

Current Events

1/9 Outing to Saltgrass Steak House
Time: 11:00am
Place: Outing

1/14 Men's Breakfast
Time: 7:00am
Place: Outing

1/13 Town Hall Meeting
Time: 3:30pm
Place: Community Room

1/15 Hunka Hunka Burning Love
Time: 6:00pm
Place: Dining Room

New Year's Resolutions from some of our Residents

- Max Jones - Lose Weight
- Robert Depew - Contribute to world peace
- Janice Coffey - Get along with everyone
- Raymond & Virginia Coleman - Be nice to everyone
- Judy Schultz - Try to accept Things you can't change
- Betty Davis - Lose weight
- Omeda Ekern - Lose Weight
- Jean Alexander - Be helpful to everybody
- Fay Gonzalez - Don't forget to take medicine
- Jan Kirby - Clean up Clutter
- Laura Budlong - Keep Exercise
- Darlene Schatzman - Live Healthy
- Nelly Slawson - Learn People's name
- Joe Freshnock - Increase walking around the building
- Erma Stoler - Live to be 100
- Bob & Elaine Hatfield - Be kind to everyone
- Paula Elsworth - Exercise and walk more
- John Hisel - Try and be good to everyone all year
- Arthur Neal - Have health and happiness

Lewisville Estates having Fun During our Holidays!

Pictures with Santa Pajama day and Bells Choir.



Hello Residents of Lewisville Estates!

As we start the New Year, we take time to reflect on the past and make plans towards the future. Some of the top New Year's resolutions are to spend more time with family and friends, focus on health and fitness, and lose weight. Participating in exercise classes can facilitate meeting these goals through spending time with friends and increasing overall health and fitness. Maintaining strength, cardiovascular health, and balance while socializing with friends will help you start the year on the right foot.

Our balance class we hold in IL every Thursday at 10:00 and exercise class at the AL every Thursday at 1:30, allows our Legacy staff to get to know our residents while promoting wellness. It also benefits all of our resident's strength, range of motion, balance, endurance and socialization.

Please let us know if we can assist you with anything. We are here to serve you and help you age in place.

Tiffany Littlepage and the Legacy Healthcare Team
Suite 336, 972-420-8543

Resident of the Month

Our L.E.A.P (Life Enrichment Activities Program) would like to Recognize Mr. Max Jones. Max is always participating in different activities and Helping with some of our games as well. Thank you Max Jones for making a difference and make us smile with your Fun personality and awesome sense of humor. We are so glad to have you as a part of our family here at Lewisville Estates.



Happy New Year!

Welcome 2015! I hope everyone had a wonderful holiday season. As we welcome the New Year we will now have start working on our new year resolutions and hitting the gym! :) All Staff would like to say thank you to all the residents and family members that donated to the Christmas Fund, it truly made a joyous holiday. January will be an active month where we will be having a Mad Hatter Tea Party and our Big Event showcasing Elvis: Hunka Hunka Burning Love! We will also be enjoying a few different outings this month to enjoy lunch please check the calendar for dates and times, the more the merrier!

With a warm heart,

Jessica Hazelton
Executive Director

Come join us every Tuesday for our Arts and Crafts class and our Every other Friday for our Outings. Fun time guarantee!!!



Happy Birthday!

Just want to wish you a Happy Birthday, Hope your day is filled with lots of love, joy, and happiness. Come and join us for our Birthday Bash celebration on **Friday, January 30th at 3:30pm**

Resident Birthdays

- 4- Nan J Robinson
- 7- Vernond "Bud" Gillem
- 9- Clarence "CB" Cantin
- 12- Jeanette Olbert
- 19- Jo Andres
- 19- Tommie Dubick
- 21- Charles Butters
- 23- Louis Stiff
- 27- Paula Ellsworth
- 27- Margaret Stringer

Employee Birthdays

- 1- Victoria Jackson
- 3- Hortencia Reyes
- 5- Jessica Hazelton
- 18- Luciano Go
- 20- Yolanda Bell
- 21- Socorro Ruiz



Activity Room - <i>AR</i>	Dining Room - <i>DR</i>	Library - <i>LL</i>	Route 66 - <i>R66</i>
AL Parking Lot - <i>ALPL</i>	Fitness Room - <i>FR</i>	Lobby - <i>L</i>	Theater - <i>TH</i>
Bistro - <i>B</i>	Flagpole - <i>FP</i>	AL Lobby - <i>ALL</i>	
Community Room - <i>CR</i>	Garden - <i>G</i>	Outing - <i>O</i>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
Trivia Day 10:00am Bible Study Sing Alone, <i>L</i> 10:30am Bible Study, <i>L</i> 1:15pm Chicken Foot, <i>L</i> 2:00am Trivia games, <i>B</i> 3:30pm Residents Choice Game, <i>B</i> 4pm Resident Meet & Greet, <i>L</i> 7pm Resident Comedy Hour, <i>L</i>	9:30am Exercise w/ Jacque of A.R.T., <i>CR</i> 10am Albertson's, <i>O</i> 10am Coffee & Snack Monday Social, <i>L</i> 10:30am Blood Pressure Checks w/ A.R.T., <i>CR</i> 2pm Pokeno for Prizes, <i>AR</i> 4pm Rowdy Ring Toss, <i>B</i> 6pm Card Games, <i>B</i>	9:30am Chair Yoga Class, <i>CR</i> 10am Walmart, <i>O</i> 10am Catholic Communion, <i>B</i> 10:15am Rosary Service, <i>B</i> 10:30am Facials w/ Mary Kay, <i>AR</i> 1:45 pm Spanish Class w/ Patty, <i>AR</i> 2:30pm Art Expression, <i>AR</i> 6pm Card Games, <i>B</i>	9:30am Exercise w/ Jacque of A.R.T., <i>CR</i> 10am Post Office/Bank, <i>O</i> 10am Coffee & Snack Social w/ Elvis Trivia, <i>L</i> 10:30am Blood Pressure Checks w A.R.T., <i>CR</i> 2pm Sassy Senior Bingo, <i>CR</i> 3pm Wii Golf Tournament, <i>FR</i> 4pm Bulls Eye Washers, <i>B</i> 6pm Card Games, <i>B</i> 6:45pm Bring a Friend Movie Night, <i>TH</i>	New Year's Day 10:30 New Year's wonderword Search, <i>B</i> 2:30pm Movie & Popcorn, <i>CR</i> 4pm Bean Bag Toss, <i>B</i> 6pm Card Games, <i>B</i> 6pm 42, <i>AR</i>	Fruitcake Toss Day 9:30am Walking Warriors 10am Coffee & Snack Social, <i>L</i> 10:30am Fruitcake Wonderword Challenge, <i>B</i> 2pm Express Errands, <i>O</i> 2:15pm Hearing Aid Clinic w/ Dr. Stewart, <i>B</i> 3:30pm Fruitcake Toss Happy Hour, <i>L</i> 6pm Card Games, <i>B</i>	9:30am Coffee and Conversation, <i>L</i> 1pm Residents Choice Games, <i>AR</i> 1:30pm Card Games, <i>B</i> 2:45pm Fun Flicks and Popcorn, <i>TH</i> 3:30pm Billiards/Pool 7pm Crazy Card Games, <i>B</i>
11	12	13	14	15	16	17
10:00am Bible Study Sing Alone, <i>L</i> 10:30am Bible Study, <i>B</i> 3pm Matinee Movie, <i>R66</i> 1:15pm Chicken Foot, <i>L</i> 3:30pm Residents Choice Game, <i>B</i> 4pm Resident Meet & Greet, <i>L</i> 7pm Resident Comedy Hour, <i>L</i>	Marshmallow Monday 9:30am Exercise w/ Jacque of A.R.T., <i>CR</i> 10am Albertson's, <i>O</i> 10am Coffee & Snack Monday Social, <i>L</i> 10:30am Blood Pressure Checks w/ A.R.T., <i>CR</i> 2pm Pokeno for Prizes, <i>AR</i> 3:30pm Legacy Health Chat, <i>B</i> 4pm Rowdy Ring Toss w/ Simores, <i>B</i> 6pm Card Games, <i>B</i>	9:30am Chair Yoga Class, <i>CR</i> 10am Walmart, <i>O</i> 10:15am Rosary Service, <i>B</i> 10:30am Dress Up Nails w/ Avon, <i>R66</i> 2:30pm Town Hall Meeting, <i>CR</i> 4pm Ring Toss of Fire, <i>B</i> 6pm Card Games, <i>B</i>	Men's Breakfast , <i>O</i> 9:30am Exercise w/ Jacque of A.R.T., <i>CR</i> 10am Post Office/Bank, <i>O</i> 10am Coffee & Snack Social, <i>L</i> 10:30am Blood Pressure Checks w A.R.T., <i>CR</i> 2pm Sassy Senior Bingo, <i>CR</i> 3pm Wii Golf Practice w/ Max, <i>FR</i> 3:30pm Tic Tac Toss, <i>B</i> 6pm Card Games, <i>B</i> 6:45pm Bring a Friend Movie Night, <i>TH</i>	10am Miscellaneous Errands, <i>O</i> 10am Balance Class w/ Legacy, <i>CR</i> 10:30am Bible Study w/ Pastor Frances, <i>B</i> 11am Blood Pressure Check w/ Legacy, <i>CR</i> 2pm Walmart, <i>O</i> 6pm Hunka Hunka Burning Love, <i>DR</i> 6pm Card Games, <i>B</i>	Wear your Favorite Jersey 9:30am Walking Warriors 10am Coffee & Snack Social, <i>L</i> 10am Blood Pressure Check w/ Otilia, <i>AR</i> 10:30am Wonderword Challenge, <i>B</i> 1pm Bridge, <i>B</i> 2pm Express Errands, <i>O</i> 3:30pm Happy Hour w/ Cowboy Bob, <i>L</i> 6pm Card Games, <i>B</i>	9:30am Coffee and Conversation, <i>L</i> 1pm Residents Choice Games, <i>AR</i> 1:30pm Card Game, <i>B</i> 3pm Fun Flicks and Popcorn, <i>TH</i> 3:30pm Billiards/Pool 7pm Crazy Card Games, <i>B</i>
18	19	20	21	22	23	24
10:00am Bible Study Sing Alone, <i>L</i> 10:30am Bible Study, <i>B</i> 3pm Matinee Movie, <i>R66</i> 1:15pm Chicken Foot, <i>L</i> 3:30pm Residents Choice Game, <i>B</i> 4pm Resident Meet & Greet, <i>L</i> 7pm Resident Comedy Hour, <i>L</i>	Martin Luther King Jr. Day 9:30am Exercise w/ Jacque of A.R.T., <i>CR</i> 10am Albertson's, <i>O</i> 10am Coffee & Snack Monday Social, <i>L</i> 10:30am Blood Pressure Checks w/ A.R.T., <i>CR</i> 2pm Pokeno for Prizes, <i>AR</i> 4pm Popcorn Toss, <i>B</i> 6pm Card Games, <i>B</i>	9:30am Chair Yoga Class, <i>CR</i> 10am Walmart, <i>O</i> 10am Catholic Communion, <i>B</i> 10:15am Rosary Service, <i>B</i> 1:45 pm Spanish Class w/ Patty, <i>AR</i> 2:30pm Art Expression, <i>AR</i> 6pm Card Games, <i>B</i>	9:30am Exercise w/ Jacque of A.R.T., <i>CR</i> 10am Post Office/Bank, <i>O</i> 10am Coffee & Snack Social, <i>L</i> 10:30am Blood Pressure Checks w A.R.T., <i>CR</i> 2pm Sassy Senior Bingo, <i>CR</i> 4pm Bucket Bonanza, <i>B</i> 6pm Card Games, <i>B</i> 6:45pm Bring a Friend Movie Night, <i>TH</i>	10am Miscellaneous Errands, <i>O</i> 10am Balance Class w/ Legacy, <i>CR</i> 10:30am Bible Study w/ Pastor Frances, <i>B</i> 11am Blood Pressure Check w/ Legacy, <i>CR</i> 6pm Card Games, <i>B</i> 6pm 42, <i>AR</i>	Beer Can Day 9:30am Walking Warriors 10am Coffee & Snack Social, <i>L</i> 11:00am Out to Rosas, <i>O</i> 10:30am Wonderword Challenge, <i>B</i> 1pm Bridge, <i>B</i> 2pm Express Errands, <i>O</i> 3:30pm Beer in a Can Happy Hour, <i>L</i> 6pm Card Games, <i>B</i>	9:30am Coffee and Conversation, <i>L</i> 1pm Scrabble Game, <i>AR</i> 1:30pm Trivia Pursuit, <i>LL</i> 3pm Fun Flicks and Popcorn, <i>TH</i> 3:30pm Billiards/Pool 7pm Crazy Card Games, <i>B</i>
25	26	27	28	29	30	31
10:00am Bible Study Sing Alone, <i>L</i> 10:30am Bible Study, <i>B</i> 3pm Matinee Movie, <i>R66</i> 1:15pm Chicken Foot, <i>L</i> 3:30pm Residents Choice Game, <i>B</i> 4pm Resident Meet & Greet, <i>L</i> 7pm Resident Comedy Hour, <i>L</i>	9:30am Exercise w/ Jacque of A.R.T., <i>CR</i> 10am Albertson's, <i>O</i> 10am Coffee & Snack Monday Social, <i>L</i> 10:30am Blood Pressure Checks w A.R.T., <i>CR</i> 2pm Pokeno for Prizes, <i>AR</i> 4pm Rowdy Ring Toss, <i>B</i> 6pm Card Games, <i>B</i>	Chocolate Cake Day 9:30am Chair Yoga Class, <i>CR</i> 10am Walmart, <i>O</i> 10am Catholic Communion, <i>B</i> 10am Rosary Service, <i>B</i> 1:30pm Spanish Class fun Homework, <i>FD</i> 2:30pm Art Expression Chocolate Cupcake decoration, <i>AR</i> 4pm Bean Bag Toss, <i>B</i> 6pm Card Games, <i>B</i>	9:30am Exercise w/ Jacque of A.R.T., <i>CR</i> 10am Post Office/Bank, <i>O</i> 10am Coffee & Snack Social, <i>L</i> 10:30am Blood Pressure Checks w A.R.T., <i>CR</i> 2pm Black Out Sassy Senior Bingo, <i>CR</i> 3:15pm New Year's Eve Party, <i>L</i> 6pm Card Games, <i>B</i> 6:45pm Bring a Friend Movie Night, <i>TH</i>	National Puzzle Day 10am Miscellaneous Errands, <i>O</i> 10am Balance Class w/ Legacy, <i>CR</i> 10:30am Bible Study w/ Pastor Frances, <i>B</i> 11am Blood Pressure Check w/ Legacy, <i>CR</i> 2pm Walmart, <i>O</i> 2:30pm Puzzle Mania, <i>R66</i> 4pm Bean Bag Toss, <i>B</i> 6pm Card Games, <i>B</i> 6pm 42, <i>AR</i>	Backwards Day 9:30am Walking Warriors 10am Coffee & Snack Social, <i>L</i> 10:30am Backwards Wonderword Challenge, <i>B</i> 2pm Express Errands, <i>O</i> 3:30pm Backwards Birthday Bash/ w Eric Andrews, <i>L</i> 6pm Card Games, <i>B</i>	9:30am Coffee and Conversation, <i>L</i> 1pm Residents Choice Games, <i>AR</i> 1:30pm Trivia Pursuit, <i>LL</i> 3pm Fun Flicks and Popcorn, <i>TH</i> 3:30pm Billiards/Pool 7pm Crazy Card Games, <i>B</i>