



Remember, Honor, Celebrate

Memorial Day pays tribute to those who have made the ultimate sacrifice while serving in the armed forces. There are many ways you can take part in honoring these heroes. *Explore their stories.* Read a military memoir or watch a movie or documentary. You can listen to recordings of veterans' firsthand accounts online at StoryCorps.org. *Tune in to a TV tradition.* On the night before Memorial Day, PBS stations broadcast the National Memorial Day Concert, an annual event that honors the fallen and their families with musical performances and personal stories. *Learn about your family's military heritage.* Talk to family members who were in the military about their experiences. Ask about stories of past relatives who served. *Post a tribute.* If you have a loved one who is a fallen hero, post a photo and story about them on social media. *Send a letter.* Express your thanks in a note to currently deployed troops. Search online for one of many nonprofit groups that gather and distribute letters to men and women serving overseas. *Visit a memorial.* Spend time at a local military monument or museum, or pay your respects at a veterans cemetery. You can also make virtual visits to many war memorials. *Pause at 3 p.m.* Stop and reflect during the National Moment of Remembrance, a one-minute pause observed at 3 p.m. local time on Memorial Day.



MAY 2025



Memorable Melody: 'Mama Said'

The message of this 1961 hit by R&B girl group The Shirelles is simple, sweet and true: "I don't worry, 'cause Mama said there'll be days like this." When facing a tough time—whether it's heartbreak, like in the song, or a different hardship—comfort can be found in remembering that it's just a bad day and things will get better. If the lyrics of "Mama Said" sound familiar, give the 1995 Van Morrison tune "Days Like This" a listen. The Irish singer was directly inspired by The Shirelles' song, but he takes the optimism even further by describing a series of positive events that Mama also promised would happen.

ASSISTED LIVING
AL#010063

MAY 2025

Assisted
Living
Locations..

- Activity Room

AL Courtyard

AL Parking Lot

Bistro

Independent Living

Library

Lobby

Outing

Spa

Garden
- AR

ALC

ALPL

B

IL

LL

L

O

Spa

G

Transportation
Schedule..

- Monday,

Grocery Stores

Tuesday,

Walmart

Wednesday,

Post Office/Bank

Thursday,

Walmart

Friday,

Field Trips/Outings
- 10am

9:45

10am

10am

10am

10am

10am

TBA

May Birthdays

- 25

Doneta Kunkel

30

Camara Clifton

‘Wolf’ Is One

How many words can you
come up with using the letters
in “Flower Moon”?

“May is the month of
expectation, the month of
wishes, the month of hope.”
—Emily Bronte

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>1</div> <div>10:00 Coffee and Chronicle 10:00 Walmart Shopping (O) 10:30 Exercise 11:00 Fact File May Day 1:00 Volleyball 2:00 Farkel 3:00 Pretty Nails</div>	<div>2</div> <div>9:30 Pickles and Preserves: Nash Farms 10:00 Coffee and Chronicle 10:30 Exercise 11:00 Baby Names Search 1:30 Kickball 2:00 Crafty Corner: Kite Door Decoration 2:30 Friday Matinee</div>	<div>3</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 The Round Up: Kentucky Derby 1:00 Balloon Tennis 2:00 Bingo With Laurie 4:00 kickball</div>
<div>4</div> <div>10:00 Prestonwood Baptist Church Stream 10:30 Hymn Singing Prestonwood Church Choir Stream 11:00 Word Search 1:30 Scrabble 2:00 Puzzles</div>	<div>5</div> <div>Cinco de Mayo 10:00 Coffee and Chronicle 10:30 Exercise 10:30 Rosary w/ Renna 11:00 Fact file: Cinco de Mayo 1:30 Scrabble 2:30 Monday Movie</div>	<div>6</div> <div>10:00 Coffee and Chronicle 10:00 Walmart Shopping (O) 10:30 Exercise 11:00 grapevine crossword 1:00 Noodle Ball 2:00 Bingo 3:00 Painting class/ glass butterfly art 4:00 Yahtzee</div>	<div>7</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 Fact File: Mother's Day 1:00 Beanbag Toss 1:30 Bible study 2:00 Making ice cream sandwiches 3:00 Crochet with Laurie 3:30 UNO</div>	<div>8</div> <div>10:00 Coffee and Chronicle 10:00 Walmart Shopping (O) 10:30 Exercise 11:00 Coca Cola Search 1:00 Volleyball 2:00 Farkel 3:00 Pretty Nails</div>	<div>9</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 lunch: Mother Daughter's Cafe 1:30 Kickball 2:00 Crafty Corner: felt flower wreath 2:30 Friday Matinee</div>	<div>10</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 1:00 Balloon Tennis 2:00 Mother's Day Tea 4:00 kickball</div>
<div>11</div> <div>Mother's Day 10:00 Prestonwood Baptist Church Stream 10:30 Hymn Singing Prestonwood Church Choir Stream 11:00 Word Search 1:30 Scrabble 2:00 Puzzles</div>	<div>12</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 10:30 Rosary w/ Renna 11:00 May Flowers Search 1:30 Scrabble 2:30 Monday Movie</div>	<div>13</div> <div>10:00 Coffee and Chronicle 10:00 Walmart Shopping (O) 10:30 Exercise 11:00 Apple Pie Search 1:00 Noodle Ball 2:00 Bingo 3:00 Painting class/Container garden painting 4:00 Yahtzee</div>	<div>14</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 Hardware crossword 1:00 Beanbag Toss 1:30 Bible study 2:00 Resident Council 3:00 Crochet with Laurie 3:30 UNO</div>	<div>15</div> <div>10:00 Coffee and Chronicle 10:00 Walmart Shopping (O) 10:30 Exercise 11:00 McDonald's Search 1:00 Volleyball 2:00 Farkel 3:00 Pretty Nails</div>	<div>16</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 Big Screen Search 1:30 Kickball 2:00 Crafty Corner: Tulips in vase 2:30 Friday Matinee</div>	<div>17</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 Armed Forces Search 1:00 Balloon Tennis 2:00 Bingo With Laurie 4:00 kickball</div>
<div>18</div> <div>10:00 Prestonwood Baptist Church Stream 10:30 Hymn Singing Prestonwood Church Choir Stream 11:00 Word Search 1:30 Scrabble 2:00 Puzzles</div>	<div>19</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 10:30 Rosary w/ Renna 11:00 Ranks of Royalty Search 1:30 Scrabble 2:30 Monday Movie</div>	<div>20</div> <div>10:00 Coffee and Chronicle 10:00 Walmart Shopping (O) 10:30 Exercise 11:00 Flower shop Search 1:00 Noodle Ball 2:00 Bingo 3:00 Painting class gardening 4:00 Yahtzee</div>	<div>21</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 The Notebook Search 1:00 Beanbag Toss 1:30 Bible study 2:00 Cones and Tales 3:00 Crochet with Laurie 3:30 UNO</div>	<div>22</div> <div>10:00 Coffee and Chronicle 10:00 Walmart Shopping (O) 10:30 Exercise 11:00 Sherlock Holmes Search 1:00 Volleyball 2:00 Farkel 3:00 Pretty Nails</div>	<div>23</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 Hidden Shells Search 1:30 Kickball 2:00 Crafty Corner: Quilt Making 2:30 Friday Matinee</div>	<div>24</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 Wyoming City Search 1:00 Balloon Tennis 2:00 Bingo With Laurie 4:00 kickball</div>
<div>25</div> <div>10:00 Prestonwood Baptist Church Stream 10:30 Hymn Singing Prestonwood Church Choir Stream 11:00 Word Search 1:30 Scrabble 2:00 Puzzles</div>	<div>26</div> <div>Memorial Day 10:00 Coffee and Chronicle 10:30 Exercise 10:30 Rosary w/ Renna 11:00 Fact Files Memorial Day 1:30 Scrabble 2:30 Monday Movie</div>	<div>27</div> <div>10:00 Coffee and Chronicle 10:00 Walmart Shopping (O) 10:30 Exercise 11:00 grapevine crossword 1:00 Noodle Ball 2:00 Bingo 3:00 Painting class butterfly on Flower 4:00 Yahtzee</div>	<div>28</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 Hamburger Crossword 1:00 Beanbag Toss 1:30 Bible study 2:00 Banana Split Day 3:00 Crochet with Laurie 3:30 UNO</div>	<div>29</div> <div>10:00 Coffee and Chronicle 10:00 Walmart Shopping (O) 10:30 Exercise 11:00 Gray Paint Colors Search 1:00 Volleyball 2:00 Farkel 3:00 Pretty Nails</div>	<div>30</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 All Things Orange Search 1:30 Kickball 2:00 Crafty Corner 2:30 Friday Matinee</div>	<div>31</div> <div>10:00 Coffee and Chronicle 10:30 Exercise 11:00 Popular Games Crossword 1:00 Balloon Tennis 2:00 Bingo With Laurie 4:00 kickball</div>

Springtime Adventure in Ennis

Our recent trip to Ennis, Texas, was nothing short of spectacular! We set out to explore the famous Bluebonnet Trails, and nature did not disappoint. The fields were bursting with vibrant bluebonnets, offering breathtaking views that were perfect for photos and peaceful reflection. We enjoyed a guided tour through the trails, where we learned fascinating facts about the area's wildflowers and the history of the trail itself.

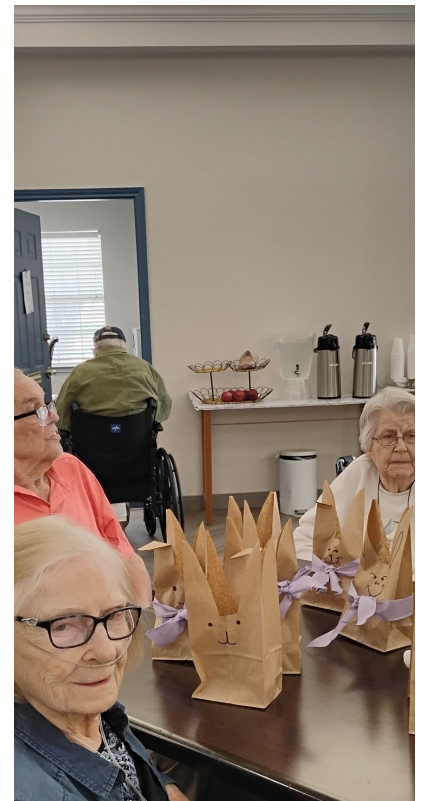


After soaking in the beauty of the blooms, we headed to the Bluebonnet Grill for a delicious lunch. The warm, welcoming atmosphere and hearty, Texas-style, comfort food hit the spot—many of us are still dreaming about those homemade pies! It was a wonderful day filled with fresh air, good company, and unforgettable views.



Spring Scents

From blooming flowers to fresh-cut grass, the scents of spring are in the air now. Studies show that getting a whiff of these aromas can make you feel calm and happy.



BUNNIES!!