

Resident of the Month!

Our L.E.A.P (Life Enrichment Program) would like to recognize JoNell Griffin.

JoNell may seem quiet, but she listens very carefully. We always know she agrees when we get a beautiful smile!

JoNell and her sister ran the Grill at the Big Spring Bowl-A-Rama. She also enjoyed bowling in the ladies' league.

She has four children, eight grandchildren and 16 great-grandchildren!

Give her a smile and gentle hello when you see her.

We are so happy to have JoNell at Lewisville Estates!



September is National Assisted Living Month!

We have many fun and exciting events planned for residents and staff in celebration of National Assisted Living Month.

Friday Social Hours will include a ribbon cutting kickoff for AL Month, "What's

Poppin'" popcorn tasting, chips and guacamole tasting, Apple Cider Social and a closing ceremony to end the month. Our big event will be an '80s Prom Night. Friends and family are always welcome! Check your calendar for lunch outings and the many activities that are planned!



Scrapbooking Club!



Sock hop fun!



Intergenerational Activities

From Grandparents Day on the Sunday after Labor Day to Intergenerational Month throughout September, this season offers plenty of reminders to take some time to bond with younger people. Whether they're your grandchildren, other relatives, friends, or community members in need of a mentor, here are a few ways you can connect with them:

- Teach your grandkids your favorite card game or a classic game like mahjong or chess. In return, have them show you a favorite video game or fun mobile app.
- Volunteering together is a great way to teach younger folks the importance of giving back to the community. Visit an animal shelter, pick up trash at a local park, or spend time helping out at a food bank.
- Like the song says, "Everything old is new again." Many in today's generation are interested in traditional hobbies like sewing, knitting and gardening. If you possess skills in these areas, offer to teach the basics. Working on projects together gives you a chance to chat about other topics as well as foster the love of learning.



Great-Grandma Wilma!



Youth being involved

Dear Residents, Families, and Friends,

As another summer comes to an end, I know we will all be looking forward to the cooler temperatures September and the fall season will bring! We had a lot of fun celebrations this summer with watermelon and ice cream socials, Beach Blanket Bingo, Summer Sock Hop, and so much more! This September, we will celebrate Assisted Living Month with many interactive resident and staff programs. Lunch outings for this month will be to Cotton Patch Cafe and IHOP. Tuesdays we have crafts with Dawn and plan on making autumn wreaths. Be sure to mark your calendar for our Main Event: '80s Prom on Sept. 6 at 6 p.m. Don't forget to invite your family and friends to our Happy Hour and other events!

— Jessica Hazelton,
EXECUTIVE DIRECTOR

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ASSISTED LIVING

AL#010063

SEPTEMBER 2016

Locations

- Activity Room, AR
- AL Courtyard, ALC
- AL Parking Lot, ALPL
- Bistro, B
- Dining Room, DR
- Library, LL
- Lobby, L
- Outing, O
- Spa, Spa

Transportation Schedule

- Monday
10 a.m.
Albertsons
- Tuesday
10 a.m.
Walmart
- Thursday
2 p.m.
Walmart
- Friday
TBA
Field Trips/Outing

Birthdays

- Wilma French, 2nd
- Gloria Harrison, 6th
- Doris Sales, 9th
- Eileen Wagner, 14th
- Cecilia Burch, 18th

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				National Assisted Living Month! 8:00 <i>Beauty Salon Is Open</i> 9:30 Gold Chair Exercise, AR 10:00 <i>Christian Service w/ Rev. Christal Fisher, L</i> 1:30 Shopping at Walmart, O 2:00 Scrapbooking Club, AR 3:00 Community Pep Rally, L 3:00 Coupon Clipping for Our Service Men/Women, AR	College Colors Day! 9:00 Exercise Extreme With Kelly of Lake Village, AR 10:00 Ready, Set, Grow Club, ALC 10:30 Lunch Outing to Cotton Patch Cafe!, O 2:00 Ribbon Cutting AL Week Social!, L 4:00 Rowdy Ring Toss!, L	9:30 <i>Gold Chair Exercise, AR</i> 1:00 BlackJack/21, AR 3:00 Music Starz Performance, L
4 8:30 <i>New Covenant Baptist Church, L</i> 2:00 <i>Bible Study w/ Rob Harrison, L</i> 3:00 <i>Puzzle Mania, AR</i> 5:30 Cinema Sundays, L	5 LABOR DAY 10:00 Music Starz Performance, L 2:00 Labor Day History & Honor!, L 3:00 Resident Choice of Chat or Game!, AR	6 9:30 Shopping at Walmart, O 9:30 <i>Catholic Communion & Service, DR</i> 9:30 Gold Chair Exercise, AR 1:00 Art Expression, AR 2:30 <i>Bible Study w/ Laura, L</i> 3:00 <i>'80s Trivia, L</i> 6:00 <i>'80s Prom Night, L</i>	7 Beauty Salon Is Open 9:45 Tone Those Bones w/ Erin (Rehab Trust), AR 1:00 Fall Prevention Workshop, AR 2:00 <i>Bible Study w/ Rob Harrison, L</i> 3:00 Sassy Senior Bingo, AR 4:00 Ambassador Meeting, AR	8 8:00 <i>Beauty Salon Is Open</i> 9:30 Gold Chair Exercise, AR 10:00 <i>Christian Service w/ Rev. Christal Fisher, L</i> 1:30 Shopping at Walmart, O 2:00 Scrapbooking Club, AR 3:00 Coupon Clipping for Our Service Men/Women, AR	9 9:00 Exercise Extreme With Kelly of Lake Village, AR 10:00 Ready, Set, Grow Club, ALC 2:00 What's Poppin' Popcorn Social Hour, L 3:00 <i>"Twister" Mind Twisters</i> 4:00 Rowdy Ring Toss!, L	10 9:30 <i>Gold Chair Exercise, AR</i> 1:00 "Stay Connected" Tech Presentation!, L 3:00 Saturday Bingo, AR
11 PATRIOT DAY Grandparents Day! 8:30 <i>New Covenant Baptist Church, L</i> 2:00 <i>Bible Study w/ Rob Harrison, L</i> 3:00 <i>Puzzle Mania, AR</i> 5:30 Cinema Sundays, L	12 9:30 Shopping at Albertsons, O 9:30 Exercise With Legacy, AR 10:15 Story, Joke or Quote to Share, L 3:00 Resident Choice of Chat or Game!, AR	13 9:30 Shopping at Walmart, O 9:30 <i>Catholic Communion & Service, DR</i> 9:30 Gold Chair Exercise, AR 1:00 Art Expression, AR 2:30 <i>Bible Study w/ Laura, L</i> 3:00 Hats Off to Sept. Hat Toss!, L	14 Beauty Salon Is Open 9:45 Tone Those Bones w/ Erin (Rehab Trust), AR 1:00 Walking Warriors!, ALPL 2:00 <i>Bible Study w/ Rob Harrison, L</i> 3:00 Town Hall Meeting, L 3:30 Grandparent Memories!, L	15 8:00 <i>Beauty Salon Is Open</i> 9:30 Gold Chair Exercise, AR 10:00 <i>Christian Service w/ Rev. Christal Fisher, L</i> 1:30 Shopping at Walmart, O 2:00 Scrapbooking Club, AR 3:00 Coupon Clipping for Our Service Men/Women, AR	16 National Guacamole Day! 9:00 Exercise Extreme With Kelly of Lake Village, AR 10:00 Ready, Set, Grow Club, ALC 10:30 Lunch Outing to IHOP!, O 2:00 Chips and Guacamole Social Hour, L 3:00 Fancy Nails With Kelly of Lake Village, AR 4:00 Rowdy Ring Toss!, L	17 9:30 <i>Gold Chair Exercise, AR</i> 1:00 "What's Cooking" or Baking?, AR 3:00 Saturday Bingo, AR
18 8:30 <i>New Covenant Baptist Church, L</i> 2:00 <i>Bible Study w/ Rob Harrison, L</i> 3:00 <i>Puzzle Mania, AR</i> 5:30 Cinema Sundays, L	19 9:30 Shopping at Albertsons, O 9:30 Exercise With Legacy, AR 10:15 Story, Joke or Quote to Share, L 3:00 Resident Choice of Chat or Game!, AR	20 9:30 Shopping at Walmart, O 9:30 <i>Catholic Communion & Service, DR</i> 9:30 Gold Chair Exercise, AR 1:00 Art Expression, AR 2:30 <i>Bible Study w/ Laura, L</i> 3:00 Name That Hat!, L	21 Beauty Salon Is Open 9:45 Tone Those Bones w/ Erin (Rehab Trust), AR 1:00 Walking Warriors!, ALPL 1:00 Experience the Drum, L 2:00 <i>Bible Study w/ Rob Harrison, L</i> 3:00 Sassy Senior Bingo, AR 4:00 Ambassador Meeting, AR	22 AUTUMN BEGINS 8:00 <i>Beauty Salon Is Open</i> 9:30 Gold Chair Exercise, AR 10:00 <i>Christian Service w/ Rev. Christal Fisher, L</i> 1:30 Shopping at Walmart, O 2:00 Scrapbooking Club, AR 3:00 Coupon Clipping for Our Service Men/Women, AR	23 9:00 Exercise Extreme With Kelly of Lake Village, AR 10:00 Ready, Set, Grow Club, ALC 2:00 Apple Cider Social, L 3:00 <i>"Twister" Mind Twisters</i> 4:00 Rowdy Ring Toss!, L	24 9:30 <i>Gold Chair Exercise, AR</i> 1:00 BlackJack/21, AR 3:00 Saturday Bingo, AR
25 8:30 <i>New Covenant Baptist Church, L</i> 2:00 <i>Bible Study w/ Rob Harrison, L</i> 3:00 <i>Puzzle Mania, AR</i> 5:30 Cinema Sundays, L	26 9:30 Shopping at Albertsons, O 9:30 Exercise With Legacy, AR 10:15 Story, Joke or Quote to Share, L 3:00 Resident Choice of Chat or Game!, AR	27 9:30 Shopping at Walmart, O 9:30 <i>Catholic Communion & Service, DR</i> 9:30 Gold Chair Exercise, AR 1:00 Art Expression, AR 2:30 <i>Bible Study w/ Laura, L</i> 3:00 Pokeno!, AR	28 Beauty Salon Is Open Flu Shot Clinic Time To Be Announced 9:45 Tone Those Bones w/ Erin (Rehab Trust), AR 1:00 Walking Warriors!, ALPL 2:00 <i>Bible Study w/ Rob Harrison, L</i> 3:00 Sassy Senior Bingo, AR	29 8:00 <i>Beauty Salon Is Open</i> 9:30 Gold Chair Exercise, AR 10:00 <i>Christian Service w/ Rev. Christal Fisher, L</i> 1:30 Shopping at Walmart, O 2:00 Scrapbooking Club, AR 3:00 Coupon Clipping for Our Service Men/Women, AR	30 9:00 Exercise Extreme With Kelly of Lake Village, AR 10:00 Ready, Set, Grow Club, ALC 2:00 Closing Ceremony AL Week Social Hour, L 3:00 <i>"Twister" Mind Twisters</i> 4:00 Rowdy Ring Toss!, L	