



Dear Residents, Family, And Friends

As the beautiful flowers bloom all around us, and the sun returns to give us warmer days, go outside and enjoy the lovely weather. Spring is a time of rebirth and new beginnings. Make sure to take care of yourself and be the happiest and healthiest version of you. No matter what, time marches forward into better things.

Last month in March, our residents had such a wonderful time during our various activities and events. Our residents were green with merriment during our St. Patrick's Day Celebration! They also had a terrific time going out to the Dallas Art Museum and delicious restaurants all around town.

This Month in April, we are looking forward to all the amazing things that we have planned. We will be celebrating the upcoming Easter holiday with an egg-citing egg hunt extravaganza! We will also have lots of fun crafts and outings. Make sure to keep an eye on the calendar as to not miss a moment of fun and sign up for any outings in the transportation book!

Smitha Krishnan

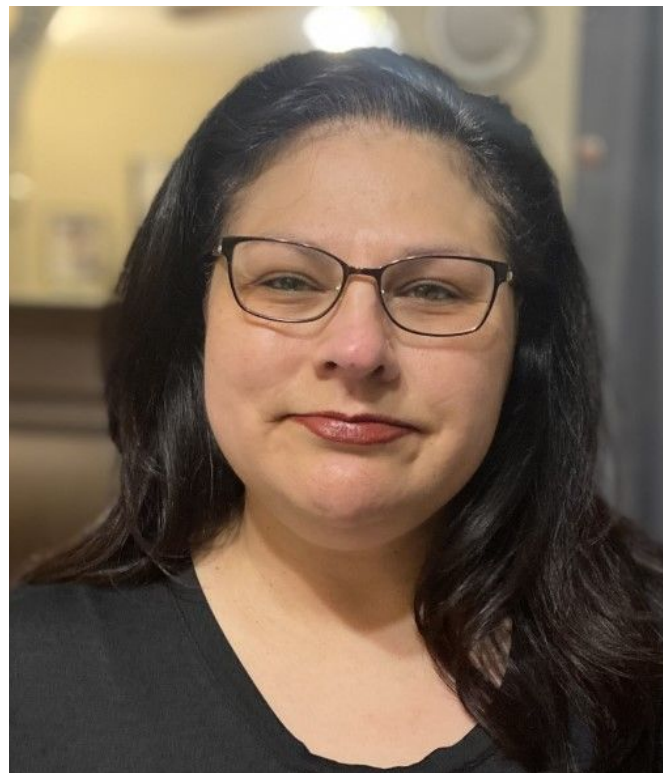
Executive Director



APRIL 2023

Employee of the Month!

Ladies and Gentlemen, we would like to announce Mary Gomez as the Employee of the Month for April. Mary is the jack of all trades! The residents adore her, and they have a warm smile every time they see her. Mary is beyond dedicated with exemplary work ethic and there's never been a day when she didn't go the extra mile. She is a star in our team who shines and inspires us. Mary, your work is commendable, and we're beyond thankful to have you here at Lewisville Estates! Congratulations and thanks for all you do!



Locations

Parking Lot	PL
Bistro	B
Community Room	CR
Dining Room	DR
Fitness Room	FR
Garden	G
Library	LL
Lobby	L
Outing	O
Route 66	R66
Theater	TH

Transportation Schedule:

Monday, 10AM (Grocery Stores)
Tuesday & Thursday, 10AM (Walmart)
Wednesday, 10AM (Post Office/Bank)
Thursday, 2:30PM (Misc. Errands)
Friday, 9:30AM (Express Errands)
Friday, TBA(Field Trips/Outings)

Birthdays!

2-Phillip Weathers
3-Zenobia Pettett
8-Lavell Murphy
8-Gale Farr
10-Trudy Dillon
11-Joan Hiegel
17-Carol Bush
19-Ambrose Montegani

“The sky is always beautiful. Even when it’s dark or rainy or cloudy, it’s still beautiful to look at ... and it’ll be there no matter what.”
—Colleen Hoover

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
Palm Sunday! National PB&J Day! 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	National Chocolate Mousse Day! 9:45 Big Lots (O) <i>10:00 Coffee & News..(R66</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 1:00 Puzzle Table (R66) 2:00 Uno, Friends & Ice Cream (CR) 3:30 Texas Hold Em’ (B) 4:00 Crosswords before dinner (L)	National Walking Day! 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania(R66) 2:00 Hand & Foot (B) 3:00 Skip- Bo Click (B) 4:00 Word of The Day 6:30 Card Game Night	Passover 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank (O) 10:30 County Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Ring Toss (CR) 3:00 Dominos/42/Mexican Train (CR) 4:00 Tech Savvy Time! (Help with Cell Phones) (B) 6:30 Game Night! (CR)	National Burrito Day! 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Bingo, snacks & dollars w/ Jada (CR) 2:30 Misc. Errands (O) 3:00 Finish The Lyrics (’50s & ’60s Music) (by the Garden) (G) 4:00 Skip-Bo before dinner (B)	Good Friday! 9:00 Take a Walk around L.E. (O) 10:00 Bible Study (CR) 10:30 “Get your Exercise On” (CR) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 Tunes & Grooves Happy Hour! (L)	April Fools' Day! 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Pretty Woman
Happy Easter! 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	National Siblings Day 9:00 Puzzle Table 9:45 Dollar Tree <i>10:00 Coffee & News..(R66</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Wine, Snacks & Remember When! (Garden) 3:00 Skip- Bo Click (B) 4:00 Adult Coloring Club	National Pet Day! 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania(R66) 2:00 Hand & Foot (B) 2:30 Town Hall Meeting (CR) 3:30 Mini Golf (CR) 6:30 Card Game Night (B)	National Grilled Cheese Day! 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank (O) 10:30 County Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 1:00 Adult Coloring Club 2:00 Watermelon by The Garden (G) 3:00 Dominos/42/Mexican Train (CR) 4:00 Headbanz Challenge	Scrabble Day! 9:00 Men’s Coffee Table 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Bingo & Pizza 2:30 Misc. Errands (O) 3:30 Wahoo Board Game 4:00 Word of The Day	10:00 Bible Study (CR) 10:30 “Get your Exercise On” (CR) 11:00 Pinstack (Bowling, Food, & Drinks) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends 3:30 Songs & All Happy Hour	10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Frankie & Johnny
8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	9:45 Target <i>10:00 Coffee & News..(R66</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Uno & Friends 3:00 Outburst for Prizes Game! 4:00 Headbanz Challenge before Dinner 5:30 Take a Walk around L.E. 6:30 Bring your Neighbor to Movie Night!	10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania(R66) 2:00 Hand & Foot (B) 3:00 Adult Coloring Club (B) 3:30 Classic Entertainment from Paul Anderson! (L) 4:00 Word of The Day	Bicycle Day! 10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank (O) 10:30 County Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Ring Toss 3:00 Dominos/42/Mexican Train (CR) 4:00 Headbanz Challenge before Dinner 6:30 Spades	9:30 Walmart Shopping (O) 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 11:00 HillSide Restaurant 11:00 Puzzle Table (R66) 12:00 Adult Coloring Club 2:30 Misc. Errands (O) 3:00 April Flowers Main Event! (CR) 4:00 Monopoly Board before Dinner	10:00 Bible Study (CR) 10:30 “Get your Exercise On” (CR) 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 “Dance All You Can” Happy Hour	Earth Day! 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Music & Lyrics
8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	9:00 Men’s Coffee Table (L) 9:45 Tom Thumb (O) <i>10:00 Coffee & News..(R66</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Pokeno for Prizes (CR) 3:30 Ring Toss (G) 6:30 Card Night (B)	9:00 Take a Walk around L.E. 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Knitting & Crochet (L) 12:00 Puzzle Mania(R66) 2:00 Hand & Foot (B) 3:30 Family Feud! 4:30 Spades	10:00 “Get Your Exercise On” (CR) 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank (O) 10:30 County Store (R66) 11:00 Morning Devotional (CR) 12:00 Puzzle Mania (R66) 2:00 Food Forum (DR) 3:00 Dominos/42/Mexican Train (CR)	9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 11:00 Puzzle Table (R66) 2:00 Hangman 2:30 Misc. Errands (O) 3:00 Roll a Topic (Jumbo Dice Game) 4:00 Headbanz Challenge	Arbor Day! 10:00 Bible Study (CR) 10:30 “Get your Exercise On” (CR) 11:00 Music City Mall! 11:00 Puzzle Table (R66) 1:30 Wahoo Board Game (B) 2:00 Hand & Foot (FR) 3:30 What a time: Happy Hour 4:00 Crosswords before dinner	10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Grand Canyon
8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania						

The Influence of Earth Day

The modern-day environmental movement kicked off over 50 years ago on the first Earth Day, April 22, 1970.

The annual event was created by Gaylord Nelson, a senator from Wisconsin who wanted to organize what he called a "national teach-in on the environment" that would educate the public about growing concerns such as pollution and deforestation. On the first Earth Day, 20 million people, about 10% of the country's population at the time, took part in rallies, raising awareness about environmental issues and appealing to protect the health of the planet.

Earth Day's success contributed to several landmark changes, including many of the first laws against air and water pollution, as well as the creation of a new government organization to respond to such issues, the Environmental Protection Agency, which began work in December 1970. By 1990, Earth Day became a worldwide observance.

Today, about 1 billion people in nearly 200 countries celebrate Earth Day. For information about events in your community, go to EarthDay.org.



All About Easter

Easter, one of the most important holidays in Christianity, celebrates the central event of the Christian faith: the resurrection of Jesus Christ after his crucifixion. This event is significant to Christians because, through his death and resurrection, Jesus suffered for the sins of the world, yet was able to overcome death.

Easter is observed on the first Sunday after the full moon that occurs on or after the vernal equinox (the first day of spring). According to the Bible, the events of the crucifixion and resurrection occurred during the Jewish Passover, a springtime celebration. Easter is preceded by Lent, a 40-day period of fasting and repentance that begins on Ash Wednesday. The Sunday before Easter is Palm Sunday, the day that Jesus arrived in Jerusalem. The week before Easter is called Holy Week. During Holy Week, Christians observe Maundy Thursday, when the Last Supper with Jesus and his disciples took place, and Good Friday, the day of the crucifixion. The resurrection is then celebrated on Easter Sunday. Children often participate in Easter egg hunts and look forward to visits from the Easter Bunny, who is said to deliver candy and eggs during the night.

