



## A Letter From Your Executive Director!

This month we enter into the new season of fall. A time of camaraderie, comfort, and hopefully a break from the heat! I am so excited for all of the new things to come and am so grateful to have such a wonderful community by my side. Last month in August, our residents had an amazing time putting together donations to send kids back to school. We are so glad to be able to help our community, and so grateful to the generosity of all of you who donated supplies. Residents also had a blast line dancing the day away at our country main event. This month in September, we are sure to have even more awesome activities and events planned. From a Labor Day celebration to fun crafts and games, our residents are sure to be busy! Make sure to keep an eye on the calendar to not miss any of the wonderful things we have planned.



SEPTEMBER 2023

## Employee of the Month!

Ladies and Gentlemen, we would like to announce Margaret Mullins as the Employee of the Month for September! Margaret is our Assisted Living caregiver and does a phenomenal job at what she does! She has the kind of attitude that motivates others and is always smiling. She constantly volunteers to train new staff and they always turn out great! Margaret, you demonstrate excellence in the areas of commitment, teamwork, and leadership! Congratulations and thank you for being a part of Lewisville Estates!





INDEPENDENT LIVING

SEPTEMBER  
2023

Locations

Parking Lot	PL
Bistro	B
Community Room	CR
Dining Room	DR
Fitness Room	FR
Garden	G
Library	LL
Lobby	L
Outing	O
Route 66	R66
Theater	TH

Transportation  
Schedule:

**Monday, 10AM** (Grocery Stores)  
**Tuesday & Thursday, 10AM** (Walmart)  
**Wednesday, 10AM** (Post Office/Bank)  
**Thursday, 2:30PM** (Misc. Errands)  
**Friday, 9:30AM**

Happy  
Birthday to  
You All!

- 1-Art Astorga
- 2-Donna Moore
- 8- Pat Johnson
- 15- Richard Norman
- 16-Bud McDaniel
- 17-Joe Cicero
- 27-Mary Anne Thorson

“Be curious always!  
For knowledge will  
not acquire you;  
you must acquire it.”  
—Sudie Back

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>Happy Birthday Art !</b> 1 10:00 Bible Study (CR) 10:30 “Get Your Exercise On” (CR) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 Gospel Violin by Jason!	<b>Happy Birthday Donna Moore!</b> 2 10:00 Weekend Exercise <b>10:30 The Coffee Club</b> 11:00 Puzzle Mania 2:00 It’s Saturday Bingo <b>2:00 Skip-Bo Crew</b> <b>2:30 Afternoon Movie</b>
3 <b>8:30 “In Search of The Lord’s Way” (KDFID Channel 7)</b> <b>10:00 Community Church</b> <b>1:30 Bridge</b> 3:00 Card Game Mania	4 	5 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) <b>10:00 Walmart Shopping (O)</b> 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 3:00 Sing Along (’60s & ’70s mix up)	6 10:00 Bible Study by Richard N. (Theater) 10:00 Exercise Music Drums w/ Jada <b>10:00 Post Office/Bank (O)</b> 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Hedbanz Challenge (B) 3:00 Dominos/42/Mexican Train (CR)	7 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) <b>10:00 Walmart Shopping (O)</b> 11:00 Puzzle Table (R66) 2:00 Arts & Crafts 2:00 Euchre (CR) <b>2:30 Misc. Errands (O)</b> 3:00 Ring Toss	8 <b>Happy Birthday Pat Johnson!</b> 10:00 Bible Study (CR) 10:30 “Get Your Exercise On” (CR) <b>11:00 Baja Rita’s Mexican Restaurant Outing!</b> 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 Root Beer Float Social	9 10:00 Weekend Exercise <b>10:30 The Coffee Club</b> 11:00 Puzzle Mania 2:00 It’s Saturday Bingo <b>2:00 Skip-Bo Crew</b> <b>2:30 Afternoon Movie</b>
10 <b>8:30 “In Search of The Lord’s Way” (KDFID Channel 7)</b> <b>10:00 Community Church</b> <b>1:30 Bridge</b> 3:00 Card Game Mania	11 9:00 Take a Walk around L.E. <i>10:00 Coffee &amp; News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 spades 3:30 Hand & Foot	12 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) <b>10:00 Walmart Shopping (O)</b> 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 2:30 Town Hall Meeting (CR)	13 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (Theater) <b>10:00 Post Office/Bank (O)</b> 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Pizza & A Movie! 3:00 Dominos/42/Mexican Train (CR)	14 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) <b>10:00 Walmart Shopping (O)</b> 11:00 Puzzle Table (R66) 2:00 Euchre (CR) <b>2:30 Misc. Errands (O)</b> 3:30 Turn the music up w/ Chauna Divine	15 <b>Happy Birthday Richard!</b> 10:00 Bible Study (CR) 10:30 “Get Your Exercise On” (CR) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:30 Tattoos N Booze Social Hour	16 <b>Happy Birthday Bud McDaniel!</b> 10:00 Weekend Exercise <b>10:30 The Coffee Club</b> 11:00 Puzzle Mania 2:00 It’s Saturday Bingo <b>2:00 Skip-Bo Crew</b> <b>2:30 Afternoon Movie</b>
17 <b>Happy Birthday Joe!</b> <b>8:30 “In Search of The Lord’s Way” (KDFID Channel 7)</b> <b>10:00 Community Church</b> <b>1:30 Bridge</b> 3:00 Card Game Mania	18 <i>10:00 Coffee &amp; News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 spades 3:30 Hand & Foot	19 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) <b>10:00 Walmart Shopping (O)</b> 11:00 Knitting & Crochet (L) <b>11:00 Lunch &amp; Learn w/ Pamela Taylor ( Medicare talks)</b> 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 3:00 Finish The Lyrics (’50s * ’60s Music)	20 10:00 Bible Study by Richard N. (Theater) 10:00 Exercise Music Drums w/ Jada <b>10:00 Post Office/Bank (O)</b> 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Mini Golf 3:00 Dominos/42/Mexican Train (CR)	21 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) <b>10:00 Walmart Shopping (O)</b> 11:00 Puzzle Table (R66) 2:00 Euchre (CR) <b>2:30 Misc. Errands (O)</b> 2:30 Sip -N- Paint <b>5:00 Dinner &amp; Live Show w/ Shanna Divine! (Main Event) (DR)</b> <b>6:00 Dinner &amp; Live Show w/ Shanna Divine! (Main Event) (DR)</b>	22 10:00 Bible Study (CR) <b>10:30 Fire Department visit</b> 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B)	23 10:00 Weekend Exercise <b>10:30 The Coffee Club</b> 11:00 Puzzle Mania 2:00 It’s Saturday Bingo <b>2:00 Skip-Bo Crew</b> <b>2:30 Afternoon Movie</b>
24 <b>8:30 “In Search of The Lord’s Way” (KDFID Channel 7)</b> <b>10:00 Community Church</b> <b>1:30 Bridge</b> 3:00 Card Game Mania	25 <i>10:00 Coffee &amp; News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 spades 3:30 Hand & Foot	26 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) <b>10:00 Walmart Shopping (O)</b> 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 3:00 Indoor Volleyball	27 <b>Happy Birthday Mary Anne!</b> 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (Theater) <b>10:00 Post Office/Bank (O)</b> 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Indoor Tubing 3:00 Dominos/42/Mexican Train (CR)	28 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) <b>10:00 Walmart Shopping (O)</b> 11:00 Puzzle Table (R66) 2:00 Euchre (CR) <b>2:30 Misc. Errands (O)</b> 3:30 Ice Cream & Trivia Social	29 10:00 Bible Study (CR) 10:30 “Get Your Exercise On” (CR) <b>11:00 Mama’s Daughters’ Diner Outing!</b> 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B)	30 10:00 Weekend Exercise <b>10:30 The Coffee Club</b> 11:00 Puzzle Mania 2:00 It’s Saturday Bingo <b>2:00 Skip-Bo Crew</b> <b>2:30 Afternoon Movie</b>





In this Photo: Pat Johnson



## From Sea to Shining Sea

To commemorate Patriot Day, Sept. 11, memorial services and candlelight vigils take place across the country in remembrance of the innocent victims of the terrorist attacks on the World Trade Towers. U.S. flags fly at half-staff, and the country shares a moment of silence beginning at 8:46 a.m. (EDT).

Although the country mourns this loss, the spirit of the Twin Towers lives on. Steel from the towers has risen from the ashes and is now plunging through ocean waves as a U.S. Naval warship, defending American freedom. The Navy found the twisted steel to still be of significant strength, so parts of the Towers' remains were used in the new ship's bow stem. Though state names are typically reserved for naval submarines, New York Governor George E. Pataki asked that this special surface warship bear the name "New York" in honor of the victims, heroes and courageous New Yorkers who immortalized that day. His request was granted. This ship will be the fifth ship of the U.S. Navy to have the name New York. Ironically, the keel of a previous USS New York (BB-34) was laid on Sept. 11, 1911, exactly 90 years before the World Trade Center attack.

