Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 4:00 Witches Hat Toss Game, B 6:00 Nickel (Card Game), B 6:45 Bring a Friend Movie Night, TH</p>	<p>9:30 <b>Balance Class w/Legacy, CR</b> 24 10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR 10:15 <b>Bible Study w/Pastor Frances, CR</b> 12:30 Singalong, O 2:00 <b>Busy Hand Club, R66</b> 2:30 <b>Misc. Errands, O</b> 3:00 Wicked Nails and Hand Massage, B 6:00 Mexican Train, LL</p>	<p>9:30 <b>Express Errands, O</b> 25 10:00 Coffee &amp; Snacks Friday Social, L 10:30 <b>Live Well Strength w/Legacy, CR</b> 11:00 <b>Out to Aw Shucks, O</b> 1:00 Bridge Club, B 2:00 Wonder Word Challenge 3:30 <b>Boo Y'all Happy Hour, L</b> 6:00 Hand &amp; Foot Card Game, B</p>	<p>9:30 Walking Warriors 26 10:30 Coffee &amp; Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 <b>Fun Flicks and Popcorn, TH</b> 3:30 Billiards (Pool) 6:00 Chicken Foot 7:00 Crazy Card Game, B</p>
<p>8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 27 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:00 Chicken Foot 6:30 Resident Card Games, B</p>	<p>9:30 <b>Exercise w/Jacque of A.R.T., CR</b> 28 10:00 Coffee &amp; Snacks Monday Social, L 10:00 <b>Tom Thumb, O</b> 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Pokeno for Prizes, CR 2:30 <b>Singalong w/Karen, L</b> 4:00 Minute to Win It Games, B 4:00 Apple Toss Game, B 6:00 Hand &amp; Foot Card Game, B</p>	<p>9:30 <b>Chair Zumba Class w/Patty, CR</b> 29 10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Catholic Communion, B 10:30 Rosary Service, B 1:00 Bridge Club, B 2:30 Art Expression, CR 6:00 Hand &amp; Foot Card Game, B</p>	<p>9:00 <b>Out to Arboretum, O</b> 30 9:30 <b>Exercise w/Jacque of A.R.T., CR</b></p> <p>10:00 Current Events Coffee &amp; Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:30 <b>Ghouls Just Wanna Have Fun Social w/Jason, B</b> 6:00 Nickel (Card Game), B 6:45 Bring a Friend Movie Night, TH</p>	<p>HALLOWEEN 31 9:30 <b>Balance Class w/Legacy, CR</b> 10:00 <b>Shopping at Walmart, O</b></p> <p>10:00 Blood Pressure Check w/Legacy, CR 10:15 <b>Bible Study w/Pastor Frances, CR</b> 12:30 Singalong, O 2:30 <b>Misc. Errands, O</b> 3:00 <b>Activity Meeting and Witches Water Social, B</b> 6:00 Mexican Train, LL 6:00 <b>Trick or Treating, L</b></p>		