



## Executive Director!

As the vibrant colors of spring surround us, we are reminded of the beauty and inevitability of change. Just as flowers bloom and seasons shift, our lives too undergo transformations, often bringing new opportunities, challenges, and growth. As we step into the month of May, let us embrace change with open arms and optimism.

**Cultivating Gratitude: Finding Joy in the Present**  
Amidst the whirlwind of change, it's essential to pause and appreciate the blessings in our lives. Cultivating gratitude allows us to find joy in the present moment and cherish the simple pleasures that surround us. Take a moment each day to reflect on the things you are grateful for, whether it's a warm cup of coffee, a beautiful sunset, daily interaction with other residents or the love and support of family and friends. By fostering a spirit of gratitude, we can navigate life's challenges with grace and positivity.

As we bid farewell to April and welcome the month of May, let us embrace change with courage, gratitude, and an open heart. Together, let us embark on this journey of transformation, knowing that each step brings us closer to our goals and dreams.

Wishing you a May filled with joy, growth, and endless possibilities!



## MAY 2024

## Angel Diaz for Employee of the Month!

Congratulations to our phenomenal maintenance assistant, Angel Diaz, for being named Employee of the Month! Your positive attitude and unwavering dedication have truly set you apart. Every day, you approach your work with enthusiasm and a smile, brightening the atmosphere for everyone around you. Your positivity is infectious, lifting the spirits of both your colleagues and the residents you look out on. Angel is very quiet, but he allows his amazing work to do all of the talk for him! Thank you for your exceptional contributions and for being such a valuable asset to our organization. Your hard work and dedication do not go unnoticed, and we are grateful to have you as part of our team.





**Locations**

- Parking Lot ..... PL
- Bistro ..... B
- Community Room ..... CR
- Dining Room ..... DR
- Fitness Room ..... FR
- Garden ..... G
- Library ..... LL
- Lobby ..... L
- Outing ..... O
- Route 66 ..... R66
- Theater ..... TH


**Transportation**

- Monday, 10AM** (Grocery Stores)
- Tuesday & Thursday, 10AM** (Walmart)
- Wednesday, 10AM** (Post Office/Bank)
- Thursday, 2:30PM** (Misc. Errands)
- Friday, 9:30AM**

**HAPPY BIRTHDAY! Enjoy Your Day!**

- 4-Leo Bunderson
- 7-Willa Hagood
- 8-Bob Vale
- 11-Dottie Wheeler
- 27-Gene Wilkins
- 30-Nancy Jones

**"Wherever you go, no matter what the weather, always bring your own sunshine."**  
—Anthony J. D'Angelo

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>10:00 Post Office/Bank (O)</b> 10:00 Walk this weigh (exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Roll a topic (B) 3:00 Dominoes/42/Mexican Train (CR) 3:30 Ring toss (B)	2 <b>9:35 Walmart Shopping (O)</b> 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 2:00 Euchre (B) <b>2:30 Misc. Errands (O)</b> 2:30 Penny Pitching (CR) 3:30 Uno & Friends (B)	3 10:00 Bible Study (CR) 2:00 Hand & Foot (FR) <b>3:30 Cinco de Mayo Party (CR)</b>	4 <b>Happy Birthday Leo!</b> 10:00 Weekend Exercise w/ Allison 2:00 It's Saturday Bingo w/ Allison <b>2:00 Skip-Bo Crew</b> <b>2:30 Afternoon Movie (movie selection provided)</b>
5 <b>Cinco de Mayo</b> <b>10:00 Community Church</b> 1:30 Bridge <b>2:00 Music &amp; Margaritas (B)</b> 3:00 Card Game Mania	6 <b>9:45 Big Lots shopping (O)</b> 10:00 Coffee & News ... (R66) 11:00 Morning Devotional (CR) 12:00 "Country Store Is Open" (R66) 2:00 Spades	7 <b>Happy Birthday Willa!</b> <b>9:35 Walmart Shopping (O)</b> 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 2:00 Hand & Foot (B) 2:30 Question & answer pick (TH) 3:00 Song Association (TH) 3:30 Headbanz challenge (TH)	8 <b>IT'S CASINO DAY! Happy Birthday Bob Vale!</b> <b>10:00 Post Office/Bank (O)</b> 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 3:00 Dominoes/42/Mexican Train (CR)	9 <b>9:35 Walmart Shopping (O)</b> 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 2:00 Euchre (B) 2:30 Bingo W/ Gary (CR) <b>2:30 Misc. Errands (O)</b> 3:30 Practice your aim (B)	10 10:00 Bible Study (CR) <b>11:00 Brunch at Morning Edition Cafe (O)</b> 2:00 Hand & Foot (FR) <b>2:30 Mother's Day Tea w/ Legacy and Lewisville Estates (CR)</b>	11 <b>Happy Birthday Dottie!</b> 10:00 Weekend Exercise w/ Allison 2:00 It's Saturday Bingo w/ Allison <b>2:00 Skip-Bo Crew</b> <b>2:30 Afternoon Movie (movie selection provided)</b>
12 <b>Happy Mother's Day</b> <b>10:00 Community Church</b> 1:30 Bridge 3:00 Card Game Mania	13 <b>9:45 Dollar Tree (O)</b> 10:00 Coffee & News ... (R66) 11:00 Morning Devotional (CR) 12:00 "Country Store Is Open" (R66) 2:00 Spades	14 <b>9:35 Walmart Shopping (O)</b> 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 2:00 Hand & Foot (B) 2:30 Town Hall Meeting (CR) 3:30 Red light, green light (B)	15 10:00 Morning entertainment by Chauna Divine (L) <b>10:00 Post Office/Bank (O)</b> 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:30 Pinochle W/ Gary (CR) 3:00 Dominoes/42/Mexican Train (CR) 3:30 Uno & Ice cream (B)	16 <b>9:35 Walmart Shopping (O)</b> 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 2:00 Euchre (B) 2:30 Craft: Memory Canvas (CR) <b>2:30 Misc. Errands (O)</b> 3:30 Word in a word (CR)	17 <b>Field Day!</b> 10:00 Bible Study (CR) 2:00 Hand & Foot (FR) <b>2:30 Resident Field Day!</b>	18 10:00 Weekend Exercise w/ Allison 2:00 It's Saturday Bingo w/ Allison <b>2:00 Skip-Bo Crew</b> <b>2:30 Afternoon Movie (movie selection provided)</b>
19 <b>10:00 Community Church</b> 1:30 Bridge 3:00 Card Game Mania	20 <b>9:45 Kroger (O)</b> 10:00 Coffee & News ... (R66) 11:00 Morning Devotional (CR) 12:00 "Country Store Is Open" (R66) 2:00 Spades	21 <b>9:35 Walmart Shopping (O)</b> 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 2:00 Hand & Foot (B) 2:30 Money Bingo w/ Jada (CR). 4:00 Uno & Friends (B)	22 <b>10:00 Post Office/Bank (O)</b> 10:00 Walk this weigh (exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) <b>2:00 Staff VS. Residents Trivia &amp; Charades</b> 3:00 Dominoes/42/Mexican Train (CR)	23 <b>9:35 Walmart Shopping (O)</b> 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 2:00 Euchre (B) <b>2:30 Misc. Errands (O)</b> <b>3:00 Wine Tasting (CR)</b>	24 10:00 Bible Study (CR) <b>11:00 Seven Mile Cafe (O)</b> 2:00 Hand & Foot (FR) 3:30 Happy Hour w/ Krystal is here!	25 <b>National Wine Day!</b> 10:00 Weekend Exercise w/ Allison 2:00 It's Saturday Bingo w/ Allison <b>2:00 Skip-Bo Crew</b> <b>2:30 Afternoon Movie (movie selection provided)</b>
26 <b>10:00 Community Church</b> 1:30 Bridge 3:00 Card Game Mania	27 <b>Memorial Day! Happy Birthday Gene!</b> <b>9:45 Tom Thumb (O)</b> 10:00 Coffee & News ... (R66) 11:00 Morning Devotional (CR) 12:00 "Country Store Is Open" (R66) 2:00 Spades	28 <b>9:35 Walmart Shopping (O)</b> 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 2:00 Hand & Foot (B) 3:00 Bowling (CR) 4:00 What's in the cup?	29 <b>10:00 Post Office/Bank (O)</b> 10:00 Walk this weigh (exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Music and Booze (B) 3:00 Dominoes/42/Mexican Train (CR)	30 <b>Happy Birthday Nancy Jones!</b> <b>9:35 Walmart Shopping (O)</b> 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 2:00 Euchre (B) <b>2:30 Misc. Errands (O)</b> 2:30 Money Bingo w/ Jada (CR)	31 10:00 Bible Study (CR) 2:00 Hand & Foot (FR)	





## Here's to You, Mom

Happy Mother's Day to all of the mothers and grandmothers in our community! We hope you enjoy your special day.

## A Military Briefing

The last Monday in May is Memorial Day, honoring those who died serving in the U.S. military. Learn more about those who defend the country by land, air and sea. Leadership. The president is commander in chief of the U.S. Armed Forces, run by the Department of Defense from the Pentagon. Members of the Joint Chiefs of Staff, who advise leaders in military matters, include the nation's highest-ranking generals and admirals. Branches. Most service members work full time in the Army, Air Force, Navy, Marine Corps or Coast Guard.



## Viva La Fiesta!

Contrary to what many believe, May 5, or Cinco de Mayo, is not Mexico's Independence Day. Cinco de Mayo festivities celebrate the victory of the Mexican Army over the French at the Battle of Puebla in 1862. In Mexico, Cinco de Mayo is not as widely celebrated as the actual Independence Day, Sept. 16. In the United States, however, Cinco de Mayo is enthusiastically celebrated in many areas.

