

A Celestial Spectacle

Millions across the U.S. will have their eyes on the sky this month: The first coast-to-coast solar eclipse in nearly a century will take place on Aug. 21.

A total solar eclipse occurs when the moon moves between the sun and the Earth, covering the sun and casting a shadow on Earth. This month's eclipse is unique because its path will cross the U.S. diagonally from Oregon to South Carolina, passing through parts of 14 states.

All areas of the continental U.S. will experience at least a partial eclipse, but people in the 70-mile-wide "path of totality" will see a total eclipse, when only the sun's outer atmosphere, the corona, will be visible. In the middle of the day, twilight will fall for up to 2 minutes, 40 seconds; stars and planets will be visible; and the temperature will drop, just like at nighttime.

The view is sure to be breathtaking, but experts caution that looking directly at the sun can cause permanent eye damage. Special eclipse glasses or solar viewers are essential.



Resident of the Month!

Our Life Enrichment Activity Program would like to recognize Laverne Eckle. Laverne likes to participate in different activities like our afternoon games, socials, happy hours and being a part of our big events. She also enjoys some morning walks around our community. Thank you Laverne for your sweet personality and great smile. We are so happy to have you here at Lewisville Estates.



Movie Time

Come and join us every Wednesday night (6:45 p.m.) and Saturday afternoon (2:30 p.m.) for a fun movie time. Also, every second Saturday of the month is a special movie with Pastor Frances. Please see Patty if you have any requests for a special movie that you would like to watch with your friends.



Dear Residents, Families and Friends

Happy August! We have many new residents and family members among us; please introduce yourselves so they can feel the warmth and family spirit we have at Lewisville Estates.

With the summer coming to an end, it's almost time for our children to return to school, and we will be hosting our annual back-to-school drive for our employees and their children. In appreciation, a box will be placed in the lobby for collection of school supplies (pencils, notebooks, paper, crayons, art paper, calculator, etc.). Please join us as we say "thank you" to our faithful employees in a tangible way!

We have several fun activities in store! Please check your calendars and weekly reminders for updated information on what will be happening in our community. If you have any suggestions for outings please let our Activity Director Patty know. On Aug. 3, we will be having a watermelon social and we hope to see you all there! Don't forget to invite your family and friends to our "Boogie Down At The Disco" (Main Event) on Aug. 17. We will also be going to Dairy Queen on Aug. 25, so make sure to join us for a sweet treat!

Don't forget to check out our Facebook page for weekly updates and pictures. We are frequently updating our page with all the fun events happening here at Lewisville Estates!

Regards,

Jessica Hazelton

EXECUTIVE DIRECTOR



Diamond Dreams

Each summer, youngsters across the U.S. and the world take the field as Little League ballplayers. Variations of baseball have been around since the 18th century. When the game grew to be the national pastime, children played pickup games in streets and sandlots, often using castoff equipment that was made for adults.

In 1938, Carl Stotz of Williamsport, Pa., wanted to give his young nephews and other neighborhood boys the opportunity to play in an organized league. He spent months testing gear and field dimensions and recruiting players. Stotz also asked sponsors to help pay for the uniforms and equipment.

The first Little League game swung into action in Williamsport in 1939. The program was a hit, and leagues popped up across the country, then around the globe. The first National Little League Tournament — now known as the annual Little League Baseball World Series — was played in 1947.

Today, more than 200,000 teams in 80 countries participate in Little League.



LEWISVILLE STATES

SENIOR LIVING AT EASE

INDEPENDENT LIVING

AUGUST 2017

Locations

- AL Parking Lot, ALPL
- Bistro, B
- Community Room, CR
- Dining Room, DR
- Dog Park, DG
- Fitness Room, F
- Flagpole, FP
- Garden, G
- Library, LL
- Lobby, L
- Outing, O
- Route 66, R66
- Theater, TH

Transportation Schedule

Monday
10 a.m.
Grocery Stores

Tuesday
10 a.m.
Walmart

Wednesday
10 a.m.
Post Office/Bank

Thursday
2 p.m.
Walmart

Friday
TBA
Field Trips/Outing

Birthdays

- Cindy Bruce, 11th (Employee)
- Doris Hunter, 16th
- Jack Gonz, 16th
- Jerry Ingram, 17th
- Sheila Call, 18th (Employee)
- Betty Laymon, 19th
- Tiffanie Regalado, 28th (Employee)
- Floyd Abbott, 29th
- Nancy Benner, 29th
- Jacob Rodriguez, 30th (Employee)

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		School Supply Donation Box 1 9:30 Chair Yoga Class, CR 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 2:30 Art Expression, CR 6:00 Card Games, B	National Coloring Book Day 2 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:00 Wii Games w/Max, F 3:15 Bible Study, TH 3:30 Adult Coloring Social, B 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	National Watermelon Day 3 9:30 Balance Class w/ Legacy, CR 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:15 Bible Study w/ Pastor Frances, CR 1:00 Summer Singalong, CR 2:00 Shopping at Walmart, O 3:30 Watermelon Social, B 6:00 Card Games, B	International Beer Day 4 9:30 Walking Warriors, B 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 10:30 Live Well Strength w/Legacy, CR 1:00 Bridge, CR 3:30 Beer & Pretzel Happy Hour, L 6:00 Card Games, B	9:30 Walking Warriors 5 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
7:30 The Truth in Love (TV Channel 7), R66 6 8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:30 Resident Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 7 10:00 Coffee & Snacks Monday Social, L 10:00 Winco, O 10:30 Blood Pressure Checks w/A.R.T., CR 1:00 Bridge Club, CR 2:00 Pokeno for Prizes, CR 3:15 Trivia Club, B 4:00 Rowdy Ring Toss, B 6:00 Card Games, B	9:30 Chair Yoga Class, CR 8 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 2:30 Town Hall Meeting, CR 3:30 Busy Hands Club, R66 6:00 Card Games, B	8:00 Out to Winstar Casino, O 9 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:00 Wii Games w/Max, F 3:15 Bible Study, TH 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	S'mores Day 10 9:30 Balance Class w/Legacy, CR 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:15 Bible Study w/ Pastor Frances, CR 1:00 Summer Singalong, CR 2:00 Shopping at Walmart, O 3:30 S'mores & Afternoon Social w/Jacque, B 6:00 Card Games, B	9:30 Walking Warriors, B 11 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 10:30 Live Well Strength w/Legacy, CR 11:00 Out to Cici's Pizza, O 1:00 Bridge, CR 3:30 Fun Happy Hour, L 6:00 Card Games, B	9:30 Walking Warriors 12 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 Movie Time With Pastor Frances, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
7:30 The Truth in Love (TV Channel 7), R66 13 8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:30 Resident Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 14 10:00 Coffee & Snacks Monday Social, L 10:00 Tom Thumb, O 10:30 Blood Pressure Checks w/A.R.T., CR 1:00 Bridge Club, CR 2:00 Pokeno for Prizes, CR 3:30 Legacy Health Chat, B 6:00 Card Games, B	9:30 Chair Yoga Class, CR 15 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 2:30 Art Expression, CR 6:00 Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 16 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:00 Wii Games w/Max, F 3:15 Bible Study, TH 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	9:30 Balance Class w/Legacy, CR 17 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:15 Bible Study w/ Pastor Frances, CR 1:00 Summer Singalong, CR 2:00 Shopping at Walmart, O 6:00 Card Games, B 6:00 Boogie Down at the Disco (Main Event), DR	9:30 Walking Warriors, B 18 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 10:30 Live Well Strength w/Legacy, CR 1:00 Bridge, CR 3:30 Back-To-School Supply Donation Happy Hour, L 6:00 Card Games, B	9:30 Walking Warriors 19 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
7:30 The Truth in Love (TV Channel 7), R66 20 8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:30 Resident Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 21 10:00 Coffee & Snacks Monday Social, L 10:00 Dollar Tree, O 10:30 Blood Pressure Checks w/A.R.T., CR 1:00 Bridge Club, CR 2:00 Pokeno for Prizes, CR 3:15 Trivia Club, B 4:00 Rowdy Ring Toss, B 6:00 Card Games, B	9:30 Chair Yoga Class, CR 22 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 2:30 Art Expression, CR 6:00 Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 23 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:00 Wii Games w/Max, F 3:15 Bible Study, TH 3:30 Legacy Social Time, B 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	9:30 Balance Class w/Legacy, CR 24 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:15 Bible Study w/ Pastor Frances, CR 1:00 Summer Singalong, CR 2:00 Shopping at Walmart, O 2:30 Knitting Club Social, R66 6:00 Card Games, B	9:30 Walking Warriors, B 25 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 10:30 Live Well Strength w/Legacy, CR 1:00 Bridge, CR 3:30 Birthday Bash, L 6:00 Card Games, B	9:30 Walking Warriors 26 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:30 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
7:30 The Truth in Love (TV Channel 7), R66 27 8:30 In Search of the Lord's Way (TV KTXA Channel 12), R66 9:00 Bible Study, CR 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:30 Resident Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 28 10:00 Coffee & Snacks Monday Social, L 10:00 Shopping at Aldi, O 10:30 Blood Pressure Checks w/A.R.T., CR 1:00 Bridge Club, CR 2:00 Pokeno for Prizes, CR 3:15 Trivia Club, B 6:00 Card Games, B	9:30 Chair Yoga Class, CR 29 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 2:30 Scrapbooking Club 6:00 Card Games, B	9:30 Exercise w/Jacque of A.R.T., CR 30 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 <i>Sassy Senior \$1 Bingo, CR</i> 3:00 Wii Games w/Max, F 3:15 Bible Study, TH 3:30 Book Club 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	9:30 Balance Class w/Legacy, CR 31 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:15 Bible Study w/ Pastor Frances, CR 1:00 Summer Singalong, CR 2:00 Shopping at Walmart, O 3:15 Ice Cream Social, B 6:00 Card Games, B		