

Go Green With These Sayings

With St. Patrick's Day and the arrival of spring, green is front and center this month. The color also appears in many popular expressions.

Green with envy: This term describes a person who is jealous of someone or something. The Greek poet Sappho wrote of a jilted lover who was "green" in the seventh century B.C., and William Shakespeare popularized the phrase when he referred to jealousy as the "green sickness" and the "green-eyed monster."

Green thumb: Somebody who has a talent for growing healthy plants is said to have a green thumb. There are several theories about the origin of the phrase. In one tale, England's King Edward I gave a prize to the worker who had the "greenest thumb" from shelling the most peas. Another theory is that algae-encrusted pots and green plants stain gardeners' hands, especially the thumbs.

Green around the gills: After a ride on a roller coaster or boat, a person might look green around the gills, meaning ill or nauseated. The origin of this saying is unknown, but it's thought to have appeared in the mid-1800s.

Green: Someone who is inexperienced in a job or activity is often described as "green," symbolic of unripe fruit or new plant stems.

Get the green light: Just like a green signal on a traffic light gives vehicles permission to go, a person getting the green light from someone means he or she has permission to move forward with a project or idea.



Girl Scout Cookie Booth



Crafting fun!

Employee Appreciation!

"Appreciation is a wonderful thing: It makes what is excellent in others belong to us as well." — Voltaire
We are fortunate to have such a caring, hardworking, dedicated staff at Lewisville Estates!



Dear Residents, Families and Friends:

Top O' the Mornin' to ya! We are getting in the swing of a whole month of Irish fun! Every March 17 thousands of people march in Irish pride parades, eat green clover-shaped cookies and quaff frosty mugs of green beer in celebration of St. Patrick's Day, but do you really know who St. Patrick was and why he is celebrated?

Patrick was born in AD 387 just south of Hadrian's Wall in Britain, which was part of the Roman Empire (that's right, he wasn't Irish!). He was captured by Irish pagans in his early teens and taken to Ireland, where he was enslaved for six years. During that time, he grew to like the spirit of the Irish. When he escaped and returned to his family, he vowed to one day return to Ireland. Many stories are told in connection with St. Patrick. The three-leaf clover was said to be used by the saintly bishop to explain the Trinity to the pagans, which is why it is such a common St. Patrick's Day symbol.

We have many fun events planned this month that will include our "Denim & Diamonds Round Up" on March 7, at 6 p.m. We have our Employee Appreciation Happy Hour on March 3 and St. Patrick's Day Happy Hour in the Lobby on Friday, March 17. Outings for March will include Grandy's and Starwood Cafe. Also, please join our exercise classes that take place in the living room (special thanks to Legacy Rehab and Advanced Rehab Trust).

May your troubles be less and your blessings be more, and nothing but happiness come through your door!

Cheers,

Jessica Hazelton

Executive Director

Resident(s) of the Month

Our L.E.A.P (Life Enrichment Activity Program) would like to recognize Marian and Harold (Bud) Lang! Both were born and raised in Ohio. They have been married for 62 years! Bud gets out and drives to run errands. Marian has a wonderful collection of her Adult Coloring that are worthy of framing. She would love to show and share her work with you. Bud and Marian are very friendly, kind and positive folks. We are so happy to have them both at Lewisville Estates!



ASSISTED LIVING

AL#010063

MARCH 2017

Locations

- Activity Room, AR
- AL Courtyard, ALC
- AL Parking Lot, ALPL
- Bistro, B
- Dining Room, DR
- Library, LL
- Lobby, L
- Outing, O
- Spa, Spa

Transportation Schedule

- Monday 10 a.m. Albertsons
- Tuesday 10 a.m. Walmart
- Thursday 2 p.m. Walmart
- Friday TBA
- Field Trips/Outing

Birthdays

- Carole Wilson, 11th
- Frances Wright, 15th
- Ruth Ruffins, 18th
- Virginia Fields, 26th

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			ASH WEDNESDAY 1 Beauty Salon Is Open Ash Wednesday 9:00 Word of the Day!, L 9:45 Tone Those Bones w/ Erin (Rehab Trust), AR 1:00 What's the March "Buzz?," L 2:00 Bible Study w/ Rob Harrison, L 3:00 Sassy Senior Bingo, AR 4:00 Ambassador Meeting, AR	Dr. Seuss Day! 2 8:00 Beauty Salon Is Open 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 10:00 Christian Service w/ Rev. Christal Fisher, L 1:00 Storytelling Club With Miss O! 1:30 Shopping at Walmart, O 2:00 Scrapbooking Club, AR 3:00 <i>Irish Limericks, L</i> 4:00 "Cat in the Hat" And More!, L	World Book Day 3 Employee Appreciation Day! 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 10:00 Ready, Set, Grow Club, ALC 10:30 Lunch Outing to Grandy's!, O 1:00 Painting With Mary!, AR 2:00 Employee Appreciation Social Hour!, L 2:00 Ice Cream Social w/ Missy I Care Prosl, L 3:00 Name Your Favorite Book!, L	9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 1:00 Stay Cozy and Chat!, AR 3:00 Saturday Bingo, AR
5 8:30 New Covenant Baptist Church, L 2:00 Bible Study w/ Rob Harrison, L 3:00 Puzzle Mania, AR 5:30 Cinema Sundays, L	6 9:00 Word of the Day!, L 9:30 Exercise With Legacy, AR 9:30 Shopping at Winco, O 10:15 Story, Joke or Quote to Share, L 1:00 Making Life Easier w/Joni of Home Helpers, AR 3:00 Resident Choice of Chat or Game!, AR	7 Fun Facts About Names Day! 9:00 Word of the Day!, L 9:30 Shopping at Walmart, O 9:30 Catholic Communion 9:30 Get a "Jump" on Your Day!, L 10:00 What Does Your Name Mean?, L 1:00 Art Expression, AR 2:30 Bible Study w/Laura, L 3:00 Giant Crossword Puzzle Challenge!, L 6:00 Denim and Diamonds Big Event, L	8 Beauty Salon Is Open 9:00 Word of the Day!, L 9:45 Tone Those Bones w/ Erin (Rehab Trust), AR 2:00 Bible Study w/ Rob Harrison, L 3:00 Town Hall Meeting, L 3:30 Sassy Senior Bingo, AR	9 8:00 Beauty Salon Is Open 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 10:00 Christian Service w/ Rev. Christal Fisher, L 1:00 Storytelling Club With Miss O! 1:30 Shopping at Walmart, O 2:00 Scrapbooking Club, AR 3:00 <i>Irish Soda Bread Muffins, AR</i>	10 Middle Name Appreciation Day! 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 10:00 Ready, Set, Grow Club, ALC 1:00 Painting With Mary!, AR 2:00 Share Your Middle Name Social Hour!, L 3:00 Balloon Volleyball, L	11 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 1:00 Stay Cozy and Chat!, AR 3:00 Saturday Bingo, AR
DAYLIGHT SAVING TIME BEGINS 12 National Nurses Week Begins! 8:30 New Covenant Baptist Church, L 2:00 Bible Study w/ Rob Harrison, L 3:00 Puzzle Mania, AR 5:30 Cinema Sundays, L	13 9:00 Word of the Day!, L 9:30 Exercise With Legacy, AR 9:30 Shopping at Winco, O 10:15 Story, Joke or Quote to Share, L 1:00 Making Life Easier w/Joni of Home Helpers, AR 3:00 Resident Choice of Chat or Game!, AR	14 National Potato Chip Day! 9:00 Word of the Day!, L 9:30 Shopping at Walmart, O 9:30 Catholic Communion 9:30 Get a "Jump" on Your Day!, L 1:00 Art Expression, AR 2:30 Bible Study w/Laura, L 3:00 Giant Crossword Puzzle Challenge!, L 3:30 Pick Your Favorite Chip!	15 Beauty Salon Is Open 9:00 Word of the Day!, L 9:45 Tone Those Bones w/ Erin (Rehab Trust), AR 2:00 Bible Study w/ Rob Harrison, L 3:00 Sassy Senior Bingo, AR 4:00 Ambassador Meeting, AR	16 8:00 Beauty Salon Is Open 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 10:00 Christian Service w/ Rev. Christal Fisher, L 1:00 Storytelling Club With Miss O! 1:30 Shopping at Walmart, O 2:00 Scrapbooking Club, AR 3:00 Bowling With Dice!, AR	17 ST. PATRICK'S DAY 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 10:00 Ready, Set, Grow Club, ALC 10:30 Lunch Outing Starwood Cafe!, O 1:00 Painting With Mary!, AR 2:00 St. Patrick's Social Hour!, L 3:00 Balloon Volleyball, L	18 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 1:00 Stay Cozy and Chat!, AR 3:00 Saturday Bingo, AR
19 8:30 New Covenant Baptist Church, L 2:00 Bible Study w/ Rob Harrison, L 3:00 Puzzle Mania, AR 5:30 Cinema Sundays, L	20 SPRING BEGINS 9:00 Word of the Day!, L 9:30 Exercise With Legacy, AR 9:30 Shopping at Winco, O 10:15 Story, Joke or Quote to Share, L 1:00 Making Life Easier w/Joni of Home Helpers, AR 3:00 Resident Choice of Chat or Game!, AR	21 9:00 Word of the Day!, L 9:30 Shopping at Walmart, O 9:30 Catholic Communion 9:30 Get a "Jump" on Your Day!, L 1:00 Art Expression, AR 2:30 Bible Study w/ Laura, L 3:00 Giant Crossword Puzzle Challenge!, L	22 Beauty Salon Is Open National Diabetes Alert Day 9:00 Word of the Day!, L 9:45 Tone Those Bones w/ Erin (Rehab Trust), AR 10:30 Health Talk: Diabetes Alert, L 2:00 Bible Study w/ Rob Harrison, L 3:00 Sassy Senior Bingo, AR	23 8:00 Beauty Salon Is Open 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 10:00 Christian Service w/ Rev. Christal Fisher, L 1:00 Storytelling Club With Miss O! 1:30 Shopping at Walmart, O 2:00 Scrapbooking Club, AR 3:00 Bowling With Dice!, AR	24 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 10:00 Ready, Set, Grow Club, ALC 1:00 Painting With Mary!, AR 2:00 Spring Fling Social Hour!, L 3:00 Balloon Volleyball, L	25 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 1:00 Stay Cozy and Chat!, AR 3:00 Saturday Bingo, AR
26 8:30 New Covenant Baptist Church, L 2:00 Bible Study w/ Rob Harrison, L 3:00 Puzzle Mania, AR 5:30 Cinema Sundays, L	27 9:00 Word of the Day!, L 9:30 Exercise With Legacy, AR 9:30 Shopping at Winco, O 10:15 Story, Joke or Quote to Share, L 1:00 Making Life Easier w/Joni of Home Helpers, AR 3:00 Resident Choice of Chat or Game!, AR	28 Quirky Country Music Song Titles Day! 9:00 Word of the Day!, L 9:30 Shopping at Walmart, O 9:30 Catholic Communion 9:30 Get a "Jump" on Your Day!, L 1:00 Art Expression, AR 2:30 Bible Study w/Laura, L 3:00 Giant Crossword Puzzle Challenge!, L	29 Beauty Salon Is Open 9:00 Word of the Day!, L 9:45 Tone Those Bones w/Erin (Rehab Trust), AR 2:00 Bible Study w/ Rob Harrison, L 3:00 Sassy Senior Bingo, AR	30 8:00 Beauty Salon Is Open 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 10:00 Christian Service w/ Rev. Christal Fisher, L 1:00 Storytelling Club With Miss O! 1:30 Shopping at Walmart, O 2:00 Scrapbooking Club, AR 3:00 Making & Giving Dog Treats to Humane Society!, AR	31 9:00 Word of the Day!, L 9:30 Get a "Jump" on Your Day!, L 10:00 Ready, Set, Grow Club, ALC 1:00 Painting With Mary!, AR 2:00 Birthday Bash Social Hour!, L 3:00 Balloon Volleyball, L	