



Your Executive Director!

Meet Gary Taylor - Leading with Passion and Expertise
Dedicated, compassionate, and with over 21 years of invaluable experience in the senior living industry, Gary stands as a beacon of leadership in the field. Born and raised in the vibrant city of Baltimore, Maryland, Gary now calls the picturesque East Dallas neighborhood around White Rock home. In addition to his extensive experience in senior living, Gary is a distinguished veteran of the United States Air Force, proudly serving during the challenging times of Desert Storm. His military service reflects a commitment to duty, discipline, and leadership, qualities that have seamlessly transitioned into his civilian life and professional endeavors. Having devoted more than two decades to senior living, Gary has become synonymous with excellence in providing care and creating enriching environments for the elderly. His journey in the industry is marked by a commitment to enhancing the quality of life for seniors, ensuring their well-being, and fostering a sense of community.

Welcome your new Executive Director, Gary Taylor!



FEBRUARY 2024

Denise Watson for Employee of the Month!

It is with great pleasure that we announce Denise Watson as our Employee of the Month for February. Denise consistently delivers exceptional service, creating memorable experiences for our residents. She is an exemplary team player, always willing to lend a helping hand to her teammates. Her positive attitude and willingness to collaborate contribute significantly to the positive work environment we strive to maintain. Her consistent performance and dedication set a standard for dependability that is truly admirable.

Even during our busiest moments, Denise maintains a calm and collected demeanor. In the vibrant tapestry of our dining experience, there exists a thread of excellence that weaves seamlessly through every interaction. This month, we are delighted to spotlight Denise Watson, our Employee of the Month, for her outstanding contribution as a server. Denise, thank you and Congratulations once again!



ASSISTED LIVING
AL#010063

FEBRUARY
2024

Assisted
Living
Locations..

- Activity Room

AL Courtyard

AL Parking Lot

Bistro

Independent Living

Library

Lobby

Outing

Spa

Garden
- AR

ALC

ALPL

B

IL

LL

L

O

Spa

G

Transportation
Schedule..

- Monday,

Grocery Stores

Tuesday,

Walmart

Wednesday,

Post Office/Bank

Thursday,

Walmart

Friday,

Field Trips/Outings
- 10am

9:45

10am

10am

10am

10am

10am

TBA

HAPPY
BIRTHDAY!
Enjoy Your
Day!

Wanda Derbes

“Connecting our hearts
through love yields a
nectar so sweet we are
forever full.”
—Amy Leigh Mercree

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4 7:30 In Search of the Lord’s Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	5 9:30 Men’s & Women’s Coffee Table DR 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L) 2:30 Indoor Mini Golf 3:00 Roll A Topic (Dice) 3:30 Sorting Game	6 9:30 Take a Walk Around L.E. (O) 10:00 Sit and Be Fit! (Exercise with Allison) 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 Bowling 4:30 Word Searches Before Dinner	7 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 10:30 LE Community Sing Along 1:30 Bible Study (AR) 2:30 Spoons (Card Game) 4:00 Word Searches Before Dinner	8 10:00 Wake and Shake (Exercise w/Allison) 10:00 Walmart Shopping (O) 1:30 Puzzle Table 2:00 Art w/Friends 3:30 Uno Crew! 4:00 Word Searches Before Dinner	9 10:00 Move It! Shake It! Lift It! 10:30 Cranium Crunches 11:00 Chilis Outing (Meet in the Lobby@ 11:00am) 1:30 Puzzle Table 2:00 Ice Cream Sundae Social 3:00 Fly Swatter Volleyball 4:00 Word Searches Before Dinner	10 10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Table Games and Puzzles 3:45 Outside Time (Weather Permitting)
11 7:30 In Search of the Lord’s Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays) 5:00 SUPER BOWL PARTY!	12 9:30 Men’s & Women’s Coffee Table DR 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L) 2:30 Pokeno 3:30 Finish The Lyrics (’50s & ’60s Music)	13 9:30 Take a Walk Around L.E. (O) 10:00 Sit and Be Fit! (Exercise with Allison) 10:00 Walmart Shopping (O) 10:30 Mardi Gras Parade (Followed by King Cake in the Activity Room) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 Beach Ball Toss	14 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 10:30 Valentine’s Day Party! 1:30 Bible Study (AR) 2:30 Town Hall 3:00 Sweetheart Movie and Popcorn 3:00 Valentine’s Day Party (A La Cart)	15 10:00 Wake and Shake (Exercise w/Allison) 10:00 Walmart Shopping (O) 1:30 Puzzle Table 2:00 Art w/Friends 3:30 Table Games Residents Choice 4:00 Word Searches Before Dinner	16 10:00 Move It! Shake It! Lift It! (Exercise with Allison) 10:30 Brain Storms! 1:30 Puzzle Table 2:00 Get Your Social On! / Happy Hour 3:30 Indoor Golf 4:00 Word Searches Before Dinner	17 10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Mexican Train Brigade! 3:45 Adult Coloring Club
18 7:30 In Search of the Lord’s Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	19 Presidents Day 9:30 Men’s & Women’s Coffee Table DR 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L) 2:30 Hedbanz Challenge (L) 3:00 Try It, You’ll Strike It (Bowling)	20 9:30 Take a Walk Around L.E. (O) 10:00 Sit and Be Fit! (Exercise with Allison) 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 LE Jeopardy!	21 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 1:30 Bible Study (AR) 2:30 Wheel of Fortune! 3:30 Flower Arranging 4:00 Word Searches Before Dinner	22 10:00 Wake and Shake (Exercise w/Allison) 10:00 Walmart Shopping (O) 1:30 Puzzle Table 2:00 Art w/Friends 3:30 Card Game Reminisce 4:00 Word Searches Before Dinner	23 10:00 Move It! Shake It! Lift It! Outing to the Perot Museum (Meet in the Lobby @ 10:15) 2:00 Birthday Bash for February Birthdays 3:30 Ring Toss 4:00 Word Searches Before Dinner	24 10:45 Body, Mind and Soul (Exercise with Allison) 1:30 Movie and Popcorn 3:45 Poetry Reading (Shell Silverstein)
25 7:30 In Search of the Lord’s Way, Kdfid Channel 7 (L) 2:00 Church Service w/ The Walk Church 3:00 (Cinema Sundays)	26 9:30 Men’s & Women’s Coffee Table DR 10:00 Drum Fitness (L Exercise with Jada) 10:30 Rosary w/ Renna 1:30 Bible Study w/ Yellow Rose (L) 2:30 Wheelchair Racing 3:00 Sorting Game 3:30 Mexican Train Brigade	27 9:30 Take a Walk Around L.E. (O) 10:00 Sit and Be Fit! (Exercise with Allison) 10:00 Walmart Shopping (O) 1:30 Piece It Together 2:00 Bingo Rounds w/ Allison (AR) 3:30 Community Outreach Committee Meeting 4:00 Word Searches Before Dinner	28 10:00 Fab! Fit! and Fun! (Exercise with Allison) 10:00 Post Office/Bank (O) 10:30 Culinary Corner (Cooking with Allison) 1:30 Bible Study (AR) 2:30 Quirkle! 3:30 Jewelry Making 4:00 Word Searches Before Dinner	29 10:00 Wake and Shake (Exercise w/Allison) 10:00 Walmart Shopping (O) 10:30 Pretty Nails w/Allison 1:30 Puzzle Table 2:00 Art w/Friends 3:30 Do You Remember When? (Reminiscing) 4:00 Word Searches Before Dinner		



A Floral Favorite

With more than 100 million of them grown for Valentine's Day alone, the rose is one of the most popular flowers in America.

- There are at least 100 different species and thousands of varieties of roses. Hybrid tea roses make up the majority of the roses found in flower shops and home gardens.
- President George Washington was the first rose breeder in the U.S.
- Technically, a rose's thorns aren't true thorns; they're actually prickles.
- It's been a longtime tradition to convey a message by using a rose's color. For example, red is associated with romance, pink signifies gratitude, and yellow expresses friendship.
- The rose is America's national flower, as well as the official flower of four states: Georgia, Iowa, New York and North Dakota.
- California is where you'll find the world's tallest rosebush, growing to 18 feet, 8 inches.
- Rose hips are the plant's berry-like fruit. Rich in vitamin C, they are used to make tea, jam and herbal remedies.
- The Juliet is the most expensive rose variety. This apricot-colored bloom cost \$5 million and took 15 years to develop.
- The Tuscany region of Italy is home to the world's largest private rose garden, which features more than 7,500 different varieties of the flower.

