



## A Letter From Your Executive Director!

As we step into the vibrant month of March, I am filled with a sense of excitement and anticipation for the incredible journey that lies ahead for Lewisville Estates.

March holds special significance as we celebrate Women's History Month. Let's take this opportunity to honor the remarkable contributions of women within our community and beyond. Their dedication and leadership continue to shape our collective success, and we are grateful for their invaluable contributions. Other Holidays in March: St. Patrick's Day. Easter will be celebrated on March 31, 2024. A Christian holiday. Nowruz (March 20 or 21): Persian New Year. Holi: A Hindu festival known as the Festival of Colors. International Earth Day (March 20 or 21): This day is dedicated to environmental awareness and action. World Water Day (March 22). Purim: A Jewish holiday.

In closing, I am confident that March will be a month of significant strides and meaningful achievements for Lewisville Estates. Together, we will continue to build a future that reflects our shared values and aspirations. We look forward to continuing to serve each and every resident.

Executive Director,  
Gary Taylor



**MARCH 2024**

## Serving Excellence: Karen Kelley for Employee of the Month

In the bustling world of hospitality, where every interaction counts, exceptional service is not just a duty but a reflection of dedication and passion. It is with immense pleasure that we honor Karen Kelley as our Employee of the Month.

As a server, Karen consistently goes above and beyond to ensure that every resident enjoys a memorable dining experience.

Her passion for service and her dedication to excellence make her a true asset to our establishment, and we are grateful for the positive impact she has on our residents and our team alike. Congratulations, Karen, on being named Employee of the Month! Your hard work, dedication, and commitment to excellence are an inspiration to us all, and we look forward to many more shared successes in the future.





MARCH 2024

Assisted  
Living  
Locations..

Activity Room	AR
AL Courtyard	ALC
AL Parking Lot	ALPL
Bistro	B
Independent Living	IL
Library	LL
Lobby	L
Outing	O
Spa	Spa
Garden	G

Transportation  
Schedule..

Monday,	10am
Grocery Stores	9:45
Tuesday,	10am
Walmart	10am
Wednesday,	10am
Post Office/Bank	
Thursday,	10am
Walmart	10am
Friday,	TBA
Field Trips/Outings	

Happy  
Birthday to  
You!

19- Harold Callahan

26-Rose Hedlund

“Life is a painting,  
and you are the artist.  
You have on your palette all  
the colors in the spectrum.”  
—Paul J. Meyer

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>1</div> <div>10:00 Move it! Shake it! Lift it! (Exercise w/Allison) 10:30 Gardening Planting Seeds Indoors 1:30 Puzzle Table 2:00 Happy Hour Social 3:30 Sing Along 4:00 Word Searches Before Dinner</div>	<div>2</div> <div>10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Uno Crew! 3:45 Fly Swatter Volleyball</div>
<div>3</div> <div>7:30 In Search of the Lord’s Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)</div>	<div>4</div> <div>9:30 Men’s &amp; Women’s Coffee Table DR 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L)</div>	<div>5</div> <div>10:00 Sit and Be Fit! (Exercise with Allison) 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 Penny Pitching 4:00 Word Searches Before Dinner</div>	<div>6</div> <div>10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 1:30 Bible Study (AR) 2:30 Charades 3:30 Beach Ball Toss and Catch 4:00 Word Searches Before Dinner</div>	<div>7</div> <div>10:00 Wake and Shake (Exercise w/Allison) 10:00 Walmart Shopping (O) 1:30 Puzzle Table 2:00 Art w/Friends 3:00 Flyswatter Volleyball 3:30 Minute to win it Games 4:00 Word Searches Before Dinner</div>	<div>8</div> <div>10:00 Move it! Shake it! Lift it! (Exercise w/Allison) 10:30 Whack a mole! (Come to Activities to find out what that is. 1:00 Puzzle Table 2:00 Get your social on!(Happy Hour) 3:30 Corn Hole Competition! 4:00 Adult Coloring and Relaxation</div>	<div>9</div> <div>10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Mexican Train Brigade! 3:45 Bowling</div>
<div>10</div> <div>7:30 In Search of the Lord’s Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)</div>	<div>11</div> <div>9:30 Men’s &amp; Women’s Coffee Table DR 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L)</div>	<div>12</div> <div>10:00 Sit and Be Fit! (Exercise with Allison) 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 Bowling 4:00 Word Searches Before Dinner</div>	<div>13</div> <div>10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 1:30 Bible Study (AR) 2:30 Town Hall 3:15 Snack and Chat (LI) 4:00 Word Searches Before Dinner (L)</div>	<div>14</div> <div>10:00 Wake and Shake (Exercise w/Allison) 10:00 Walmart Shopping (O) 1:30 Puzzle Table 2:00 Art w/Friends 3:30 Indoor Golf 4:00 Word Searches Before Dinner</div>	<div>15</div> <div>10:00 Move it! Shake it! Lift it! (Exercise w/Allison) 11:00 Viva La Pasta 1:00 Library Time 2:00 Early St. Patrick’s Day Happy Hour 3:30 Ring Toss 4:00 Word Searches Before Dinner</div>	<div>16</div> <div>10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Card Games 3:45 Indoor Golf</div>
<div>17</div> <div>7:30 In Search of the Lord’s Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)</div>	<div>18</div> <div>9:30 Men’s &amp; Women’s Coffee Table DR 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L)</div>	<div>19</div> <div>10:00 Sit and Be Fit! (Exercise with Allison) 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 Giant Jenga/Connect Four 4:00 Word Searches Before Dinner</div>	<div>20</div> <div>10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 1:30 Bible Study (AR) 2:30 Minute to Win it Games! 3:30 Indoor Golf 4:00 Word Searches Before Dinner (L)</div>	<div>21</div> <div>10:00 Wake and Shake (Exercise w/Allison) 10:00 Walmart Shopping (O) 1:30 Puzzle Table 2:00 Art w/Friends 3:30 Hand Massages w/Scented lotions 4:00 Word Searches Before Dinner</div>	<div>22</div> <div>10:00 Move it! Shake it! Lift it! (Exercise w/Allison) 10:30 Bracelet Making 1:30 Puzzle Table 2:00 Happy Hour Social 3:30 Fun w/Beach Balls 4:00 Word Searches Before Dinner</div>	<div>23</div> <div>10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Board Games of Choice 3:45 Snack and Chat Social</div>
<div>24</div> <div>7:30 In Search of the Lord’s Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)</div>	<div>25</div> <div>9:30 Men’s &amp; Women’s Coffee Table DR 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L)</div>	<div>26</div> <div>10:00 Sit and Be Fit! (Exercise with Allison) 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 Ring Toss 4:00 Word Searches Before Dinner</div>	<div>27</div> <div>10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 10:30 Skunk Dice Game 1:30 Bible Study (AR) 2:30 Outside Time (Weather Permitting) 3:30 Afternoon Outburst! 4:00 Word Searches Before Dinner</div>	<div>28</div> <div>10:00 Wake and Shake (Exercise w/Allison) 10:00 Walmart Shopping (O) 1:30 Puzzle Table 2:00 Art w/Friends 3:30 Color me Calm (Adult Coloring 4:00 Word Searches Before Dinner</div>	<div>29</div> <div>10:00 Move it! Shake it! Lift it! (Exercise w/Allison) 11:00 Lewisville Antique Gallery and Picnic Lunch 1:30 Puzzle Table 2:00 Ice Cream Social in the Courtyard/Happy Hour! 3:30 Minute to Win it Games 4:00 Word Searches Before Dinner</div>	<div>30</div> <div>1:30 Library Time 10:45 Body, Mind and Soul (Exercise with Allison) 3:45 Fun With Beach Balls</div>
<div>31</div> <div>7:30 In Search of the Lord’s Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)</div>						





In this Photo: Rose Hedlund



In this Photo: Jane Baldwin, Cj Reinhart, Michelle Louro

## All About Easter

Easter, one of the most important holidays in Christianity, celebrates the central event of the Christian faith: the resurrection of Jesus Christ after his crucifixion. This event is significant to Christians because, through his death and resurrection, Jesus suffered for the sins of the world, yet was able to overcome death. Easter is observed on the first Sunday after the full moon that occurs on or after the vernal equinox (the first day of spring). According to the Bible, the events of the crucifixion and resurrection occurred during the Jewish Passover, a springtime celebration.

Easter is preceded by Lent, a 40-day period of fasting and repentance that begins on Ash Wednesday. The Sunday before Easter is Palm Sunday, the day that Jesus arrived in Jerusalem. The week before Easter is called Holy Week. During Holy Week, Christians observe Maundy Thursday, when the Last Supper with Jesus and his disciples took place, and Good Friday, the day of the crucifixion. The resurrection is then celebrated on Easter Sunday. Children often participate in Easter egg hunts and look forward to visits from the Easter Bunny, who is said to deliver candy and eggs during the night.

