

Resident of the Month!

Our Life Enrichment Activity Program would like to recognize Jim Hawes. Jim likes to participate in different activities like socials, singalongs, games and being part of our big events. Thank you, James, for your fun personality and great smile. We are so happy to have you here at Lewisville Estates!



Piece by Piece

Anyone who has stayed up late to work a jigsaw puzzle knows how easy it is to say "just one more piece." Both relaxing and a good workout for the brain, puzzles are a favorite pastime of many, from preschoolers to centenarians.

British mapmaker John Spilsbury created the first jigsaw puzzles in 1767 to help children learn geography. He pasted maps onto wood and, using a fine saw, cut them into small pieces for children to assemble, calling his creations "dissected maps." Throughout the 18th and 19th centuries, these games served as educational tools.

Hobby puzzles for adults evolved around 1900. Made of wood and hand-cut one piece at a time, the intricate creations were expensive and served as entertainment for wealthy.

In the 1930s, die-cut cardboard puzzles began to be mass-produced, reducing the cost and making the games an affordable escape for millions during the Depression. Many drugstores and libraries rented puzzles, and some stores used them as advertising, offering free puzzles with purchases.

Today, jigsaw puzzles come in all shapes and sizes, ranging from a few pieces to 1,000 or more. Three-dimensional structures, pieces with double-sided designs and online jigsaws are recent puzzle trends.



Tell Your Story

Everyone has a story — many stories, in fact! All the pieces of your life weave a unique and interesting narrative, so why not preserve your stories for future generations? Collecting a few tales can be easy and fun, and your loved ones will cherish the precious memories. Here are a few ideas to get you started:

Put pen to paper: Write down some memorable moments, achievements, family traditions or life lessons you have learned. Share a favorite tale or two from each decade, or tell where you were during major world and national events.

Create a scrapbook: Round up photos and mementos and place them in an album or scrapbook. Include notes identifying special memories associated with each item.

Record your stories: What was your life like growing up? Who was your role model? What was your first job? Share these stories and more while someone records you.

Veterans History Project: Veterans can share personal accounts of their military service in an oral history program through the Library of Congress. Details can be found at www.LOC.gov/vets.



Dear Residents, Family and Friends:

Happy fall y'all! We've had a busy and productive October. Thank you to all who participated in our Fashion Show, Halloween Party and Socials. I know the trip to Winstar Casino was extra special! Please check your calendar for all that is happening this month!

November is all about celebrating what we are grateful for. Let us spend this month thinking about all the people who have made a difference in our lives. What did they do that created an extraordinary life experience? As a community, we can enhance others' quality of life by donating a canned food item to the box at the front entryway. Items will be donated to our local food pantry and will be available in the lobby until Nov. 22.

Get ready, the Turkey is on the way! Please join us in celebration: Thanksgiving Buffet Luncheon on Saturday, Nov. 12, at 11 a.m. Reservations must be made in advance no later than Monday, Nov. 13.

I hope this month brings you warm memories of family, food and football.

Regards,

Jessica Hazelton, EXECUTIVE DIRECTOR



Main Event!

Come and Join us every second Tuesday of the month for our Main Event Celebration!





ASSISTED LIVING

AL#010063

NOVEMBER 2017

Locations

- Activity Room, AR
- AL Courtyard, ALC
- AL Parking Lot, ALPL
- Bistro, B
- Dining Room, DR
- Library, LL
- Lobby, L
- Outing, O
- Spa, Spa

Transportation Schedule

- Monday
10 a.m.
Grocery Stores
- Tuesday
10 a.m.
Walmart
- Wednesday
10 a.m.
Post Office/Bank
- Thursday
2 p.m.
Walmart
- Friday
TBA
Field Trips/Outing

Birthdays

- Marian Lang, 4th
- Dale Lidster, 7th
- Evelyn Go, 13th (Employee)
- Elsie Muller, 19th
- Tramena Johnson, 26th (Employee)

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			Beauty Salon Is Open ¹ National Caregiver Day 9:30 Tone Those Bones w/ Erin (Rehab Trust), AR 10:40 Word of the Day!, L 1:00 Resident Bible Study, AR 1:00 Sassy Senior Bingo, AR 2:00 Caregiver Appreciation Social, L	8:00 Beauty Salon Is Open ² 9:30 Chair Yoga, L 10:00 Christian Service w/ Rev. Christal Fisher, L 10:40 Word of the Day!, L 1:00 Storytelling Club 1:30 Ambassador Meeting, AR 2:00 Shopping at Walmart, O 2:00 Reminiscing, L 3:00 Singalong, L	9:30 Senior Fitness w/Teresa, AR ³ 10:30 Lunch Outing, O 10:30 Out to Cracker Barrel, O 10:40 Word of the Day!, L 1:00 Bible Study w/ Laura, L 2:00 Appreciation Day Social Hour, L 3:00 Name Your Game!, L	9:30 Word of the Day! 10:30 Wonderword Search, AR 1:00 Saturday Bingo w/Mary, AR 3:00 Resident Choice of Game, L	
	DAYLIGHT SAVING ENDS ⁵ 7:30 The Truth in Love (TV Channel 7), L 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Bible Study w/ Rob Harrison, L 3:00 Cinema Sundays, L	9:30 Exercise With Legacy, AR ⁶ 10:00 Shopping at Winco, O 10:30 Therapy for the Mind, L 10:40 Word of the Day!, L 2:00 Fancy Nails & Hand Massage, AR 3:00 Resident Puzzle Day, LL 3:00 Adult Coloring Club, AR	ELECTION DAY ⁷ 9:30 Senior Fitness w/Teresa, AR 10:00 Shopping at Walmart, O 10:30 Catholic Communion 10:40 Word of the Day!, L 1:00 Resident Bible Study, AR 2:00 Art Expression, AR	Beauty Salon Is Open ⁸ 9:30 Tone Those Bones w/ Erin (Rehab Trust), AR 10:40 Word of the Day!, L 1:00 Chicken Foot (Dominoes), AR 1:00 Resident Bible Study, AR 1:00 Sassy Senior Bingo, AR 1:30 Gobble Gobble Spelling, AR 3:00 Town Hall Meeting, L	8:00 Beauty Salon Is Open ⁹ 9:30 Chair Yoga, L 10:00 Christian Service w/ Rev. Christal Fisher, L 10:40 Word of the Day!, L 1:00 Storytelling Club 2:00 Shopping at Walmart, O 2:00 Reminiscing, L 3:00 Singalong, L	9:30 Senior Fitness w/ Teresa, AR ¹⁰ 10:00 Trivia Club, L 10:30 Fancy Nails w/Tiffanie (Lake Village), AR 10:40 Word of the Day!, L 1:00 Bible Study w/Laura, L 2:00 Tribute to Our Veterans Social Hour, L 3:00 Name Your Game!, L	VETERANS DAY ¹¹ 9:30 Word of the Day! 10:30 Wonderword Search, AR 1:00 Saturday Bingo w/Mary, AR 1:00 Veterans Day Celebration, L 3:00 Resident Choice of Game, L
	7:30 The Truth in Love (TV Channel 7), L ¹² 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Bible Study w/ Rob Harrison, L 3:00 Cinema Sundays, L	¹³ 9:30 Exercise With Legacy, AR 10:00 Shopping at Big Lots, O 10:30 Therapy for the Mind, L 10:40 Word of the Day!, L 1:15 Wonder Word Search, AR 2:00 Fancy Nails & Hand Massage, AR 3:00 Resident Puzzle Day, LL	9:30 Senior Fitness w/Teresa, AR ¹⁴ 10:00 Shopping at Walmart, O 10:30 Catholic Communion 10:40 Word of the Day!, L 1:00 Resident Bible Study, AR 2:00 Art Expression, AR	Beauty Salon Is Open ¹⁵ 9:30 Tone Those Bones w/Erin (Rehab Trust), AR 10:40 Word of the Day!, L 1:00 Resident Bible Study, AR 1:00 Sassy Senior Bingo, AR 4:00 Pumpkin Toss, L	8:00 Beauty Salon Is Open ¹⁶ 9:30 Chair Yoga, L 10:00 Christian Service w/ Rev. Christal Fisher, L 10:40 Word of the Day!, L 1:00 Storytelling Club 2:00 Shopping at Walmart, O 2:00 Reminiscing, L 3:00 Singalong, L	9:30 Senior Fitness w/Teresa, AR ¹⁷ 10:30 Lunch Outing, O 10:30 Out to Olive Garden, O 10:40 Word of the Day!, L 1:00 Bible Study w/ Laura, L 2:00 Birthday Bash, L 3:00 Name Your Game!, L	9:30 Word of the Day! 10:30 Wonderword Search, AR 11:00 Thanksgiving Feast, DR 1:00 Saturday Bingo w/Mary, AR 3:00 Resident Choice of Game, L
	7:30 The Truth in Love (TV Channel 7), L ¹⁹ 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Bible Study w/ Rob Harrison, L 3:00 Cinema Sundays, L	9:30 Exercise With Legacy, AR ²⁰ 10:00 Dollar Store 10:30 Therapy for the Mind, L 10:40 Word of the Day!, L 2:00 Fancy Nails & Hand Massage, AR 3:00 Resident Puzzle Day, LL 3:00 Adult Coloring Club, AR	9:30 Senior Fitness w/Teresa, AR ²¹ 10:00 Shopping at Walmart, O 10:30 Catholic Communion 10:40 Word of the Day!, L 1:00 Resident Bible Study, AR 2:00 Art Expression, AR	Beauty Salon Is Open ²² 9:30 Tone Those Bones w/Erin (Rehab Trust), AR 10:40 Word of the Day!, L 1:00 Resident Bible Study, AR 1:00 Sassy Senior Bingo, AR 4:00 Ring Toss of Fire, L	THANKSGIVING DAY ²³ 8:00 Beauty Salon Is Open 8:00 Macy's Day Parade Celebration, L 9:30 Chair Yoga, L 10:00 Christian Service w/ Rev. Christal Fisher, L 10:40 Word of the Day!, L 1:00 Storytelling Club 2:00 Shopping at Walmart, O 2:00 Reminiscing, L 3:00 Singalong, L 3:00 Thanksgiving Wonderword Search, AR	Black Friday ²⁴ 9:30 Senior Fitness w/ Teresa, AR 10:00 Trivia Club, L 10:40 Word of the Day!, L 1:00 Bible Study w/ Laura, L 2:00 What Are You Thankful For? Social Hour, L 3:00 Name Your Game!, L	9:30 Word of the Day! 10:30 Wonderword Search, AR 1:00 Saturday Bingo w/Mary, AR 3:00 Resident Choice of Game, L
	7:30 The Truth in Love (TV Channel 7), L ²⁶ 8:30 New Covenant Baptist Church, L 8:30 In Search of the Lord's Way (TV KTXA Channel 12), L 2:00 Bible Study w/ Rob Harrison, L 3:00 Cinema Sundays, L	9:30 Exercise With Legacy, AR ²⁷ 10:30 Therapy for the Mind, L 10:40 Word of the Day!, L 1:15 Wonder Word Search, AR 2:00 Fancy Nails & Hand Massage, AR 3:00 Resident Puzzle Day, LL	9:30 Senior Fitness w/Teresa, AR ²⁸ 10:00 Shopping at Walmart, O 10:30 Catholic Communion 10:40 Word of the Day!, L 1:00 Resident Bible Study, AR 2:00 Art Expression, AR	Beauty Salon Is Open ²⁹ 9:30 Tone Those Bones w/Erin (Rehab Trust), AR 10:40 Word of the Day!, L 1:00 Resident Bible Study, AR 1:00 Sassy Senior Bingo, AR 4:00 Rowdy Ring Toss, L	8:00 Beauty Salon Is Open ³⁰ 9:30 Chair Yoga, L 10:00 Christian Service w/ Rev. Christal Fisher, L 10:40 Word of the Day!, L 1:00 Storytelling Club 2:00 Shopping at Walmart, O 2:00 Reminiscing, L 3:00 Singalong, L		