

## Thank You!!

Many thanks to those who donated flowers for our Mother's Day weekend. The building was full of beautiful blooms to honor our Moms!



## Looking Back at Summer Camps

For over a century, summer camps have provided countless children the opportunity to connect with nature, learn valuable skills and create memories.

In the late 1800s, overnight camps began popping up in the northeastern U.S. as a means for boys to break away from city life and build character, and were generally geared toward those from wealthy families. By the early 1900s, summer camps grew in number and diversity. National organizations like the YMCA and Boy Scouts catered adventures for boys from all social classes. Many of these camps focused on military basics and survival skills.

At about the same time, summer sleep-away camps for girls were established to teach life skills and encourage independence. The Camp Fire Girls and Girl Scouts were among the programs that provided these outdoor experiences for young women.

Starting in the 1950s, specialty camps began to concentrate on specific pursuits, such as academics, art, sports and music. Camps were also created for children with special needs and medical conditions. Today, there is a camp for nearly every interest.

A trend of traditional, rustic outdoor camps has emerged, as well as camps for adults who yearn to relive their childhood.



## Dear Residents, Families and Friends,

As we kick off July with the Texas torturing temperatures, we have something great to celebrate each day at Lewisville Estates. I wish everyone a happy and healthy Independence Day. Get out your Red, White and Blue, and make a statement of your own! We have

a "booming" month planned for you, so make sure you check the calendar for dates and event times. July 3, we will be having a red, white and blue celebration, and July 11, we will have our main event at 6 p.m. in the Lobby! The theme will be Murder on the Grill. Join us for an evening of entertainment, a photo booth and laughter. Please feel free to invite family and friends. Come and join us solve the mystery. Our July Lunch Outings will be to Cracker Barrel and Mama's Daughters' Diner.

We are so fortunate for the many volunteers we have! They bring entertainment, smiles, fitness, fun and so much more. As Summer Vacation starts, we are looking forward to the young volunteers being involved in our community!

*Erin Montgomery,*  
Business Office Director



## Resident of the Month

Our L.E.A.P (Life Enrichment Activity Program) would like to recognize Mr. Norbert Britton!

Norbert loves to take walks, sit in the courtyard and go on all outings, especially if we go where he can get a good steak! He is helpful and kind to all the residents and has a wonderful laugh. We are so happy to have Norbert at Lewisville Estates!



Good sport Norbert!



ASSISTED LIVING

AL#010063

## JULY 2017

### Locations

- Activity Room, AR
- AL Courtyard, ALC
- AL Parking Lot, ALPL
- Bistro, B
- Dining Room, DR
- Library, LL
- Lobby, L
- Outing, O
- Spa, Spa

### Transportation Schedule

- Monday 10 a.m. Grocery Stores
- Tuesday 10 a.m. Walmart
- Wednesday 10 a.m. Post Office/Bank
- Thursday 2 p.m. Walmart
- Friday TBA Field Trips/Outing

### Birthdays

- Fay Gonzalez, 1st
- Harry Simons, 3rd
- Jane McHugh, 23rd
- Penny Kamau, 29th (Employee)

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>9:00 Word of the Day!, L</p> <p>9:30 Get a "Jump" on Your Day!/Mind Joggers!, L</p> <p>1:00 Courtyard Chat. What's Growing?, ALC</p> <p><b>3:00 Saturday Bingo, AR</b></p>
<p>2</p> <p><b>8:30 New Covenant Baptist Church, L</b></p> <p><b>2:00 Bible Study w/ Rob Harrison, L</b></p> <p><b>3:00 Puzzle Mania, AR</b></p> <p><b>5:30 Cinema Sundays, L</b></p>	<p>3</p> <p>9:00 Word of the Day!, L</p> <p>9:30 Shopping at Winco, O</p> <p>9:30 Exercise With Legacy, AR</p> <p>10:15 Story, Joke or Quote to Share, L</p> <p>1:00 Making Life Easier w/Joni of Home Helpers, AR</p> <p>2:00 Kids Musical Concert, L</p> <p>2:30 Red, White &amp; Blue Social, L</p> <p>3:00 Resident Choice of Chat or Game!, AR</p>	<p>4</p> <p>INDEPENDENCE DAY</p> <p>9:00 Word of the Day!, L</p> <p>9:00 Senior Fitness w/Natalie (Good Shepperd), AR</p> <p>9:30 Shopping at Walmart, O</p> <p>9:30 Catholic Communion</p> <p>1:00 Art Expression, AR</p> <p>2:30 Bible Study w/Laura, L</p> <p>3:00 Giant Puzzle Challenge!, L</p>	<p>5</p> <p><b>Beauty Salon Is Open</b></p> <p>9:00 Word of the Day!, L</p> <p>9:45 <b>Tone Those Bones w/ Erin (Rehab Trust), AR</b></p> <p>1:00 <b>What's the July "Buzz?," L</b></p> <p>2:00 Sassy Senior Bingo, AR</p> <p>3:00 Bible Study w/ Rob Harrison, L</p> <p>4:00 <b>Ambassador Meeting, AR</b></p>	<p>6</p> <p><b>8:00 Beauty Salon Is Open</b></p> <p>9:00 Word of the Day!, L</p> <p>9:30 <b>Chair Exercise w/Tiffanie (Lake Village), L</b></p> <p>10:00 <b>Christian Service w/ Rev. Christal Fisher, L</b></p> <p>1:00 Storytelling Club</p> <p>1:30 <b>Shopping at Walmart, O</b></p> <p>2:00 <b>Scrapbooking Club, AR</b></p> <p>3:00 Rowdy Ring Toss!, L</p>	<p>7</p> <p><b>Coca Cola Day</b></p> <p>9:00 Word of the Day!, L</p> <p>9:00 <b>Senior Fitness w/Natalie (Good Shepperd), AR</b></p> <p>10:00 <b>Ready, Set, Grow Club, ALC</b></p> <p>10:30 Lunch Outing, O</p> <p>1:00 Painting With Mary!, AR</p> <p>2:00 <b>Coca Cola Floats Social Hour, L</b></p> <p>3:00 Name Your Game!, L</p>	<p>8</p> <p>9:00 Word of the Day!, L</p> <p>9:30 Get a "Jump" on Your Day!/Mind Joggers!, L</p> <p>1:00 Courtyard Chat. What's Growing?, ALC</p> <p><b>3:00 Saturday Bingo, AR</b></p>
<p>9</p> <p><b>8:30 New Covenant Baptist Church, L</b></p> <p><b>2:00 Bible Study w/ Rob Harrison, L</b></p> <p><b>3:00 Puzzle Mania, AR</b></p> <p><b>5:30 Cinema Sundays, L</b></p>	<p>10</p> <p>9:00 Word of the Day!, L</p> <p>9:30 Shopping at Winco, O</p> <p>9:30 Exercise With Legacy, AR</p> <p>10:15 Story, Joke or Quote to Share, L</p> <p>1:00 Making Life Easier w/Joni of Home Helpers, AR</p> <p>2:00 Kids Musical Concert, L</p> <p>3:00 Resident Choice of Chat or Game!, AR</p>	<p>11</p> <p>Chick Fil a Appreciation Day!</p> <p>9:00 Word of the Day!, L</p> <p>9:00 Senior Fitness w/Natalie (Good Shepperd), AR</p> <p>9:30 Shopping at Walmart, O</p> <p>9:30 Catholic Communion</p> <p>1:00 Art Expression, AR</p> <p>2:30 Bible Study w/Laura, L</p> <p>3:00 Giant Puzzle Challenge!, L</p> <p>6:00 Mystery Party, L</p>	<p>12</p> <p><b>Beauty Salon Is Open</b></p> <p>9:00 Word of the Day!, L</p> <p>9:45 <b>Tone Those Bones w/ Erin (Rehab Trust), AR</b></p> <p>2:00 Sassy Senior Bingo, AR</p> <p>3:00 Bible Study w/ Rob Harrison, L</p> <p>3:00 <b>Town Hall Meeting, L</b></p> <p>4:15 <b>Bean Bag Toss, L</b></p>	<p>13</p> <p><b>8:00 Beauty Salon Is Open</b></p> <p>9:00 Word of the Day!, L</p> <p>9:30 <b>Chair Exercise w/Tiffanie (Lake Village), L</b></p> <p>10:00 <b>Christian Service w/ Rev. Christal Fisher, L</b></p> <p>1:00 Storytelling Club</p> <p>1:30 <b>Shopping at Walmart, O</b></p> <p>2:00 <b>Scrapbooking Club, AR</b></p> <p>3:00 Rowdy Ring Toss!, L</p>	<p>14</p> <p><b>National Macaroni &amp; Cheese Day</b></p> <p>9:00 Word of the Day!, L</p> <p>9:00 <b>Senior Fitness w/Natalie (Good Shepperd), AR</b></p> <p>10:00 <b>Ready, Set, Grow Club, ALC</b></p> <p>10:30 <b>Fancy Nails w/Tiffanie (Lake Village), AR</b></p> <p>1:00 Painting With Mary!, AR</p> <p>2:00 <b>Macaroni &amp; Cheese Social Hour, L</b></p> <p>3:00 Name Your Game!, L</p>	<p>15</p> <p>9:00 Word of the Day!, L</p> <p>9:30 Get a "Jump" on Your Day!/Mind Joggers!, L</p> <p>1:00 Courtyard Chat. What's Growing?, ALC</p> <p><b>3:00 Saturday Bingo, AR</b></p>
<p>16</p> <p><b>8:30 New Covenant Baptist Church, L</b></p> <p><b>2:00 Bible Study w/ Rob Harrison, L</b></p> <p><b>3:00 Puzzle Mania, AR</b></p> <p><b>5:30 Cinema Sundays, L</b></p>	<p>17</p> <p>Disneyland Day</p> <p>9:00 Word of the Day!, L</p> <p>9:30 Shopping at Winco, O</p> <p>9:30 Exercise With Legacy, AR</p> <p>10:15 Story, Joke or Quote to Share, L</p> <p>1:00 Making Life Easier w/Joni of Home Helpers, AR</p> <p>2:00 Kids Musical Concert, L</p> <p>3:00 Resident Choice of Chat or Game!, AR</p> <p>3:00 Disneyland History, L</p>	<p>18</p> <p>9:00 Word of the Day!, L</p> <p>9:00 Senior Fitness w/Natalie (Good Shepperd), AR</p> <p>9:30 Shopping at Walmart, O</p> <p>9:30 Catholic Communion</p> <p>1:00 Art Expression, AR</p> <p>2:30 Bible Study w/Laura, L</p> <p>3:00 Giant Puzzle Challenge!, L</p>	<p>19</p> <p><b>Beauty Salon Is Open</b></p> <p>9:00 Word of the Day!, L</p> <p>9:45 <b>Tone Those Bones w/ Erin (Rehab Trust), AR</b></p> <p>2:00 Sassy Senior Bingo, AR</p> <p>3:00 Bible Study w/ Rob Harrison, L</p> <p>4:00 <b>Ambassador Meeting, AR</b></p>	<p>20</p> <p><b>8:00 Beauty Salon Is Open</b></p> <p>9:00 Word of the Day!, L</p> <p>9:30 <b>Chair Exercise w/Tiffanie (Lake Village), L</b></p> <p>10:00 <b>Christian Service w/ Rev. Christal Fisher, L</b></p> <p>1:00 Storytelling Club</p> <p>1:30 <b>Shopping at Walmart, O</b></p> <p>2:00 <b>Scrapbooking Club, AR</b></p> <p>3:00 Rowdy Ring Toss!, L</p>	<p>21</p> <p><b>Wear Your Favorite Baseball Jersey Day</b></p> <p>9:00 Word of the Day!, L</p> <p>9:00 <b>Senior Fitness w/Natalie (Good Shepperd), AR</b></p> <p>10:00 <b>Ready, Set, Grow Club, ALC</b></p> <p>10:30 Lunch Outing, O</p> <p>1:00 Painting With Mary!, AR</p> <p>2:00 <b>Home Run Social Hour, L</b></p> <p>3:00 Name Your Game!, L</p>	<p>22</p> <p>9:00 Word of the Day!, L</p> <p>9:30 Get a "Jump" on Your Day!/Mind Joggers!, L</p> <p>1:00 Courtyard Chat. What's Growing?, ALC</p> <p><b>3:00 Saturday Bingo, AR</b></p>
<p>23</p> <p>Gorgeous Grandma Day</p> <p><b>8:30 New Covenant Baptist Church, L</b></p> <p><b>2:00 Bible Study w/ Rob Harrison, L</b></p> <p><b>3:00 Puzzle Mania, AR</b></p> <p><b>5:30 Cinema Sundays, L</b></p>	<p>24</p> <p>9:00 Word of the Day!, L</p> <p>9:30 Shopping at Winco, O</p> <p>9:30 Exercise With Legacy, AR</p> <p>10:15 Story, Joke or Quote to Share, L</p> <p>1:00 Making Life Easier w/Joni of Home Helpers, AR</p> <p>2:00 Kids Musical Concert, L</p> <p>3:00 Resident Choice of Chat or Game!, AR</p>	<p>25</p> <p>9:00 Word of the Day!, L</p> <p>9:00 Senior Fitness w/Natalie (Good Shepperd), AR</p> <p>9:30 Shopping at Walmart, O</p> <p>9:30 Catholic Communion</p> <p>1:00 Art Expression, AR</p> <p>2:30 Bible Study w/Laura, L</p> <p>3:00 Giant Puzzle Challenge!, L</p>	<p>26</p> <p><b>Beauty Salon Is Open</b></p> <p>9:00 Word of the Day!, L</p> <p>9:45 <b>Tone Those Bones w/Erin (Rehab Trust), AR</b></p> <p>2:00 Sassy Senior Bingo, AR</p> <p>3:00 Bible Study w/ Rob Harrison, L</p> <p>4:15 <b>Bean Bag Toss, L</b></p>	<p>27</p> <p><b>8:00 Beauty Salon Is Open</b></p> <p>9:00 Word of the Day!, L</p> <p>9:30 <b>Chair Exercise w/Tiffanie (Lake Village), L</b></p> <p>10:00 <b>Christian Service w/ Rev. Christal Fisher, L</b></p> <p>1:00 Storytelling Club</p> <p>1:30 <b>Shopping at Walmart, O</b></p> <p>2:00 <b>Scrapbooking Club, AR</b></p> <p>3:00 Rowdy Ring Toss!, L</p>	<p>28</p> <p>9:00 Word of the Day!, L</p> <p>9:00 <b>Senior Fitness w/ Natalie (Good Shepperd), AR</b></p> <p>10:00 <b>Ready, Set, Grow Club, ALC</b></p> <p>1:00 Painting With Mary!, AR</p> <p>2:00 <b>Birthdays Bash, L</b></p> <p>3:00 Name Your Game!, L</p>	<p>29</p> <p>9:00 Word of the Day!, L</p> <p>9:30 Get a "Jump" on Your Day!/Mind Joggers!, L</p> <p>1:00 Courtyard Chat. What's Growing?, ALC</p> <p><b>3:00 Saturday Bingo, AR</b></p>
<p>30</p> <p><b>8:30 New Covenant Baptist Church, L</b></p> <p><b>2:00 Bible Study w/ Rob Harrison, L</b></p> <p><b>3:00 Puzzle Mania, AR</b></p> <p><b>5:30 Cinema Sundays, L</b></p>	<p>31</p> <p>9:00 Word of the Day!, L</p> <p>9:30 Shopping at Winco, O</p> <p>9:30 Exercise With Legacy, AR</p> <p>10:15 Story, Joke or Quote to Share, L</p> <p>1:00 Making Life Easier w/Joni of Home Helpers, AR</p> <p>2:00 Kids Musical Concert, L</p> <p>3:00 Resident Choice of Chat or Game!, AR</p>					