



The Lewisville Estates Lifestyle

LEWISVILLE
ESTATES
SENIOR LIVING AT EASE
Like Us!

Independent Living
800 College Parkway • Lewisville, TX 75077 • 972-434-1727 • www.lewisvilleseiorliving.com

April 2016

Dear Residents, Families and Friends,

As we welcome warmer weather, we will see additional mulch and flowers being added to our community. We look forward to the Garden Club swinging into action as we are exposed to the outdoor patio. We will be celebrating Community Spirit month with both staff and residents, and we would love for you and your families to join the festivities. Lewisville Estates will be hosting a Rodeo Roundup Party on April 21. Make reservations at the Concierge Desk, (972) 434-1727, for the following events: Out to Winstar Casino, Top Golf and Cracker Barrel.

We are still seeking good neighbors to live at Lewisville Estates. If you have friends, neighbors or family members who are thinking about senior living, please send them our way. Remember you will receive a \$500 check after they are here 90 days! Thanks for spreading the word! Check us out on our website: <http://www.lewisvilleestates.com>. Also, check us out on Facebook, as we are frequently updating our page with fun events happening here.

Regards,

Jessica Hazelton, EXECUTIVE DIRECTOR



Ballpark Highlights

Some Major League Baseball stadiums are as iconic as the sport itself, and each one has its unique features. Here are some that make game days even more memorable.

Wrigley Field: The Chicago Cubs' century-old home is full of nostalgic features, and one of the most famous is the ivy that covers the brick walls of the outfield. It was planted in 1937 and grows so thick, baseballs get lost in it.

Fenway Park: Standing 37 feet high and stretching across the left field of the nation's oldest MLB stadium is the fabled Green Monster, a fence that got its name when it was painted in 1947. Boston Red Sox fans can now watch the game from seats atop it.

AT&T Park: The Giants' ballpark sports views of the San Francisco Bay. The water is so close that fans can boat and kayak in a cove just off right field in hopes of catching home runs, or "splash hits."



INDEPENDENT LIVING

APRIL 2016

Locations

- Activity Room, AR
- AL Parking Lot, ALPL
- Bistro, B
- Community Room, CR
- Dining Room, DR
- Dog Park, DG
- Fitness Room, F
- Flagpole, FP
- Garden, G
- Library, LL
- Lobby, L
- Outing, O
- Route 66, R66
- Theater, TH

Transportation Schedule

Monday 10 a.m. Albertsons	Thursday 10 a.m. Miscellaneous Errands
Tuesday 10 a.m. Walmart	Friday TBA
Wednesday 10 a.m. Post Office/Bank	Field Trips/Outing
Thursday 2 p.m. Walmart	Friday 2 p.m. Express Errands

Birthdays

- Violet Beck, 2nd
- Helen Gilbert, 2nd
- Freda La Nell Kight, 3rd
- Norma Porterfield, 4th
- Trudy Dillon, 10th
- Mildred Lee, 17th
- Judy Schultz, 20th
- Nastasya Shannon, 21st (Employee)
- Doris Bennett, 25th (Employee)
- Noel Villanueva, 25th (Employee)
- Pearl Parker, 28th

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Community Spirit Month Wear Your FAVORITY Jersey Day April Fools' Day 9:30 Walking Warriors 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 1:00 Bridge, CR 1:45 Ear & Hearing Clinic w/Dr. Stuart, B 2:00 Express Errands, O 3:15 Community Pep Rally, L 3:30 Not So Foolish Happy Hour, L 6:00 Card Games, B	1 9:30 Walking Warriors 2 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:45 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
10:00 Bible Study Singalong, L 10:30 Bible Study, B 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:30 Resident Card Games, B	3 Rangers Opening Day 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Coffee & Snacks Monday Social, L 10:00 Albertsons, O 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Pokeno for Prizes, AR 3:05 Rangers Game Social, R66 4:00 Rowdy Ring Toss, B 6:00 Card Games, B	4 9:30 Chair Yoga Class, CR 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 1:45 Line Dancing w/Geri, L 2:30 Art Expression, AR 6:00 Card Games, B	5 National Walking Day 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Sassy Senior \$1 Bingo, CR 3:00 Wii Games w/Max, F 3:30 Lace Up and Go Walking w/Cindy, B 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	6 National Beer Day 9:30 Balance Class w/Legacy, CR 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:30 Bible Study w/Pastor Frances, B 2:00 Shopping at Walmart, O 3:30 Root Beer & Game Social 6:00 Card Games, B	7 Twin Day 8:00 Out to Winstar Casino, O 9:30 Walking Warriors 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 1:00 Bridge, CR 3:30 Fun Time at Lewisville Estates Happy Hour, L 6:00 Card Games, B 6:00 2nd Time Around Senior Social, O	8 9:30 Walking Warriors 9 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:45 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
10:00 Bible Study Singalong, L 10:30 Bible Study, B 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:30 Resident Card Games, B	10 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Coffee & Snacks Monday Social, L 10:00 Albertsons, O 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Pokeno for Prizes, AR 3:30 Legacy Health Chat, B 6:00 Card Games, B	11 9:30 Chair Yoga Class, CR 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 10:30 Dress Up Nails w/Avon, R66 2:30 Town Hall Meeting, CR 3:15 Not My First Rodeo Social w/Sunshine, CR 6:00 Card Games, B	12 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Sassy Senior \$1 Bingo, CR 3:00 Wii Games w/Max, F 3:15 Bible Study, B 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	13 9:30 Balance Class w/Legacy, CR 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:30 Bible Study w/Pastor Frances, B 11:00 Glitz & Blitz (Vendor), L 2:00 Shopping at Walmart, O 3:30 Passover w/Jacque, B 6:00 Card Games, B	14 Wear Western Day 9:30 Walking Warriors 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 1:00 Bridge, CR 2:00 Express Errands, O 3:30 Take a Wild Guess Happy Hour, L 6:00 Card Games, B	15 9:30 Walking Warriors 16 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:45 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
10:00 Bible Study Singalong, L 10:30 Bible Study, B 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:30 Resident Card Games, B	17 National Golf Day 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Coffee & Snacks Monday Social, L 10:00 Albertsons, O 10:30 Blood Pressure Checks w/A.R.T., CR 1:45 Top Golf, O 2:00 Pokeno for Prizes, AR 3:30 Ice Cream Social w/Clear Life Hearing, B 6:00 Card Games, B	18 9:30 Chair Yoga Class, CR 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 1:45 Line Dancing w/Geri, L 2:30 Art Expression, AR 6:00 Card Games, B	19 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Sassy Senior \$1 Bingo, CR 3:00 Wii Games w/Max, F 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	20 9:30 Balance Class w/Legacy, CR 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:30 Bible Study w/Pastor Frances, B 2:00 Shopping at Walmart, O 6:00 Card Games, B 6:00 Rodeo Roundup Party (Big Event), DR	21 EARTH DAY PASSOVER BEGINS AT SUNSET Wear Camo Day 9:30 Walking Warriors 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 11:00 Out to Cracker Barrel, O 1:00 Bridge, CR 2:00 Express Errands, O 3:30 Think Green Happy Hour, L 6:00 Card Games, B	22 9:30 Walking Warriors 23 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:45 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B
10:00 Bible Study Singalong, L 10:30 Bible Study, B 1:15 Chicken Foot, LL 3:00 Resident Choice Game 6:30 Resident Card Games, B	24 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Coffee & Snacks Monday Social, L 10:00 Albertsons, O 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Pokeno for Prizes, AR 6:00 Card Games, B	25 9:30 Chair Yoga Class, CR 10:00 Shopping at Walmart, O 10:00 Catholic Communion, B 10:30 Rosary Service, B 1:45 Line Dancing w/Geri, L 2:30 Art Expression, AR 6:00 Card Games, B	26 9:30 Exercise w/Jacque of A.R.T., CR 10:00 Post Office/Bank, O 10:00 Coffee & Snack Wednesday Social, L 10:30 Blood Pressure Checks w/A.R.T., CR 2:00 Sassy Senior \$1 Bingo, CR 3:00 Wii Games w/Max, F 3:15 Bible Study, B 3:30 Book Club, LL 6:00 Card Games, B 6:45 Bring a Friend Movie Night, TH	27 9:30 Balance Class w/Legacy, CR 10:00 Misc. Errands, O 10:00 Blood Pressure Check w/Legacy, CR 10:30 Bible Study w/Pastor Frances, B 2:00 Shopping at Walmart, O 6:00 Card Games, B	28 Wear Luau Day 9:30 Walking Warriors 10:00 Coffee & Snacks Friday Social, L 10:30 Wonderword Challenge 1:00 Bridge, CR 2:00 Express Errands, O 6:00 Card Games, B	29 9:30 Walking Warriors 30 10:30 Coffee & Conversation, L 1:00 Trivia Pursuit, LL 1:30 Card Games, B 2:45 Fun Flicks and Popcorn, TH 3:30 Billiards (Pool) 7:00 Crazy Card Game, B

Rodeo Roundup

Ridin' and ropin', along with thrills and spills, are what draw millions of spectators to the sport of professional rodeo. Cowboys and cowgirls saddle up for these competitions that celebrate the Old West way of life.

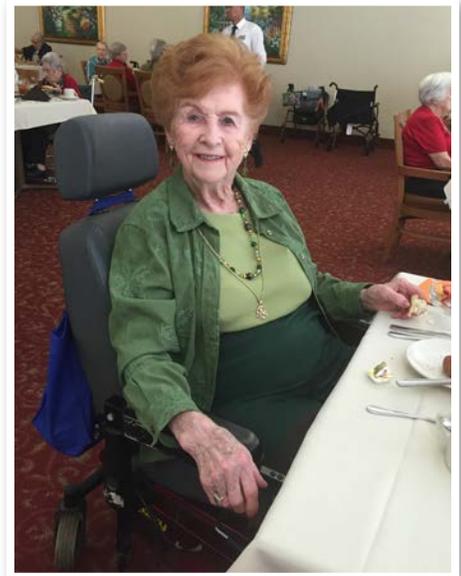
The events at a rodeo can trace their roots back to the many duties cowboys handled while working frontier cattle ranches in the late 1800s. Historians say the first rodeos were simply contests between cowboys to see who could ride or rope the best. Cities in Texas, Arizona, New Mexico and Colorado have all claimed to be the site of the first rodeo. By the early 1900s, several major rodeos were established, and popular Wild West shows featured performing cowboys.

Today's pro rodeos consist of two types of competitions: timed and roughstock. Riders race against the clock in timed events such as calf roping, steer wrestling and barrel racing. Roughstock contests — where both the cowboy and animal's performances are judged — include bareback and saddle bronc riding and bull riding. Bull riding is the sport's most popular event.



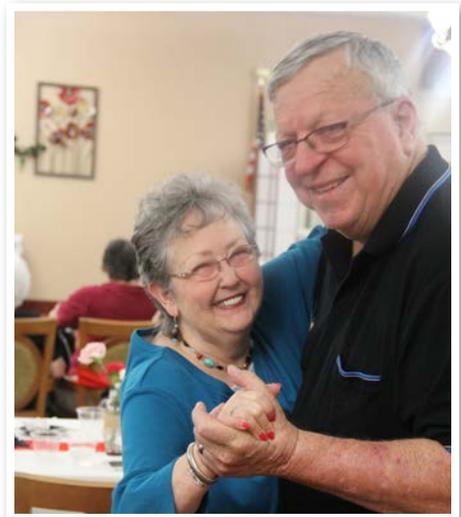
Resident of The Month

Our L.E.A.P. (Life Enrichment Activity Program) would like to recognize Blanche Collins. Blanche always likes to be part of our big events and happy hours. Thank you, Blanche, for your contagious smile and great personality. We are so glad to have you here at Lewisville Estates.



Our Big Events!

Come and join us each month for a great time every third Thursday of the month for our Big Event in our Independent Living.



You Had Me at Merlot Party



Roaring '20s Party