



## Dear Residents, Family, And Friends

As the Fall season begins around us, we must look to nature for guidance. Like the trees let go of their leaves in order to grow even more beautiful in the spring, we must also let go of all of the worries that burden us in order to be the best versions of ourselves. We had a wonderful September this year! With fun festivities such as our Vineyard themed main event, our fall arts and crafts projects, and the amazing musical performances we were able to experience. In October, we are looking forward to an even more exciting month filled with awesome activities! Be on the lookout for our spirit days that are happening every Friday in preparation for Halloween. Make sure to get your most spook-tacular costume ready for our Halloween costume contest in order to win some sweet prizes. I am so grateful for all of our residents, family members, and staff. Each one of you plays a vital part in making Lewisville Estates the amazing community that it is, and I look forward to spending this fall with all of you. Thank you so much for being a part of our Lewisville Estates family.

Smitha Krishnan  
Executive Director



## OCTOBER 2022

### Make It a Halloween Movie Night

Celebrate the spooky season with one of these family-friendly flicks:

*"Hocus Pocus."* In this 1993 comedy, Bette Midler, Sarah Jessica Parker and Kathy Najimy play the wicked Sanderson sisters, who are brought back to life on Halloween night. It's up to a trio of kids and a talking cat to save the town from the witches' villainous, yet hilarious, hijinks.

*"The Nightmare Before Christmas."* Two major holidays collide in this 1993 stop-motion movie. After Jack Skellington, the Pumpkin King of Halloween Town, discovers Christmas Town, he attempts to introduce Yuletide traditions to his people, with disastrous results.

*"Casper."* A classic cartoon character returns in this 1995 live-action film, with the friendly ghost falling for Kat, a teenager who has moved into Casper's home with her widowed father. Despite an interfering heiress and ghostly pranks pulled by Casper's uncles, Kat and Casper form a deep friendship and learn the importance of family.

*"Hotel Transylvania."* In this 2012 animated film, a human named Johnny accidentally uncovers Count Dracula's hotel for monsters, prompting the vampire to use his magical powers to protect his guests and daughter, Mavis. But his plans backfire when Johnny hits it off with Mavis and the other creatures.



**OCTOBER 2022**

**Locations**

|                    |      |
|--------------------|------|
| Activity Room      | AR   |
| AL Courtyard       | ALC  |
| AL Parking Lot     | ALPL |
| Bistro             | B    |
| Independent Living | IL   |
| Library            | LL   |
| Lobby              | L    |
| Outing             | O    |
| Spa                | Spa  |

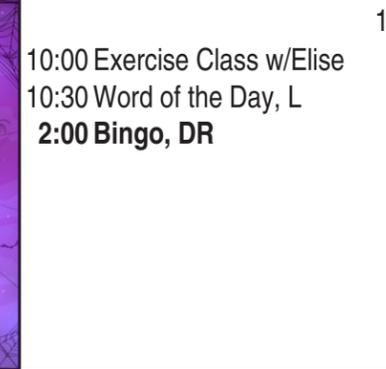
**Transportation Schedule..**

|                     |      |
|---------------------|------|
| Monday,             | 10am |
| Grocery Stores      | 9:45 |
| Tuesday,            | 10am |
| Walmart             | 10am |
| Wednesday,          | 10am |
| Post Office/Bank    |      |
| Thursday,           | 10am |
| Walmart             | 10am |
| Friday,             | TBA  |
| Field Trips/Outings |      |

**Happy Birthday to You All!!**

|                   |           |
|-------------------|-----------|
| Yadira Hernandez* | Oct. 1st  |
| Nada Howard       | Oct. 11th |
| Shelia Turner*    | Oct. 17th |
| Joe Patterson     | Oct. 13th |

**"If everyone started off the day singing, just think how happy they'd be."  
—Lauren Myracle**

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday  |
|--|---|--|--|--|--|---|
|                                |    |    |    |    |    |       |
| 2<br>7:30 In Search of the Lord's Way (Kdfid Channel 7), L<br>2:00 Chicken Foot, AR<br>3:00 Cinema Sundays, L  | 3<br>9:30 Men & Women's Coffee Table DR<br><b>10:00 Exercise w/Legacy, L</b><br>11:00 Adult Coloring Club<br>12:00 Puzzle Mania w/ Friends<br><b>1:30 Bible Study w/Yellow Rose, L</b><br><b>3:00 Try It, You'll Strike It (Bowling)</b>            | 4<br><b>10:00 "Walk This Weigh w/ Jada" Exercise</b><br>10:00 Walmart Shopping, O<br>10:30 Puzzle Mania, AR<br>11:00 Adult Coloring Club<br>12:00 Puzzle Mania<br>1:00 Spades<br><b>2:00 Bingo, DR</b><br><b>3:30 "Lima Bean Auction" Halloween Edition!</b> | 5<br><b>10:00 Chair Yoga, L</b><br>10:00 Post Office/Bank, O<br>10:30 Sudoku Challenge<br><b>11:00 Knitting and Crotchet Class</b><br>12:00 Hand & Foot<br><b>1:30 Bible Study, AR</b><br><b>3:30 Cold game Of Halloween Scrabble</b>  | 6<br><b>10:00 Chair Zumba</b><br>10:00 Walmart Shopping, O<br>10:30 Balloon Volleyball, L<br><b>2:00 Arts and Crafts, AR</b><br>4:00 Puzzle Mania, AR  | 7<br><b>Crazy Sock Day</b><br><b>10:00 Chair Exercise</b><br>10:30 1:1 Session<br>1:30 Wonder Word Search, L<br><b>2:00 Social Hour</b><br>3:30 Name Your Game!                          | 8<br>10:00 Exercise Class w/Elise<br>10:30 Word of the Day, L<br><b>2:00 Bingo, DR</b>  |
| 9<br>7:30 In Search of the Lord's Way (Kdfid Channel 7), L<br>2:00 Chicken Foot, AR<br>3:00 Cinema Sundays, L  | 10<br><b>Columbus Day</b><br>9:30 Men & Women's Coffee Table DR<br><b>10:00 Exercise w/Legacy, L</b><br>11:00 Adult Coloring Club<br><b>1:30 Bible Study w/Yellow Rose, L</b><br><b>3:00 Beach Volleyball, L</b><br><b>4:00 Activities Meeting,</b> | 11<br><b>10:00 "Walk This Weigh w/ Jada" Exercise</b><br>10:00 Walmart Shopping, O<br>10:30 Puzzle Mania, AR<br>11:00 Adult Coloring Club<br>12:00 Puzzle Mania w/ Friends<br><b>2:00 Bingo, DR</b><br><b>3:30 Doubles or Nothin' (Tennis)</b>               | 12<br>9:30 Men & Women's Coffee Table DR<br><b>10:00 Chair Yoga, L</b><br>10:00 Post Office/Bank, O<br>10:30 Sudoku Challenge<br>11:00 Ski-Bo Crew<br>12:00 Puzzle Mania w/ Friends<br><b>1:30 Bible Study, AR</b><br><b>2:30 Town Hall Meeting</b><br>3:30 Halloween Scavenger Hunt | 13<br><b>10:00 Chair Zumba</b><br>10:00 Walmart Shopping, O<br>10:30 Puzzle Mania, AR<br><b>2:00 Arts and Crafts, AR</b><br>4:00 Crossword Puzzle, AR  | 14<br><b>Wear Your Jersey Day!</b><br><b>10:00 Chair Exercise</b><br>10:30 1:1 Session<br>1:30 Wonder Word Search, L<br><b>2:00 Social Hour</b><br>3:30 Name Your Game!                  | 15<br>10:00 Exercise Class w/Elise<br>10:30 Word of the Day, L<br><b>2:00 Bingo, DR</b> |
| 16<br>7:30 In Search of the Lord's Way (Kdfid Channel 7), L<br>2:00 Chicken Foot, AR<br>3:00 Cinema Sundays, L | 17<br>9:30 Men & Women's Coffee Table DR<br><b>10:00 Exercise w/Legacy, L</b><br>11:00 Puzzle Mania<br>12:00 Hand & Foot<br><b>1:30 Bible Study w/Yellow Rose, L</b><br><b>3:00 "Drop In The Cup Minute" Halloween Game</b>                         | 18<br><b>10:00 "Walk This Weigh w/ Jada" Exercise</b><br>10:00 Walmart Shopping, O<br>10:30 Puzzle Mania, AR<br>11:00 Knitting and Crotchet Class<br>12:00 Spades<br><b>2:00 Bingo, DR</b><br><b>3:30 "Lima Bean Auction" Halloween Edition!</b>             | 19<br><b>10:00 Chair Yoga, L</b><br>10:00 Post Office/Bank, O<br>10:30 Sudoku Challenge<br>11:00 Puzzle Mania w/ Friends<br>12:00 Spades<br><b>1:30 Bible Study, AR</b><br><b>2:30 Movie and Snacks, L</b><br><b>3:30 Halloween Danger Game</b>                                      | 20<br><b>10:00 Chair Zumba</b><br>10:00 Walmart Shopping, O<br>10:30 Balloon Volleyball, L<br><b>2:00 Arts and Crafts, AR</b><br><b>3:00 Wine &amp; Cheese Tasting (Main Event)</b><br>4:00 Puzzle Mania, AR | 21<br><b>Wear a Hat Day!</b><br><b>10:00 Chair Exercise</b><br>10:30 1:1 Session<br>1:30 Wonder Word Search, L<br><b>2:00 Social Hour</b><br>3:30 Name Your Game!                        | 22<br>10:00 Exercise Class w/Elise<br>10:30 Word of the Day, L<br><b>2:00 Bingo, DR</b> |
| 23<br>7:30 In Search of the Lord's Way (Kdfid Channel 7), L<br>2:00 Chicken Foot, AR<br>3:00 Cinema Sundays, L | 24<br>9:30 Men & Women's Coffee Table DR<br><b>10:00 Exercise w/Legacy, L</b><br>11:00 Puzzle Mania<br>12:00 Hand & Foot<br><b>1:30 Bible Study w/Yellow Rose, L</b><br>3:00 Rounds of Cornhole   | 25<br><b>10:00 "Walk This Weigh w/ Jada" Exercise</b><br>10:00 Walmart Shopping, O<br>10:30 Puzzle Mania, AR<br>11:00 Adult Coloring<br>12:00 Skip- Bo Click<br><b>2:00 Bingo, DR</b><br><b>3:30 Epic Fish Bowl Game</b>                                     | 26<br>9:30 Men & Women's Coffee Table DR<br><b>10:00 Chair Yoga, L</b><br>10:00 Post Office/Bank, O<br>10:30 Sudoku Challenge<br>11:00 Adult Coloring Club<br>12:00 Hand & Foot<br><b>1:30 Bible Study, AR</b><br>2:30 Uno, Ice Cream & Friends<br>3:30 Mexican Train Crew, AR       | 27<br><b>10:00 Chair Zumba</b><br>10:00 Walmart Shopping, O<br>10:30 Puzzle Mania, AR<br><b>2:00 Arts and Crafts, AR</b><br>4:00 Crossword Puzzle, AR  | 28<br><b>Wear Your Halloween Costume!</b><br><b>10:00 Chair Exercise</b><br>10:30 1:1 Session<br>1:30 Wonder Word Search, L<br><b>2:00 Halloween Social Hour</b><br>3:30 Name Your Game! | 29<br>10:00 Exercise Class w/Elise<br>10:30 Word of the Day, L<br><b>2:00 Bingo, DR</b> |
| 30<br>7:30 In Search of the Lord's Way (Kdfid Channel 7), L<br>2:00 Chicken Foot, AR<br>3:00 Cinema Sundays, L | 31<br>9:30 Men & Women's Coffee Table DR<br><b>10:00 Exercise w/Legacy, L</b><br>11:00 Chicken Foot<br>12:00 Knitting and Crotchet Class<br><b>1:30 Bible Study w/Yellow Rose, L</b><br>3:00 Skip- Bo Click   |  |  |  |  |   |

# Laugh Lines: 'Pumpkin' To Talk About

Have a "gourd" time with these pumpkin jokes!

Q: What do you call a pretty pumpkin?

A: Gourd-geous.

Q: What's a pumpkin's favorite sport?

A: Squash.

Q: What do pumpkins eat at the movies?

A: Pulp-corn.

Q: What did the pumpkin say to the pumpkin carver?

A: "Cut it out!"

Q: Why was the jack-o'-lantern afraid to cross the road?

A: Because it had no guts!

Q: How do you mend a broken jack-o'-lantern?

A: With a pumpkin patch.

Q: When is a pumpkin not a pumpkin?

A: When you drop it—then it's a squash.

## A Pun-derful Season

Hay, there! Orange you glad it's autumn? Fall weather is unbe-leaf-able. It's really a-maizing. (If you don't like sappy puns, you better leaf right now!) At this time of year, pumpkins start piling up all around. They look so patch-ure perfect and are pie-ticularly tasty and filling. You'll also notice a latte drinks and foods flavored with pumpkin spice. Don't even chai to escape it. It really strikes a gourd with people. Whatever you love about the season, carve out some fun and give 'em pumpkin to talk about.



## Employee of the Month!

Ladies and Gentlemen, Lewisville Estates would like to recognize Elbia Cantor as our Employee of The Month for October! Elbia is extremely dedicated with an exemplary work ethic. She is always going the extra mile for our residents and bringing a smile to their faces. Elbia, you're an inspiration to us all! We'd like to congratulate and acknowledge the tremendous success you've achieved. Thanks for being a part of Lewisville Estates!

