



AUGUST 2023



Dear Residents, Family, And Friends

Happy August! As summer comes to an end, the sunny days will soon transition into autumn. Kids begin to go back to school and (hopefully) we will soon gain respite from the Texas summer heat. While this happens, we should take the time to reflect on the wonderful memories that we made throughout the season.

In July, our residents had an amazing time at all the fun activities and outings. We were so happy to see so many friends and families at our Summer Bash event! The food and music were wonderful, and we are looking forward to more awesome events to come in the future.

This August is sure to be one of the best ones yet. We have lots of great events planned such as our Western-style Cowboy & Cowgirl dance. The month will be jam-packed full of delightful activities and outings, so make sure to keep an eye on your calendars so you don't miss a single thing!



Employee of the Month!

Ladies and Gentlemen, we would like to announce Lizette Martinez as the Employee of the month for August! Lizette is our weekend concierge and is pretty much a blue-chip! Lizette has a technique for sustaining improved performance. Everything runs nice and smooth when she's around and makes it look fun while doing so. She lights the room each time she walks in one. Lizette, you always take pride in your work, and we appreciate you beyond measure! Congratulations and thank you for being a part of the team!



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Locations

Parking Lot	PL
Bistro	B
Community Room	CR
Dining Room	DR
Fitness Room	FR
Garden	G
Library	LL
Lobby	L
Outing	O
Route 66	R66
Theater	TH

Transportation Schedule:

Monday, 10AM (Grocery Stores)

Tuesday & Thursday, 10AM
(Walmart)

Wednesday, 10AM (Post Office/Bank)

Thursday, 2:30PM (Misc. Errands)

Friday, 9:30AM

**Happy
Birthday to
You All and
Enjoy!**

11-Wanda Halcom


17-Janice McAfee

27-Jane Brazell

30-Nadine Grimes

**"The winds and the waves
are always on the side of the
ablest navigators."
—Edward Gibbon**

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 2:30 Epic Fish Bowl Game 3:30 Hedbanz Challenge (B)	2 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (Theater) 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Monopoly Board 3:00 Dominos/42/Mexican Train (CR)	3 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Euchre (CR) 2:30 Misc. Errands (O) 3:00 Hangman	4 10:00 Bible Study (CR) 10:30 “Get Your Exercise On” (CR) 11:00 Men’s Lunch Outing! (Hooters) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B)	5 10:00 Weekend Exercise 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Gifted Hands
6 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	7 9:45 Big Lots (O) <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 1:00 Puzzle Mania 2:00 Pokeno for Prizes (CR) 3:30 Hand & Foot	8 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 2:30 Town Hall Meeting (CR) 3:30 Outburst Game	9 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (Theater) 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 10:30 Morning Uno Rounds 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Roll A Topic (Dice) 3:00 Dominos/42/Mexican Train (CR)	10 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Euchre (CR) 2:30 Misc. Errands (O) 3:30 Wine & Remember When	11 HAPPY BIRTHDAY WANDA! 10:00 Bible Study (CR) 10:30 “Get Your Exercise On” (CR) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 Watermelon Social	12 10:00 Weekend Exercise 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Miss Congeniality 2 (Armed & Fabulous)
13 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	14 9:45 Dollar Tree (O) <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Hand & Foot 3:30 Pokeno	15 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 3:30 Singing W/ Paul Anderson (Live)	16 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (Theater) 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Outburst Game 3:00 Dominos/42/Mexican Train (CR)	17 HAPPY BIRTHDAY JANICE! 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Euchre (CR) 2:30 Misc. Errands (O) 3:30 Outburst Game 6:30 Western Swing (Cowboy/Cowgirl Dance!)	18 10:00 Bible Study (CR) 10:30 “Get Your Exercise On” (CR) 11:00 A trip to Thrive 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 Birthday Bash!	19 10:00 Weekend Exercise 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Waitress
20 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	21 9:45 Target (O) <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Pokeno for Prizes (CR) 3:30 Hand & Foot	22 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 3:00 Spelling Bee Contest	23 10:00 Bible Study by Richard N. (Theater) 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 11:00 Olive Garden (O) 12:00 Puzzle Mania (R66) 2:00 Epic Fish Bowl Game 3:00 Dominos/42/Mexican Train (CR)	24 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Euchre (CR) 2:30 Misc. Errands (O) 3:30 Afternoon Bingo	25 10:00 Bible Study (CR) 10:30 “Get Your Exercise On” (CR) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B)	26 10:00 Weekend Exercise 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Guys & Dolls
HAPPY BIRTHDAY JANE BRAZELL! 27 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	28 9:45 Tom Thumb (O) <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Pokeno for Prizes (CR) 3:30 Hand & Foot	29 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 3:00 Red Light, Green Light 4:00 Skip-bo	30 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (Theater) 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 3:00 Dominos/42/Mexican Train (CR)	31 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Euchre (CR) 2:30 Misc. Errands (O)		<hr/> All Events Are Subject to Change <hr/>



For Lemonade Days, Make a Stand

Alex Scott was a young cancer patient determined to help other children like herself. So, for four years, despite deteriorating health, she set up a lemonade stand in her front yard to raise money for children's cancer research. In her memory, children, schools, businesses and organizations across the country will do the same during National Lemonade Days in early June. You can host your own stand or fundraiser in June or at any time of the year. For details or to find a stand near you, visit www.alexislemonade.org.



"Nurses dispense comfort, compassion and caring without even a prescription."

Shout Out to Our Nurses!

To our Nurses Venecia Swilley & Christina Cannady Bolden, words cannot express how grateful all staff, families, and residents are to you! Thank you both for your kind and compassionate care to all of the residents each and every time they need you. You make it look oh so easy, and as they say, that means you're doing one big job. Thank you for your bubbly personalities, professionalism, and love that is always shared! There's not a day that you never go above and beyond! We appreciate you more than you'll ever know and thanks for being a part of Lewisville Estates!

