



A Letter From Your Executive Director!

As we step into the vibrant month of March, I am filled with a sense of excitement and anticipation for the incredible journey that lies ahead for Lewisville Estates.

March holds special significance as we celebrate Women's History Month. Let's take this opportunity to honor the remarkable contributions of women within our community and beyond. Their dedication and leadership continue to shape our collective success, and we are grateful for their invaluable contributions. Other Holidays in March: St. Patrick's Day; Easter will be celebrated on March 31, 2024, A Christian holiday; Nowruz (March 20 or 21): Persian New Year; Holi: A Hindu festival known as the Festival of Colors; International Earth Day (March 20 or 21): This day is dedicated to environmental awareness and action. World Water Day (March 22); Purim: A Jewish holiday

In closing, I am confident that March will be a month of significant strides and meaningful achievements for Lewisville Estates. Together, we will continue to build a future that reflects our shared values and aspirations. We look forward to continuing to serve each and every resident.

Executive Director,
Gary Taylor



MARCH 2024

Serving Excellence: Karen Kelley for Employee of the Month

In the bustling world of hospitality, where every interaction counts, exceptional service is not just a duty but a reflection of dedication and passion. It is with immense pleasure that we honor Karen Kelley as our Employee of the Month.

As a server, Karen consistently goes above and beyond to ensure that every resident enjoys a memorable dining experience.

Her passion for service and her dedication to excellence make her a true asset to our establishment, and we are grateful for the positive impact she has on our residents and our team alike. Congratulations, Karen, on being named Employee of the Month! Your hard work, dedication, and commitment to excellence are an inspiration to us all, and we look forward to many more shared successes in the future.



INDEPENDENT LIVING

MARCH 2024

Locations

| | |
|----------------|-----|
| Parking Lot | PL |
| Bistro | B |
| Community Room | CR |
| Dining Room | DR |
| Fitness Room | FR |
| Garden | G |
| Library | LL |
| Lobby | L |
| Outing | O |
| Route 66 | R66 |
| Theater | TH |

Transportation

Monday, 10AM (Grocery Stores)
Tuesday & Thursday, 10AM (Walmart)
Wednesday, 10AM (Post Office/Bank)
Thursday, 2:30PM (Misc. Errands)
Friday, 9:30AM

Happy Birthday and Enjoy. We’re Happy to Have You Here!

11-Clark Arnold
30-Jan Triche

“Life is a painting, and you are the artist. You have on your palette all the colors in the spectrum.”
—Paul J. Meyer

Activities Subject to Change

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  |  |  |  |  | <div>1</div> <div>10:00 Bible Study (CR) 11:00 Wake ‘n’ Shake (Exercise w/ Jada) (CR) 2:00 Hand & Foot (FR) 3:00 Come party with David D. (CR)</div> | <div>2</div> <div>10:00 Weekend Exercise w/ Allison 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo w/ Allison 2:00 Skip-Bo Crew 2:30 Afternoon Movie</div> |
| <div>3</div> <div>10:00 Community Church 1:30 Bridge 3:00 Card Game Mania</div> | <div>4</div> <div>9:45 Big Lots shopping <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Spades</div> | <div>5</div> <div>10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 2:00 Hand & Foot (B) 3:00 Banana Split Social by the Garden</div> | <div>6</div> <div>10:00 Post Office/Bank (O) 10:00 Wake ‘n’ Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:30 Lemonade Stand (L) 3:00 Dominos/42/Mexican Train (CR) 4:00 Wheelchair Racing</div> | <div>7</div> <div>9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (B) 2:30 Easter Craft (CR) 2:30 Misc. Errands (O)</div> | <div>8</div> <div>10:00 Bible Study (CR) 11:00 Fat Cows BBQ (O) 1:30 Roll a topic 2:00 Hand & Foot (FR) 3:30 Guess that Drink Social (CR)</div> | <div>9</div> <div>10:00 Weekend Exercise w/ Allison 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo w/ Allison 2:00 Skip-Bo Crew 2:30 Afternoon Movie</div> |
| <div>10</div> <div>Daylight Saving Time Begins 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania</div> | <div>11</div> <div>9:45 Dollar Tree <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Spades</div> | <div>12</div> <div>10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 2:00 Hand & Foot (B) 2:30 Town Hall Meeting (CR) 3:30 Charades</div> | <div>13</div> <div>Casino Trip Day 10:00 Post Office/Bank (O) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Penny Pitching (B) 3:00 Dominos/42/Mexican Train (CR) 4:00 Beanbag Toss</div> | <div>14</div> <div>9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (B) 2:30 Misc. Errands (O) 3:00 Alphabet Conversation (L) 4:00 Finish the Lyrics for prizes</div> | <div>15</div> <div>10:00 Bible Study (CR) 11:00 Wake ‘n’ Shake (Exercise w/ Jada) (CR) 2:00 Hand & Foot (FR) 3:30 Turn the beat up with Steve & Toni</div> | <div>16</div> <div>10:00 Weekend Exercise w/ Allison 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo w/ Allison 2:00 Skip-Bo Crew 2:30 Afternoon Movie</div> |
| <div>17</div> <div>St. Patrick’s Day 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania</div> | <div>18</div> <div>9:45 Target <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Spades</div> | <div>19</div> <div>10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 2:00 Hand & Foot (B) 3:00 Charade Pick (L) 3:30 Uno & Friends (B)</div> | <div>20</div> <div>10:00 Post Office/Bank (O) 10:00 Wake ‘n’ Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Root Beer Floats by the Patio (G) 3:00 Dominos/42/Mexican Train (CR)</div> | <div>21</div> <div>9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (B) 2:30 Misc. Errands (O) 3:00 Heads up, Seven up (CR)</div> | <div>22</div> <div>10:00 Bible Study (CR) 11:00 D’Nonna Italian Cuisine 1:30 Roll a topic 2:00 Hand & Foot (FR) 3:30 Lima Bean Auction (CR)</div> | <div>23</div> <div>10:00 Weekend Exercise w/ Allison 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo w/ Allison 2:00 Skip-Bo Crew 2:30 Afternoon Movie</div> |
| <div>24</div> <div>10:00 Community Church 1:30 Bridge 3:00 Card Game Mania</div> | <div>25</div> <div>9:45 Tom Thumb <i>10:00 Coffee & News ... (R66)</i> 11:00 Morning Devotional (CR) 12:00 “Country Store Is Open” (R66) 2:00 Spades</div> | <div>26</div> <div>10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 11:00 Indoor Golf 2:00 Hand & Foot (B) 3:00 Spelling Bee for prizes</div> | <div>27</div> <div>10:00 Post Office/Bank (O) 10:00 Wake ‘n’ Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Practice your aim, Shoot em’ down 3:00 Dominos/42/Mexican Train (CR)</div> | <div>28</div> <div>Chicago Cubs at Texas Rangers 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (B) 2:30 Misc. Errands (O) 3:00 Uno & Friends (B) 6:35 Chicago Cubs at Texas Rangers (Home Opener)</div> | <div>29</div> <div>10:00 Bible Study (CR) 11:00 Wake ‘n’ Shake (Exercise w/ Jada) (CR) 2:00 Hand & Foot (FR) 3:00 “What’s the Scoop” Ice cream social</div> | <div>30</div> <div>10:00 Weekend Exercise w/ Allison 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It’s Saturday Bingo w/ Allison 2:00 Skip-Bo Crew 2:30 Afternoon Movie</div> |
| <div>31</div> <div>Easter Sunday 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania</div> | | | | | | |



In this Photo: Janice McAfee

Happy St. Patrick's Day

Everybody's Irish on March 17. As you celebrate the wearin' o' the green, we'd like to offer this St. Patrick's Day toast: May the roof above you never fall in, and may the friends gathered below never fall out. Happy St. Patrick's Day to all of our residents!



Here's to the Irish

Celebrate like a Celt with the popular Gaelic toast *sláinte*, pronounced "slawn-cha." It translates as "health," and is used like the English expression "Cheers!"

All About Easter

Easter, one of the most important holidays in Christianity, celebrates the central event of the Christian faith: the resurrection of Jesus Christ after his crucifixion. This event is significant to Christians because, through his death and resurrection, Jesus suffered for the sins of the world, yet was able to overcome death. Easter is observed on the first Sunday after the full moon that occurs on or after the vernal equinox (the first day of spring). According to the Bible, the events of the crucifixion and resurrection occurred during the Jewish Passover, a springtime celebration.

Easter is preceded by Lent, a 40-day period of fasting and repentance that begins on Ash Wednesday. The Sunday before Easter is Palm Sunday, the day that Jesus arrived in Jerusalem. The week before Easter is called Holy Week.

During Holy Week, Christians observe Maundy Thursday, when the Last Supper with Jesus and his disciples took place; and Good Friday, the day of the crucifixion. The resurrection is then celebrated on Easter Sunday.

