



MAY 2023

Employee of the Month!

Ladies and Gentlemen, we would like to announce Shelia Turner for Employee of the Month for May. Shelia always has a smile and works extremely hard no matter the task. Shelia has demonstrated fantastic effort each and every day she's here. Her bubbly personality and sense of humor keep us and the residents on our toes! Thanks for everything you do, Shelia; we appreciate you more than you know. Keep shining and being you. Congratulations on being Employee of the Month!



Dear Residents, Family, And Friends

April Showers bring May flowers. Nature is sure to bloom even more beautifully this year. All the negativity and stress of life serve to make us stronger and more vibrant as we are able to overcome our obstacles. Always strive to be the best version of you. I hope that this May, we are able to bloom beautifully together.

Last month in April, our residents had a blast hunting for Easter eggs and spending time lounging in the sun. This month of May is sure to be even more exciting. From our Mother's Day tea party to our Cinco de Mayo celebration, our residents will be busy with all the festivities. Make sure to regularly check the calendar and weekly reminders to ensure that you don't miss out on a single moment of the fun.

May the upcoming month treat you well!

INDEPENDENT LIVING

MAY 2023

Locations

Parking Lot	PL
Bistro	B
Community Room	CR
Dining Room	DR
Fitness Room	FR
Garden	G
Library	LL
Lobby	L
Outing	O
Route 66	R66
Theater	TH

Transportation Schedule:

Monday, 10AM (Grocery Stores)
Tuesday & Thursday, 10AM (Walmart)
Wednesday, 10AM (Post Office/Bank)
Thursday, 2:30PM (Misc. Errands)
Friday, 9:30AM (Express Errands)
Friday, TBA(Field Trips/Outings)

Birthdays!

2-Phillip Weathers
3-Zenobia Pettett
8-Lavell Murphy
8-Gale Farr
10-Trudy Dillon
11-Joan Hiegel
17-Carol Bush
19-Ambrose Montegani

“Keep a green tree in your heart and perhaps the singing bird will come.”
—Chinese proverb

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	May Day 9:45 Big Lots, O <i>10:00 Coffee & News..(R66</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 1:00 Adult Coloring Club (B) 2:00 Family Feud 3:30 Hand & Foot	Brothers & Sisters Day 9:00 Coffee and Crosswords 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crotchet (L) 12:00 Puzzle Mania (R66) 2:00 “Paper Flowers” Mother’s Day Craft 2:00 Hand & Foot (B) 3:30 “Wine & Remember When”	 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Monopoly Board 3:00 Dominos/42/Mexican Train (CR)	 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Euchre (CR) 2:30 Misc. Errands (O) 3:30 Feet Massage	Cinco De Mayo 10:00 Bible Study (CR) 10:30 “Get your Exercise On” (CR) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 Welcoming May Happy Hour	National Nurses Day 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: The Grand Canyon
8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	9:45 Dollar Tree, O <i>10:00 Coffee & News..(R66</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Pokeno for Prizes (CR) 3:30 Hand & Foot 6:30 Bingo Night	 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crotchet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 2:30 Town Hall Meeting (CR) 3:30 Hedbanz Challenge (B)	Clean Up Your Room Day 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 1:00 Crosswords & Searches 2:00 Cribbage 3:00 Dominos/42/Mexican Train (CR) 4:00 Skip-Bo Click (B)	 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 A trip to The Spa for Moms 10:00 Strength Class w/ Legacy (CR) 11:00 Puzzle Table (R66) 2:00 Euchre (CR) 2:00 Food Forum (DR) 2:30 Misc. Errands (O) 3:30 Red Light, Green Light 6:30 Game Night	 10:00 Bible Study (CR) 10:30 “Get your Exercise On” (CR) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Entertainment from C. Beverly (L)	10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Stepmom
Happy Mother’s Day! 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	National Chocolate Chip Day 9:30 Take a Walk around L.E. 9:45 Target (O) <i>10:00 Coffee & News..(R66</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Pokeno for Prizes (CR) 3:30 Hand & Foot 6:30 Evening Movie	 9:00 News & Coffee 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crotchet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 3:00 Let’s Play Mini Golf 4:00 Ring Toss	 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 10:30 Generation Worship Church Choir 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Manicures, Pedicures & Music 3:00 Dominos/42/Mexican Train (CR)	 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Euchre (CR) 2:00 Food Forum 2:30 Misc. Errands (O) 3:00 “What’s the Scoop” (Ice Cream Social) 4:00 Roll A Topic (Dice) 6:30 Bingo Night	 10:00 Bible Study (CR) 10:30 “Get your Exercise On” (CR) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 Money Trivia Happy Hour	Armed Forces Day 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Sister Act 2
8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	9:45 Tom Thumb, O <i>10:00 Coffee & News..(R66</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Pokeno for Prizes (CR) 3:30 Hand & Foot 6:00 Chess & Checkers	Lucky Penny Day 9:00 Take a Walk around L.E. 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crotchet (L) 12:00 Puzzle Mania (R66) 2:00 Hand & Foot (B) 3:00 Apple Picking Contest 4:00 Crosswords & Searches before Dinner	 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Sorting Game 3:00 Dominos/42/Mexican Train (CR) 6:00 Skip-Bo Click (B)	 9:00 Take a Walk around L.E. 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Euchre (CR) 2:30 Misc. Errands (O) 3:00 Hangman 4:00 Finish The Lyrics (’50s * ’60s Music)	 10:00 Bible Study (CR) 10:30 “Get your Exercise On” (CR) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 Grill Out for Memorial Day!	10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: New Year
8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	Memorial Day 9:00 Take a Walk around L.E. <i>10:00 Coffee & News..(R66</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 1:00 Puzzle Table 2:00 Pokeno for Prizes (CR) 3:30 Pool Table Party	Water a Flower Day 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crotchet (L) 12:00 Puzzle Mania (R66) 1:00 Crosswords & Searches 2:00 Hand & Foot (B) 3:00 Family Feud 6:30 Euchre	 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Grub & Movie 3:00 Dominos/42/Mexican Train (CR) 4:00 Ring Toss	THANK YOU NURSES!		



'Ready' Is One

How many words can you come up with using the letters in "Armed Forces Day"?



Celebrate Cinco de Mayo

Cinco de Mayo is celebrated in many areas of the United States with colorful parties, but do you know the history behind the holiday? Frequently confused with Mexico's Independence Day (Sept. 16), it's actually a celebration of the Mexican victory over the French in the Battle of Puebla on May 5, 1862. An underdog Mexican force, led by Gen. Ignacio Zaragoza, defeated the well-trained forces of Napoleon III's French Army. The victory symbolized Mexico's resistance to foreign occupation, its patriotism and unity. Happy Cinco de Mayo to all residents who are celebrating this year!

Motherly Love

Everyone has a TV mom they love, one who has made them laugh and cry and maybe taught them a much-needed lesson.

Here are a few favorite TV moms:

June Cleaver. June Cleaver (Barbara Billingsley) was the all-American mother in the 1950s show "Leave It to Beaver." She vacuumed in her pearls, had dinner ready for the family and did her fair share of sweetly scolding Theodore (Jerry Mathers) after his mischievous mishaps.

Carol Brady. "The Brady Bunch" showcased the 1970s mother Carol Brady (Florence Henderson) as she juggled three daughters and three stepsons. An artist and an activist, Carol was willing to take on a blended family with love and laughter.

Clair Huxtable. "The Cosby Show" ran in the 1980s, a time when mothers worked outside of the home but still had the responsibility of teaching their children morals and proper conduct. Clair Huxtable (Phylicia Rashad) was no exception. As an established attorney in New York City and a mother, Clair always had time to teach her children something valuable.

Norma Arnold. Norma Arnold (Alley Mills) was anything but the typical 1960s mother in "The Wonder Years." Even with several other things on her mind, including getting her college degree, she knew her children best.

