



Your Executive Director!

As March bids adieu, April ushers in spring's vibrant embrace. April marks the true beginning of spring in the Northern Hemisphere, bringing forth blossoms, buds, and the melodious tunes of nature. It's a season to shed winter layers and immerse us in the revitalizing outdoors. "April showers bring May flowers," a saying that resonates as rain becomes more frequent. These showers not only sustain flora but symbolize renewal. Take a moment to appreciate the rhythmic dance of raindrops, fostering life's cycle. April is dedicated to gardening, urging us to connect with the earth and foster sustainable practices. We have a garden, try your hand at planting. Witness the magic of growth and resilience. April 22nd is Earth Day, rallying communities worldwide for environmental awareness and action. Participate in activities promoting sustainability, contributing to a healthier planet for all. Immerse yourself in April's delights, from blooming flowers to mindful actions. This month invites us to appreciate the beauty around us, engage in eco-friendly endeavors, and find joy in simple pleasures. We look forward to continuing to serve each and every resident.



APRIL 2024

Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!



History of April

April is probably named for the Latin *aperire*, meaning "to open," referencing the blooming of trees and flowers. However, the Romans named the months for their gods, and as the month was considered sacred by Venus (due to the annual festival, Feast of Venus and the Good Luck of Men, which took place on the first day of the month), the name may come from her Greek name, Aphrodite (Aphros or Aphrilis).

Watch out for practical jokes April 1.

APRIL 2024

Assisted Living Locations..

- Activity Room AR
- AL Courtyard ALC
- AL Parking Lot ALPL
- Bistro B
- Independent Living IL
- Library LL
- Lobby L
- Outing O
- Spa Spa
- Garden G

Transportation Schedule..

- Monday, 10am
- Grocery Stores 9:45
- Tuesday, 10am
- Walmart 10am
- Wednesday, 10am
- Post Office/Bank
- Thursday, 10am
- Walmart 10am
- Friday, TBA
- Field Trips/Outings

Happy Birthday!

- 2 Paul LeGalley
- 11 Joan Hiegel
- 22 Bonnie Jones
- 22 Ted Triche

"Tomorrow morning, when the sun shines through your window, choose to make it a happy day."
—Lynda Resnick

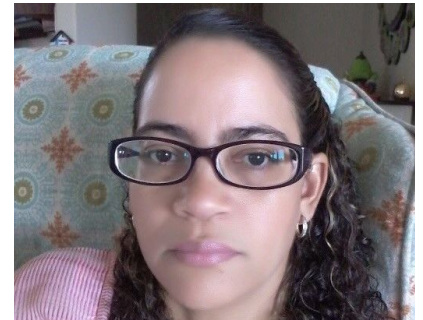
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Big Lots 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L) 2:30 Peanut Butter Landing 3:00 Pokeno for Prizes 3:30 Headbanz Challenge 4:00 Ring Toss	2 Happy Peanut Butter and Jelly Day! 10:00 Crosswords, Word Searches,, Adult Coloring, Sudoku 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 Snack and Chat Social in Bistro 4:00 Word Searches Before Dinner	3 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 10:30 Word in a Word 1:30 Bible Study (AR) 2:30 Fly Swatter Balloon Volleyball 3:00 Charades 3:30 Hangman 4:00 Word Searches Before Dinner	4 10:00 Walmart Shopping (O) 10:00 Watercolor Painting (Independent Activities) 1:30 Puzzle Table 2:00 Bowling 2:30 Fun with Beach Balls and Music 3:00 ABC Category Game 4:00 Word Searches Before Dinner	5 10:00 Move It! Shake It! Lift It! 10:30 Minute to Win It Games! 11:00 Word Games 1:00 Puzzle Table/Residents' Choice 2:00 Happy Hour Social! 3:30 Indoor Golf 4:00 Word Searches Before Dinner	6 10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Residents' Choice (Independent Activities) 3:45 Indoor Golf
7 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	8 10:00 Dollar Tree 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L) 2:30 Banana Splits w/ Dawn 3:30 Alphabet Convo 4:00 Dear Abby	9 10:00 Crosswords, Word Searches,, Adult Coloring, Sudoku 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 Indoor Golf 4:00 Word Searches Before Dinner	10 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 1:30 Bible Study (AR) 2:30 Town Hall 3:00 Bowling 3:30 Fly Swatter balloon Volleyball 4:00 Bubbles and Music in Courtyard	11 10:00 Walmart Shopping (O) 10:00 Watercolor Painting (Independent Activities) 1:30 Puzzle Table 2:00 Shine Bright Signs Craft 3:30 Afternoon Outburst! 4:00 Word Searches Before Dinner	12 Happy National Grilled Cheese Day 10:00 Move It! Shake It! Lift It! 10:30 Lewisville Library 1:30 Puzzle Table or Choice of Board Games 2:00 Spring Has Sprung Party ft. David D. 3:00 Minute to Win It Games! 4:00 Word Searches Before Dinner	13 10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Residents' Choice (Independent Activities) 3:45 Penny Pitching
14 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	15 10:00 Drum Fitness (L Exercise with Jada) 10:00 Kroger 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L) 2:30 Lima Bean Auction 3:30 Apple Picking Contest 4:00 Sing Along	16 10:00 Crosswords, Word Searches,, Adult Coloring, Sudoku 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 Penny Pitching 4:00 Word Searches Before Dinner	17 3:30 Alphabet Challenge 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 1:30 Bible Study (AR) 2:30 Head Band Challenge 4:00 Word Searches Before Dinner	18 10:00 Walmart Shopping (O) 10:00 Watercolor Painting (Independent Activities) 1:00 Puzzle Table 2:00 Art w/Friends (Clothespin Butterflies) 3:30 Manis and Pedis w/Allison 4:00 Word Searches Before Dinner	19 10:00 Move It! Shake It! Lift It! 10:30 Conversation Ball 1:00 Puzzle Table 2:00 Happy Hour Social/Pizza Party! 3:30 Parachute Games 4:00 Word Searches Before Dinner	20 10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Residents' Choice (Independent Activities) 3:45 Bowling
21 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	22 10:00 Drum Fitness (L Exercise with Jada) 10:00 Tom Thumb 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L) 2:30 Finish the Lyrics 3:30 Tattoos & Booze	23 10:00 Crosswords, Word Searches,, Adult Coloring, Sudoku 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 4:00 Word Searches Before Dinner	24 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 1:30 Bible Study (AR) 2:30 Ad Libs 3:30 Red Light Green Light! 4:00 Bocce Ball	25 10:00 Walmart Shopping (O) 10:00 Watercolor Painting (Independent Activities) 10:30 Name 5 Game 1:30 Puzzles 2:00 Movie and Popcorn 4:00 Word Searches Before Dinner	26 10:00 Move It! Shake It! Lift It! 11:00 54th Street Restaurant Cafe 1:00 Puzzle Table 2:00 Birthday Party/Happy Hour 3:30 Soaking Up the Sun! (Weather Permitting!) 4:00 Word Searches Before Dinner	27 10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Residents' Choice (Independent Activities) 3:45 Ring Toss
28 7:30 In Search of the Lord's Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	29 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L) 2:30 Penny Pitching 3:30 Wheelchair Racing	30 10:00 Crosswords, Word Searches,, Adult Coloring, Sudoku 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 4:00 Word Searches Before Dinner				



Brenda Swartz!



In the realm of hospitality, there exists a role that goes beyond mere service – it’s the role of the concierge, a beacon of hospitality and the face of exceptional guest experiences. In our establishment, this role is embodied by Brenda Swartz, whose dedication and passion have set a new standard for excellence. Brenda, we appreciate you more than you’ll ever know.



Yuliza Moya!

In April, we are thrilled to honor Yuliza Moya, our outstanding Med Tech, for her unwavering commitment to delivering exceptional care and expertise in every task. Her commitment to excellence and professionalism serves as an inspiration to us all. With precision and accuracy, she consistently goes above and beyond in her duties. Congratulations, Yuliza, and thank you for your invaluable contributions to our team.



Celebrate the Earth

Join in the many community activities that will occur this month as we celebrate Earth Day. As spring really gets going, it’s good to remember to take care of our environment by recycling and reducing litter.