

Happy Birthday! Residents

4- Janice Coffey
4- William "Bill" Manire
4- Donald Cherveney
7- Marilou Richard
9- Ida Ekern
11- Paul Maxson
17- Helen Jones
30- Sydney Rowe

30- Walter Mylett
Employee
1- Jerin Price
6- Michael Maples
18- Emily Perry
24- Gregcie Villanueva
21- Nastasya Shannon
30- Jordan Luna



May your Special day be filled with memories and flowers, Friendship and Happiness!



Hello Residents of Lewisville Estates!

This month moves us one step closer to spring, and hopefully, warmer weather. The month of March is National Hearing Health month. Legacy Healthcare will be continuing our monthly health talk, raising your awareness on one of the most critical senses as it relates to balance. Our health talks are always open to friends and family, so if you would like to invite some company, please feel welcome. So join us at the IL in the Bistro on March 10th at 3:30, as well as, at the AL on March 17th in the Activity Room at 3:30 and we'll be happy to shed some light on how hearing plays such an important role in our lives. If you missed us last month, then you missed out on a chance to win a Walmart gift card! Everyone who participates in a quick, less than 5- minute, questionnaire gets entered in our monthly give away. Whether you win the gift card, or leave with an increased awareness of your health, everyone comes out a winner.

If you haven't heard, or simply forgot, Legacy Healthcare is also providing complimentary Blood Pressure checks in the Independent Building, every other Monday in the Community Room immediately following Exercise Class. If you are interested in starting

a BP diary, we'll gladly give you a journal, and answer any questions you may have. Just stop by March 3rd, 17th and/or the 31st at 10:30 in the Community Room, on the 3rd floor. Better yet, join in the Exercise Class at 9:30 a.m. on Mondays and Wednesdays to see what all the fun is about. When you're all finished, you don't even have to go find us, we'll find you!

Finally, for all you lucky residents in the AL, you will continue to see me every Friday morning at 9:30 in the Activity Room for our 30-minute, head-to-toe exercise class, Stretch & Grow. I'm proud of our performances so far, and look forward to seeing each of you again this month.

Sincerely Yours,

Michael and the Legacy Healthcare Team
Lewisville Estates, Suite 336
972-420-8543
MSteinhelfer@legacyhealthcare.net

Celebrating St Patrick's Day

Saint Patrick's Day or the Feast of Saint Patrick (Irish: Lá Fhéile Pádraig, "the Day of the Festival of Patrick") is a cultural and religious holiday celebrated on 17 March. It is named after Saint Patrick the most commonly recognized of the patron saints of Ireland.



Thank You! Thank You! Thank YOU!

Lewisville Estates Staff would like to send a HUGE Shot Out to all our amazing residents and family members! There is a LOT happening within the walls of our community; from renovations, new furniture, new programs, new faces and more! Did you know our community is 15 years old this year? The remodeling is a well-deserved gift for YOU and for the buildings! We appreciate your kindness and patience as the renovations are completed.

We are so excited about what is yet to come in 2014! Looking back, can you imagine the history within our community these past 15

years? "If walls could talk, right?" Do you have a memory you would like to share? We are seeking some resident story tellers to tell about their life enriching moments here at Lewisville Estates. Please reach out to your LE Activity Team-Patty, Stephnie or Christy if you would like to share!

Again, thank you for being a part of the Lewisville Estates family!

Jackie Bobbitt
Executive Director

Current Events

3/4 Mardi Gras Party
Time: 3:30pm
Place: Lobby

3/7 Musical Theater Outing
Time: 6:00pm
Place: Lobby

3/7 Employee Spirit Day
Time: All Day
Place: IL & AL Building

3/11 Town Hall Meeting
Time: 2:30pm
Place: Community Room

3/14 Lunch at Olive Garden
Time: 10:30am
Place: Outing

3/17 St Patrick's Day Dinner
Time: 5:00pm
Place: Dining Room

3/20 Oscar Night
Time: 6:30pm
Place: Dining Room

3/25 Family Game Night
Time: 6:30pm
Place: IL Building



March 2014

LOCATIONS KEY

Activity Room, AR	Fitness Room, FR	AL Lobby, ALL
AL Parking Lot, ALPL	Flagpole, FP	Outing, O
Bistro, B	Garden, G	Route 66, R66
Community Room, CR	Library, LL	Theater, TH
Dining Room, IL	Lobby, L	

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1</p> <p>9:30am Coffee and Conversation, L 1pm Residents Choice Games, AR 2pm Fun Flicks and Popcorn, TH 3pm Billiards/Pool 7pm Crazy Card Games, B</p>
<p>2</p> <p>Dr. Seuss Day 10:30am Bible Study, B 1:30 Chicken Foot, LL 2pm Matinee Movie, TH 3pm Roll to Play, B 3pm Worship Songs, LL 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L</p>	<p>3</p> <p>Texas Independence Day! 9:30am Exercise with Jacque, CR 10am Albertson's, O 10am Café Latte Monday Social, L 10:30am Blood Pressure Checks w/ Legacy, LR 336 IL 11am Celebrity Gossip, R66 2pm Pokeno for Prizes, AR 4pm Ring of Fire Darts, L 6pm Card Games, B</p>	<p>4</p> <p>9:30am Walking Warriors 10am Walmart, O 10am Catholic Communion, B 10am Rosary Service, B 10:30am Wonderword Challenge, B 1:30pm Spanish Class, AR 2pm Line Dancing Class w/ Carole, CR 3:30 Mardi Gras Party, L 6pm Card Games, B 6:30pm Family Volunteer Kick Off Meeting, CR</p>	<p>5</p> <p>Ash Wednesday 9:30am Exercise with Jacque, CR 10am Post Office/Bank, O 10am Coffee & Snack Social, L 10:30am Blood Pressure Checks, CR 10:30 Dominoes, R66 2pm Sassy Senior Bingo, CR 3pm Wii Games, FR 3:30pm Rowdy Ring Toss, L 6pm Card Games, B</p>	<p>6</p> <p>9:30am Walking Warriors 10am Miscellaneous Errands, O 10am Bible Study/Sing A Long, ALL 10:30 Facial, AR 2pm Walmart, O 2:30 Art Expression, AR 4pm Bean Bag Toss, L 6pm Card Games, B 7pm Bring a Friend Movie Night, TH</p>	<p>7</p> <p>Employee Spirit Day! Employee Appreciation Day 9:30am Zumba, FR 10am Coffee & Snack Social, L 10:30am Sign Language Class w/ Christy, AR 1pm Bridge, B 1:30 6 weeks to better Brain, CR 2pm Express Errands, O 6pm Card Games, B 6pm Musical Theater Performance, O</p>	<p>8</p> <p>9:30am Coffee and Conversation, L 1pm Trivia Pursuit, LL 1pm Residents Choice Games, AR 2pm Fun Flicks and Popcorn, TH 3pm Billiards/Pool 7pm Crazy Card Games, B</p>
<p>9</p> <p>Daylight Saving Begins 10:30am Bible Study, B 1:30 Chicken Foot, LL 2pm Matinee Movie, TH 3pm Roll to Play, B 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L</p>	<p>10</p> <p>9:30am Exercise with Jacque, CR 10am Albertson's, O 10am Café Latte Monday Social, L 10:30am Blood Pressure Checks, CR 1pm Bridge, CR 2pm Pokeno for Prizes, AR 3:30 Legacy Health Chat: Hearing Topic), B 6pm Card Games, B</p>	<p>11</p> <p>9:30am Walking Warriors 10am Walmart, O 10am Rosary Service, B 10:30am Wonderword Challenge, B 1:30pm Spanish Class, AR 2:30pm Town Hall Meeting, CR 3:30 Spanish Dance Class, CR 6pm Card Games, B</p>	<p>12</p> <p>9:30am Exercise with Jacque, CR 10am Post Office/Bank, O 10am Coffee & Snack Social, L 10:30am Blood Pressure Checks, CR 2pm Sassy Senior Bingo, CR 3pm Wii Games, FR 4pm Gutter Gang Bowling, B 6pm Card Games, B</p>	<p>13</p> <p>9:30am Walking Warriors 10am Miscellaneous Errands, O 10:30am Dress up Nails, AR 10am Bible Study/Sing A Long, ALL 2pm Walmart, O 2:30pm Art Expression, AR 4pm Power Tower, L 6pm Card Games, B 7pm Bring a Friend Movie Night, TH</p>	<p>14</p> <p>Potato Chip Day 9:30am Zumba, FR 10am Coffee & Snack Social, L 10:30 Lunch Out: Olive Garden, O 1:30 6 weeks to better Brain, CR 2pm Rowdy Ringtoss, L 2pm Express Errands, O 3:30pm Happy Hour: Luck of the Irish, L 6pm Card Games, B</p>	<p>15</p> <p>National Corndog Day 9:30am Coffee and Conversation, L 1pm Trivia Pursuit, LL 1pm Residents Choice Games, AR 2pm Fun Flicks and Popcorn, TH 3pm Billiards/Pool 7pm Crazy Card Games, B</p>
<p>16</p> <p>Purim 10:30am Bible Study, B 1:30 Chicken Foot, LL 2pm Matinee Movie, TH 3pm Roll to Play, B 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L</p>	<p>17</p> <p>St. Patrick's Day Wear Green 9:30am Exercise with Jacque, CR 10am Albertson's, O 10am Café Latte Monday Social, L 10:30am Blood Pressure Checks w/ Legacy, LR 336 IL 11am Celebrity Gossip, R66 2pm Pokeno for Prizes, AR 2pm Rowdy Ringtoss, L</p>	<p>18</p> <p>9am Podiatrist Visit, B 9:30am Walking Warriors 10am Walmart, O 10am Catholic Communion, B 10am Rosary Service, B 10:30am Wonderword Challenge, B 1:30pm Spanish Class, AR 2pm Line Dance Class, CR 4pm Toss Across Bean Bags, L 6pm Card Games, B</p>	<p>19</p> <p>9:30am Exercise with Jacque, CR 10am Post Office/Bank, O 10am Coffee & Snack Social, L 10:30am Dominoes, R66 10:30am Blood Pressure Checks, CR 2pm Sassy Senior Bingo, CR 3pm Wii Games, FR 6pm Card Games, B</p>	<p>20</p> <p>9:30am Walking Warriors 10am Miscellaneous Errands, O 10am Medicare Seminar w/June, CR 10am Bible Study/Sing A Long, ALL 2pm Walmart, O 2pm Scrapbooking, AR 6pm Card Games, B</p>	<p>21</p> <p>9:30am Zumba, FR 10am Coffee & Snack Social, L 10:30am Sign Language Class w/ Christy, AR 1 pm Bridge, B 2pm Tic Tac Toe, L 2pm Express Errands, O 3:30pm Happy Hour: Walk the Line, L 6pm Card Games, B</p>	<p>22</p> <p>9:30am Coffee and Conversation, L 1pm Trivia Pursuit, LL 1pm Residents Choice Games, AR 2pm Fun Flicks and Popcorn, TH 3pm Billiards/Pool 7pm Crazy Card Games, B</p>
<p>23</p> <p>10:30am Bible Study, B 2pm Matinee Movie, TH 1:30 Chicken Foot, LL 3pm Roll to Play, B 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L</p>	<p>24</p> <p>9:30am Exercise with Jacque, CR 9:30am Walking Warriors 10am Albertson's, O 10am Café Latte Monday Social, L 10:30am Blood Pressure Checks, CR 2pm Pokeno for Prizes, AR 4pm Ring of Fire Darts, L 6pm Card Games, B</p>	<p>25</p> <p>9:30am Walking Warriors 9:30am Tone Those Bones, CR 10am Walmart, O 10am Rosary Service, B 10:30am Wonderword Challenge, B 1:30pm Spanish Class, AR 2pm Spanish Dance Class, CR 6:30pm Family Game Night</p>	<p>26</p> <p>9:30am Exercise with Jacque, CR 10am Post Office/Bank, O 10am Coffee & Snack Social, L 10:30am Blood Pressure Checks, CR 2pm Sassy Senior Bingo, CR 3pm Wii Games, FR 4pm Tic Tac Toss, CR 6pm Card Games, B</p>	<p>27</p> <p>Exchange Day 9:30am Walking Warriors 10am Miscellaneous Errands, O 10am Dollar Tree, O 10:30am Wonderword Challenge, B 10am Bible Study/Sing A Long, ALL 2pm Walmart, O 2:30 Art Expression, AR 6:30 Welcome Home Party, CR 7pm Bring a Friend Movie Night, TH</p>	<p>28</p> <p>9:30am Zumba, FR 10am Coffee & Snack Social, L 10:30 Lunch Out: Buffet Palace, O 1pm Bridge, B 2pm Bucket Bonanza, L 2pm Express Errands, O 3:30pm Birthday Bash, L 6pm Card Games, B</p>	<p>29</p> <p>9:30am Coffee and Conversation, L 1pm Trivia Pursuit, LL 1pm Residents Choice Games, AR 2pm Fun Flicks and Popcorn, TH 3pm Billiards/Pool 7pm Crazy Card Games, B</p>
<p>30</p> <p>10:30am Bible Study, B 2pm Matinee Movie, TH 1:30 Chicken Foot, LL 3pm Roll to Play, B 4pm Resident Meet & Greet, L 7pm Resident Comedy Hour, L</p>	<p>31</p> <p>Baseball Day Kick Off 9:30am Exercise with Jacque, CR 9:30am Walking Warriors 10am Albertson's, O 10am Café Latte Monday Social, L 2pm Pokeno for Prizes, AR 4pm Rowdy Ringtoss, L 6pm Card Games, B</p>					