



MAY 2023

Employee of the Month!

Ladies and Gentlemen, we would like to announce Shelia Turner for Employee of the month for May. Shelia always has a smile and works extremely hard no matter the task. Shelia has demonstrated fantastic effort each and every day she's here. Her bubbly personality and sense of humor keeps us and the residents on our toes! Thanks for everything you do Shelia, we appreciate you more than you know. Keep shining and being you. Congratulations on being Employee of The Month!



Dear Residents, Family, And Friends

April Showers bring May flowers. Nature is sure to bloom even more beautiful this year. All the negativity and stress of life serves to make us stronger and more vibrant as we are able to overcome our obstacles. Always strive to be the best version of you. I hope that this May, we are able to bloom beautifully together.

Last month in April, our residents had a blast hunting for Easter eggs and spending time lounging in the sun. This month in May is sure to be even more exciting. From our Mother's Day tea party to our Cinco de Mayo celebration, our residents will be busy with all the festivities. Make sure to regularly check the calendar and weekly reminders to ensure that you don't miss out on a single moment of the fun.

May the upcoming month treat you well!





LEWISVILLE
ESTATES
SENIOR LIVING AT EASE

ASSISTED LIVING
AL#010063

MAY 2023

Assisted Living Locations..

Activity Room	AR
AL Courtyard	ALC
AL Parking Lot	ALPL
Bistro	B
Independent Living	IL
Library	LL
Lobby	L
Outing	O
Spa	Spa
Garden	G

Transportation Schedule..

Monday,	10am
Grocery Stores	9:45
Tuesday,	10am
Walmart	10am
Wednesday,	10am
Post Office/Bank	
Thursday,	10am
Walmart	10am
Friday,	TBA
Field Trips/Outings	

Happy Birthday to You All!!

May 27- George Roessner
May 28- Imogene Latham

“Keep a green tree in your
heart and perhaps the
singing bird will come.”
—Chinese proverb

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	May Day 9:30 Men's & Women's Coffee Table DR 9:45 Big Lots (O) 10:00 Get Your Exercise on w/ Jada (L) 11:00 Knitting and Crochet Club (L) 12:00 Puzzle Mania, AR 1:30 Bible Study w/Yellow Rose, L 2:30 Euchre 3:30 Headbandz Challenge 6:30 Mexican Train Crew	Brothers & Sisters Day 9:30 Take a Walk around L.E. 10:00 Walmart Shopping, O 10:30 Nails & All done by: Jada 12:00 Puzzle Table 2:00 Bingo & Snacks w/ Jada (DR) 3:00 Ice Cream & Dear Abby Outside 6:30 Skip-Bo	9:00 Word of the Day, L 10:00 Exercise w/ Allison! 10:00 Post Office/Bank, O 10:30 Morning Uno w/ Budz 1:30 Bible Study, AR 2:30 Sorting Game 3:30 Chicken Foot, AR 4:00 Crosswords before Dinner 6:00 Get your groove on, dance night.	9:00 Coffee & News (L) 10:00 Walmart Shopping, O 10:30 Morning Balloon Volleyball, L 12:00 Puzzle Table 2:00 Mother's Day Crafts 3:30 Outburst Game 4:00 Crosswords before Dinner	9:30 Take a Walk around L.E. 10:00 Chair Exercise (L) 11:00 Knitting & Crochet (AR) 2:00 Performances by Chauna Divine 3:30 Headbandz Challenge 5:30 Puzzle Table (AR)	10:00 Exercise Class w/Elise 10:30 Word of the Day, L 1:00 Puzzle Mania, AR 2:00 Weekend Bingo Fun W/ Elise
7:30 In Search of the Lord's Way (Kdfid Channel 7), L 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	9:30 Men's & Women's Coffee Table DR 9:45 Dollar Tree (O) 10:00 Get Your Exercise on w/ Jada (L) 11:00 Knitting and Crochet Club (L) 12:00 Puzzle Mania, AR 1:30 Bible Study w/Yellow Rose, L 2:30 Apple Picking Contest 3:30 Adult Coloring Club, AR 6:30 Mexican Train Crew	9:30 Take a Walk around L.E. 10:00 Walmart Shopping, O 10:30 Nails & All done by: Jada 12:00 Puzzle Table 2:00 Bingo & Snacks w/ Jada (DR) 3:00 Watermelon by The Garden! 4:00 Outburst Before Dinner 6:00 Uno, Friends & Ice Cream	9:00 Take a Walk around L.E. 10:00 Exercise w/ Allison! 10:00 Post Office/Bank, O 10:30 Morning Uno w/ Budz 1:30 Bible Study, AR 2:30 Town Hall Meeting 3:30 Word of the Day, L 6:30 Mexican Train Crew	9:00 Coffee & News.. (L) 10:00 Walmart Shopping, O 11:00 Puzzle Table 12:00 Adult Coloring Club, AR 2:00 Arts and Crafts, AR 3:30 Skip-Bo Click 4:00 Crosswords before dinner	10:00 Chair Exercise (L) 11:00 Knitting & Crochet (AR) 2:00 Entertainment by C. Beverly 3:30 Headbandz Challenge 5:30 Puzzle Table (AR)	10:00 Exercise Class w/Elise 10:30 Word of the Day, L 1:00 Puzzle Mania, AR 2:00 Weekend Bingo Fun W/ Elise
Happy Mother's Day 7:30 In Search of the Lord's Way (Kdfid Channel 7), L 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	9:30 Men's & Women's Coffee Table DR 9:45 Target (O) 10:00 Get Your Exercise on w/ Jada (L) 11:00 Knitting and Crochet Club (L) 12:00 Puzzle Mania, AR 1:30 Bible Study w/Yellow Rose, L 2:30 Balloon Volleyball, L 3:30 Hangman 6:00 Monopoly Board	9:00 News & Coffee 9:30 Take a Walk around L.E. 10:00 Walmart Shopping, O 10:30 Nails & All done by: Jada 12:00 Puzzle Table 1:30 Hand & Foot (AR) 2:00 Bingo & Snacks w/ Jada (DR) 3:30 Let's Play Mini Golf 4:00 Crosswords before Dinner	10:00 Exercise w/ Allison! 10:00 Post Office/Bank, O 10:30 Morning Uno w/ Budz 1:30 Bible Study, AR 2:30 Sip & Paint! 3:30 Chicken Foot, AR 4:00 Word of the Day, L 6:00 Euchre	9:00 Take a Walk around L.E. 10:00 Walmart Shopping, O 10:30 Morning Balloon Volleyball, L 2:00 Arts and Crafts, AR 3:00 Hangman 4:00 Puzzle Mania, AR 6:00 Scrabble	10:00 Chair Exercise (L) 11:00 Knitting & Crochet (AR) 2:00 "Turn The Music Up" Social 3:30 Headbandz Challenge 5:30 Puzzle Table (AR)	10:00 Exercise Class w/Elise 10:30 Word of the Day, L 1:00 Puzzle Mania, AR 2:00 Weekend Bingo Fun W/ Elise
7:30 In Search of the Lord's Way (Kdfid Channel 7), L 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	9:30 Men's & Women's Coffee Table DR 9:45 Tom Thumb (O) 10:00 Get Your Exercise on w/ Jada (L) 11:00 Knitting and Crochet Club (L) 12:00 Puzzle Mania, AR 1:30 Bible Study w/Yellow Rose, L 2:30 Let's Start a Garden 3:30 Skip-Bo 6:00 Evening Cribbage	9:30 Take a Walk around L.E. 10:00 Walmart Shopping, O 10:30 Nails & All done by: Jada 11:00 Knitting & Crochet 12:00 Puzzle Table 1:30 Headbandz Challenge 2:00 Bingo & Snacks w/ Jada (DR) 3:00 Dear Abby & Watermelon Outside 6:00 Adult Coloring Club, AR	9:00 Rounds around 10:00 Exercise w/ Allison! 10:00 Post Office/Bank, O 10:30 Morning Uno w/ Budz 1:30 Bible Study, AR 2:30 Popcorn & Trivia 3:30 Epic Sorting Game 6:30 Game night Boogie	8:30 Coffee & News (L) 9:00 Take a Walk around L.E. 10:00 Walmart Shopping, O 11:00 Word of the Day before lunch 2:00 Arts and Crafts, AR 4:00 Crosswords before dinner 6:00 Chicken Foot, AR	10:00 Chair Exercise (L) 11:00 Knitting & Crochet (AR) 2:00 Finish The Lyrics ('50s & '60s Music) 3:30 Headbandz Challenge 5:30 Puzzle Table (AR)	10:00 Exercise Class w/Elise 10:30 Word of the Day, L 1:00 Puzzle Mania, AR 2:00 Weekend Bingo Fun W/ Elise
7:30 In Search of the Lord's Way (Kdfid Channel 7), L 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	Memorial Day 9:30 Men's & Women's Coffee Table DR 9:45 Aldi (O) 10:00 Get Your Exercise on w/ Jada (L) 11:00 Knitting and Crochet Club (L) 12:00 Puzzle Mania, AR 1:30 Bible Study w/Yellow Rose, L 2:30 Cup Shooting 3:30 Chicken Foot, AR 6:30 Adult Coloring Club, AR	9:30 Take a Walk around L.E. 10:00 Walmart Shopping, O 10:30 Nails & All done by: Jada 12:00 Puzzle Table 2:00 Bingo & Snacks w/ Jada (DR) 3:00 Cotton ball Penguin Game 6:00 Pokeno Night	10:00 Exercise w/ Allison! 10:00 Post Office/Bank, O 10:30 Morning Uno w/ Budz 11:00 Knitting & Crochet. 1:30 Bible Study, AR 2:30 Ladder Ball 3:30 M&M Sorting Game 6:00 Uno, Friends & Ice Cream (PD)			



Armed Forces Day

The third Saturday in May honors our nation's military.



Viva La Fiesta!

Contrary to what many believe, May 5, or Cinco de Mayo, is not Mexico's Independence Day. Cinco de Mayo festivities celebrate the victory of the Mexican Army over the French at the Battle of Puebla in 1862. In Mexico, Cinco de Mayo is not as widely celebrated as the actual Independence Day, Sept. 16. In the United States, however, Cinco de Mayo is enthusiastically celebrated in many areas.

Motherly Love

Everyone has a TV mom they love, one who has made them laugh and cry and maybe taught them a much-needed lesson.

Here are a few favorite TV moms:

June Cleaver. June Cleaver (Barbara Billingsley) was the all-American mother in the 1950s show "Leave It to Beaver." She vacuumed in her pearls, had dinner ready for the family and did her fair share of sweetly scolding Theodore (Jerry Mathers) after his mischievous mishaps.

Carol Brady. "The Brady Bunch" showcased the 1970s mother Carol Brady (Florence Henderson) as she juggled three daughters and three stepsons. An artist and an activist, Carol was willing to take on a blended family with love and laughter.

Clair Huxtable. "The Cosby Show" ran in the 1980s, a time when mothers worked outside of the home but still had the responsibility of teaching their children morals and proper conduct. Clair Huxtable (Phylicia Rashad) was no exception. As an established attorney in New York City and a mother, Clair always had time to teach her children something valuable.

Norma Arnold. Norma Arnold (Alley Mills) was anything but the typical 1960s mother in "The Wonder Years." Even with several other things on her mind, including getting her college degree, she knew her children best.

